BPPV: A Comprehensive Approach to Diagnosis and Treatment

Kim Fox, PT, DPT

Faculty

Kim Fox, PT, DPT completed her Master of Physical Therapy Degree at the University of Maryland at Baltimore, with special recognitions for neurology and research, and received a Doctorate Degree in Physical Therapy from the University of Montana. She completed the competency based vestibular course through Emory University and holds several advanced vestibular coursework certificates. Dr. Fox served in active duty and as reservists for the U.S. Airforce. Her experience includes hospital in/out-patient, home health, skilled nursing, and private practice settings. She owns AVORA Physical Therapy and practices at The AVORA Balance & Dizzy Center specializing in diagnostics and treatment of balance and vestibular disorders. Dr. Fox sits on the Vestibular Disorders Association (VEDA) Editorial Review Board, is a published author for VEDA, implemented VestibularJobs.com in partnership with VEDA, is a member of the WNC Fall Prevention Coalition, and teaches balance and vestibular courses to physicians, rehab providers, and geriatric fellowship and community-based programs.

Financial: Ms. Fox receives a speaking fee from ERI for this course. Non-Financial: Ms. Fox is a volunteer unpaid consultant and receives free equipment for beta testing.

About this Webinar

Are you therapists seeking to improve your skills in diagnosing and treating BPPV without becoming a vestibular expert? If so, this course is for you. Many providers are working with BPPV patients that want a better understanding of typical and atypical forms of BPPV and how to treat them. Participants will dive into the depths of BPPV to effectively, efficiently, and properly diagnose and treat these patients, consistent with evidence-based medicine. Participants will also learn other vestibular and non-vestibular basics to understand when signs and symptoms are not consistent with BPPV. This course will include many videos of positional nystagmus and various abnormal eye movements from other peripheral and central sources, ensuring plenty of opportunities to learn how to identify abnormal eye movements first-hand. You will walk away with a commanding knowledge of BPPV and how to treat this common form of peripheral vertigo, even when the presentation is not as common.

Objectives

- Understand anatomy and physiology for a commanding knowledge of various types of BPPV
- Perform proper evaluations of vertiginous patients to identify or rule out BPPV
- Identify typical and atypical BPPV
- Treat typical and atypical BPPV

Audience

Physical Therapists, Occupational Therapists, and assistants working with vestibular, neuro, and geriatric patients in the clinical, home, and hospital settings.
Schedule – Day 1  8:40 am - 5:00 pm EST (US)

8:40-9:00  Webinar Registration/Zoom Course Opens
9:00-9:45  Vestibular Anatomy & Physiology
9:45-10:30 BPPV etiology and biomechanics
10:30-11:00 Positional Testing – basics to advanced
11:00-11:15 Break
11:15-11:45 Positional Testing Lab
11:45-12:30 Analyzing abnormal results (video presentation)
12:30-1:00 Preparing patients for treatment: pre-treatment options & techniques to reduce anxiety and nausea
1:00-1:30 Lunch (on your own)
1:30-2:30 Maneuvers to treat BPPV – basics to advanced
2:30-3:15 Maneuvers Lab
3:15-3:30 Break
3:30-4:00 Treatment guidelines, efficacy, complications and common mistakes
4:00-4:30 Understanding concise but safe BPPV evaluations
4:30-5:30 Becoming the expert: Review of positional testing, treatments and interpreting abnormal results (Case studies)

Schedule – Day 2  8:40 am - 4:30 pm EST (US)

8:40-9:00  Webinar Registration/Zoom Course Opens
9:00-10:00 A look at concomitant conditions & their presentations
10:00-11:15 An in-depth evaluation of the vertiginous patient to know when to treat or when & where to refer
11:15-11:30 Break
11:30-12:30 Lab evaluation techniques: oculomotor, audiometrics, neuro, cervical
12:30-1:15 Identifying central vs peripheral vertigo & other red flags
1:15-1:45 Lunch (on your own)
1:45-2:30 A screening tool to identify central vs peripheral acute onset vertigo, better than an MRI
2:30-3:15 HINTS to INFARCT lab
3:15-3:30 Break
3:30-4:30 The big review: testing, interpreting, ruling in/out BPPV, treating & follow up care (Case Studies)

Labs will be interactive sessions with breakout groups, videos, polls, and group discussions.
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Credits

This course meets the criteria for 14 contact hours (1.4) CEUs, Intermediate Level.

Most Physical Therapy State Boards accept webinars as a live offering. Please check with your state board to confirm. Approved by the MD, NJ, NM, NV, OK Boards of Physical Therapy. Application has been made to the FL Physical Therapy Association for 16.5 CE Hours. Approved by KY Boards of Physical Therapy. Approved sponsor by the State of IL Department of Financial and Professional Regulation for Physical Therapy for 16.5 contact hours. Approved provider by the NY State Board of Physical Therapy for 16.8 contact hours (1.92 CEUs). Education Resources, Inc. is an approved provider for Physical Therapy CEUs in the following states: CA, KY and TX. The following state boards of physical therapy accept other states approval: AK, AR, AZ, DC, DE, GA, HI, ID, IN, KS, MI, MO, MS, NC, OR, PA, RI, SC, UT, VA, VT, WI, WY.

The following state boards of physical therapy either do not require course pre-approval or do not require CEUs for re-licensure: AL, CO, CT, IA, MA, ME, MT, NE, ND, NH, SD, WA

Approved provider of continuing education by the American Occupational Therapy Association #3043, for 14 contact hours - Intermediate Level Occupational Therapy Process: assessment, intervention. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures by AOTA.

Approved provider of the FL Board of Occupational Therapy-CE Broker 16.5 hours.

This course meets the approval of the TX Board of OT Examiners.

NBCOT professional development provider – 14 PDUs

12 hours of this course qualify towards the discipline-specific hours for the 20-hour requirement for NDTA re-certification. They do NOT qualify towards the 8-hour NDTA Instructor requirement for re-certification

Please contact us with any special needs requests: info@educationresourcesinc.com or 508-359-6533.

Webinar Dates and Times - 2021

August 6 and 7, 2021
8:40 am EST • 7:40 am CST • 6:40 am MST • 5:40 am PST (US)

Registration is for all both sessions. Log-In Instructions and Course Materials will be emailed/added to your ERI account 5-7 days prior to the first date of the webinar.

Register at educationresourcesinc.com
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**BPPV/Fox**

☑ August 6 and 7, 2021

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**Course Registration Form**

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Needed in the event of an emergency scheduling change

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