



IUOE Local 478 Safety Symposium



EFFECTIVE COMMUNICATION WITH YOUR STRUGGLING WORKFORCE

Communicating with employees who may be struggling with a substance abuse disorder or other lifestyle issues is never an easy task. With the upswing in opioid use and overdoses this is an important symposium to have

March 28, 2018 - new date!

When: ~~March 7th, 2018~~

Where: IUOE Local 478

1965 Dixwell Ave

Hamden, CT 06514

Registration: 7-8 a.m.

Symposium Time: 8:00 a.m. - 12 p.m.

Topics to include:

- Critical communication techniques for helping a coworker who might be going through a tough time
- Jobsite safety & impaired workers
- Suicide rate increase and opioid use correlation
- Please see attached page for more information

Please contact Ashley Dwyer at 203-288-9261 ex. 249 or email adwyer@local478.org by March 1st to RSVP. This is a free event, breakfast will be included.



Mental health issues, addiction, and suicide are not typical conversations on construction sites. The stigma associated with mental health issues can prevent co-workers from seeking help, resulting in suffering in silence and shame, or worse.

But, what if we had the power to change that? Imagine helping a co-worker get the help they need to overcome a challenging time. It may seem intimidating or something that is out of your hands but the truth is that we all have the ability to get a conversation started that could change things for the better.

Join us and Remi Kyek of Mental Health Connecticut as we learn:

- The realities and misconceptions of mental health conditions, which affect 1 in 5 American adults in any given year
- The critical techniques for helping a co-worker who might be going through a tough time
- What other resources exist, like Mental Health First Aid, to help increase education in the industry

Consider these statistics:

- Suicide is the 2nd leading cause of death for men aged 25-54 and is nearly 4x the national average in the construction industry
- Approximately 5,745 people in construction/extraction and architecture/engineering died by suicide in 2015. By comparison, there were 985 “OSHA related” deaths in construction that same year.
- Alcohol and Substance Misuse in the construction and extraction industries are estimated to be nearly 2X the national average

Not talking about our health is taking a toll on our lives and the on the industry. It’s time we changed that, for good.

Speakers:

Kyle Zimmer, IUOE Local 478 Health & Safety Director and Members Assistance Program Coordinator

Greg Williams, Facing Addiction

Marko Kaar, Director of Safety Operations, BARTLETT BRAINARD EACOTT

Remi Kyek, MA, MFT

