

Shannon Lenahan, PT, DPT

Candidate for Delegate



I have been a member of APTANJ for 8 years and have remained active since I graduated in 2013. During the past 5 years I have been engaged in multiple capacities including Central District Chair, Membership Committee Member, Delegate, Neurologic SIG member, and various task forces. This involvement and interaction has afforded me knowledge on the leadership skills, organization, and objectives of both APTA and APTANJ.

I was first elected Delegate in 2015 and have used this experience to learn and grow both as an individual and as a representative to our state. I appreciate the importance of this position and the effect on our practice. Due to such, I engage members in discussions regarding motions that are coming through the House and utilize these discussions as well as house proceedings to guide our profession. The NJ Delegation is known as being a dynamic and forward-thinking. I feel I fit appropriately into these categories as well as providing unique perspective as a young professional. I continue to be intrigued by the policy making process and remain invested in guiding our profession to be the provider of choice for the movement system in an ever changing healthcare field.

When I am not spending time getting involved in APTANJ, I am employed full time at CentraState Medical Center treating in the acute care and outpatient neurologic settings. I have an interest in population health which has guided me in developing various community outreach programs to promote the wellness aspect of physical therapy to the community. In 2017, I coordinated over 120 community classes with over 300 participants. I feel that my unique and varied professional experience affords me a broad understanding of our profession to engage in productive and dynamic dialogs.

I am ready to continue to represent the members of APTANJ in the House of Delegates and ensure the policies APTA creates are the best to progress physical therapy in the state of New Jersey. I thank you for the opportunity to be slated as delegate and request your support of my nomination for Delegate for the 2019-2020 House of Delegates.