Arts on Prescription:
Improving health and wellbeing through arts participation
Webinar, Tuesday, October 6, 2020

Resources

General:
- Alliance for Healthier Communities [website]
- Webinar presentation [recording] and [slide deck]
- What is the evidence on the role of the arts in improving health and well-being? A scoping review (2019), World Health Organization Europe

Museum and health:
- Art Gallery of Ontario Access to Art Resource Hub

Art and health:
- The MSSS model of Expressive Arts as a Healing Practice, Cathy Malchiodi, Psychology Today (September 30, 2020)
- Expressive Arts program and Syrian Women’s Embroidery Group at Access Alliance Multicultural Health and Community Services

Dance and health:
- Dance Therapy, Dance/Movement Therapy
  - National Centre for Dance Therapy
  - The American Dance Therapy Association
  - Canadian (DMTAC) and Ontario (DMTO) dance therapy organisations
- Dance for Health
  - International Association of Dance Medicine Science
  - Dance for Parkinson’s
- Adapted Dance example: Dance for Health, a falls prevention program in UK
- Applied Dance example: Interview with Centre for Theatre, Dance and Performance Studies at University of Toronto in 2019
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