



6

MODULE 6

Substance Abuse: Addressing Addiction and Emerging Issues

Martha C. Romney, RN, MS, JD, MPH



**Public Health
Learning Modules**
Using Healthy People 2020
to Improve Population Health



**College of Health Professions
and Social Work**
TEMPLE UNIVERSITY

Small Group In-Class Activity

Exploring & Applying Harm Reduction Concepts to Reduce Substance Abuse

Instructions

1. In advance of class, read the following articles (see attached) describing ‘harm reduction’ policy, prevention and treatment, and reported outcomes of reducing harm associated with substance abuse:
 - Toumbourou JW, Stockwell T, Neighbors C, Marlatt GA, Sturge J, Rehm J. Interventions to reduce harm associated with adolescent substance abuse. *The Lancet* 2007;369:1391-1401
 - Marlatt GA, Witkiewitz K. Update on harm-reduction policy and intervention research. *Annu Rev Clin Psychol* 2010;6:591-606.
2. Independently, identify the following:
 - Key concepts of harm-reduction approach
 - Examples of effective harm-reduction policies and interventions associated with substance abuse
 - Challenges to and limitations of harm-reduction policies and interventions
 - Key insights from previous harm-reduction programs/interventions
3. In small groups, based upon the evidence presented in the articles as well as independent readings, conceptualize and present an overview of a proposed harm-reduction policy and intervention to address a substance abuse problem addressed in the modules