MODULE 1: USING HEALTHY PEOPLE 2020 TO IMPROVE POPULATION HEALTH

Using Healthy People 2020 to Improve Population Health

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Module 1: Using Healthy People 2020 to Improve Population Health

Part 2: What is Healthy People?

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Learning Objectives

• Introduce the Healthy People 2020 Learning Modules project

• Define the overarching goals of the Healthy People 2020 initiative

• Describe the available data to track progress related to Healthy People objectives

• Explain the modules format and how Healthy People can more effectively be integrated into public health education
What Is Healthy People?

• National agenda that communicates a vision for improving health and achieving health equity
  – A source for reliable, science-based, public health measures

• Set of specific measurable objectives with targets to be achieved by the year 2020

• Tool for measuring program performance
Framework for Improving Health

- Guided by collaborative stakeholder-driven process
- Framework for program planning and development
- Benchmarks to compare State and local data
- Platform for goal setting, agenda building, & forging nontraditional partnerships
Structure

• Overarching Goals
  • Attain high-quality, longer lives free of preventable disease, disability, injury, and premature death.
  • Achieve health equity, eliminate disparities, and improve the health of all groups.
  • Create social and physical environments that promote good health for all.
  • Promote quality of life, healthy development, and healthy behaviors across all life stages.

• 42 Topic Areas

• Over 1200 objectives
What are the Leading Health Indicators (LHIs)?

Leading Health Indicators are:

- Critical health issues that, if addressed appropriately, will dramatically reduce the leading causes of preventable deaths and illnesses.
- Linked to specific Healthy People objectives.
- Intended to motivate action to improve the health of the entire population.

1200 Healthy People measures

LHIs are a subset of Healthy People measures
Evolves Over Time

1979
- 1979 Small Pox Eradicated
- 1970 Clean Air Act

1982 AIDS is infectious

1988 SG Declares Nicotine Addictive

1990
- 1990 Human Genome Project Begins
- 1990s Drinking Water Fluoridation

2000
- 2000s Obesity and Chronic Disease

2009 H1N1 Flu

2010
- 2005 Hurricane Katrina
- September 11, 2001
HealthyPeople.gov

Tobacco and Health
Tobacco use is the single most preventable cause of disease, disability, and death in the United States.

Get the Latest Healthy People News & Events

HHS Prevention Strategies
Healthy People supports prevention efforts across the U.S. Department of Health and Human Services (HHS) to create a healthier Nation.

Closer Look: Health Disparities
Compare the Top 10 Causes of Death across Populations

Race/Ethnicity: --Select race/ethnicity--
Age Range: 

Get Your Results

Spotlight
HealthyPeople.gov was recognized with a gold Web Health Award for being a high-quality digital health resource.

Healthy People 2020 Brochure: Updated with LHIs! [PDF - 948 KB]