



2018 American Canoe Association Olympic Development Program (ODP) OHR Kayak Team Boat Development & Emphasis Camp

General Camp Information

In an effort to enhance team boat competitiveness in kayak athletes representing Team USA at the 2018 Olympic Hopes Regatta and in future international competition, the Oklahoma City Boathouse Foundation (OKCBF) in partnership with the American Canoe Association (ACA) is excited to welcome 2018 OHR eligible ODP kayak athletes named to the Elite Team, A Team, B Team, and Intermediate groups to attend an immersive team boat training camp in Oklahoma City, OK July 6-13, 2018.

While camp participation is not compulsory, it is strongly encouraged for athletes who will compete for OHR qualification at the 2018 ACA Sprint National Club Championship. Camp participation will not directly influence 2018 OHR Team USA selection; however, data recorded during the camp will provide guidance to the selection committee in determining final team size and aid coaching staff in completing team boat entries for the 2018 OHR Team USA. Camp participants will also be better prepared for competition at the 2018 Nationals through increased familiarity with the OKC racecourse and dedicated K-1 practice on the Polaritas Starting Gate System.

In addition to gaining valuable team boat training, athletes can expect a rigorous and high volume training environment. Athletes with preexisting injuries should discuss this opportunity with their parents and coaches prior to committing to attend. Additionally, all camp participants will enjoy fun time-off activities around OKC, a visit to The Oklahoma City National Memorial, and access to the RIVERSPORT Adventure Park w/ a facilitated whitewater rafting session with camp staff, fun on the zip lines and our ropes course.

Invited Athletes

2018 OHR eligible ODP kayak athletes named to the following teams and groups*.

Elite Team • A Team • B Team • Intermediate

*Athletes who have not submitted a 2018 ODP Athlete Data Sheet or paid their 2018 ODP \$50 Application Fee may submit a late Data Sheet and Application Fee for consideration by May 21 to be considered for the Team Boat Emphasis Camp.

General Itinerary • Friday, July 6 – Friday, July 13

Friday, July 6 - Travel Day - Arrivals

Saturday, July 7 - Thursday, July 12 - Immersive Training Camp

Friday, July 13 - Travel Day - Depart Morning

Participation Fee • \$500, All Inclusive*

Transportation including airport pick-up and drop-off

Lodging with OKCRS host family

Meals and snacks, dinner Friday 7/6-breakfast Friday 7/13

Equipment usage, weight room, Nelo V3 fleet of K-1, K-2, K-4

Access to RIVERSPORT Adventure Park w/ facilitated whitewater rafting session, zip lines, ropes course

Access to Polaritas Starting Gate System

*Athletes are responsible for transportation to and from OKC and appropriate kayak paddle.

Coaching and Informative Sessions

Intensive, High Volume Training Environment

Video Review and Analysis

Team Boat Emphasis (goal of 2/3 time K-4 & K-2 with 1/3 time K-1)

K-1 Polaritas Starting Gate Practice

Informative Sessions in Nutrition, Mental Race Preparation, Injury Prevention

Strength Training (dependent on experience level, development age and club coaches discretion)

Payment Info

Camp participants must be current members of the American Canoe Association. A single payment to confirm placement and registration is due by Monday, June 4 to the ACA. Participants are encouraged to begin to arrange travel to OKC. A payment link will be forwarded shortly.

Invited Athletes

At the time of this notice, the following athletes are invited to the 2018 American Canoe Association Olympic Development Program (ODP) OHR Kayak Team Boat Development & Emphasis Camp.*

*Athletes who have not submitted a 2018 ODP Athlete Data Sheet or paid their 2018 ODP \$50 Application Fee may submit a late Data Sheet and Application Fee for consideration by May 21 to be eligible for the Team Boat Emphasis Camp.

Female Kayak

Milan Gauthier (BCKC)

Maggie Bowmar (LCKC)

Caitlin Marsh (LCKC)

Emma McCoy (BCKC)

Trisha Martinson (GIG)

Jessica Norton (TCP)

Anna McGrory (TCP)

Elena Wolgamet (BCKC)

Nicole Anderson (OKC)

Sierra Noskoff (LPKC)

Kali Wilding (IKAIIKA)

Neha Harle (LPKC)

Ana Swetish (BCKC)

Samantha Nelson (TCP)

Abby Scoggins (BCKC)

Audrey Thiessen (OKC)
Kitsy Nipper (SDCKT)

Male Kayak

Evan Truesdale (SDCKT)
Augustus Cook (OKC)
Andrew Surlis (LCKC)
Aaron Small (SCKC)
Jake Zikan (LCKC)
Patrick Jenkins (IKAIKA)
Tucker Geotz (SFCKC)
Colin McMullen (OKC)
Walker Peck (LCKC)
Ethan Skarda (LCKC)
Jackson Hickerson (LCKC)
Kalen Oliveira (LCKC)
Lucas Pitts (LCKC)
Allen Marsh (LCKC)
Nate Boyd (LCKC)