

## **Fall Prevention: Risk Assessment and Mitigation for Older Adults**

This session will address fall prevention with a focus on older adults however these principles will apply to younger populations, particularly those who may have a chronic condition that impacts mobility. Falls risk assessment tools will be discussed and demonstrated with the ability to practice some components that are more complex. Risk mitigation across the functional spectrum will be discussed from acutely ill to community dwelling healthy older adults. Interventions to reduce fall risk and evidence-based programs will be reviewed along with education to address fear of falling.