Unmathematical and Unaware of It: Proficiency's Link to Metacognition
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Abstract:

Helping students to reach proficiency is one call of AMATYC's IMPACT document. Metacognitive training underlies an individual's ability to reach proficiency in a domain, but many students enter the two-year mathematics classroom lacking such training. As educators, we can best affect our students' learning process by teaching them the fundamentals of how to be mathematical learners. A review of the research highlights the importance of focusing on metacognition in the mathematics classroom as a progression towards helping students reach mathematical proficiency. A discussion of employing metacognitive teaching strategies is introduced.

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