



Re-Elect Sheila Rege to the Council on Medical Service

“Physicians need to be the trusted voice within our hospitals, our communities, with regulators and with our patients. Your Council on Medical Service has worked tirelessly to advocate for solutions to help physicians thrive and overcome challenges we face.

“I am passionate about working with my HOD colleagues from different sections, states, and specialties to address issues facing us during a time of rapid change and pandemic-related stressors. I ask for your support for a second term so that I can bring your voice to the Council to make life better for physicians.”

– **Sheila Rege, MD**



“I am proud to support Dr. Rege’s re-election to the Council on Medical Service. She is a tenacious and courageous advocate who always takes the time to listen and learn about the important issues before the Council. She is also a meticulous deliberator on the wide range of policies analyzed by the Council.”

Sarah Mae Smith, MSS | Past Member of the AMA Board and Council on Medical Service

“Sheila is an experienced leader in organized medicine. She is hard-working, well-respected and motivated to do the right thing for our AMA.”

Al Ray, MD | Family Medicine, Delegate, California Medical Association

“Dr. Sheila Rege’s leadership makes a difference both locally and nationally. She is a teacher, mentor, and leader who inspires young physicians, residents, and students, defends senior physicians and cares passionately for patients. Dr. Rege is our go-to expert on medical service issues.”

Ray Hsiao, MD | Past President, Washington State Medical Association





Physician Leader and Advocate

Works to ensure our voices are heard

1. Executive Committee Member, AMA CMS
2. AMA Delegate from Washington State
3. Chair, American College of Radiation Oncology Board
4. Respected Physician & Top Oncologist
5. Associate Clinical Professor, WSU Medical School
6. Work Experience as Employed, Independent & Academic
7. Past Cancer Program Chair, Kadlec Hospital
8. Past Cancer Liaison to Am. College of Surgeons CoC
9. Passionate Mentor to Trainees
10. Past Recipient, AMA Inspiration Award
11. 2022 Sussha Asbell Mentor Award
12. Works to create strong hospital bylaws

Patient Advocate trusted to make a difference

1. Co-founded NWCC Foundation for patient assistance
2. Radio Program "Cancer Chat with Dr. Rege" for screenings
3. Mentors at local Boys and Girls Club



Consensus Builder and Listener

Fair payments to primary care and specialists

1. Scope of Practice Issues: has helped with resolutions
2. Prior Authorizations: leads discussions to reduce burdens
3. High Student Debt: has worked on loan forgiveness programs and funding with legislators
4. Access to Care: appointed Chair of Washington State Health Technology Committee to help solve Medicaid patient reimbursement issues and via advisor roles in Gates Foundation funded programs
5. Rural Community Access: has led medical students to farm worker projects to encourage trust of medical professionals
6. Burnout: board role at county medical society to address health system issues and assist with physician well being

"Sheila is approachable and always works to enhance communications between members of the HOD and the Council."

-Russell Libby, MD, FAAP, pediatrician

Dear AMA Delegates and Alternate Delegates,

I am grateful for our hard work and diverse HOD which has been of great value to me on the AMA Council on Medical Service, and while representing physicians at the AMA RUC and CPT committees.

Here are some reasons to re-elect me to the AMA Council on Medical Service:

BROAD SUPPORT WITHIN OUR HOD

Endorsed by:

- Washington State Medical Association
- American College of Radiation Oncology
- Radiology Section Council
- American Assn of Physicians of Indian Origin
- International Medical Graduates Section
- American Society of Anesthesiologists
- Young Physicians Section
- Academic Physicians Section
- American College of Radiology
- Cancer Caucus
- PacWest

PHYSICIAN CHAMPION

Track record of success in explaining our side of the story to achieve meaningful results:

- Convinced local administrators to avoid replacement of primary care physicians with non-physicians at a rural health clinic
- Led physician teams to CMS advocating for fair reimbursements to primary care and specialists
- Campaigned successfully to link area hospital EMRs and reduce physician “click” fatigue
- Reduced preauthorization burdens by negotiating with utilization management company representatives
- Taught and developed business of healthcare programs for trainees
- Improved access to health care via Gates Foundation initiatives

PRIORITIES

Improve professional sustainability and patient outcomes by:

- Controlling the narrative on how stable physician reimbursements with inflation-based adjustments will help improve access to care
- Proactively working to solve root causes of burnout and early retirement with system-level solutions and preventive policies
- Addressing the unique challenges for employed, independent and academic practices
- Highlighting how high student debt exacerbates primary care shortages in rural communities
- Developing close relationships within our HOD to understand difficulties faced by physicians at all career stages
- Creating robust AMA policy to combat burdensome regulations

Please include me, Sheila Rege, MD, as one of your four votes for the AMA Council on Medical Service so together we can continue our efforts to improve healthcare for our patients and our profession.



Sheila Rege, MD

