

The Benchrest Seminar includes the following:

- I. Brief history of organized Benchrest Shooting to include sanctioning bodies, classes of competition/rifles & types of targets used.
- II. Group type shooting (tightest 5 shot cluster)
  - A. Rifles, targets, rests etc peculiar to this discipline.
- III. Score type shooting (shooting for target center).
  - A. Rifles, targets, rests etc peculiar to this discipline.
- IV. Rimfire Benchrest Principles & Practices
- V. Long Range Benchrest (600 & 1000 yard)
  - A. Rifles, targets, rests etc peculiar to this discipline.
- VI. Factory Class Benchrest as practiced at cherry Ridge.
  - A. Rules, time limits, equipment used etc.
- VII. Benchrest & Bench Technique.
  - A. Rest set-up & positioning.
  - B. Tips & points to improve scores.
- VIII. Wind Flags/Indicators.
  - A. Placement.
  - B. Types
  - C. Mirage & effects
  - D. Tips on reading the flags & effects on impact.
- IX. Handloading General Overview.
  - A. Precision steps/techniques used in benchrest.
  - B. Using loading principles to tune rifle for best accuracy.
- X. Barrel Tuning Devices.
  - A. Descriptions & use.
- XI. Question & Answer Period.
  - A. Approximate total time of Seminar 6-7 hours.