



# AOMA DISPATCH

The Monthly eNewsletter of the Arizona Osteopathic Medical Association

## May 29, 2018

### INSIDE THIS ISSUE

[Legislative Report](#)

[4th Annual FOMC](#)

[DOs Elected to FSMB](#)

[Stepping Stones of Hope](#)

[TIPS Training](#)

[Renew Your Membership](#)

[In Memoriam](#)

[MAT Survey](#)

[Opioid CME](#)

[Join AOMA](#)

[Congrats Grads](#)

[EOL Task Force Report](#)

[Dental Conference](#)

[Call for Abstracts](#)

[AOMA Calendar](#)

### AOMA 2018 Legislative Report Available

The [AOMA 2018 Legislative Affairs Report](#) is now available to AOMA members. The report provides important information about the 2018 legislative session, including the Arizona Opioid Epidemic Act, prior authorization and credentialing reforms, and all of the newly enacted laws and how they will impact physicians and the healthcare system.

Access to this comprehensive legislative report is exclusive to AOMA members and is one of the many benefits of membership.

### Renew Your AOMA Membership - Protect and Promote Your Profession

Thank you to all our members for your membership and support. AOMA membership is insurance for your profession and peace of mind knowing that we are working on your behalf and unwavering in our commitment to protect your best interests. The June 2018 membership cycle expires soon, so please [renew](#) your membership today.

#### Top 10 Reasons to Renew Your AOMA Membership

- 900+ Fantastic Members
- Advocacy for Your Profession
- Continuing Education
- Networking and Professional Support
- Career Center
- Patient Referrals
- AOMA Digest & Dispatch Monthly E-Newsletter
- DO Day at the Legislature
- Business of Medicine Support
- Best way to stay in touch with my profession



Please help us save paper and postage renew your membership online today. Click on the [Renew](#) button.

## Congratulations Graduates

On Friday, May 25, 2018, A.T. Still University School of Osteopathic Medicine in Arizona graduated 105 osteopathic medical students during its commencement ceremony at the Mesa Arts Center Ikeda Theater in Mesa, Arizona.

Midwestern University Arizona College of Osteopathic Medicine will confer osteopathic medical degrees to 263 candidates on May 30, 2018 in the Midwestern University Auditorium in Glendale, Arizona.

Congratulations to the Class of 2018!



## SAVE THE DATE: 4th Annual Flagstaff Osteopathic Medical Conference

Earn CME in the cool pines of Flagstaff. The 4th Annual Flagstaff Osteopathic Medical Conference (FOMC) is Saturday, August 11, 2018. Proposed topics include women's health, dementia diagnosis and care, tuberculosis, Hep C treatment, and orthopedic surgery. Full agenda is pending. Registration is available at [www.az-osteo.org/FOMC](http://www.az-osteo.org/FOMC). The AOMA designates this program for a maximum of 7.50 hours of AOA Category 1-A CME credits and will report CME credits commensurate with the extent of the physician's participation in this activity. This activity has been approved for *AMA PRA 1 credits<sup>TM</sup>*.



## In Memoriam

**James Russell Skinner, DO**, a revered physician, passed away on May 10, 2018. Dr. Skinner was an exceptional emergency room physician who worked at Phoenix Memorial Hospital, Casa Grande Hospital, various other hospitals, and most recently at Gilbert Hospital. He was a graduate of Midwestern University Chicago College of Osteopathic Medicine in Downers Grove, Illinois. Dr. Skinner is survived by his wife Amy R. Trusty-Skinner and his four daughters: Katie A. Skinner, Claire A. Skinner, Ella L. Skinner, and Emma R. Skinner.

Memorial services for Dr. Skinner will be held Thursday, May 31, 2018 from 4 to 9 PM at the Val Vista Lakes Clubhouse, 1600 E. Lakeside Drive, Gilbert, Arizona 85234.

## AOMA/ArMA End of Life Task Force Issues Final Report

Conversations about end-of-life care are among the important interactions physicians and patients have. But for healthcare providers of all ages, backgrounds, and specialties, they may also prove to be the most challenging.

AOMA, the Arizona Medical Association, and the Arizona Hospital and Healthcare Association have been working together over the past two years to assess the state of end of life care in Arizona and offer practical options to improve care for patients across our state. The work of a joint ArMA/AOMA taskforce recently concluded, and they have produced a final [report](#).

The initiative has demonstrated that there are real gaps in planning around end of life care. This includes a low comfort level of physicians in having EOL conversations with patients and a lack of knowledge by the general public on resources available. Check out the [report](#) to read about the important conclusions that were reached as well as the work that is being recommended for the future.

### **DO's Elected to Federation of State Medical Boards**

For the first time in history, two DOs were elected to the Federation of State Medical Boards (FSMB) leadership team during the 106th annual meeting on April 28, 2018 in Charlotte, North Carolina. AOMA Member Scott Steingard, DO, will serve as chair-elect of the Board of Directors and Anna Z. Hayden, DO, will serve on its Board of Directors.

Dr. Steingard is a highly-regarded and accomplished Arizona physician. He is past president of the Arizona Board of Osteopathic Examiners in Medicine and Surgery and a founding member of TOPS (Team of Physicians for Students) a non-profit organization that provides sports physicals and cardiac screenings to student athletes at no cost. Dr. Hayden is a past president of the Florida Osteopathic Medical Association. She is also immediate past president of the American Association of Osteopathic Examiners and currently serves on the AOA's Physician Wellness Task Force.

The FSMB represents the nation's osteopathic and medical regulatory boards.

### **Medication-Assisted Treatment Survey – Your Help is Needed!**

As part of a grant through AHCCCS, the Center for Applied Behavioral Health Policy at Arizona State University is asking for your help to complete an important [survey](#) for medical professionals about their perceptions and behaviors related to prescribing Medication-Assisted Treatment to patients with Opioid Use Disorder (OUD).

Complete the survey [here](#).

The Arizona Osteopathic Medical Association is representing the physician voice on the ASU Medical Advisory Board which helped put together this survey along with pain management physicians, health plan chief medical officers, substance abuse treatment center executives, AHCCCS staff, and various other groups. Thank you in advance for your participation in this important survey.

### **Arizona Dental Association presents The Connected Body**

The Arizona Dental Association will present a full-day symposium of multidisciplinary interactive program addressing the oral-systemic link between medical and dental healthcare disciplines. The Connected Body features discussions lead by experts on these important issues.

What: The Connected Body  
When: Saturday, June 23, 2018  
8 am to 4 pm



Venue 8600  
Where: 8600 E. Anderson Dr.  
Scottsdale, AZ 85255  
Cost: Physician \$99  
Register: [lead.azda.org](http://lead.azda.org)

Space is limited. For more information contact the Arizona Dental Association at 480-344-5777.



**Opioid Assistance & Referral**

A free 24/7 hotline that assists providers with complex patients with pain and opioid use disorders, answered by medical experts at the Poison and Drug Information Centers in Arizona.

**Arizona OAR Line**  
**1-888-688-4222**

ARIZONA DEPARTMENT OF HEALTH SERVICES  
Center for Toxicology & Pharmacology Education & Research

The OAR Line is a joint project between the Arizona Department of Health Services, the Arizona Health Care Cost Containment System and Poison and Drug Information Centers in Arizona.

### **Cards for Kids - Stepping Stones of Hope Casino Night**

Stepping Stones of Hope, an Arizona Osteopathic Charity, is hosting a Casino Night on June 14, 2018 as a fundraiser to support their many grief camps held throughout the year. The event at La Princesa Venue on Dunlap in Phoenix - will feature an open bar, buffet dinner, dancing, and live entertainment as well as blackjack, craps, roulette, Texas Hold'em, and other games of chance!

All this fun for only \$75 per person when you purchase your tickets in advance online or \$95 at the door. Tickets include drinks, dinner, entertainment and \$200 in "Casino Cash."

[Link to Registration](#)

[Sponsorship Opportunities](#)

### **Opioid Epidemic Act CME**

The Arizona Osteopathic Medical Association and Flagstaff Medical Center will co-sponsor **Pain Management and Opioids: Balancing Risks and Benefits** on Friday, August 10, 2018 from 2:00 to 5:00 pm in McGee Auditorium at Flagstaff Medical Center. This CME is presented by American Osteopathic Association, a member of the Collaborative on REMS Education (CO\*RE), 11 interdisciplinary organizations working together to improve pain management and prevent adverse outcomes.

Registration is open to all prescribers. There is no cost for this program, but space is limited. Visit [www.az-osteo.org/REMSFlag](http://www.az-osteo.org/REMSFlag) for more information.

**Physicians whose Arizona licensure period ends 12/31/2018 may have already satisfied the three hours of opioid prescribing/pain management CME requirement if they attended any of the following live AOMA CME lectures.**

#### **AOMA 95th Annual Convention - April 2017**

Opioid Prescribing: Safe Practice, Changing Lives – 2 hours

Rise in Heroin Addiction and the Dangers of Fentanyl – 1 hour

Assistance for Physicians with Addiction and Substance Abuse Issues – 1 hour

#### **3rd Annual Flagstaff Osteopathic Medical Conference - August 2017**

Non-Opioid Approach to Pain and Musculoskeletal Disorders – 1 hour

Non-Pharmacological Treatment of Depression – 1 hour

#### **AOMA 37th Annual Fall Seminar - November 2017**

Current and Proposed Policies for Opioid Prescribing 1 hour

Use of Naloxone for Opioid Overdose – 1 hour

Drug Tapering, Modification, or Discontinuation: Establishing the Lowest Effective Dose – 1 hour

Evaluation and Management of Co-Occurring Psychiatric Disorders – 1.5 hours

Addressing the Opioid Crisis with OMT – 1.5 hours

#### **AOMA 96th Annual Convention - April 2018**

Understanding the Arizona Opioid Epidemic Law – 1 hour

To confirm your credits, contact the AOMA office at [info@az-osteo.org](mailto:info@az-osteo.org).

#### **AOMA 38th Annual Fall Seminar - Call for Abstracts**

The Arizona Osteopathic Medical Association (AOMA) will hold its 38th Annual Fall Seminar in Tucson, Arizona on November 10 & 11, 2018. The theme of the Seminar is *Recipe for Success - Innovations and Applications*.

The AOMA Professional Education Committee invites you to submit an abstract for a lecture at the Seminar. Lectures are 55 or 85 minutes in length including 5 to 10 minutes for questions.

To submit an abstract for consideration the following criteria must be met:

- The abstract must be submitted by an active member of the Arizona Osteopathic Medical Association
- Physician lecturer must be board certified in his/her specialty
- The lecture must incorporate osteopathic practices and principles
- Abstract and CV must be emailed to Janet Weigel, AOMA Director of Education, at [janet@az-osteo.org](mailto:janet@az-osteo.org) by June 8, 2018.

If your lecture is chosen by the Committee for presentation, you will be notified by June 30, 2018 and sent a speaker agreement for completion. Download the criteria for abstract submission at [www.az-osteo.org/abstract](http://www.az-osteo.org/abstract).

#### **2018 Training on Immunization Practice Strategies (TIPS)**

Registration is now open for the **free** Training on Immunization Practice Strategies (TIPS), presented by the Arizona Immunization Program Office and The Arizona Partnership for Immunizations (TAPI). Training will be offered at locations across the state of Arizona. Go to <http://www.whyimmunize.org/tapi-training/> or call 602-288-7568 for complete information and schedules.



**Patients are Looking for YOU!**



**Update Your Profile!**

One of the benefits of AOMA membership is the Find a Physician public directory search. Make sure your practice information is up to date by logging in to your member profile on the AOMA website. When you do, prospective patients and potential referring physicians will be able to find you.

**Join AOMA**

**Not an AOMA Member?**

Join today and be a part of the 97-year tradition of the Arizona Osteopathic Medical Association!

Membership in AOMA is an affordable vehicle to keep abreast of national and local issues, protect your professional practice, enhance your specialized skills, further your career, and be a part of the future of osteopathic medicine in Arizona.

Refer a new AOMA member and receive a \$100 credit. Go to [www.az-osteo.org/Recruit](http://www.az-osteo.org/Recruit)

**Arizona Vaccine News**



**T.I.P.S. Training**

**AzDHS Immunization Program Website**

**CDC Immunization Schedules**

**AOMA Calendar of Events-[www.az-osteo.org](http://www.az-osteo.org)**

**AOMA Board of Trustees Meeting - June 23, 2018**

**AOA House of Delegates - July 20-22, 2018**

**Pain Management and Opioids: Balancing Risks and Benefits/Flagstaff - August 10, 2018**

**4th Annual Flagstaff Osteopathic Medical Conference - August 11, 2018**

**Pain Management and Opioids: Balancing Risks and Benefits/Las Vegas - October 19, 2018**

**AOMA Board of Trustees Meeting - November 9, 2018**

**AOMA 38th Annual Fall Seminar - November 10 & 11, 2018**

**AOMA House of Delegates - November 10, 2018**



**Arizona Osteopathic Medical Association**  
5150 N. 16th Street, Suite A-122  
Phoenix, Arizona 85016  
602-266-6699  
[www.az-osteo.org](http://www.az-osteo.org)

The AOMA Dispatch is published monthly. Direct your questions and comments to AOMA at [communications@az-osteo.org](mailto:communications@az-osteo.org)

©2018