



4

MODULE 4

Emergencies: Prevention, Preparedness, Response and Recovery

Preparedness

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Preparedness

Quiz Questions

Multiple Choice

- The National Health Security Strategy focuses on:
 - o Refocusing disparate public health and medical preparedness, response, and recovery strategies in order to ensure the nation is prepared for, protected from, and resilient in the face of health threats or incidents with potentially negative health consequences
 - o Creating a standardized approach to incident management that is scalable and flexible
 - o Creating processes, procedures, and systems for communicating timely, accurate, and accessible information related to an incident
 - o Ensuring that emergency response requests go from the local level to the state level to the federal level

- The following are key to an effective emergency response
 - o Surveillance
 - o Epidemiology
 - o Situational awareness
 - o All of the above

- Emergency preparedness is solely a government responsibility.
 - o True
 - o False

- Vulnerability populations may be at increased risk for adverse effects from an emergency.
 - o True
 - o False

- Continuity of operations planning is important for;
 - o Businesses
 - o Government
 - o Schools
 - o All of the above

- All of the following are normal psychological impacts of disasters EXCEPT:
 - o Upsetting memories
 - o Post-Traumatic Stress Disorder (PTSD)
 - o Bad dreams
 - o Self-blame and guilt

- The following is a potential challenge when recovering from an emergency:
 - o Legal challenges over insurance issues
 - o Making sure the health department has accurate lab reports
 - o Drawing flood plain maps
 - o Making sure information is shared across jurisdictions
- Public health emergency preparedness capabilities include all of the following EXCEPT:
 - o Surveillance and epidemiology
 - o Mass care
 - o Disaster mental health
 - o Leadership and management

Short Answer

- Describe the key steps on creating a personal preparedness plan and how they can keep you safe in an emergency.
 - o Get a kit, make a plan, be informed
- Describe the difference between man-made and natural disasters and give an example of each.
 - o Man-made – terrorism, bioterrorism, CBRN ex. 9/11
 - o Natural Disasters – hurricane, floods, pandemics, ex. Katrina, H1N1
- Describe 3 potential normal psychological impacts of emergencies
 - o Upsetting memories
 - o Flash backs
 - o Bad dreams
 - o Anxiety and fear
 - o Depression
 - o Aggressive behavior
 - o Self-blame and guilt
 - o Restlessness/sleeplessness