



AOMA DISPATCH

The Monthly eNewsletter of the Arizona Osteopathic Medical Association

July 27, 2018

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AOMA Shines at AOA Annual Meeting! Leadership Recognition & Elections to National Positions

AOMA leaders shone brightly at the American Osteopathic Association (AOA) Annual Meeting last week! AOMA Past President Shannon C. Scott, DO, FACOFP was elected Third Vice President to the prestigious AOA Board of Trustees. Dr. Scott is a rising star on the national stage on many fronts and AOMA is fortunate to have such an impactful leader representing Arizona DOs.

It was also an amazing week for AOA and AOMA Past President Karen J. Nichols, DO, MA, MACOI, CS. AOA Outgoing President Mark Baker, DO bestowed Karen Nichols, DO with AOA's highest honor, the AOA Presidential citation. Dr. Nichols has dedicated her career to advancing osteopathic medical education through outstanding leadership. She was the first woman to serve as the president of AOMA, AOA and the American College of Osteopathic Internists. Dr. Nichols was also elected to serve as the chair of the United Federation of Osteopathic Societies, a coalition of forty smaller state societies, the District of Columbia, and the Military.



Shannon C. Scott, DO
2018 Third Vice President
AOA Board of Trustees



Karen Nichols, DO
2018 Recipient of
AOA Presidential Citation

AZ Delegates in the Policy Forefront at AOA Annual Meeting

AOMA was fortunate to be represented by an exemplary team of delegates to the AOA Annual Meeting. Led by AOA Chair Dr. Kristin Nelson and Vice Chair Dr. Shannon Scott, 19 AOMA physicians and students deliberated more than 130 resolutions on critical issues such as graduate medical education, physician burnout, public health policies, AOA membership, etc.

AOMA's leadership took an active role in policymaking, lead by Dr. Chip Finch and Student Doctor Kelly Champlin on the Professional Affairs Reference Committee; Dr. Shannon Scott on the Education Affairs Reference Committee; and Student Doctor Olson on the Resolutions Reference Committee. Thank you for your outstanding service and being AOMA's voice on the national stage.



AOMA Delegates at 2018 AOA House of Delegates

If you are interested in learning more about the AOA House of Delegates or serving as a delegate or alternate, please contact AOMA Executive Pete Wertheim at pwertheim@az-osteo.org or 602-266-6699.

Meet the New AOA President

William S. Mayo, DO, was [installed](#) as 2018-2019 AOA President during the Annual Meeting in Chicago. A graduate of Kansas City University of Medicine and Biosciences College of Osteopathic Medicine, Dr. Mayo is a board-certified ophthalmologist practicing in Oxford, Mississippi. He also is a clinical instructor at the William Carey University College of Osteopathic Medicine in Hattiesburg, Mississippi, where he served as chairman of the Department of Ophthalmology from 2010–2012.

Dr. Mayo has served the AOA in many capacities, including as chair of the Department of Governmental Affairs, the Department of Affiliate Relations, the Department of Business Affairs, and as vice chair and



William S. Mayo, DO

chair of the Department of Educational Affairs. Additionally, Dr. Mayo is a past president of the Mississippi Osteopathic Medical Association and the Mississippi EENT Society. He also has served on the Mississippi State Board of Medical Licensure since 2006 and was president from

2010-2012.

Opioid Assistance & Referral

A free 24/7 hotline that assists providers with complex patients with pain and opioid use disorders, answered by medical experts at the Poison and Drug Information Centers in Arizona.

Arizona OAR Line
1-888-688-4222

ARIZONA DEPARTMENT OF HEALTH SERVICES
Center for Toxicology & Pharmacology Education & Research

AOMA Asks

AOMA wants to know how we can best serve you! Beginning with this issue of the Dispatch, we are posing a single question to gauge your interests and needs. Please click on the [AOMA Asks](#) response link and let us know what you think. The results of the query will appear in next month's Dispatch.



Are you interested in attending AOMA-sponsored social events? If so, let us know what activities interest you.

Submit your response [here](#).

Oops! Did you forget to renew your membership?

Summer is a busy time and if you haven't renewed your AOMA membership, it's not too late.

Please click on the [Renew](#) button or call the AOMA office at 602-266-6699 today!



Do You Know the Best Strategy for Prescribing Opioids?

Almost 75% of overdose deaths are attributed to prescription opioids, more than cocaine and heroin combined. Learn strategies for better prescribing by attending the extended-release (ER) and long-acting (LA)

Pain Management and Opioids:
Balancing Risks and Benefits

opioids risk evaluation and mitigation strategy (REMS) course on Friday, August 10, 2018 at Flagstaff Medical Center. The program has been approved for 3.0 AOA Category 1-A CME credits. This activity has been approved for *AMA PRA 1 creditsTM* and is intended for prescribers with a DEA license. Attendance and completion of the post-activity assessment, which covers the entire U.S. Food and Drug Administration (FDA) Blueprint, satisfies the requirements for RPC/FDA-approved completion.

Friday, August 10, 2018

2 to 5 pm

Flagstaff Medical Center

McGee Auditorium

1200 N Beaver St

Flagstaff, AZ

Cost: **FREE** to prescribers

Space is limited. Registration is available at www.az-osteop.org/REMSFlag.

Still Time to Register: 4th Annual FOMC

Earn CME in the cool pines of Flagstaff. The 4th Annual Flagstaff Osteopathic Medical Conference (FOMC) is Saturday, August 11, 2018. Proposed topics include women's health, dementia diagnosis and care, tuberculosis, Hep C treatment, and orthopedic surgery. Full agenda is pending. Registration is available at www.az-osteop.org/FOMC. Cost is \$25 for AOMA Members and \$60 for Nonmembers.



The AOMA designates this program for a maximum of 7.50 hours of AOA Category 1-A CME credits and will report CME credits commensurate with the extent of the physician's participation in this activity. The Flagstaff Medical Center designates this live activity for a maximum of 7.50 *AMA PRA Category 1 creditsTM*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Lecture Topics

- Native American Video Project Update
- TB Challenges in the Navajo Nation
- Diagnosis Dementia
- Dementia Care and Treatment
- Orthopedic Surgery and DVT and PE Prophylaxis
- Treatment of Hepatitis C for Primary Care
- Women's Health Update

Last Chance to Register to Vote – Primary Election in August

July 30th before midnight is the deadline to register to vote or update your voter registration to cast a vote in the August 28th primary elections. Early voting begins August 3rd. Independent voters may vote in partisan primaries but must select either a Republican or Democratic ballot. The mid-term general election is Tuesday, November 6, 2018.

[Register to Vote](#)

[Find your Congressional and Legislative District](#)

We have introduced a very special
Mortgage and Refinance Program
for Medical Professionals.

Click the link below or call
Bill Smith, NMLS ID# 492429
at 623.872.3210.

<https://www.bankofarizona.com/billsmithamp>



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SAVE THE DATE: AOMA 38th Annual Fall Seminar

The Arizona Osteopathic Medical Association 38th Annual Fall Seminar will be held November 10 & 11, 2018 at the Hilton El Conquistador Resort in Tucson, Arizona. The theme of this year's event is **Recipe for Success: Innovations and Applications**. AOMA designates this program for 12.25 hours of AOA Category 1-A CME credits and will report CME credits commensurate with the extent of the physician's participation in this activity. Application will also be filed for AAFP prescribed credits. This activity as been approved for *AMA PRA Category 1 credits™*. Application will be filed for AAFP Prescribed credits. Full agenda is pending.

Save \$75! Early registration is open at www.az-osteo.org/FallSeminar.



AOMA 38th Annual Fall Seminar

Using Automated Vision Screeners? Here's a Simple Checklist to Help With Processes & Procedures

Best Care for Kids, Arizona's Improvement Partnership, has been working with practices and organizations who are starting to use, or currently use, automated vision screeners to screen young children.

To assist those who are integrating these screeners into their workflow, we've created a checklist to help think through processes and procedures for successful use of this device.

The intention of this checklist is to provide a series of prompts for each practice or organization to work through their processes and procedures. For ease of use, we have kept the checklist to one page.

Below is a link to the checklist that can help teams to prepare or fine tune their workflows in using these devices.

<http://www.bestcare4kidsaz.com/vision-screening/>

Help us to make this checklist better! Please email your ideas and links so we can share them out. You may email Peggy Stemmler at Peggy@FrameShiftGroup.com.

August is National Immunization Awareness Month

National Immunization Awareness Month (NIAM) highlights the importance of vaccinations for people of all ages. We encourage you to promote the importance of immunizations to your patients, employees, and co-workers. The NIAM Tool Kit contains posters, graphics, email banners, and key messages for you to use. Go to www.nphic.org/niam



**Patients are Looking
for YOU!**

Join AOMA

**Arizona
Vaccine News**

Not an AOMA Member?
Join today and be a part of the
97-year tradition of the Arizona



Update Your Profile!

One of the benefits of AOMA membership is the Find a Physician public directory search. Make sure your practice information is up to date by logging in to your member profile on the AOMA website. When you do, prospective patients and potential referring physicians will be able to find you.

Osteopathic Medical Association!

Membership in AOMA is an affordable vehicle to keep abreast of national and local issues, protect your professional practice, enhance your specialized skills, further your career, and be a part of the future of osteopathic medicine in Arizona.

Refer a new AOMA member and receive a \$100 credit. Go to www.az-osteo.org/Recruit



[VFC Restitution Reminder](#)

[T.I.P.S. Training](#)

[AzDHS
Immunization Program
Website](#)

[CDC Immunization Schedules](#)

[AOMA Calendar of Events-\[www.az-osteo.org\]\(http://www.az-osteo.org\)](#)

Pain Management and Opioids: Balancing Risks and Benefits/Flagstaff - August 10, 2018

4th Annual Flagstaff Osteopathic Medical Conference - August 11, 2018

Pain Management and Opioids: Balancing Risks and Benefits/Las Vegas - October 19, 2018

AOMA Board of Trustees Meeting - November 9, 2018

AOMA 38th Annual Fall Seminar - November 10 & 11, 2018

AOMA House of Delegates - November 10, 2018



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The AOMA Dispatch is published monthly. Direct your questions and comments to AOMA at communications@az-osteo.org

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