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MODULE 7

# Mental Health: Children and Adolescents

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**Public Health**  
Learning Modules  
Using Healthy People 2020  
to Improve Population Health



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# Mental Health: Children and Adolescents

## Quiz Questions

### Multiple Choice

1. One of the objectives for Healthy People 2020 is to increase the proportion of youth who are screened for depression in:
  - a. schools.
  - b. psychiatric facilities.
  - c. primary care offices.
  - d. detention facilities.
2. The most recent version of the Diagnostic and Statistical Manual of Mental Disorders (DSM) understand mental illness to be:
  - a. a reaction to environmental conditions.
  - b. a cluster of symptoms, which cause significant distress and / or impaired functioning.
  - c. primarily genetic in origin.
  - d. whatever the committee decides it should be.
3. Efforts to deinstitutionalize treatment of mental illness in the 1970s represented a return to what form of relief:
  - a. Indoor
  - b. Bas-
  - c. Psychiatric
  - d. Outdoor
4. Which psychiatric disorder is most common among youth?
  - a. Behavior
  - b. Anxiety
  - c. Mood
  - d. Substance use
5. Next steps in achieving the Healthy People 2020 objectives for mental health include:
  - a. enforcing mental health parity.
  - b. integrating mental and physical health care.
  - c. improving the dissemination of empirically-supported treatments.
  - d. all of the above.