

Hybrid Split Virtual and In-Person Level One Theraplay and MIM
Trainer's Agenda

Day 1
Virtual

Start Time	Duration	General Topic	Content	End Time
8:30AM	30 min	Welcome	Learning Objectives Announcements Brief History of Theraplay	9:00AM
9:00AM	60 min	Theory	What is Theraplay? Theoretical Review Still Face Experiment	10:00AM
10:00AM	15 min	Break		10:15AM
10:15AM	75 min	Dimensions and Play	Four Dimensions of Theraplay Importance of Play	11:30AM
11:30AM	30 min	Treatment Process	Theraplay Protocol	12:00PM

Day 2
Virtual

8:30AM	15 min	Welcome	Intro Activity	8:45AM
8:45AM	30 min	MIM	MIM Administration	9:15AM
9:15AM	75 min	MIM	MIM Observation and Analysis	10:30AM
10:30AM	15 min	Break		10:45AM
10:45AM	15 min	MIM	MIM Observation and Analysis (Continued)	11:00AM
11:00AM	60 min	MIM Feedback	Plan, Prepare, and Conduct Parent Feedback Session	12:00PM

Day 3
Virtual

8:30AM	15 min	Welcome	Intro Activity	8:45AM
8:45AM	30 min	Sequence	Sequence of a Session	9:15AM
9:15AM	60 min	Demo Case	Demo Family 1 st Session	10:15AM
10:15AM	15 min	Break		10:30AM
10:30AM	30 min	Touch	Review and Discussion of Importance of Touch TCU Touch Video Discussion of Adaptations for Telehealth	11:00AM
11:00AM	60 min	Demo Case	Wrap Up Discuss Increasing Role of Parents Highlight Guiding Parents	12:00PM

Day 4
Virtual

8:30AM	15 min	Welcome	Intro Activity	8:45AM
8:45AM	90 min	Parents	Preparing the Parents Parent Demonstration Session Developing Parental Empathy	10:15AM
10:15AM	15 min	Break		10:30AM
10:30AM	45 min	Parents	Addressing Parents' Unmet Needs Impact of Parents' Own Trauma History	11:15AM
11:15AM	45 min	Catch-Up	Extra Time for Questions, Telehealth Play Activities	12:00PM

Day 5
In-Person

8:30AM	15 min	Welcome	Intro Group Activities	8:45AM
8:45AM	75 min	Trauma	Impact of Trauma on Complex Families Review of Trauma Theory Adapting Theraplay for Complex Families	10:30AM
10:30AM	15 min	Break		10:45AM
10:45AM	75 min	Role Plays	Structure and Engagement Role Plays	12:00PM
12:00PM	60 min	Lunch		1:00PM
1:00PM	75 min	Role Plays	Nurture and Challenge Role Plays Working with Parents Role Play	2:15PM
2:15PM	15 min	Treatment	Phases of Treatment	2:30PM
2:30PM	15 min	Break		2:45PM
2:45PM	30 min	Resistance	Resistance Lecture and Videos	3:15PM
3:15PM	60 min	Role Play	Resistance Role Play	4:15PM
4:15PM	15 min	Wrap Up	Assignment of Application Role Play and Final Questions	4:30PM

Day 6
In-Person

8:30AM	45 min	Countertransference and Complex Parents	Countertransference in Theraplay Identifying and Managing Countertransference Identifying Complex Parents	9:15AM
9:30AM	30 min	Foster Care	Adaptations for Foster Care	10:00AM
10:00AM	30 min	Developmental Delays	Adaptations for ASD	10:30AM
10:30AM	15 min	Break		10:45AM
10:45AM	60 min	Adolescents	Adolescent Development Adaptations and Considerations	11:45AM

11:45AM	15 min		Catch-Up Time	12:00PM
12:00PM	60 min	Lunch		1:00PM
1:00PM	90 min	Role Play	Application Role Play	2:30PM
2:30PM	15 min	Break		2:45PM
2:45PM	30 min	Practicum	Certification Process	3:15PM
3:15PM	15 min	Questions	Final Questions Group Goodbye Activities Group Photo (if possible)	3:30PM