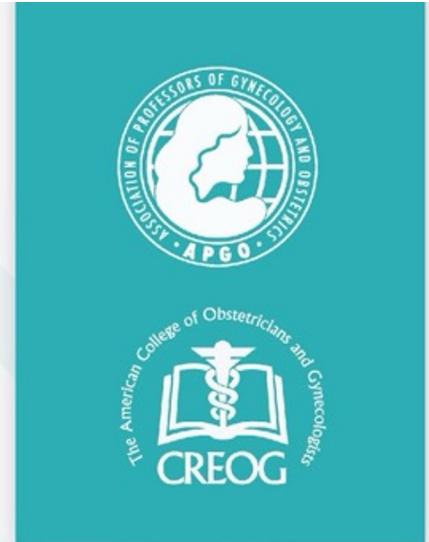


# Resources for Choosing Where to Apply and Send Your Program Signals

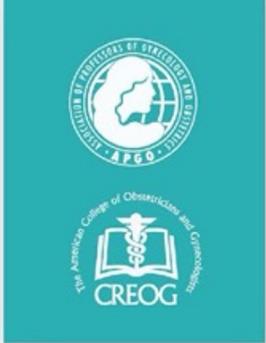


RIGHT RESIDENT  
RIGHT PROGRAM  
READY DAY ONE

---

August 6, 2025

# Objectives



- Program signaling data from the 2024-2025 residency application cycle and effective use of program signaling
- Resources including FREIDA, the Alignment check Index, residency websites, social media, the ACOG Residency Showcase, and Texas Star
- New Tool: Alignment Insights
- Update on applicant fee waiver information
- Resident perspectives about their residency application experiences and how they chose where to apply

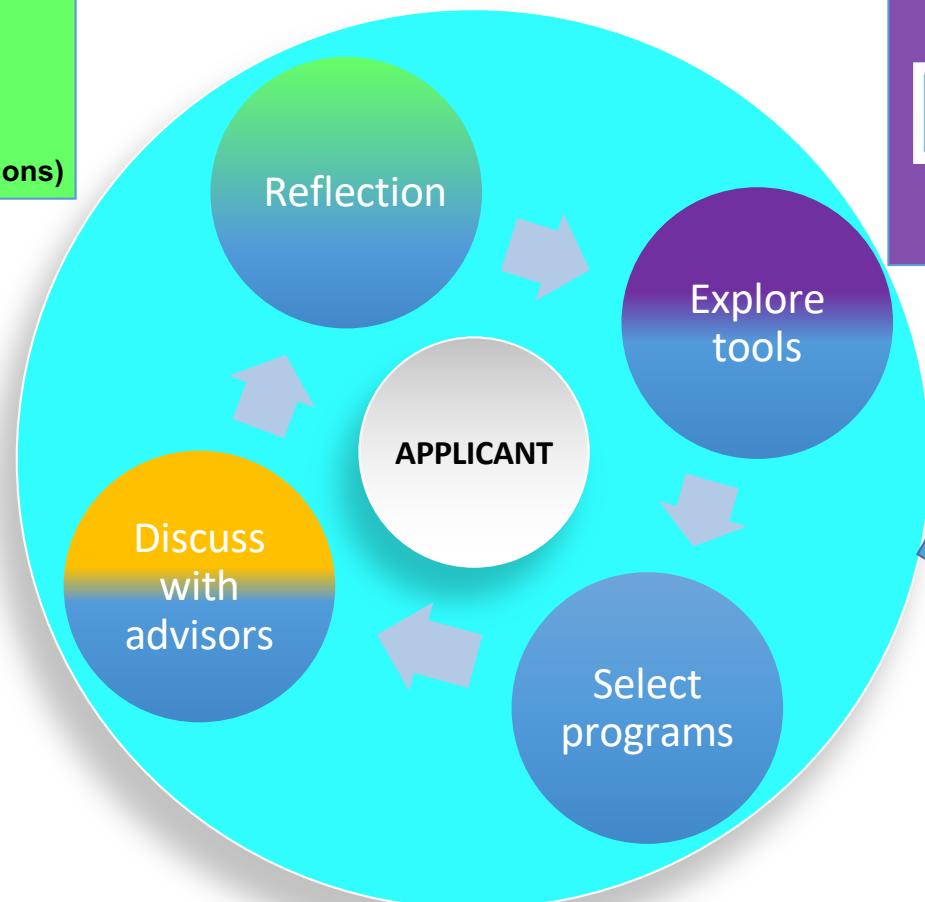


**Mission & Values**  
(Yours and the Residency Programs)

**Geography**  
(Your desired training location)

**Personal & Professional Goals**  
(Your fellowship or practice aspirations)

Student Affairs  
Clerkship Directors  
Career Advisors  
Department Chairs  
Program Directors  
Faculty Mentors

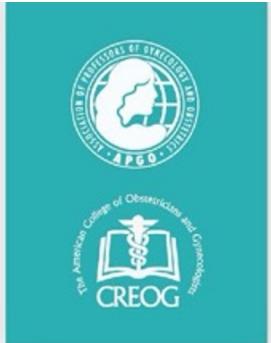


**RR** RIGHT RESIDENT  
RIGHT PROGRAM  
READY DAY ONE



WHERE TO APPLY &  
PROGRAM SIGNAL

# Program Signaling



1. Equitable opportunity to indicate strong interest
2. Increases your chances of being noticed by the program
3. 3 Gold, 15 silver



## 2022-2023 Residency Application Cycle



### Original Research

ajog.org

#### EDUCATION

#### **The golden tickets: impact of preference signaling on obstetrics and gynecology residency applicants**

Fei Cai, MD; Elizabeth Southworth, MD; Sarah Santiago, MD; Alyssa Stephenson-Famy, MD; Emily Fay, MD; Eileen Y. Wang, MD; R. Nicholas Burns, MD

**Interview yields:  
64.0% +/- 31.5% (gold)**

**43.8% +/- 23.1%  
(silver)**

Programs offered interviews to 63% (gold) and 35% (silver)

Signaling increased chance for an interview, but did not influence rank order list

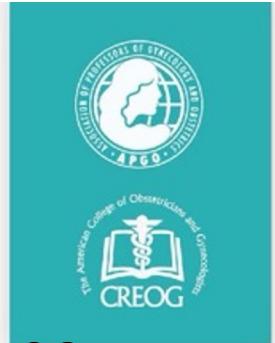
### **Program Signaling in Obstetrics and Gynecology Residency Applications**

*Erika Banks, MD, Abigail F. Winkel, MD, Helen K. Morgan, MD, AnnaMarie Connolly, MD, Maya M. Hammoud, MD, MBA, and Karen E. George, MD, MPII*

 @APGOnews #ChangeMe



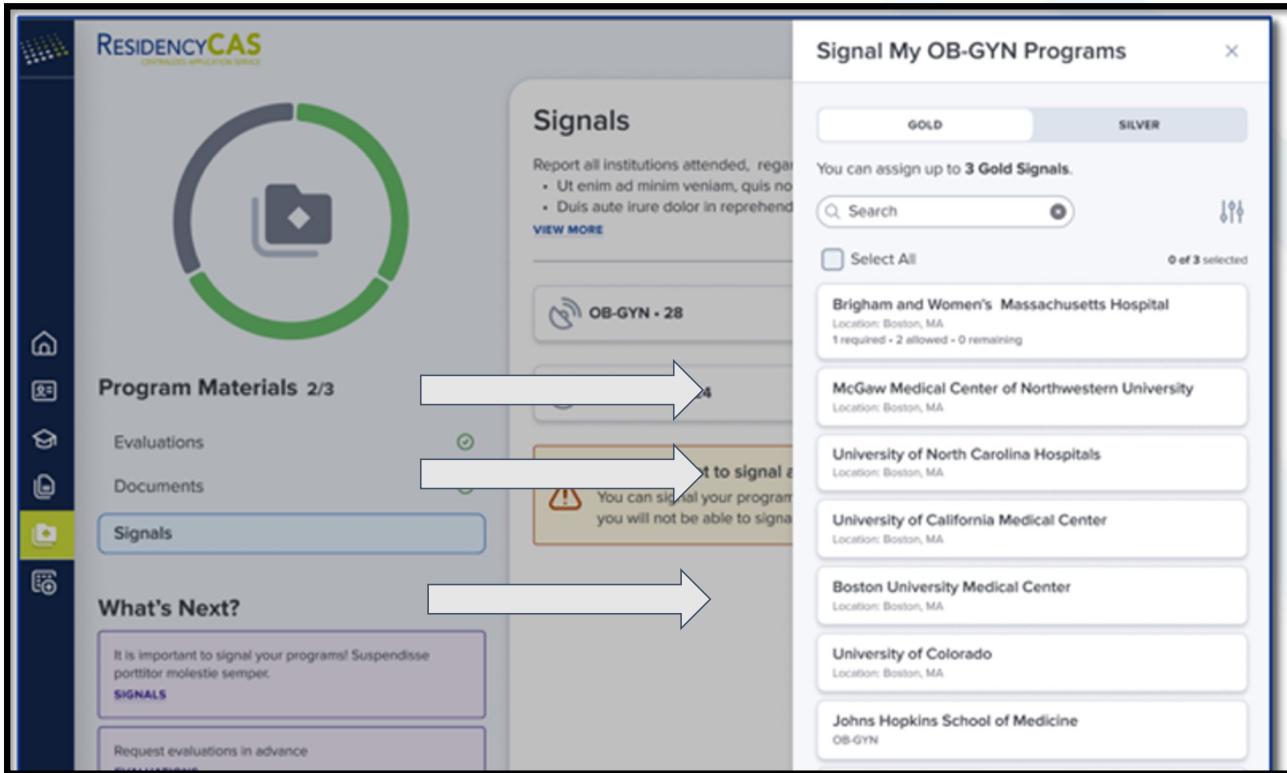
# Interviews Received from Signaling 2023-2024 (n=690)



- Applicants received an average of **1.80 interviews** ( $\pm 1.03$  SD) from programs they sent a **gold signal** to. (60%)
- Applicants received an average of **7.02 interviews** ( $\pm 3.94$  SD) from programs they sent a **silver signal** to. (47%)
- Applicants received an average of **2.67 interviews** ( $\pm 4.25$  SD) from programs to which they **did not send a signal**. This translates to **1 interview for every 21-22 non-signaled applications**. (less than 5%)

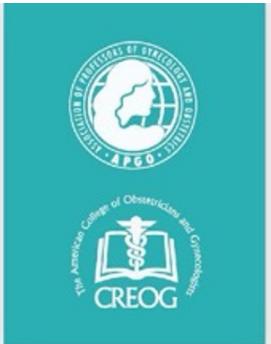


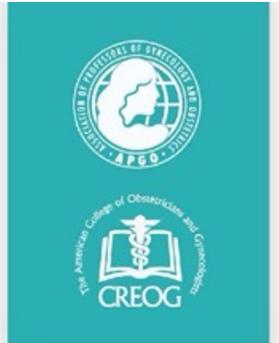
# Signaling in ResidencyCAS



The ResidencyCAS interface displays a progress bar for Program Materials (2/3) and a Signals section. The Signals section includes a list of institutions attended, with a note that 3 Gold Signals are available. A modal window titled "Signal My OB-GYN Programs" is open, showing a list of institutions with checkboxes for selection. The modal includes a search bar, a "Select All" checkbox, and a note that 0 of 3 are selected. The institutions listed are: Brigham and Women's Massachusetts Hospital, McGaw Medical Center of Northwestern University, University of North Carolina Hospitals, University of California Medical Center, Boston University Medical Center, University of Colorado, and Johns Hopkins School of Medicine OB-GYN.

Institution	Location
Brigham and Women's Massachusetts Hospital	Boston, MA
McGaw Medical Center of Northwestern University	Boston, MA
University of North Carolina Hospitals	Boston, MA
University of California Medical Center	Boston, MA
Boston University Medical Center	Boston, MA
University of Colorado	Boston, MA
Johns Hopkins School of Medicine OB-GYN	Boston, MA





# Resources

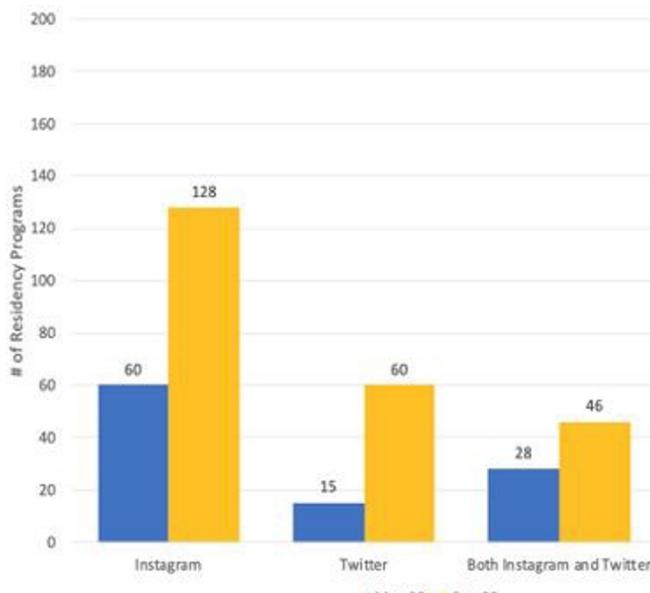


@APGOnews #Chang



# Residency Websites/Social media

## GROWTH OF OBGYN RESIDENCY SOCIAL MEDIA



Data from 2020



### The state of obstetrics and gynecology residency programs' social media presence

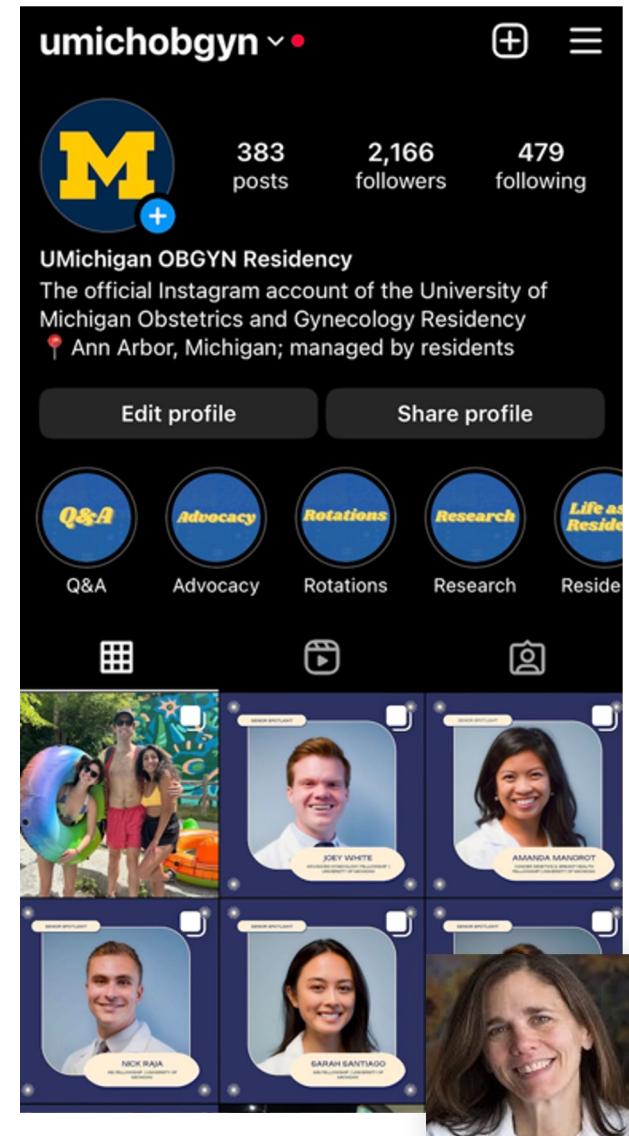
Elizabeth Southworth, MD • Sarah Santiago, MD • J. Thomas Fitzgerald, PhD • Scott Graziano, MD •  
Maya M. Hammoud, MD • Helen Kang Morgan, MD

Published: December 29, 2020 • DOI: <https://doi.org/10.1016/j.ajog.2020.12.1209> •



# What can I learn about a program from their social media?

- Resident perspective
- Highlight values in real-time
- Up to date information about the program
- Information not on websites



# Curating your social media profile for residency application

- Consider utilizing a professional photo
- Utilize the platform as an extension of your CV; post pictures of your research and community engagement.
- Repost or comment on topics important to you
- Like or comment on residency posts to engage in this virtual space



## Retweet for Residencies



[Elizabeth Southworth, MD](#) and [Sarah Santiago, MD](#)

May 27, 2020

Op-Med is a collection of original articles contributed by Doximity members.





Meeting

# Virtual Residency Showcase

Virtual | Aug 18-22, 2025

Day	Topic
Day 1	Resident spotlight/Resident takeover
Day 2	Faculty spotlights/areas of excellence
Day 3	Program curriculum/rotation info/clinical highlights
Day 4	Resident research, advocacy, teaching
Day 5	Interprofessional and institutional highlights

PGY 1 ROTATIONS

L&D Days - 2 blocks (8 weeks)  
L&D Nights - 2 blocks (8 weeks)  
Gyn Onc - 2 blocks (8 weeks)  
OB Clinics - 2 blocks (8 weeks)  
Gyn Clinics - 1-2 blocks (5-6 weeks)  
Benign Gyn - 1-2 blocks (6-8 weeks)

Vacation - 4 weeks

OB clinics includes exposure to high-Risk OB, obstetric ultrasound in our Fetal Diagnostic Center, and L&D Triage

Gyn clinics includes exposure to specialty clinics such as Family Health, Women's Health, Adolescent Gynecology, Transgender Health, Infertility and Cancer Genetics, Vulvar Disease, and Endocrinology



umichobgyn

...



umichobgyn For **#acogresweek2022** we put together an inside look at our rotations by year. Check it out! A few notables:

- We get exposure to subspecialties early and often. With fellowships in Family Planning, Gynecologic Oncology, Urogyn, MFM, REI and advanced training programs in MIGS, Cancer Genetics & Breast Health, PAG, Global Women's Health, and Women's Health, the world is your oyster!
- We start operating early. By the end of intern year, we are comfortable with c-sections and



Liked by alison.m.schmidt and 62 others

August 17, 2022



Add a comment...



Texas STAR Dashboard 2025 | Data updated 8/1/25 |  Search File Export Share ... Copilot ...

Pages Home Summary by Specialty Summary by Program Summary by Program b... Signaling Overview Signaling Applicant-Pro... Signaling by Specialty STAR Search by Program STAR Search by Applicant Timeline, Costs & Others Senior Advice Texas STAR Impact Publications & Raw Data

**Home Selected**  **X A S** **STAR** Seeking Transparency in Application to Residency **POWERED BY UT SOUTHWESTERN MEDICAL CENTER**

This survey is a national collaboration between medical schools and senior medical students to provide this data for medical students applying to residencies.

**DATABASE CONTAINS: 2022-2025 Data | 159 Medical Schools | 26,000+ Matched Seniors**

The report consists of below pages listed on left panel:

<a href="#">Summary by Specialty</a>	<a href="#">Summary by Program</a>	<a href="#">Summary by Program by Location</a>
<a href="#">Signaling Overview</a>	<a href="#">Signaling Applicant-Program Matrix</a>	<a href="#">Signaling by Specialty</a>
<a href="#">STAR Search by Program</a>	<a href="#">STAR Search by Applicant</a>	
<a href="#">Timeline/Costs &amp; Others</a>	<a href="#">Senior's Advice</a>	
<a href="#">Texas STAR Impact</a>	<a href="#">Publications &amp; Raw Data</a>	

**FEATURING STAR SEARCH:** This page provides the ability to use a student's data and search for which specialties and which programs within specialties comparable students received interviews, did not receive interviews, and ultimately matched.

1 Selection Criteria 

2 Clickable Interactive Chart 

3 Application Details 

**PERSONALIZED SELECTIONS:** The left panel on each page consists of multiple filters that let you select various options to personalize the data.

To clear your selections, click the reset button on top right of the screen. 

**Texas STAR 2025 Summary**

Matched Status	Count	Matched Pct Rate	Not Matched Count	Not Matched Pct Rate
Anesthesiology	414	87.53%	59	12.47%
Child Neurology	50	89.29%	6	10.71%
Dermatology	94	78.33%	26	21.67%
Emergency Medicine	520	90.43%	55	9.57%
Family Medicine	499	83.58%	98	16.42%
Internal Medicine	1,050	86.78%	160	13.22%
Internal Medicine-Emergency Medicine	11	52.38%	10	47.62%
<b>Total</b>	<b>5,879</b>	<b>80.88%</b>	<b>1,187</b>	<b>19.12%</b>

Questions? [TexasSTAR@utsouthwestern.edu](mailto:TexasSTAR@utsouthwestern.edu)

Source: RAS Reporting System, Copyright 2018-25. The University of Texas Southwestern Medical Ce 

# Texas Star Database

Retrospective data based on students sharing their data

**DATABASE CONTAINS: 2022-2025 Data | 159 Medical Schools | 26,000+ Matched Seniors**

The report consists of below pages listed on left panel:

[Summary by Specialty](#)

[Signaling Overview](#)

[STAR Search by Program](#)

[Timeline/Costs & Others](#)

[Texas STAR Impact](#)

[Summary by Program](#)

[Signaling Applicant-Program Matrix](#)

[STAR Search by Applicant](#)

[Senior's Advice](#)

[Publications & Raw Data](#)

[Summary by Program by Location](#)

[Signaling by Specialty](#)



Pages < File Export Share 88 Copilot

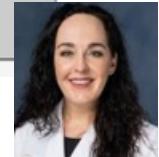
## TEXAS STAR Summary by Specialty

View competitiveness by specialty based on applicant responses

For each specialty, you are able to view the averages and median characteristics for the applicant pool (default), interviewed pool and matched pool by selecting the Application Status.

Specialty	Step 2 Avg	Step 2 Median	Complex 2 Avg	Complex 2 Median	Quartile Pct 1st	Quartile Pct 2nd	Quartile Pct 3rd	Quartile Pct 4th	Total # Applicants	Total # Matched	Student Matched Rate	Total # Appl.	Avg # Appl.
Anesthesiology	252	252	613	625	25%	19%	12%	5%	1,876	1,657	88%	94,938	51
Child Neurology	250	252	575	550	15%	19%	11%	7%	207	194	94%	5,995	29
Dermatology	258	262	651	675	47%	15%	5%	1%	548	438	80%	38,868	71
Emergency Medicine	249	252	575	575	21%	18%	14%	8%	2,180	2,012	92%	98,962	45
Family Medicine	244	247	540	525	15%	15%	16%	14%	2,326	2,044	88%	69,240	30
Internal Medicine	253	252	578	575	28%	16%	11%	6%	4,517	4,047	90%	180,588	40
Internal Medicine-Emergency Medicine	253	257	555	525	26%	17%	12%	6%	32	48%	609	9	
Internal Medicine-Pediatrics	252	252	608	575	28%	18%	9%	3%	604	529	88%	19,596	32
Internal Medicine-Preliminary	255	257	606	625	28%	16%	9%	5%	991	317	32%	18,499	19
Internal Medicine-Psychiatry	251	252	588	575	26%	10%	16%	10%	58	33	57%	619	11
Neurodevelopmental Disabilities	245	247	525	525	18%	15%	17%	9%	11	6	55%	59	5
Neurological Surgery	256	257	655	675	39%	14%	5%	1%	267	227	85%	18,823	70
Neurology	250	252	556	575	22%	17%	15%	8%	793	729	92%	32,210	41
Nuclear Medicine	257	257							2			3	2
Obstetrics and Gynecology	251	252	592	575	25%	18%	12%	5%	1,896	1,627	86%	121,510	64
Ophthalmology	257	257	625	625	40%	17%	5%	2%	555	483	87%	44,528	80
Orthopaedic Surgery	257	257	635	625	43%	16%	6%	2%	1,143	966	85%	79,155	69
Osteopathic Neuromusculoskeletal Medicine	237	237	481	475	25%	13%	38%	8	7	88%	44	6	
Otolaryngology	257	257	649	625	39%	16%	7%	1%	553	458	83%	37,504	68
Pathology	246	247	565	575	17%	15%	17%	12%	388	352	91%	11,049	28
Pediatrics	248	252	556	525	21%	17%	13%	9%	2,673	2,449	92%	85,724	32
Pediatrics-Medical Genetics	249	252	675	675	11%	20%	20%	3%	35	29	83%	493	14
Pediatrics-Psychiatry-Child and Adolescent Psychiatry	248	247	563	550	25%	8%	25%	20%	65	34	52%	641	10
Physical Medicine and Rehabilitation	247	247	557	525	18%	21%	13%	12%	448	381	85%	23,322	52
Plastic Surgery	256	257	625	625	38%	13%	5%	1%	256	187	73%	20,565	80
Preventive Medicine	242	250							33%	17%	4	67%	18
Psychiatry	246	247	536	525	14%	15%	16%	14%	1,648	1,445	88%	97,106	59
Radiation Oncology	253	257	550	550	28%	18%	15%	4%	134	126	94%	5,009	37
Radiology-Diagnostic	256	257	643	625	31%	18%	10%	4%	1,033	861	83%	67,053	65
Radiology-Interventional	255	257	608	575	35%	18%	10%	1%	199	165	83%	9,163	46
Surgery	252	252	609	625	27%	19%	12%	4%	1,495	1,249	84%	100,672	67
Surgery-Preliminary	249	252	592	600	24%	15%	12%	6%	195	73	37%	3,364	17
Thoracic Surgery	256	257	625	625	37%	20%	3%	4%	79	51	65%	2,286	29
Transitional Year	255	257	603	625	30%	17%	10%	4%	1,009	413	41%	17,510	17
Urology	254	257	618	625	36%	20%	9%	2%	451	402	89%	31,161	69
Vascular Surgery	253	252	675	675	32%	17%	7%	1%	102	86	84%	5,870	58
<b>Total</b>	<b>251</b>	<b>252</b>	<b>576</b>	<b>575</b>	<b>26%</b>	<b>17%</b>	<b>12%</b>	<b>7%</b>	<b>26,423</b>	<b>24,113</b>	<b>84%</b>	<b>1,342,7</b>	<b>47</b>

In this tab, select criteria with the filters on the left. For each specialty, the database pulls the pool of applicants who meet your criteria and demonstrates their application information and Match outcomes. For example, for applicants with 215-219 Step 2CK, we see OBGYN had Match rate of 69%. They received an average of 8 interview offers. Applicants with this Step 2 CK score applying to OBGYN had an average of 3 research experiences.



## FREIDA™, the AMA Residency and Fellowship Database®

- Target and refine your search using 35+ filters
- Save, rank, take notes, download and compare programs
- Plan for application and Match fees with FREIDA's Residency Calculator

[Join for Full Access to FREIDA](#)



FREIDA™

[Search Programs](#)

[Explore Specialties](#)

[Tools & Resources](#) ▼

[Program Director Portal](#)

# Program Results

 [List](#)  [Map](#) 

[Clear Filters](#)

[Obstetrics and Gynecology](#) 

[Residency](#) 

[Save This Search](#)

[Residency](#)  [Fellowship](#)

Showing 1 - 25 of 295 Results

OBSTETRICS AND GYNECOLOGY

[University of Alabama Medical Center Program](#)

Birmingham, AL

ID: 2200111018

[EXPANDED LISTING](#)

University-based  
8 first year  
positions  
ERAS®  
NRMP match



OBGYN

# Residency Alignment Check

This tool is a pilot for an Alignment Check Index for the OBGYN specialty. It allows residency applicants to compare their experiences and characteristics to the domains that residency programs consider in their own assessment of their program's values and interests. The Alignment Check Index (ACI) creates an alignment index that applicants can use in helping them determine to which programs to apply.

Let's Begin

Alignment Check Index developed in collaboration with the OBGYN specialty

ACI WORKSHEET

APPLICANTS FAQ



QUESTION 2 OF 6

## Work Experience

Previous work experiences outside of medicine or any work leadership roles.

- None
- Less than 6 months at job(s)
- 6-12 months at job(s); Multiple diverse jobs
- Sustained work experience (>1 year); Leadership, Supervisory roles, Prior career

NEXT

Please fill in all the fields above.



QUESTION 3 OF 6

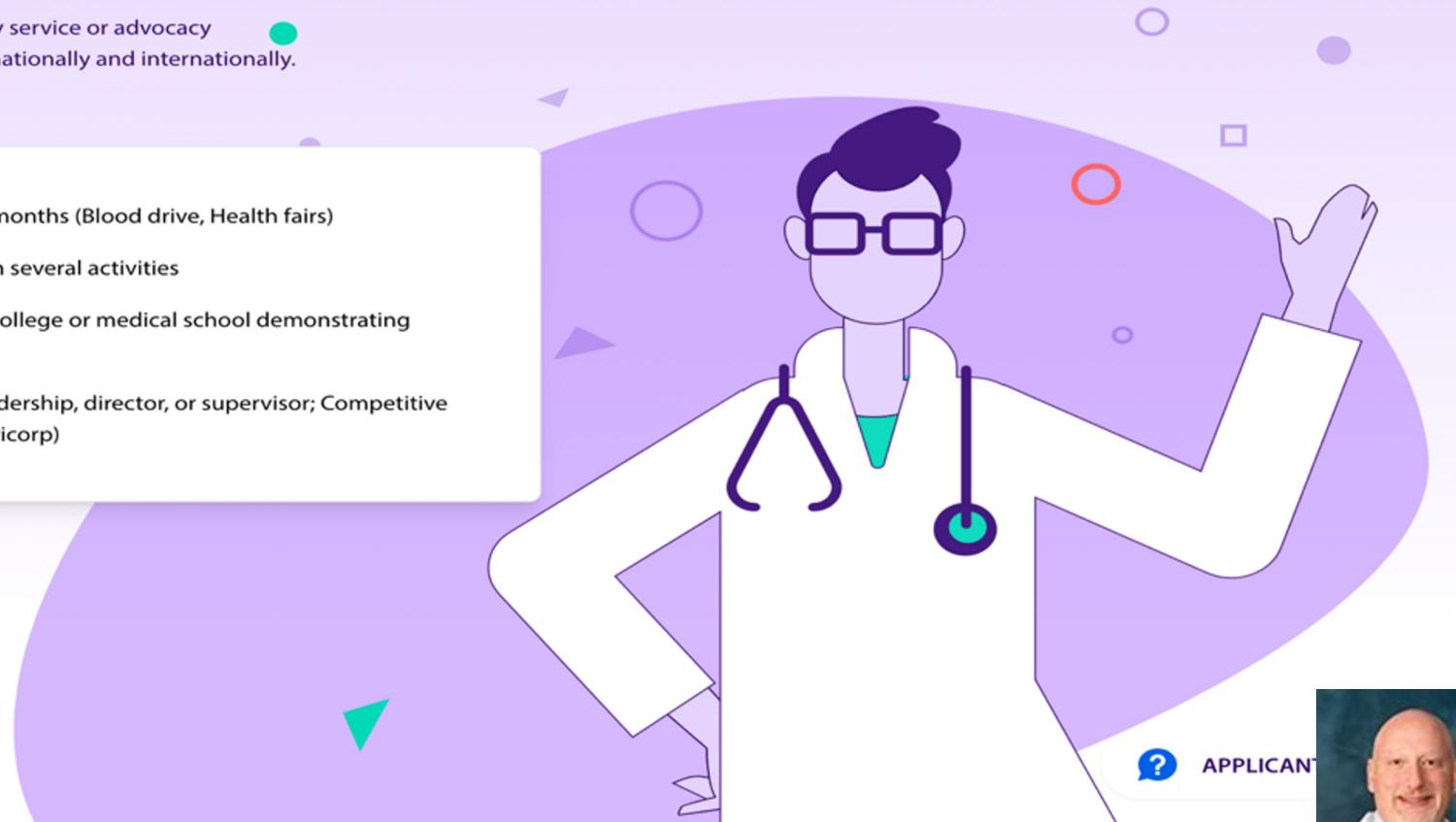
## Community Service / Advocacy

Meaningful participation in community service or advocacy activities, and/or volunteering locally, nationally and internationally.

- None or limited; Less than 6 months (Blood drive, Health fairs)
- 6-12 months (Participation) in several activities
- Multiple activities spanning college or medical school demonstrating dedication to cause
- Meaningful participation: leadership, director, or supervisor; Competitive fellowship (Peacecorps, Americorp)

NEXT

Please fill in all the fields above.



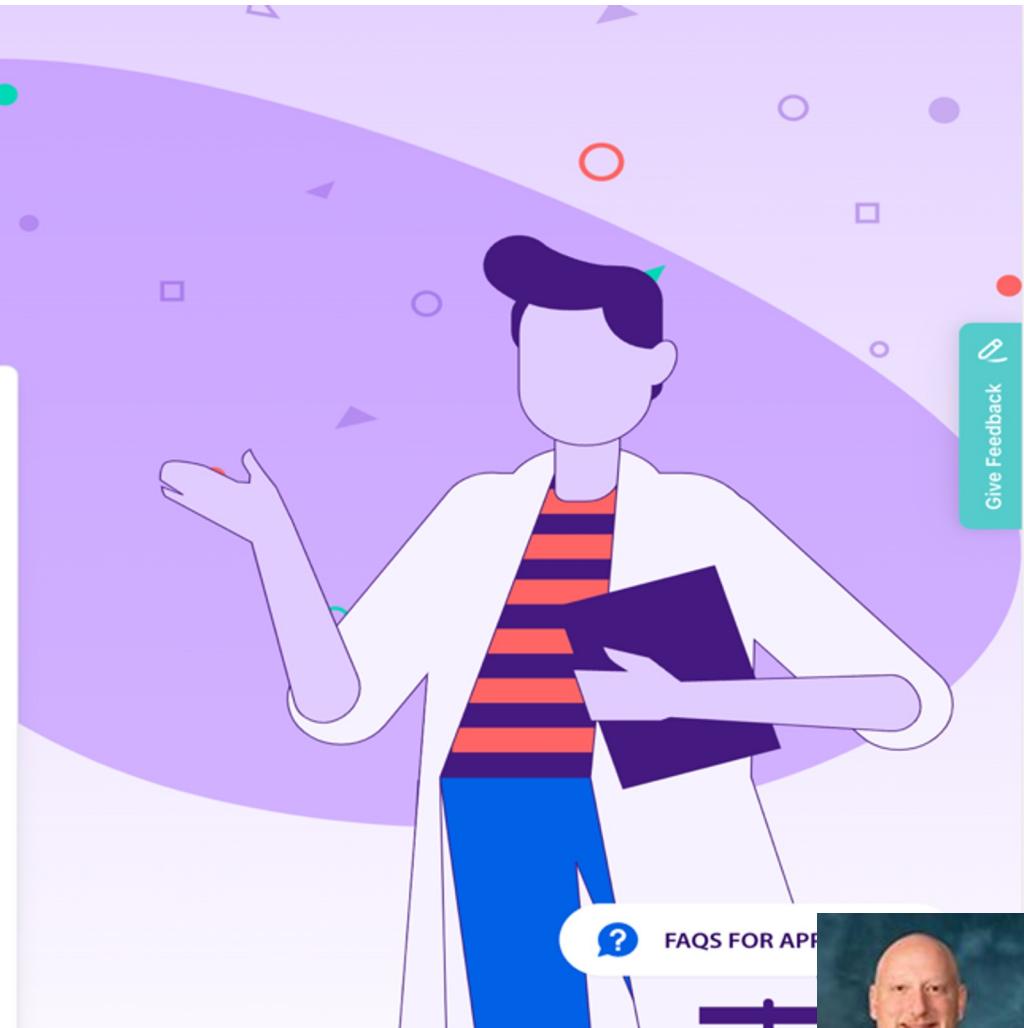
QUESTION 4 OF 6

## Background and Lived Experience

Individual characteristics and life experiences that demonstrate lived challenges and resiliency.

Please select all applicable characteristics:

- Neither parent attended college
- Financially disadvantaged
- English as a 2nd language
- Not born in the United States
- Raised by a single parent
- URM; racial/ethnic background is underrepresented in the medicine relative to the general population
- From a rural background
- I am a single parent
- Worked my way through college
- None of the Above



# Results: List & Map View

FREIDA™

Search Programs Explore Specialties Tools & Resources Program Director Portal

Dashboard

## ACI Results

Clear Filters

**Obstetrics and Gynecology**  **Residency**  **Fellowship**

**LOCATIONS**

New England (CT, MA, ME, NH, RI, VT)  
 Mid Atlantic (NJ, NY, PA)  
 East North Central (IL, IN, MI, OH, WI)  
 West North Central (IA, KS, MN, MO, ND, NE, SD)  
 South Atlantic (DC, DE, FL, GA)

Application Type  
 Program Type  
 Special Tracks

Showing 1 - 25 of 298 Results

**OBSTETRICS AND GYNECOLOGY**

**Danbury Hospital Program**

Danbury, CT ID: 2200821055

**ACI SCORE: 96**

Accepting applications '23-'24  
Community-based university affiliated  
Will be accepting applications '24-'25  
3 first year positions  
4 years length

**OBSTETRICS AND GYNECOLOGY**

**MedStar Health/Washington Hospital Center Program**

Washington, DC ID: 2201031067

**ACI SCORE: 96**

Accepting applications '23-'24  
Community-based university affiliated  
Will be accepting applications '24-'25  
10 first year positions  
4 years length

**OBSTETRICS AND GYNECOLOGY**

**University of Michigan Health System Program**

Ann Arbor, MI ID: 2202531132

**ACI SCORE: 91**

Accepting applications '23-'24

## ACI Results

Clear Filters

**Obstetrics and Gynecology**  **Residency**  **Fellowship**

**LOCATIONS**

New England (CT, MA, ME, NH, RI, VT)  
 Mid Atlantic (NJ, NY, PA)  
 East North Central (IL, IN, MI, OH, WI)  
 West North Central (IA, KS, MN, MO, ND, NE, SD)  
 South Atlantic (DC, DE, FL, GA)

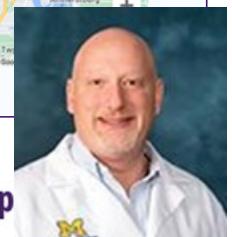
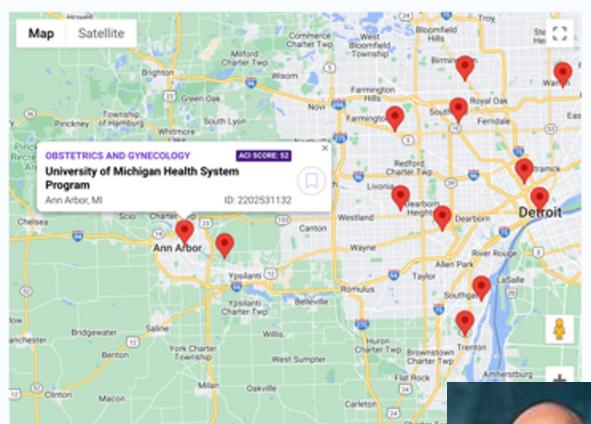
Application Type  
 Program Type  
 Special Tracks

**VISAS ACCEPTED: WHAT IS THIS?**

H-1B  J-1

**Map** **Satellite**

**OBSTETRICS AND GYNECOLOGY**  
**University of Michigan Health System Program**  
Ann Arbor, MI ID: 2202531132



West' orth Central IA, KS,  
MN, IMO, D, NE, SD)

South Atlantic (DC, DE, FL,  
GA,

Apprcation  
Type

Program  
Type

Special  
Tracks

VISAS ACCEPTED WHAT IS THIS?

IH-1B J-1

ChlldCare Provided

**TOTAL POSITIONS**



**TOTAL FIRST YEAR  
POSITIONS**



## HCA Healthcare/Mercer University School of Medicine Program

Summerville, SC

ID: 2204500001

OBST TRICS A 0 GYN CO OGY

**ACI SCORE: 93**

Accepting app  
lications  
'24-'25

Community-based  
Will be acceptng  
appcat1ons  
'25-'26

3 first year  
positions

4 years length

Accepting  
applications  
'24-'25

Community-based  
university af  
liated

Will be acceptJng  
apphcations '25-  
'26

311rst year positions

4 years len th

## University of Central Florida/HCA Florida Healthcare (Pensacola) Program

Pensacola, FL

ID: 2201100082

Access members-only features: save programs, take notes & compare programs side-by-side

OBST TRICS A 0 GYN CO OGY

**ACI SCORE: 93**

Accepting app  
lications  
'24-'25

Community-based  
Will be acceptng  
appcat1ons  
'25-'26

Win a accepting  
applications '25-  
'26

1st year  
positicos  
4 yearslen th

**EXPANDED LISTING**

## Brigham and Women's Hospital/Massachusetts General Hospital Program

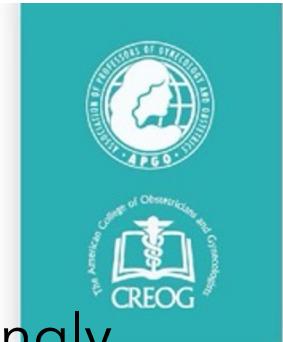
Boston,  
MA

10:  
2202411125



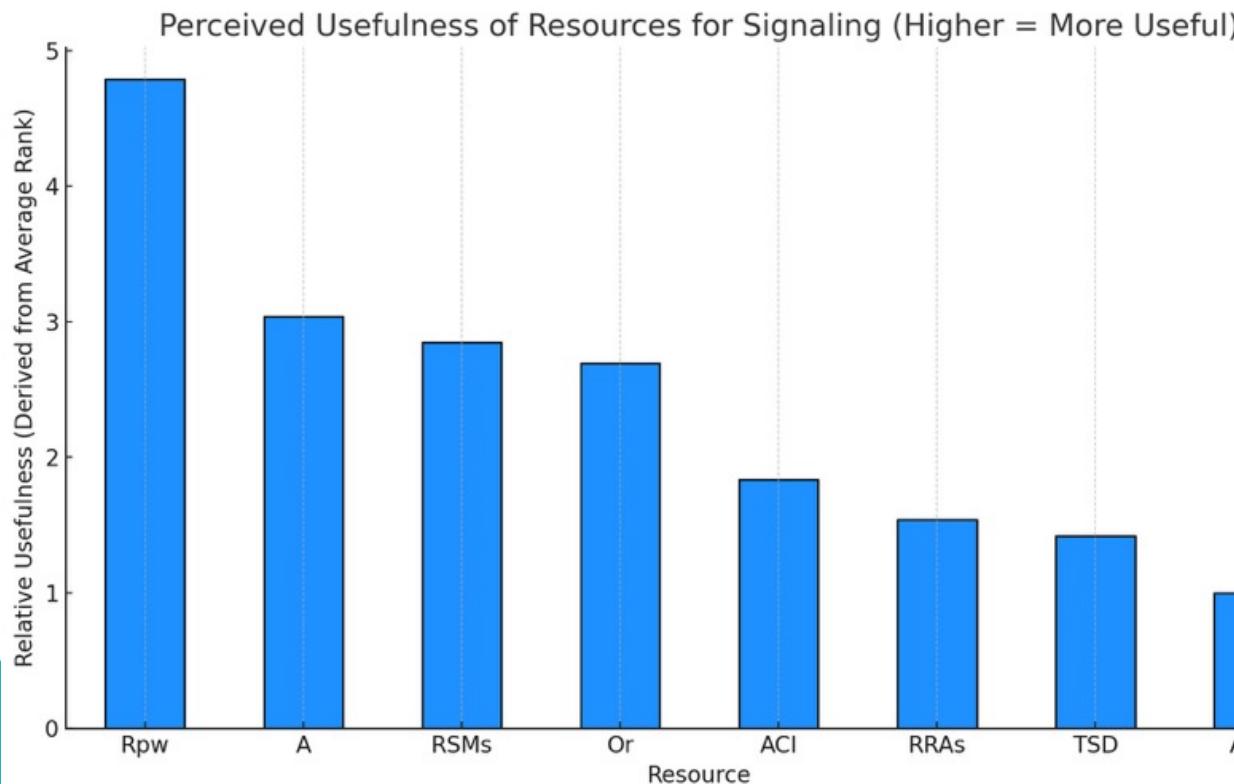
# Alignment Check Index (2024-2025)

- 73% of applicants accessed the ACI (n=692)
- A total of 34.2% (170/497) of applicants agreed or strongly agreed that the Alignment Check Index helped them become aware of residency programs that were not previously on their radar
- Out of 497 respondents, 153 applicants (30.7%) agreed or strongly agreed that they applied to residency programs after using the Alignment Check Index that were not previously on their radar
- 104/497 applicants (20.9%) signaled a residency programs after using the Alignment Check Index that were not previously on their radar



 @APGOnews #Char

# Usefulness of Resources Used by Applicants



## Legend for Abbreviations:

- Rpw – Residency Program Websites
- A – Advisors
- RSMs – Residency Social Media Sites
- Or – FREIDA – Other Resources
- ACI – FREIDA – Alignment Check Index
- RRAs – Reddit Residency Applications Spreadsheet
- TSD – Texas Star Data
- ARD – APGO Residency Directory



# Alignment Insights

***What Is It and How Does It Work?***



## What Is Alignment Insights?

- **New tool** for OB-GYN ResidencyCAS applicants
- Shows how your application **aligns** with each program
- Uses data from **past applications and interviews**
- **Suggests programs** to consider where there is a strong alignment between you and the program

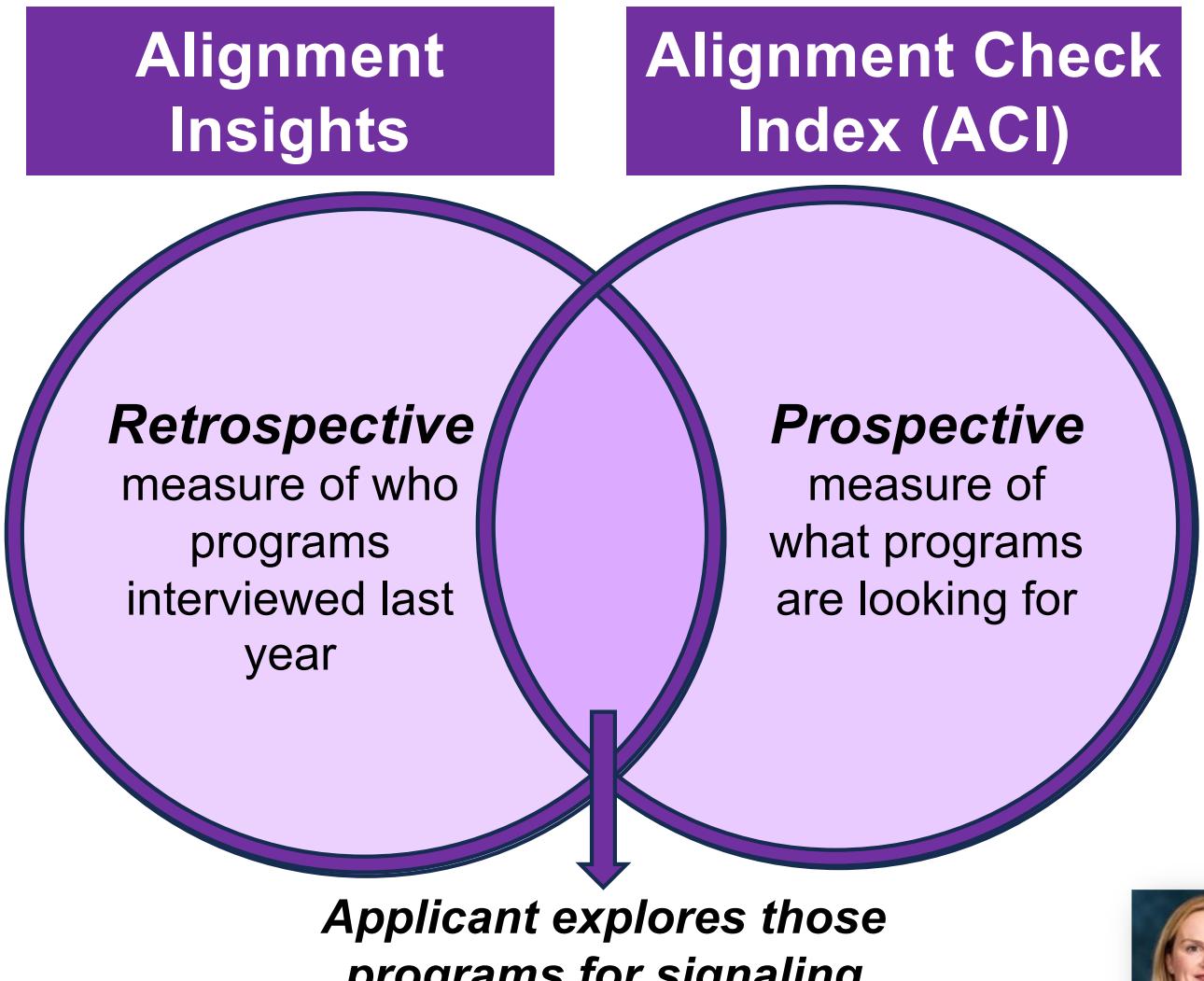


## How Alignment Insights Works

- You get a **one-time report** per application cycle
- **Each program rated:** *High, Medium, or Low Alignment*
- Looks at **over 20 factors** of your full application (not just **one** factor!)
- Likely to explain the **most impactful factors** for your alignment



# Alignment Insights *Complements* the ACI



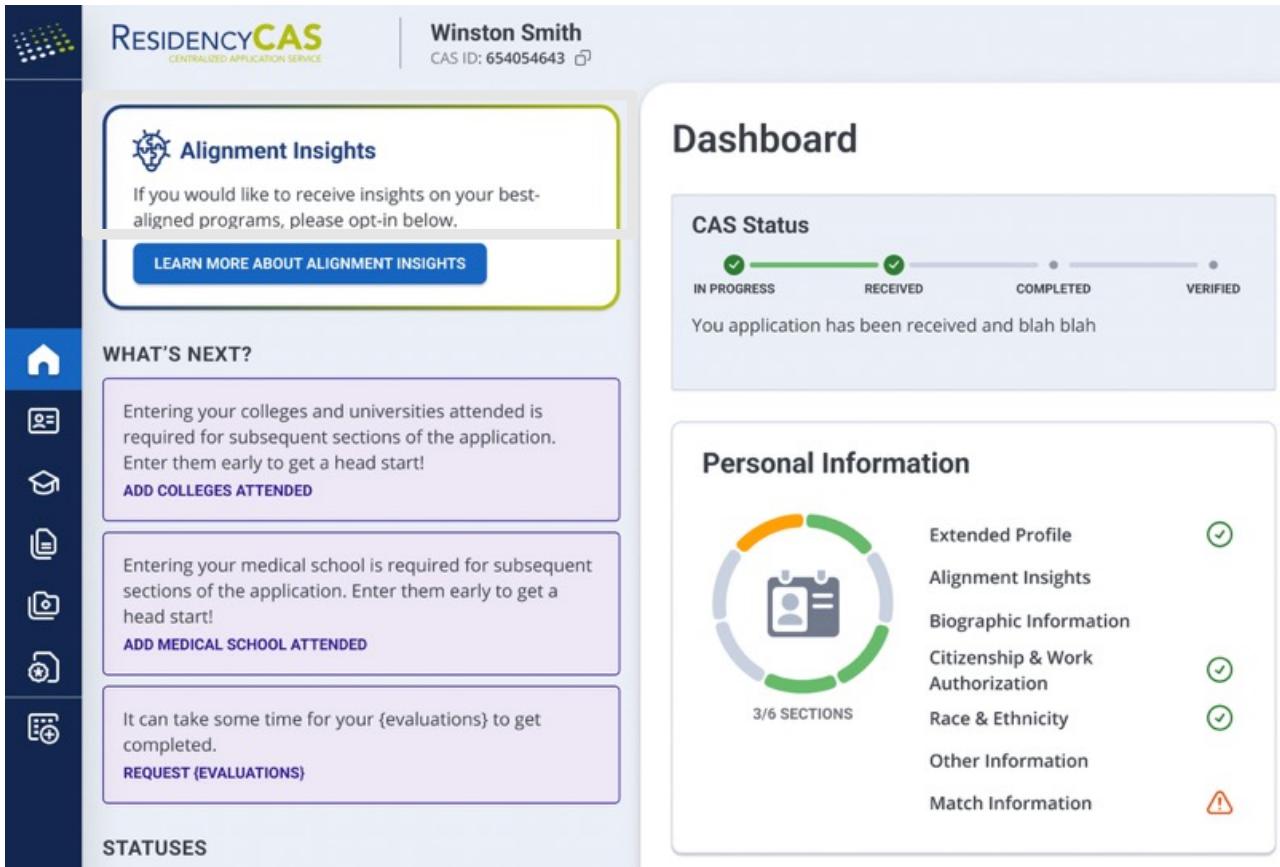
# Process Timeline

- **Must *opt-in* in ResidencyCAS *after* you complete your application**
  - Full application data is needed for the **best results**
  - May receive a **missing data error** if key information is missing
- **Three** opportunities to receive your one-time report
  - **August 30**: First batch processing begins
    - Result available on 9/1
  - **September 6**: Second batch processing begins
    - Result available on 9/8
  - **September 13**: Final batch processing begins
    - Result available on 9/15



*Disclaimer: all designs  
are subject to change*

# Opt-In Directly in ResidencyCAS



The screenshot shows the ResidencyCAS application interface. At the top, the logo 'RESIDENCYCAS CENTRALIZED APPLICATION SERVICE' and the user's name 'Winston Smith' with 'CAS ID: 654054643' are displayed. The left sidebar contains a vertical list of icons for navigating through the application sections.

**Alignment Insights**  
If you would like to receive insights on your best-aligned programs, please opt-in below.  
[LEARN MORE ABOUT ALIGNMENT INSIGHTS](#)

**WHAT'S NEXT?**

- Entering your colleges and universities attended is required for subsequent sections of the application. Enter them early to get a head start!  
[ADD COLLEGES ATTENDED](#)
- Entering your medical school is required for subsequent sections of the application. Enter them early to get a head start!  
[ADD MEDICAL SCHOOL ATTENDED](#)
- It can take some time for your {evaluations} to get completed.  
[REQUEST {EVALUATIONS}](#)

**STATUSES**

**Dashboard**

**CAS Status**

IN PROGRESS → RECEIVED → COMPLETED → VERIFIED

You application has been received and blah blah

**Personal Information**

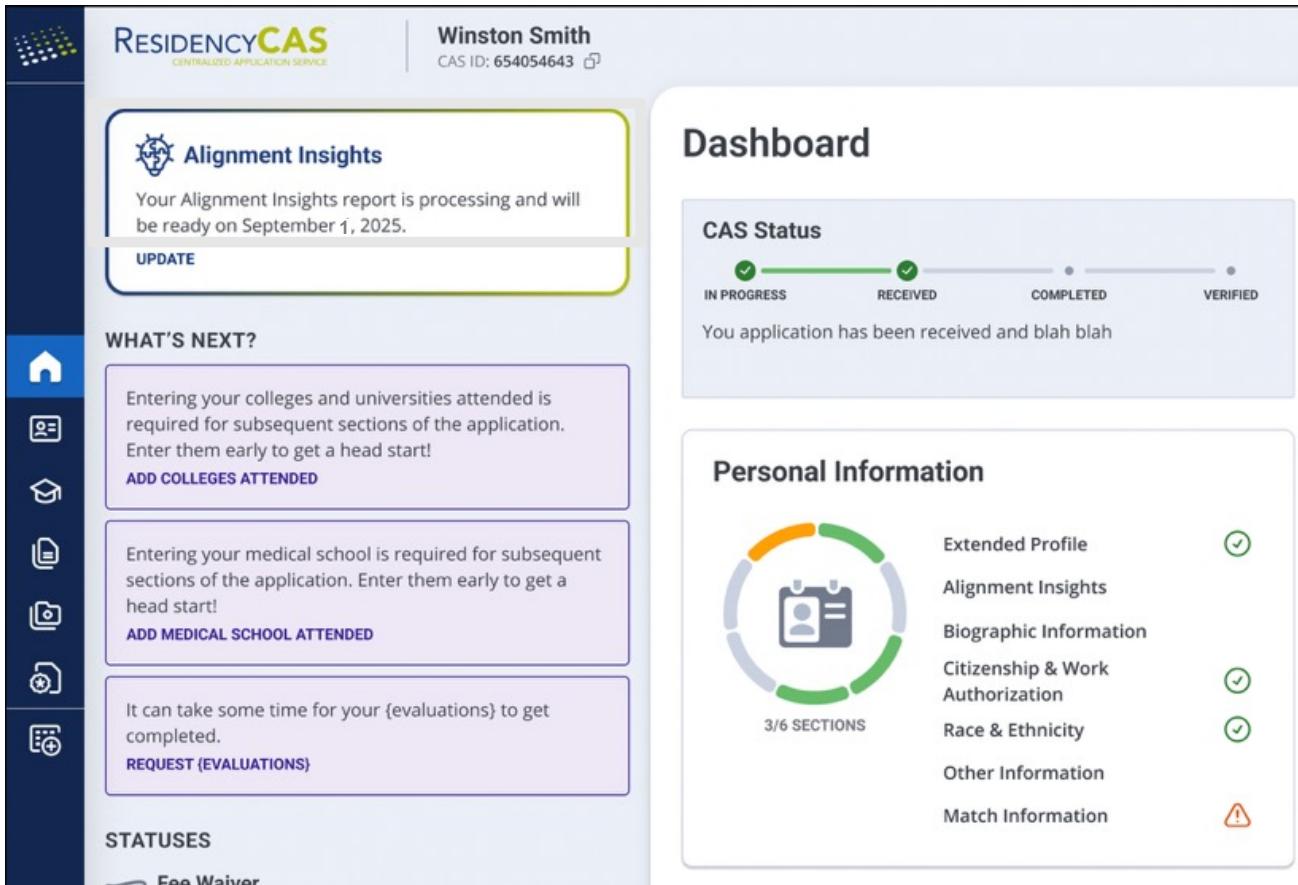
3/6 SECTIONS

Section	Status
Extended Profile	✓
Alignment Insights	✓
Biographic Information	✓
Citizenship & Work Authorization	✓
Race & Ethnicity	✓
Other Information	
Match Information	⚠



*Disclaimer: all designs  
are subject to change*

# Check Status in ResidencyCAS

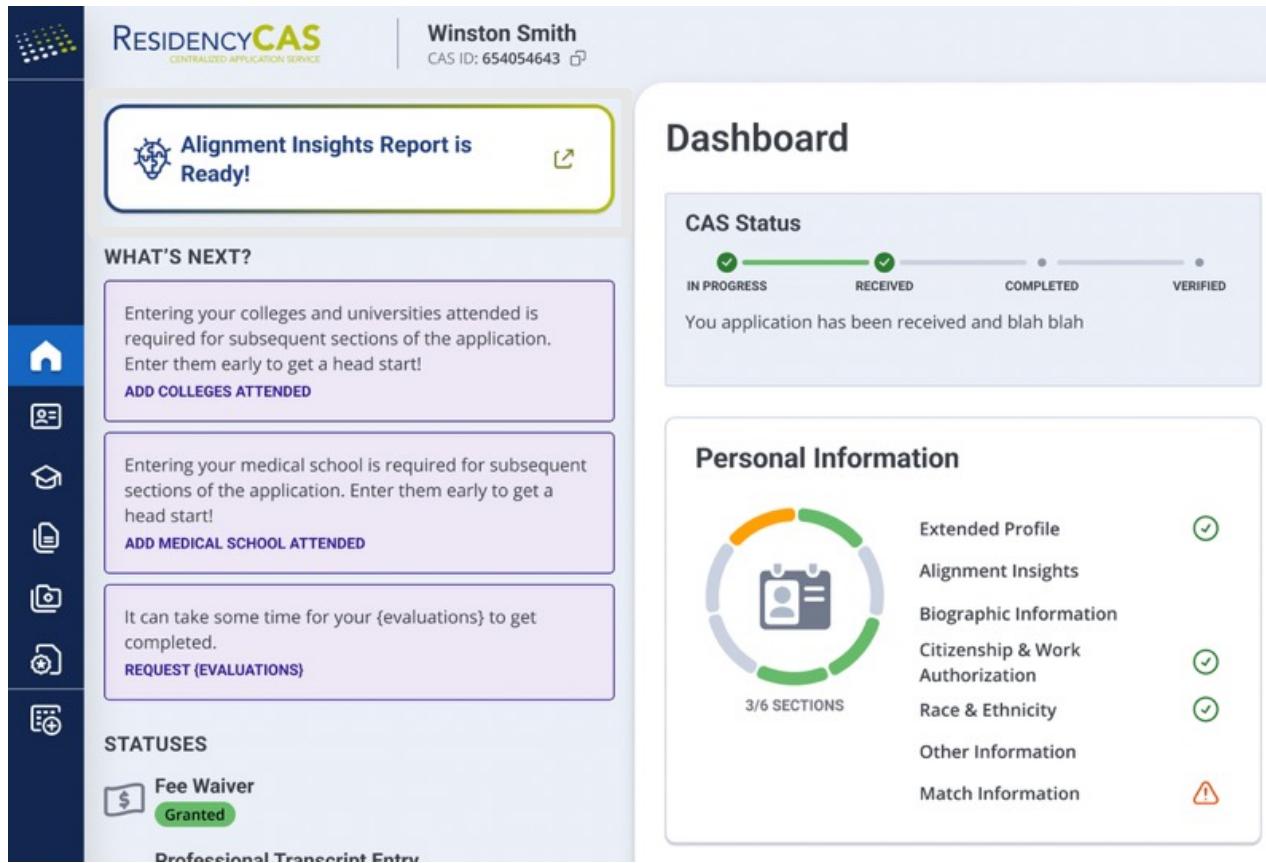


The screenshot shows the ResidencyCAS application interface. At the top, the logo 'RESIDENCYCAS' and the user's name 'Winston Smith' and CAS ID '654054643' are displayed. On the left, a vertical sidebar contains icons for Home, Profile, Applications, Colleges Attended, Medical Schools Attended, Evaluations, and Statuses. The main dashboard area has a 'Dashboard' title. It shows a 'CAS Status' timeline with green checkmarks for 'IN PROGRESS' and 'RECEIVED', and grey dots for 'COMPLETED' and 'VERIFIED'. A message states 'Your application has been received and blah blah'. Below this is a 'Personal Information' section with a circular progress bar showing '3/6 SECTIONS' completed. To the right, a list of personal information items is shown with status icons: Extended Profile (green checkmark), Alignment Insights (green checkmark), Biographic Information (green checkmark), Citizenship & Work Authorization (green checkmark), Race & Ethnicity (green checkmark), Other Information (green checkmark), and Match Information (orange warning icon). At the bottom left, a 'STATUSES' section shows a 'Fee Waiver' status with a green checkmark.



*Disclaimer: all designs  
are subject to change*

# Open Results from ResidencyCAS



The screenshot shows the ResidencyCAS application interface. At the top, the logo 'RESIDENCYCAS' and the user's name 'Winston Smith' and CAS ID '654054643' are displayed. A banner at the top left says 'Alignment Insights Report is Ready!' with a link icon. The left sidebar has a vertical navigation menu with icons for Home, Locations, Medical Schools, Evaluations, Statuses, and Professional Transcripts. The main content area is divided into several sections:

- WHAT'S NEXT?**
  - Entering your colleges and universities attended is required for subsequent sections of the application. Enter them early to get a head start!  
[ADD COLLEGES ATTENDED](#)
  - Entering your medical school is required for subsequent sections of the application. Enter them early to get a head start!  
[ADD MEDICAL SCHOOL ATTENDED](#)
  - It can take some time for your {evaluations} to get completed.  
[REQUEST \(EVALUATIONS\)](#)
- CAS Status**

IN PROGRESS ✓ RECEIVED ✓ COMPLETED • VERIFIED •

You application has been received and blah blah
- Personal Information**

3/6 SECTIONS

	Extended Profile <span style="color: green;">✓</span>
	Alignment Insights <span style="color: green;">✓</span>
	Biographic Information <span style="color: green;">✓</span>
	Citizenship & Work Authorization <span style="color: green;">✓</span>
	Race & Ethnicity <span style="color: green;">✓</span>
	Other Information <span style="color: green;">✓</span>
	Match Information <span style="color: orange;">⚠</span>



*Disclaimer: all designs  
are subject to change*

# View Alignment Insights Results



RESIDENCYCAS  
CENTRALIZED APPLICATION SERVICE

## Your Program Alignments

Hi John,

Based on your application we've found the following programs that are best aligned.

[Learn more about your alignment score.](#)

All    High    Medium    Low    No Score

**Program 1**  
Obstetrics & Gynecology    High

Alignment Insights Explanation  
1. Distance ▲ 2. USMLE/COMLEX Score ▼ 3. Applicant Type: USMD ▲

**Program 2**  
Obstetrics & Gynecology    Medium

Alignment Insights Explanation  
1. First Generation Student ▲ 2. Distance ▼

**Program 3**  
Obstetrics & Gynecology    Low

Alignment Insights Explanation  
1. Work Experience ▼ 2. Distance ▼

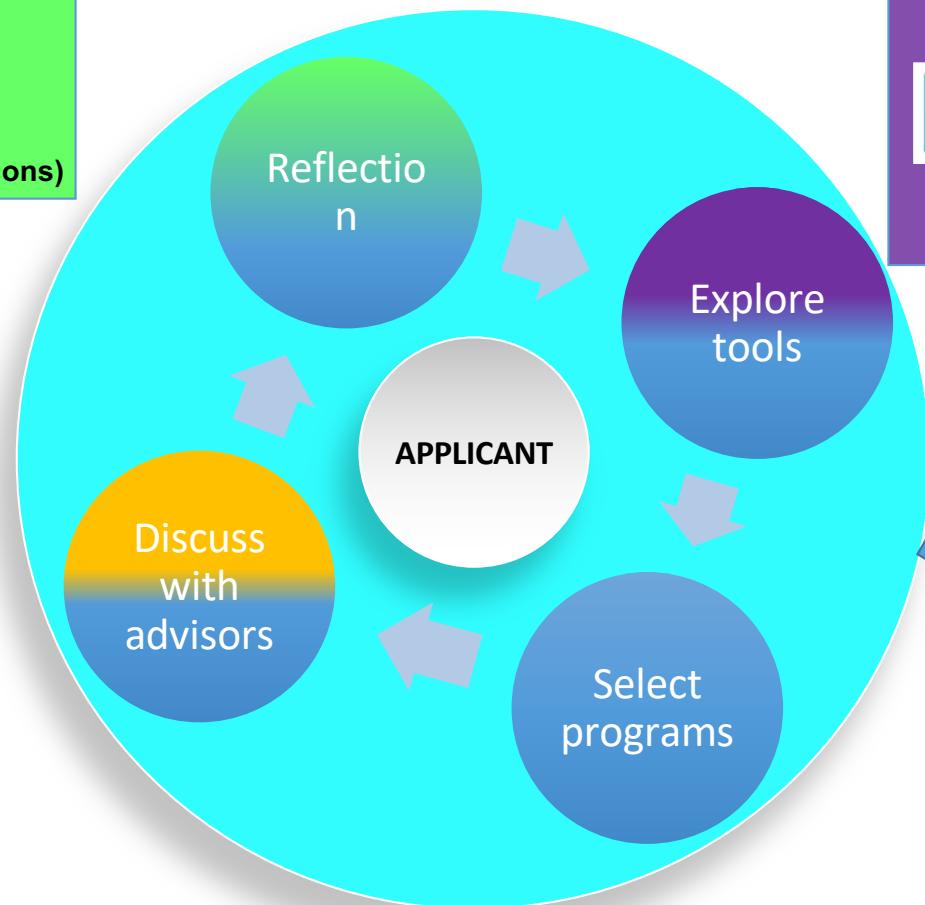


**Mission & Values**  
(Yours and the Residency Programs)

**Geography**  
(Your desired training location)

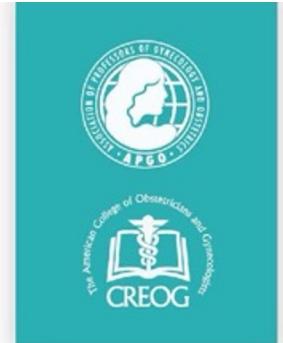
**Personal & Professional Goals**  
(Your fellowship or practice aspirations)

Student Affairs  
Clerkship Directors  
Career Advisors  
Department Chairs  
Program Directors  
Faculty Mentors



# FAQs

1. Should I signal my home institution?  
*YES (if you are interested in your home program)*
2. When should I signal programs during the application process?  
*It will be integrated into the Residency CAS platform*
3. Should I only signal my top-choice program?  
*Send signals to programs that you are genuinely interested, and where you believe signaling may make a significant difference*



# Fee Waiver- Up to 30 Programs



## Fee Waiver Program

### Requesting a Fee Waiver

The ResidencyCAS Fee Waiver Program is designed to address financial disparities, empower applicants, and promote access to more opportunity across programs by covering the cost of up to 30 program submissions within a single specialty.

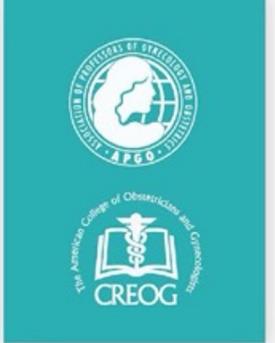
To request and qualify for a fee waiver, you must complete the [fee waiver form](#) and attach evidence confirming that you received a fee waiver for your medical school application process either from the Association of American Medical Colleges (AMCAS or MCAT) or the American Association of Colleges of Osteopathic Medicine (AACOM). If approved, you'll receive a fee waiver code that can be used for your selected specialty.



 @APGOnews #ChangeM



# Resident Experiences



# Q and A



 @APGOnews #ChangeMedEd

