

Leading with Inspiration:

FIVE CHOICES FOR LIFE SUCCESS



Professor Steve Piscitelli



Our students, regardless of their experiences and expectations, need basic strategies for setting goals and reaching those goals in a healthy manner.

We can help and the college can provide resources. In the end, though, the students need to make the choices to move them towards their dreams. That is what the **P.R.I.D.E.** model does. The five-step model introduced in this session provides students with a structure to guide them from dreams, through action, and on to reality—a reality that they must create for themselves.

P.R.I.D.E. is simple (not necessarily easy), straightforward, and practical. I use it as a guide for my students at the beginning of their semester’s work. I use it personally and professionally. It is truly a call to action for success. Five steps to a life of remarkable consistency and growth rather than redundant mediocrity and stagnation. For our students--and us!

Thank you for taking time to participate in this session. If you would like to exchange ideas after the session, feel free to contact me.

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 - Facebook (www.facebook.com/stevepiscitelli)
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 - Bibliography: <http://www.stevepiscitelli.com/bibliography.html> (Or scan QR Code on front of this packet)
 - Download today’s handouts at <http://www.stevepiscitelli.com/document-downloads.html>. Password: piscitelli-pride
 - Download my song “Be Brief, Be Bright, and Be Gone!” at <http://www.stevepiscitelli.com/Downloads/music-downloads.html>. Password: piscitelli-pride
 - Downloads only available until Monday, November 12 at 6 p.m.

Your Five-Step Action Plan

P

R

I

D

E

Action!

1. A Personal Goal

2. W.A.Y.D.T.G.W.Y.W.?

3. Non-negotiable

4. Mentors

5. Obstacles

6. Two-Minute Drill

7. Your Call to Action!



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In Steve Piscitelli, *Study Skills: Do I Really Need This Stuff, 3rd edition*. Boston: Pearson Education, 2013.

VALUE

TIME

1.

1.

2.

2.

3.

3.

Adapted from Hal Urban, *Choices That Change Lives: 15 ways to find more purpose, meaning and joy* (New York: Simon and Schuster, 2006).



Steve Piscitelli. *Choices for College Success* (Boston: Pearson Education, 2011).

Strength: _____

Challenge: _____

Your next step? _____

THREE GOOD THINGS!

1.

2.

3.

Adapted from Shawn Achor, *The Happiness Advantage: The Seven Principles of Positive Psychology That Fuel Success and Performance at Work* (New York: Crown Publishing, 2010)