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MODULE 5

Tobacco Use: Prevention, Cessation and Policy

Part 2: Tobacco Screening and
Cessation in Healthcare Settings

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Quiz

True/False: Circle True or False

- With all the health information about smoking, only about half of current adult smokers in the US want to quit
 - o True
 - o False
- Research shows that both behavioral counseling and pharmacological agents help people quit smoking
 - o True
 - o False
- Physicians are the primary health care provider that can help people quit smoking
 - o True
 - o False
- One of the challenges in quitting smoking are the limited resources to help people quit
 - o True
 - o False

Multiple Choice: Circle the most correct answer

- Smokers who quit often relapse due to all of the following reasons EXCEPT:
 - o Stress
 - o Withdrawal symptoms
 - o Relative low cost to purchase tobacco products
 - o Concern for weight gain
- The estimated percentage of health care providers who give advice to their smoking patients to quit smoking is:
 - o 33%
 - o 50%
 - o 75%
 - o 85%

Short Answer:

- List the 5 A's that health care providers can use to help their patients quit smoking: