



AOMA DISPATCH

The Monthly eNewsletter of the Arizona Osteopathic Medical Association

November 16, 2018

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Arizona Surprise Billing Laws Take Effect January 1, 2019

Beginning January 1, 2019, Arizona will join more than 25 states with laws in effect regulating out-of-network provider claims. Thanks to the intense lobbying efforts of the Arizona Osteopathic Medical Association (AOMA), Arizona Medical Association (ArMA), and other physician groups in 2017, legislative solutions that would have affixed out-of-network payments with in-network or Medicare rates found in other states were prevented.

If you are a provider of out-of-network services, we urge you to familiarize yourself with the new laws and processes before January 1, 2019 and incorporate these policies into your clinical practice.

Membership Resources

Physician Guide to Understanding and Preparing for Arizona's Out-of-Network Surprise Billing Laws

Exclusively for AOMA members, we have developed a [presentation](#) to walk you through the essential components of the surprise billing laws. It includes many helpful tips for compliance and integration of the regulations into your clinical practice. This overview is not intended as legal advice and physicians are encouraged to consult with their legal advisors regarding questions on specific applications of the new laws and rules.

We have also developed a [Provider Disclosure Form Template](#) to use with your patients.

Member login is required. If you have questions, please contact the AOMA office at 602-266-6699 or email to communications@az-oste.org for assistance.

Slowing the Burn of Physician Burnout: Identifying Root Causes to Inform Policy Solutions

AOMA has teamed up with Arizona State University's College of Health Solutions (ASU-CHS) on an ambitious new project to help AOMA address the root causes of physician burnout through strategic policy solutions. During the next five months, AOMA and ASU-CHS want to learn about your experiences and personal challenges practicing medicine. We seek to understand and document all of the clinical and non-clinical activities that detract from the meaningful practice of medicine. At the conclusion of this project, actionable policy solutions will be organized and

integrated into AOMA's future policy agenda and activities.

To this end, we would appreciate 10-15 minutes of your time to complete an important survey that will help us learn how AOMA can best meet your professional needs.

https://www.surveymonkey.com/r/AOMA_ASUCHS_PhysicianBurnout

AOMA 38th Annual Fall Seminar was a Huge Success

By all accounts, the Annual Fall Seminar was one of AOMA's best with more than 200 physicians and medical students in attendance. The AOMA Professional Education Committee, chaired by Dr. Lori Kemper, presented an exceptional program offering a wide variety of topics. Thank you to our sponsor, Blue Cross Blue Shield of Arizona, and all the exhibitors who supported the Seminar and helped make it a success.



Mark your calendars for the AOMA 39th Annual Fall Seminar, November 2 & 3, 2019 at the El Conquistador Tucson.

Online Attestation: If you wish to receive CME credit for attending the Fall Seminar, you must complete the online attestation for at www.az-osteo.org/2018FallCME. Deadline to submit is December 12, 2018.



E-Prescribing of Controlled Substances - Are You Ready?

Beginning January 1, 2019 Arizona's Opioid Epidemic Act requires that each prescription order for a Schedule II opioid in Maricopa, Mohave, Pima, Pinal, Yavapai, and Yuma counties must be transmitted through an electronic prescription for controlled substances (EPCS) program to the dispensing pharmacy. Beginning July 1, 2019, these same requirements go into effect for all remaining counties.

One-Year Waiver Available

A one time, one-year waiver is available to practitioners who face hardships that prevent the implementation of EPCS. If you determine that you will be unable to meet the EPCS requirements, you can download a [waiver form](#) and email the completed form to pmp@azpharmacy.gov.



What issue/priority should AOMA focus on during the 2019 legislative session?

Tell us! [Click](#) the button below.





2019 AOMA DO Day at the Legislature

Who: DOs and osteopathic medical students

What: Wear your white coat and meet with legislators, accompanied by an AOMA member DO. Additionally, leadership from the Governor's office and the Senate and House Health Committees will come and speak to the group.

Where: Arizona State Legislature,
1700 W. Washington St., Phoenix, AZ 85007

When: Tuesday, February 19, 2019

Why: To discuss issues impacting osteopathic medicine.



Reserve your spot today at www.az-osteo.org/DODayRSVP.

Early Registration Now Open - AOMA 97th Annual Convention

Plan to attend the AOMA 97th Annual Convention - the largest annual medical conference in Arizona - April 10 - 14, 2019 at the Hilton Scottsdale Resort & Villas. The theme of the 2019 Convention is **Leading the Way**. The five-day CME event is anticipated to offer more than 37.0 hours of AOA Category 1-A credit and has been approved for *AMA PRA Category 1 credits™*. Application will be filed for AAFP Prescribed Credits. Determination of credits is pending.

Register by March 10, 2019 and save \$100! Go to www.az-osteo.org/2019Conv



Respite Care for Family Caregivers

Are you seeing patients who are caring for an adult family member and need a break? The [Arizona Caregiver Coalition](#) has funds to provide 96 hours of respite to family caregivers. The Coalition is accepting applications from individuals who live with the care recipient and are not already receiving respite or similar services through VA, ALTCS or Area Agency on Aging. No restrictions on income, gender or reason for the caregiving; funding is from the federal Lifespan Respite grant. This can be used as a bridge while waiting for ALTCS or other public benefits. Respite is provided at licensed adult day health centers throughout Arizona: the care recipient gets socialization and the caregiver gets a break. Applicants should call the Caregiver Resource Line at 1-888-737-7494.

Download an informational brochure [here](#).

Birdies Mean Bucks for Arizona Osteopathic Charities

You can make Arizona Osteopathic Charities a big bucks winner by making a pledge in the Birdies for Charity competition at the 2019 Waste Management Phoenix Open. Arizona Osteopathic Charities will receive every penny of collected pledges. To make a pledge online go to birdiesforcharityaz.com.



Need CME Before 12-31-2018? Check out the AOMA On-Demand CME Platform

Missed the AOMA Fall Seminar? Still need CME hours before 12-31-2018? AOMA's online CME platform, developed in partnership with osteopathic associations across the country, offers all categories of AOA CME credit, **including 1-A!** [DO•CME](#) boasts a catalog of more than 160 different lectures in a wide variety of specialties. New content is added regularly, including several lectures from the 38th Annual Fall Seminar.



AOMA members receive a \$10 discount on each AOMA-produced CME program. Contact the office for the promo code. Go to www.docme.org to view the entire catalog of on-demand offerings.

www.docme.org

Apply Now for AOA Research Grants

The AOA offers grant funding to DOs, osteopathic medical students and PhD researchers who conduct studies addressing one of [five key focus areas](#). Grant application cycles last from November 1, 2018 until January 31, 2019. Funded projects will be announced in June 2019. Grants also are available for new investigators and for organizations to present live CME on opioid prescribing. Select an option below to learn more.

- Physicians & PhD Researchers
- Students, Residents & Fellows
- New Investigators
- Opioid Prescriber CME

[Register and apply online!](#)

Questions? Email [Gloria Dillard](mailto:Gloria.Dillard@aoa.org) or call (312) 202-8006.

Happy Thanksgiving!

In this time of gratitude, we give thanks for all the amazing osteopathic physicians and students we are privileged to serve. The AOMA office will be closed Thursday, November 22nd and Friday, November 23rd in observance of the holiday.



Opioid Assistance & Referral

A free 24/7 hotline that assists providers with complex patients with pain and opioid use disorders, answered by medical experts at the Poison and Drug Information Centers in Arizona.

Arizona OAR Line
1-888-688-4222

ARIZONA DEPARTMENT OF HEALTH SERVICES
Center for Toxicology & Pharmacology Education & Research

Patients are Looking for YOU!



Update Your Profile!

One of the benefits of AOMA membership is the Find a Physician public directory search. Make sure your practice information is up to date by logging in to your member profile on the AOMA website. When you do, prospective patients and potential referring physicians will be able to find you.

Join AOMA

Not an AOMA Member?
Join today and be a part of the 97-year tradition of the Arizona Osteopathic Medical Association!

Membership in AOMA is an affordable vehicle to keep abreast of national and local issues, protect your professional practice, enhance your specialized skills, further your career, and be a part of the future of osteopathic medicine in Arizona.

Refer a new AOMA member and receive at \$100 credit. Go to www.az-osteo.org/Recruit

Arizona Vaccine News



AzDHS

Immunization Program Website

CDC Immunization Schedules

AOMA Calendar of Events-www.az-osteo.org

AOMA Board of Trustees Meeting - February 9, 2019
AOMA DO Day at the Legislature - February 19, 2019
AOMA 97th Annual Convention - April 10 -14, 2019
AOMA Board of Trustees Meeting - April 10, 2019

AOMA House of Delegates - April 12, 2019

5th Annual Flagstaff Osteopathic Medical Conference - August 17, 2019



Arizona Osteopathic Medical Association
5150 N. 16th Street, Suite A-122
Phoenix, Arizona 85016
602-266-6699
www.az-osteo.org

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