

SideWalk Hands-Only CPR



Toolkit Orientation

The toolkit contains 12 resource documents to assist the LEMSA with organizing a SideWalk CPR Hands-Only campaign. All of the documents (except the AHA Fact Sheets) are in a rewritable format to allow for customization and additional information.

1. **Invitation Letter** – a sample letter for distribution to the provider agencies, hospitals, ambulance companies, and other interested stakeholders inviting them to participate in the LEMSA SideWalk Hands-Only CPR campaign.
2. **Registration Form** – form to be completed by the participating provider agency/organization and submitted to your LEMSA for tracking.
3. **Participation Spreadsheet** – Excel spreadsheet to record the name of the registered participants, track event coordinator information, training locations, and aggregate number of citizens trained for reporting.
4. **Confirmation Letter** – a sample cover letter for the toolkit.
5. **Hands-Only CPR Resource** – AHA contact information for purchase of CPR Anytime Kits.
6. **Attendance Record** – utilized for capturing the names of the citizens trained in hands-only CPR for tracking and reporting to the LEMSA. No signature is required.
7. **Instructor Guide** – easy guide for new trainers requesting information and written steps to hands-only CPR.
8. **AHA CPR Fact Sheet Hands-Only CPR** – contains key information on sudden cardiac arrest and benefits of hands-only CPR with step-by-step hands-only CPR instructions to be distributed to trainers and citizen trainees (English and Spanish).
9. **Hands-Only CPR Instruction Card** – small wallet size instruction card template with step-by-step instructions available for citizen trainees (English and Spanish).
10. **Check-Off Sheet** – utilized by the event coordinator to assist with organization of the SideWalk hands-only CPR event.



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