An overview of addiction medicine fundamentals to enhance your clinical practice and prepare for the board exam.

Addiction Medicine Review Course and Board Exam Preparation Track

SEPTEMBER 4-7, 2019

ANAHEIM MARRIOTT, ANAHEIM, CA

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Earn up to 28.75 AMA PRA Category 1 Credits™
Addiction medicine as a field demands a lot from each of us. No longer is it sufficient to be just the capable diagnostician, pharmacologist, and avid reader of journals. Now, many of us find ourselves educators and advocates, facing questions we barely anticipated. How do we educate our patients on the risks of a substance when state laws and elaborate marketing campaigns tell them otherwise? How do we motivate our overworked colleagues to undertake the treatment of addictions, and help with the destigmatization of the disease?

We face an even greater challenge with the inordinate number of patients who have limited access to care due to poverty, geography, poor public health policy, a deteriorating safety net, and persistent stigma. How do we engage with patients who face so many obstacles? How do we preserve ourselves while we do this important work?

For many of us, CSAM conferences offer a salve by way of time spent with like-minded colleagues addressing these core questions. This year, we continue the tradition by providing a review of addiction fundamentals, but with a twist: we have asked each presenter to comment on strategies for education and advocacy in their areas of expertise. Robert Lustig, MD, author of “The Hacking of the American Mind,” will discuss his work on technology and addiction. Fay Zenoff, MBA, director of the Center for Open Recovery, will discuss the role personal recovery can play in our work. We will show the documentary “The Providers,” and chat with the filmmaker and a physician featured in the film about battling the opioid crisis in rural New Mexico. A comedian in recovery will perform at our dessert reception and share her own journey to advocacy.

At the time of this writing, our planners are putting the finishing touches to the board exam preparation track, mutual help meetings, case discussions, and pre-conference workshops. Their dedication to crafting a comprehensive conference, featuring diverse and memorable speakers, makes me optimistic about our field. The questions we face are big, but so is the tent we are building.

See you inside.

Tauheed Zaman, MD, Conference Chair
University of California, San Francisco
San Francisco VA Health Care System
Medicine. The goal is to teach clinically relevant addiction psychiatry.

Addiction Psychiatry (AAAP) and the California Society of Addiction Providers

This workshop is a collaboration between the American Academy of Addiction Psychiatry (AAAP) and the California Society of Addiction Medicine. The goal is to teach clinically relevant addiction psychiatry interventions to non-psychiatric addiction medicine providers. The workshop will include didactic information on psychopharmacology for individuals with co-occurring psychiatric and substance use disorder, breakouts discussions of cases, and an interactive Q&A session.

Michael Hoefer, MD, Medical Director San Francisco VA Opioid Treatment Program, Program Director UCSF Addiction Psychiatry Fellowship, UCSF; Brian Hurley, MD, MBA, DFASAM, Assistant Professor of Addiction Medicine, UCLA Department of Family Medicine; Martin Leamon, MD, Addiction Psychiatrist, UC Davis Health

MORNING WORKSHOPS

Comprehensive Primary Care for Patients Who Use Drugs 8:30 am – 10:45 am

The workshop is intended for primary care providers of all varieties (adults, pediatrics, OB, geriatrics) who seek to move beyond the treatment of substance use disorders to adapting primary care provision for patients who use drugs. Participants will be introduced to communication strategies for working with patients who use drugs and a decision support toolkit that is adaptable to the patient by type of drug used and route of use. The majority of the workshop will be spent utilizing the toolkit through interactive cases in small groups.

Paula Lum, MD, MPH, FASAM, Professor of Clinical Medicine and Program Director, UCSF Primary Care Addiction Medicine Fellowship; Veronika Mesheriaikova, MD, Assistant Professor of Pediatrics, UCSF; Mario San Bartolome, Jr., MD, MBA, MRO, FASAM, Medical Director, Substance Use Disorders, Molina Healthcare, Inc.; Ingeborg Schaafalter-Zoppoth, MD, FACP, Associate Director, Sutter Family Health Clinic, California Pacific Medical Center; Christine Soran, MD, Clinical Fellow, UCSF; David Tian, MD, MPP, Medical Director of Buprenorphine Induction Clinic, Highland Hospital, Alameda Health System; Barry Zevin, MD, Medical Director, Street Medicine and Shelter Health, San Francisco Department of Public Health

Fundamentals to Advanced Buprenorphine 8:30 am – 10:45 am

This workshop will focus on the modern prescribing of buprenorphine for opioid use disorder (OUD). Pharmacology, side effect management, and regulations of buprenorphine treatment will all be covered in a flipped-learning format. The onsite session will cover in a recorded webinar prior to the workshop. The workshop will revolve around a case-based approach to current buprenorphine care. Advances including patient selection, regulatory compliance, and new formulations of buprenorphine will move your practice into the state of the art.

David Kan, MD, DFASAM, Private Practice of Psychiatry, Addiction Psychiatry and Forensic Psychiatry, Chief Medical Officer, Bright Heart Health; Matthew Torrington, MD, DFASAM, Addiction Medicine Physician, Private Practice, Los Angeles, CA; Joseph Mega, MD, MPH, Medical Director, Healthcare for the Homeless, Oakland, CA; Farah Zaidi, MD, Psychiatrist, San Mateo Medical Center

Addiction Psychiatry for Addiction Medicine Providers 11:15 am – 1:30 pm

This workshop is a collaboration between the American Academy of Addiction Psychiatry (AAAP) and the California Society of Addiction Medicine. The goal is to teach clinically relevant addiction psychiatry...
THURSDAY, SEPTEMBER 5

7:00 am - 6:00 pm Registration Open
(Continues from Wednesday 2:15 pm - 6:15 pm)

PLENARY

8:30 am Welcome and Introduction
Tauheed Zaman, MD, Conference Chair

8:45 am Technology Addiction
Robert H. Lustig, MD, MSL, Emeritus Professor, UCSF; Neuroendocrinologist with expertise in metabolism, obesity, and nutrition.

9:50 am Opioid Use Disorder
Soraya Azari, MD, Associate Professor, UCSF School of Medicine

10:45 am CASE DISCUSSION 1

11:15 am Break with Exhibitors and Poster Displays

11:40 am Pain and Addiction
Andrea Rubinstein, MD, Chief, Department of Chronic Pain, Department of Anesthesiology and Research Chair, Kaiser Santa Rosa Medical Center

12:45 pm Lunch on Your Own
Networking with Interest Groups

2:05 pm Medical Complications of Addiction
Helen “Py” Driscoll, MD, Internal Medicine and Addiction Medicine Consultant, Alameda County Medical Center and Alta Mira Recovery Programs

3:00 pm Cannabis Use Disorder
Salomeh Keyhani, MD, MPH, Professor of Medicine, Division of General Internal Medicine, UCSF

3:50 pm CASE DISCUSSION 2

4:20 pm Break with Exhibitors and Poster Displays

4:40 pm Adolescents, Prevention and Epidemiology
Martha Ignaszewski, MD, Psychiatry Fellow, UCSF; Christopher Rienas, MD, Addiction Psychiatry Fellow, UCSF; Takeo Toyoshima, MD, 2018-2019 UCSF Addiction Psychiatry Fellow, 2019-2020 UCSF Forensic Psychiatry Fellow, UCSF

5:30 pm Confidentiality, Ethics, 42 CFR
David Kan, MD, DFASAM, Private Practice of Psychiatry, Addiction Psychiatry and Forensic Psychiatry; Chief Medical Officer, Bright Heart Health

6:10 pm Adjourn for the day

8:00 pm Dessert Reception: Recovery Comedian
Melinda Hill and CSAM Award Presentations

FRIDAY, SEPTEMBER 6

7:30 am - 6:00 pm Registration Open

PLENARY

8:30 am CSAM and ASAM Presidents’ Addresses
David Kan, MD, DFASAM, CSAM President; William F. Haning, III, MD, DFASAM ASAM President-elect

8:45 am Ending the Stigma Surrounding Addiction, Clinician Self-Disclosure and Advocacy
Fay Zenoff, MBA, Executive Director, Center for Open Recovery

9:25 am Neurobiology of Addiction
Edythe London, PhD, Distinguished Professor of Psychiatry and Biobehavioral Sciences, David Geffen School of Medicine, UCLA

10:15 am CASE DISCUSSION 3

10:45 am Break with Exhibitors and Poster Displays

11:05 am Spirituality and Mutual Help
William Haning, III, MD, DFASAM, DFAPA, Emeritus Professor of Psychiatry & Program Director, Addiction Psychiatry/Addiction Medicine; President-elect ASAM University of Hawai‘i John A. Burns School of Medicine; Karen Miotto, MD, DFASAM, Chair of Physician Wellness Program; Professor of Psychiatry, David Geffen School of Medicine, UCLA, Department of Psychiatry and Biobehavioral Science

11:45 am Nicotine Use Disorder
Smita Das, MD, PhD, MPH, Clinical Assistant Professor (Affiliate), Psychiatry and Behavioral Sciences, Stanford University School of Medicine

JOIN US IN ANAHEIM, CA! REGISTER ONLINE NOW AT CSAM-ASAM.ORG.
### SATURDAY, SEPTEMBER 7

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30 am</td>
<td>Registration Open</td>
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<tr>
<td>7:00 am</td>
<td><strong>BOARD EXAM PREPARATION TRACK</strong></td>
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<tr>
<td>8:30 am</td>
<td><strong>PLENARY</strong></td>
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<td></td>
<td><strong>Pregnancy, Women’s Substance Use Disorder</strong></td>
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<td>Tipu Khan, MD, FASAM, Primary Care Addiction Medicine Fellowship Program Director, Ventura Family Medicine Residency Program, UCLA</td>
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<tr>
<td>9:20 am</td>
<td><strong>Club Drugs and Hallucinogens</strong></td>
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<td>Abigail Herron, DO, DFASAM, Vice President for Behavioral Health, Director of Psychiatry and Addiction Medicine, Institute for Family Health, New York, NY</td>
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<tr>
<td>10:15 am</td>
<td><strong>CASE DISCUSSION 5</strong></td>
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<td>10:45 am</td>
<td>Break with Exhibitors and Poster Displays</td>
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<td>11:10 am</td>
<td><strong>Sedative-Hypnotic Use Disorder</strong></td>
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<td>Steven Batki, MD, Professor, Dept. of Psychiatry, UCSF; Chief, Addiction Treatment Services, and Director, Addiction Research Program, SF VA Health Care System</td>
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<td>12:00 pm</td>
<td><strong>Stimulant Use Disorder</strong></td>
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<td>Steven Shoptaw, PhD, Professor, Departments of Family Medicine, Psychiatry and Biobehavioral Sciences, UCLA; Director, UCLA Center for Behavioral and Addiction Medicine</td>
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<td>12:45 pm</td>
<td>Closing Remarks</td>
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<td>Tauheed Zaman, MD, Conference Chair</td>
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<td>12:50 pm</td>
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### UPON COMPLETION OF THIS COURSE, PARTICIPANTS SHOULD BE ABLE TO:

- Recognize the medical/mental health effects of alcohol, tobacco, and other substances on the individual, including the potential for addiction;
- Understand the basic neurobiological, behavioral, and genetic mechanisms of addiction;
- Describe the main drugs of abuse, their pharmacology, and specifics associated with the diagnosis, detoxification, and treatment for each, and apply in clinical situations;
- Apply in treatment an understanding of the main features of related psychological disorders seen in patients suffering from substance use disorders;
- More effectively carry out education/advocacy around addictions issues in different treatment venues.
HOTEL / TRAVEL
The Anaheim Marriott Hotel in Anaheim, CA is the conference headquarters. It is closest to John Wayne and Long Beach airports.

A limited number of rooms are available at the discounted rate of $163 (plus tax) for a single or double room through August 12 (or until the block sells out). Please book online at [http://bit.ly/CSAMhotel2019](http://bit.ly/CSAMhotel2019) or call 877-622-3056 and mention “CSAM” for the discounted rate.

CONFERENCE MATERIALS
There is a $75 charge for a printed, pre-ordered copy of the syllabus. Registrants will receive access to a free, downloadable app that allows them to review slides and handouts, take notes during sessions, view the schedule, browse a list of attendees and exhibitors, and more!

CREDIT
The California Society of Addiction Medicine (CSAM) is accredited by the Institute for Medical Quality/California Medical Association to provide continuing medical education for physicians. CSAM takes responsibility for the content, quality and scientific integrity of this CME activity. CSAM designates this live educational activity for a maximum of 28.75 AMA PRA Category 1 Credits™, up to 18 credits for the Conference and 10.75 credits for the Addiction Medicine Exam Board Track and pre-conference workshops. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAFP
This Live activity, CSAM 2019 Addiction Medicine Review Course and Board Exam Preparation Track, with a beginning date of 09/04/2019, has been reviewed and is acceptable for up to 29.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ONLINE RESOURCES
Plenary sessions and Board Exam Prep Track will be available at cme.csam-asam.org within one month of the Review Course.

MAINTENANCE OF CERTIFICATION (MOC)

ABPM
The American Board of Preventive Medicine (ABPM) has approved this activity for a maximum of 26.25 LLSA credits towards ABPM MOC Part II requirements.

ABAM
This course has been approved by the American Board of Addiction Medicine (ABAM). Physicians enrolled in the ABAM Transitional Maintenance of Certification (tMOC) Program can apply a maximum of 28.75 AMA PRA Category 1 Credits™ for completing the CSAM Addiction Medicine Review Course and Board Exam Preparation Track 2019.

ABIM
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 28.75 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

SCHOLARSHIPS AND CALL FOR POSTERS
Medical Education & Research Foundation (MERF) is providing scholarships for physicians and providers to attend the conference as part of the CA State Opioid Response grant funding for Mentored Learning Experiences (MLEs). Learn more and apply to attend at: [http://merfweb.org](http://merfweb.org).

MERF will also provide a limited number of scholarships to residents, fellows and teaching faculty. Scholars actively participate in mentored learning experiences throughout the conference. The application and more information are available at: [http://merfweb.org](http://merfweb.org).

Those involved in medical education or practice-based clinical research are invited to submit abstracts for posters to be presented at the conference. (These may be posters presented at other conferences.) The deadline to submit abstracts for poster proposals is July 2, 2019. For more information on submissions, see [http://merfweb.org](http://merfweb.org) or contact merfadmin@gmail.com.
Full Name: _______________________________________________________________________ Degree(s): ___________________________________________
Position:_____________________________________________  Organization: _____________________________________________________________________
Company Address:_____________________________________________________________________________________________________________________
City :______________________________________________________________________________ State: ________________ Zip: ________________________
Phone: ____________________________________________________  Name on badge: ____________________________________________________________
Email: _____________________________________________________________________ Specialty: _________________________________________________

PRE-CONFERENCE WORKSHOPS: WEDNESDAY, SEPTEMBER 4TH (Additional Fee)
You may choose up to two morning workshops and one afternoon workshop.

Addiction Medicine Board Examination Preparation Track:
Afternoon Workshop (Wed., 2:15 pm - 6:15 pm) and three morning sessions:
Thursday–Saturday, 7:00 am - 8:00 am daily. Includes interactive Question Bank.
☐ Board Examination Preparation Track
Morning Workshops A (Wed., 8:30 am - 10:45 am)
☐ Fundamentals to Advanced Buprenorphine
☐ Comprehensive Primary Care for Patients Who Use Drugs and Alcohol: A New Clinical Aid From CSAM

Morning Workshop B (Wed., 11:15 am-1:30 pm)
☐ Addiction Psychiatry for Addiction Medicine Providers

Afternoon Workshops (Wed., 2:15 pm - 6:15 pm)
☐ Motivational Interviewing for Busy Clinicians
☐ What They Didn't Teach You in Medical Training: Protecting Your Medical License and Your Well-Being

PRE-COMFERENCE REGISTRATION FEES

<table>
<thead>
<tr>
<th>Pre-Conference Workshops</th>
<th>ASAM/CSAM Member</th>
<th>Associate Member</th>
<th>Non-Member</th>
<th>Resident-Fellow (or Non-Member Medical Student)</th>
<th>Medical Student (Member)</th>
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<tr>
<td>Addiction Medicine Board Examination Preparation Track</td>
<td>$595</td>
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<td>Morning Pre-Conference Workshop (A or B)</td>
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<tr>
<td>Afternoon Pre-Conference Workshop</td>
<td>$275</td>
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EARLYBIRD REVIEW COURSE FEES (THROUGH JUNE 13TH)

| Three-Day Conference (Thurs – Sat)                           | $690             | $690             | $890       | $375                                        | $100                     |
| One-Day Conference Registration                              | $350             | $350             | $450       | $200                                        | $50                      |

REVIEW COURSE FEES (AFTER JUNE 13TH)

| Three-Day Conference (Thurs – Sat)                           | $890             | $890             | $1090      | $425                                        | $125                     |
| One-Day Conference Registration                              | $400             | $400             | $500       | $250                                        | $100                     |

ADDITIONAL SELECTIONS
☐ Print Syllabus ($75)
☐ Dessert Reception, Comedian and Awards Reception (Included in registration.)
☐ Tax deductible contribution to the Medical Education and Research Foundation (MERF) for Conference scholarships: $___________

TOTAL $___________

PAYMENT INFORMATION
Online and mail registrations not accepted after August 24, 2019. Onsite registrations, if available, $50 additional. Payment in U.S. funds must accompany registration.
Check payable to “CSAM” -Or- Charge ☐ Visa ☐ MasterCard ☐ AmEx
Credit card #: __________________________________________ Exp. Date: __________ CCV: __________
Name as it appears on credit card: __________________________________________
Signature: __________________________________________

If you have a disability and require accommodation in order to fully participate in this activity, please contact us at 415-764-4855 or csam@csam-asam.org. Requests should be made as soon as possible, at least two weeks prior to event.

Cancellations before July 25 are subject to a $100 cancellation fee. No refunds for cancellations submitted July 25 and later. Substitutions may be arranged.
SAVE THE DATE

CSAM State of the Art in Addiction Medicine
Sheraton San Diego Hotel and Marina
AUGUST 26-29, 2020

Addiction Medicine Review Course and Board Exam Preparation Track
SEPTEMBER 4-7, 2019

ANAHEIM MARRIOTT, ANAHEIM, CA
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