

**Research and Evaluation Committee Meeting
Minutes
5/7/15 1PM**

Attendance

| | Present | Absent |
|---------------------------|---------|--------|
| VOTING MEMBERS | | |
| Jennifer Funderburk | x | |
| Jennifer Hodgson | x | |
| Jeff Goodie | x | |
| Jodi Polaha | | x |
| Jennifer Wray | x | |
| Zephon Lister | x | |
| NON VOTING MEMBERS | | |
| Rusty Kallenberg | x | |
| Astrid Beigel | x | |
| Ian Bennett | | x |
| Bill McFeature | | x |
| Tom Bishop | x | |
| Brian DeSantis | | X |
| C R Macchi | | X |
| Christine Runyan | | X |
| Chris Hunter | | X |
| Colleen Cordes | | X |
| Danielle King | | X |
| David Johnson | | X |
| Emma Gilchrist | | X |
| Gary | | X |
| Jeri Turgesen | | X |
| Jessica Pittrizzi | | X |
| Karen Kinman | | X |
| Polly Kurtz | x | |
| Lesley Mason | | X |
| Katilin Lilenthal | | X |
| Lori Zeman | | X |
| Mark Vogel | | X |
| Mary Peterson | | X |
| Mary Talen | | X |
| Matthew Tolliver | | X |
| Tawnya Meadows | | X |
| Miyoung Yoon Hammer | | X |
| Beth Nolan | | X |
| Patrick Palmieri | | X |
| Randi Dublin | | X |
| Robyn Shepardson | x | |
| Stacy Ogbeide | | X |
| Christina Studts | | X |
| Suzanne Daub | | X |
| Will Lusenhop | | X |
| Kathryn Woods | | X |
| Rodger Kessler | x | |
| Joe Grasso | | x |
| Nyann Biery | x | |

Approval of Minutes from 4/2/15.

Move to approve: move to approve- Jeff Goodie; seconded by Jen Wray

1. Discuss 6 month report that we got from our current fellowship recipient

- Robyn discussed some updates- noted that she has been slowed down a little bit due to an issue in the VA, hoping to recruit BHPs to take survey beginning at the end of this month, should have data collected and ready to present at the October CFHA meeting
- Robyn's progress report can be found below

2. Fellowship application announcement

- a. Due date- June 1
- b. Plan for evaluating applications- ask for reviewers within committee and then distribute appropriately ; will keep it 4 or fewer submission per reviewer
 - i. Astrid is willing to review; Jen Wray will send out requests for reviewers
- c. Criteria for reviews is set from our last meeting

3. CFHA call for abstracts/reviewer process

- a. 12 submissions
- b. Selected 6 – excited about them!
 - i. Some were not clear that they would be doing training- authors of 3 of the selected ones will be contacted to make sure they know this
- c. Need to discuss how , as a committee, we want to evaluate the track to see if we want to do this again in the future-
- d. **Is there any type of feedback we want to obtain during the conference? - table for future meeting**
- e. Polly gave an update -by end of next week or beginning of the following week people should be notified about the abstracts that they submitted to the conference in general

4. What feedback can we give CFHA on the abstract submission process?

- a. Astrid noted that authors did not respond to the interdisciplinary criteria very clearly
- b. Jen F- the addition of “is this evidence based” was good, but if people are selecting “yes” they should have to follow up with a response that is more specific (e.g., presenting original data, or presenting evidence-based methods, etc)
- c. From CFHA end, they could get more specific in terms of describing what evidence based means
- d. Add yes/no box to identify whether the authors are a member of CFHA- this might help us identify new potential members
 - i. Mixed feelings about this idea
- e. Might be helpful for reviewers to have a third box to check when recommending acceptance (e.g., definitely accept, definitely reject, accept if room)
- f. Maybe have a section where authors map out the timeline of what would be going on during the presentation , especially for 60 min/ 90 minute sessions , so reviewers have a better idea as to whether they really need XX amount of time
- g. Reviewers are asked to make suggestions on how to decrease the amount of time if appropriate – but some reviewers felt this was hard to do
 - i. Also discussed how this is a good feature in the sense that instead of rejecting something reviewers could propose to shorten it

- h. Brief instructional webinar for those submitting conference abstracts- has this been done for other conferences?
 - i. Everyone really liked this idea- could help newcomers, could help authors get a better sense of what the committee would like to see in terms of submissions
 - i. Feedback that the process of reviewing was made easier by a neat package, streamlined materials; overall the process was very clear
- 5. Any ideas from the group on how we should use our time for the CFHA monthly webinar we are slated for (Sept/Oct)? – tabled for next month**
- 6. Publishing papers that appear in research track in special issue in Family Systems & health– tabled for next month**
- a. Next month, give updates on which abstracts were selected for research & evaluation track

Next meeting: 6/4/15 at 1PM

Progress Report for CFHA Research Fellowship, April 2015
Robyn Shepardson, Ph.D., Postdoctoral fellow, VA Center for Integrated Healthcare

1) Brief overview of the project's objectives and methods

Little is known about how behavioral health providers (BHPs) treat non-PTSD anxiety in real-world clinical practice in integrated primary care and what types of symptoms/problems co-occur with anxiety in primary care patients. Better understanding of provider practices and patient presentations will ultimately help inform the development of new treatments for use in integrated primary care.

Therefore, the primary goals of this study are to examine: (1) how BHPs treat patients with non-PTSD anxiety in integrated primary care settings, with a focus on the types of interventions used; (2) the prevalence and type of comorbid mental and behavioral health symptoms occurring among patients with non-PTSD anxiety; and (3) how BHPs approach the treatment of patients with comorbid non-PTSD anxiety and depression.

This study involves a one-time cross-sectional web-based survey of BHPs, who will be asked about aspects of their clinical practice. We are targeting practicing BHPs who work in the Primary Care Behavioral Health model in primary care. We will recruit a national sample (goal $N = 200$) using relevant listservs (e.g., CFHA PCBH SIG) by sending recruitment emails on these listservs on up to 3 occasions over the course of one month.

2) Summary of the progress to date on your study

We have made significant progress on the study thus far. We finalized the measures and recruitment materials, wrote the Institutional Review Board application, obtained IRB and VA Research and Development approval to conduct the research, programmed the web-based survey, and pilot tested the survey to ensure it is user friendly.

3) Unexpected successes or challenges

We originally expected to recruit participants (via emails sent out on national list serves) and collect survey data in March or April 2015. We had an unexpected challenge related to a VA policy question and were delayed approximately 2 months waiting for that to be resolved. We originally planned to offer a drawing for 1 of 10 sets of PCBH educational materials as an incentive for participation and a way to compensate providers for their time. However, despite obtaining IRB approval for this, we were advised by another VA office not to proceed because it could be interpreted as giving a “gift” to participants, and this is against VA policy for employees (recruitment will be open to VA and non-VA employees). Since we are not proceeding with the drawing for VA employees, we decided not to offer it for non-VA employees, and had to wait for approval for an IRB amendment. We obtained approval last week and can now proceed with recruitment. We will now offer participants a 6-page handout we developed on free clinical resources (e.g., handouts, apps) related to anxiety as a token of our appreciation for their time.

4) Plans for study completion

I plan to start recruitment at the end of May and collect all survey data by the end of June. I will conduct data cleaning and analyses in July/August and write up the results for the presentation and blog post in August/September. I will present the results from the survey at CFHA in October and then write up the study for publication in a journal, such as *Families, Systems, & Health*. The results will also help inform my application for a VA Career Development Award.

5) Whether you submitted an abstract to CFHA conference

I submitted a presentation entitled *How do integrated behavioral health providers treat anxiety in routine clinical practice?* for the 2015 CFHA conference.