

August 2016

Health Systems Transformation Monthly Newsletter

CMS Proposes Rules on Bundled Payment



On July 25, the Center for Medicaid and Medicare Services (CMS) proposed new models that would continue to shift Medicare's payments from quantity to quality by creating strong incentives for hospitals to deliver better care at a lower cost. [The proposal](#) contains a couple of significant policies: 1. A new bundled payment for cardiac care. 2. A new model to increase cardiac rehabilitation utilization and 3. A new pathway for physicians who already participate in bundled payments to qualify for payment incentives under the [Quality Payment Program](#). This cardiac care model and cardiac rehabilitation utilization, along with [CMS's announcement of partners on Million Hearts initiative to reduce heart attack and strokes](#), offer the opportunity to improve prevention and treatment of the top cause of death and disability in this nation.

Currently CMS is looking for your feedback on the proposal that will be phased in beginning July 1, 2017. Click here to [read the proposal](#) and [Submit your comments](#).

CMS Announces Next Phase of CPC+ Initiative

[Comprehensive Primary Care Plus \(CPC+\)](#) is an advanced primary care medical home model that aims to strengthen primary care through a regionally-based multi-payer payment reform and care delivery transformation. Recently, CMS [announced](#) that this model will be made available in 14 regions across the nation where Medicare, Medicaid, and private insurance will align to support clinicians delivering the care that best meets the needs of their patients and improves health outcomes.



Eligible practices within these 14 regions can **apply between August 1st to September 16** to participate in CPC+. This new model, along with bundled payments mentioned above, support the [Administration's goal](#) to have 50 percent of traditional Medicare payments flowing through alternative payment models by 2018. [Click here](#) for questions about the CPC+ model or the application process.

President Obama Highlights HST in JAMA article



President Obama recently [published an article in JAMA](#) on how the Affordable Care Act (ACA) has substantially improved the health care system. He highlighted the role that reforming the healthcare delivery system has played in improving the quality of care. The ACA has allowed for the creation of [Center for Medicare and Medicaid Innovation \(CMMI\)](#) and is moving the healthcare system towards Alternative Payment Models (APMs) and Accountable Care Organizations that hold healthcare entities accountable for their outcomes.

There are three accompanying editorials: [Cost Containment and Improvement in Quality](#), [Reassessment and Revision of ACA](#) and [Past and Future of ACA](#)

To highlight HST-related news in the forthcoming newsletters or to remove your name from our mailing list, please [click here](#).



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HEALTH SYSTEMS TRANSFORMATION



American College of
Preventive Medicine

ACPM defines Health Systems Transformation (HST) as a systems-based approach to improving population, community and individual health by incorporating the determinants of health and increasing the efficiency and effectiveness of healthcare.

The Health Systems Transformation Project is from a cooperative agreement that ACPM has with the Centers for Disease Control and Prevention. Visit www.acpm.org/hst to learn about our past and current efforts in HST.

UPDATED WEBSITE : Take a look at our HST [fact sheets](#), [resources](#) and [Regional meetings](#); **our NEW PAGE on HST Learning Institute**. Learn more about HST Task Force members from their [bios](#); access past [newsletters](#).

GOOGLE GROUP: Ask your friends and colleagues to join the [HST Google Group](#).

COMING SOON: Access the institute's recordings and obtain CME/MOC for the institute. Additional information will be provided in late August.

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From the Learning and Action Network: Fall Summit and White Paper on CEP

Fall Summit: [The Health Care Payment Learning and Action Network](#) (LAN) is organizing a Fall summit on **Tuesday, October 25 in Washington DC**.



The theme, 'Aligning for Action,' supports implementation and adoption of APMs nationwide. There is no cost for attending the summit but registration is required. [Click here to register for the summit](#).

Final White Paper on Clinical Episodic Payment (CEP): [LAN recently released a White Paper](#) that provides high-level recommendations for designing clinical episode payment models. A clinical episode payment is a bundled payment for a set of services that occur over time and across settings. The paper outlines design elements and operational considerations for three selected clinical areas: elective joint replacement, maternity care, and coronary artery disease.

Half The Doctors Unaware of MACRA



Nearly half of U.S. physicians are unfamiliar with the [Medicare Access and CHIP Reauthorization Act of 2015](#), also known as MACRA, [according to a new survey](#) of 600 doctors by research and consulting firm Deloitte. But those willing to participate in

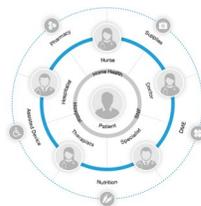
alternative payment models are more prone to see them as advantageous. The survey also found that physicians recognize that they will need to bear increased financial risk and expect physician consolidation due to financial pressures. 58% of physicians surveyed said they would opt to be a part of larger organizations to diminish individual physician risk. Additionally 80% of the physicians surveyed expect MACRA to drive physicians to join larger organizations and networks.

Brookings Institute has published a related article on [how the money flows under MACRA](#).

Integrated Delivery Networks

Integrated delivery systems (IDSs) are vertically integrated health service networks that include physicians, hospitals, post-acute services, and sometimes offer health insurance. [A recent article in the AcademyHealth Blog](#) analyzes the evidence of IDSs in improving the quality of care provided, while reducing cost.

According to the article, some Integrated Delivery Networks fail to reduce costs and spending and only intermittently or marginally improve quality. One explanation is that a larger and more diverse organization is [more difficult to manage](#).



Click here for a [related article on Integrated Delivery Networks on Health Affairs](#).

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CDC Webinars on HST



The Center for Disease Control and Prevention (CDC) is hosting a series of 4 webinars on HST. This webinar series will explore the history of health system change and describe key drivers and trends that influence current decision making among the major players in the field (health insurance plans, employers, and clinical providers).

[Register for Webinar 3: New Models of Healthcare - An Introduction to Center for Medicare and Medicaid Innovation \(CMMI\) on August 22, 2016 at 3:00 PM EDT](#)

Webinar 1: [Click here to access the recording of the first webinar](#) - An Introduction to Health Systems Transformation and Health Insurance Market.

Webinar 2: The Second webinar, 'A Deeper Dive into Medicaid' provided an overview of state and federal Medicaid programs. The recording of this webinar is not yet available.



[Click here to register for a webinar on August 25 at 1:30 pm ET](#) by AHRQ on healthcare innovation including Patient & Family Centered Care, Reducing Non-Urgent Emergent Services and Promoting Medication Therapy for At-Risk Populations.