

Study Skills Checklist

m165, Fall 2018

NAME _____

Read each statement and determine if it applies to you. If it does, then check Y; if it doesn't, check N. The purpose of this checklist is to provide you a self assessment of your study habits and attitudes and identify study skills areas where you might want to focus on improving leading to more productive learning of course material.

- 1. Y__ N__ I spend more time than necessary studying for what I am learning.
- 2. Y__ N__ It's common for me to spend hours cramming the night before an exam.
- 3. Y__ N__ If I dedicate as much time as I want to my social life, I don't have enough time left to focus on my studies. When I study as much as I need to, I don't have time for my social life.

- 4. Y__ N__ I often study with the TV or music turned on.
- 5. Y__ N__ I struggle to study for long periods of time without becoming distracted or tired.
- 6. Y__ N__ I usually doodle, daydream, or fall asleep when I go to class.

- 7. Y__ N__ Often the notes I take during class are difficult for me to understand later when I try to review them.
- 8. Y__ N__ I often end up getting the wrong material into my class notes.
- 9. Y__ N__ I don't usually review my class notes throughout the semester in preparation for exams.

- 10. Y__ N__ When I get to the end of a reading, I struggle to remember what I've just got done reading.
- 11. Y__ N__ I struggle to identify what is important in the text.
- 12. Y__ N__ I frequently can't keep up with my reading assignments and consequently have to cram the night before a test.

- 13. Y__ N__ For some reason I miss a lot of points on essay tests even when I feel well prepared and know the material well.
- 14. Y__ N__ I study a lot for each test, but when I get to the test my mind draws a blank.
- 15. Y__ N__ I often study in a disorganized, haphazard way only motivated by the threat of the next test.

- 16. Y__ N__ I frequently end up getting lost in the details of reading and have trouble identifying the main ideas and key concepts.
- 17. Y__ N__ I don't usually change my reading speed in response to the difficulty level of what I'm reading or my familiarity with the content.
- 18. Y__ N__ I often wish that I was able to read faster.

- 19. Y__ N__ When my teachers assign me papers and projects I often feel so overwhelmed that I really struggle to get started.
- 20. Y__ N__ More often than not I write my papers the night before they are due.
- 21. Y__ N__ I really struggle to organize my thoughts into a logical paper that makes sense.

If you answered "yes" to two or more questions in any category listed below, then this is an area that needs improvement. (If you answered "yes" to one or less questions in any category, then you are fairly proficient in this category and should focus your attention only if a weakness surfaces.)

- Time Scheduling - 1, 2, and 3.
- Concentration - 4, 5, and 6.
- Listening & Note taking - 7, 8, and 9.
- Reading - 10, 11, and 12.
- Exams - 13, 14, and 15.
- Reading - 16, 17, and 18.
- Writing Skills -19, 20, and 21.

Manchester Community College – Academic Support Center (ASC)

Location: SSC L-282

Telephone: 860-512-2610

Email: mcctutoring@manchestercc.edu

Walk-In Math Tutoring Walk-in math tutoring is an alternative to an individual appointment with a math tutor. Walk-in hours are available for students who work independently or in small groups. Tutors are available during designated times to answer questions or assist students.

Online Tutoring eTutoring is available online to Manchester Community College students in writing, math, accounting, biology, chemistry, and information literacy & research methods.

Academic Tutoring The Academic Support Center offers individual and facilitated small-group tutoring free of charge to current Manchester Community College students, in courses they are presently taking.

Writing Center The Writing Center is a place to write. Tutors are available on a walk-in basis to assist students while they are engaged in the writing process.

ESL Conversation Lab Faculty and tutors lead an open discussion designed for students wishing to engage in dialog for the purpose of strengthening their English comprehension and verbal skills.

Computer Mini Lab The Computer Mini Lab is located inside the ASC. Eight computers are available for students who wish to enhance their technology skills. Tutors are available by appointment to answer questions or provide guidance.

Calculator Loan Program

The library has calculators available for loan to students. Students may borrow a graphing calculator if their course requires it. The calculator must be returned at the end of the semester. Calculators are limited in quantity and loaned on a first come first serve basis; you will need to show your fall 2019 schedule that indicates you are taking a math course.

Course Studying Tips

(see Blackboard site of course under “Additional Materials” for details)

PREPARING FOR A TEST – “learning”

Keep up – Look for clues from your professor – Test yourself routinely – Get help as soon as questions arise

TAKING A TEST - “performing”

Make sure you understand the test questions – Use time effectively – Never leave anything blank – Check your work

LEARNING FROM A TEST - “lifelong learning”

Pay attention when the professor reviews the answers. You can learn from your mistakes and the same question may appear in another test; wisely clarify your questions before the next test. Notice if you are having trouble with a particular kind of item; adjust your study approach to handle this item better next time.

Fall 2018 Quick Tip Workshops

Mondays & Tuesdays - 11:00 am in A121 (ask at library circulation desk)

Quick Tips is a series of helpful workshops organized by Transitional Programs to support students.

9/10 & 9/11	Campus Layout and Tips for a Successful Semester
9/17 & 9/18	Time Management
9/24 & 9/25	Reading Strategies
10/1 & 10/2	Note-Taking Strategies
10/8 & 10/9	Writing Strategies
10/22 & 10/23	Midterm Exam Strategies
10/29 & 10/30	How to Talk to Your Professor
11/5 & 11/6	Memory Strategies
11/12 & 11/13	GPA Calculation
11/19 & 11/20	Transferring
11/26 & 11/27	Stress & Anxiety Reduction
12/3 & 12/4	Final Exam Strategies

NOTE: LINKS for IMPROVING STUDYING BEHAVIORS are posted on the blackboard site for this course.