

## SUGGESTIONS FOR BREAKFAST AND LUNCH IN TORONTO

Link to map: <https://drive.google.com/open?id=1eqWmuNHWBtmti8dqUeGul6-TJMGAutom&usp=sharing>

### St. Lawrence Market

- Not a lot of seating, but a fun place to visit
- Avoid on Saturday, as it will be crowded
- *Paddington's Pump* has tables & service – open for breakfast
- A number of places to try peameal (“Canadian”) bacon
- Montreal-style bagels at *St. Urbain's*
- *Buster's Cove* at the back for fish & chips or friend clams.

### Oliver & Bonacini Café Grill, Yonge & Front

- Can handle big groups
- Not inexpensive

### Fran's Restaurant and Bar

- Basic but good “diner” style food

### Biff's Bistro

- French classics
- Good food but expensive

### Paramount Middle Eastern Kitchen

- Reasonably priced & very good Lebanese food

### Over Easy

- Eggs, salads, sandwiches

### The WORKS Gourmet Burger Bistro

- The name says it all!

### Marché Mövenpick Brookfield Place Street Level

- Go in with a group & snag a table
- There are different “stations” – you go around, pick what you want, and each person gets a separate bill
- Not too expensive, although they add a service charge, and when you also include the tax, you might be paying more than you anticipated

### Momofuku Noodle Bar

- A foodie destination, although I have not visited myself

Pizzeria Libretto

- Neopolitan stye pizza

Osgoode Hall Restaurant

- Weekdays only – you might want to reserve
- Elegant surroundings in an historic setting
- Not inexpensive, but value for money

Nami Japanese Restaurant

- Very good – a serious sushi place

Fresh on Front

- Overpriced – but if you really need a bowl of kale, this is the place to go.

If it is raining .... You might want to go underground to the PATH system of subterranean malls. You'll find mostly chain restaurants, with an occasional interesting place. Be careful as the signage is poor, all of the places resemble one another, and it is easy to get lost. If you do get lost, look for signs taking you back to "Union Station" – the Royal York Hotel is across the road. Or ask someone – people will be friendly and willing to help you.

-Jeanette Bicknell, Local Arrangements Chair