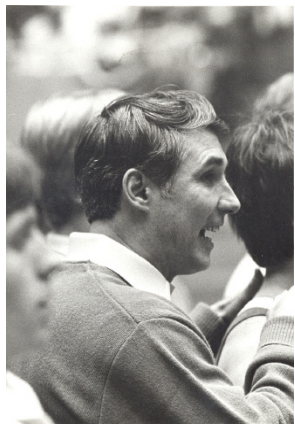




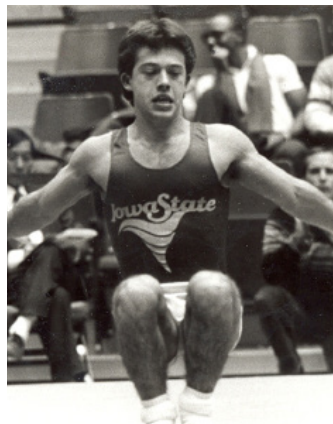
IOWA STATE GYMNASTICS

HISTORY OF EXCELLENCE~10 BIG EIGHT CONFERENCE TITLES~3 NCAA TITLES



ED GAGNIER

180-30 overall record
19 top 10 finishes in NCAA
3 NCCA team titles
10 Big Eight titles



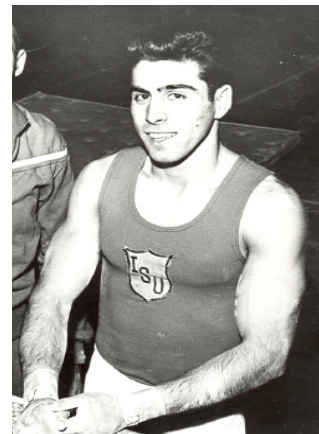
MARK DIAB

Two-time Big Eight Champ-
Still Rings (1984, 1986)
NCAA Champ- Still Rings (1985)
Two-time All-American -Still Rings
(1985,1986)



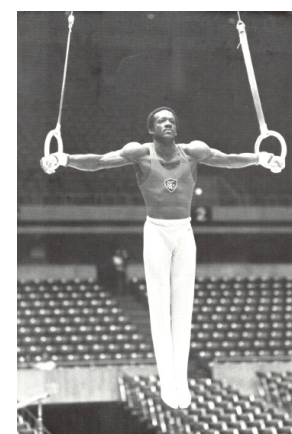
DOUG FITZJARRELL

Big Eight Champ- Floor Exercise (1974)
Big Eight Champ- Parallel Bars (1974)
Big Eight Champ- Vault (1974)
Big Eight Champ- All-Around (1974)
NCAA Champ- Floor Exercise (1974)
Five-time All-American- Floor Exercise,
Vault, Pommel Horse, All-Around (1973,1974)
USA International Competitor (1974-75)
Hall-of-Fame Inductee



JERRY FONTANA

Three-time Big Eight Champ-
All-Around (1965, 1966, 1967)
Three-time Big Eight Champ-
High Bar (1965, 1966, 1967)
NCAA All-American- High Bar (1967)



RON GALIMORE

Two-time Big Eight Champ- Still Rings
(1980, 1981)
Big Eight Champ- Floor Exercise (1980)
Two-time NCAA Champ- Vault
(1980, 1981)
Eight-time All-American-
Floor Exercise, Vault, All-Around, Still
Rings (1980, 1981)
USA International Competitor (1980-81)
USA Olympic Team Member (1980)
Hall-of-Fame inductee



KEITH HEAVER

Two-time Big Eight Champ-
Still Rings (1974, 1976)
Two-time NCAA Champ- Still Rings
(1974, 1976)
Three-time All-American- Still Rings
(1974, 1975, 1976)



RUSS HOFFMAN

Four-time Big Eight Champ-
Pommel Horse
(1969, 1970, 1971, 1972)
Three-time NCAA Champ-
Pommel Horse (1970, 1971, 1972)
Three-time All-American-
Pommel Horse (1970, 1971, 1972)



DENNIS MAZUR

Two-time Big Eight Champ-
Parallel Bars (1971, 1972)
NCAA Champ- Parallel Bars (1971)
Two-time All-American-
Parallel Bars (1970, 1972)



BRENT SIMMONS

Two-time Big Eight Champ-
All-Around (1970, 1971)
Big Eight Champ- Floor Exercise(1971)
Big Eight Champ- High Bar(1970)
NCAA Champ- High Bar (1971)
NCAA Champ- Pommel Horse (1971)
Four-time All-American-
Pommel Horse, High Bar, Parallel Bars,
All-Around (1971)
USA International Competitor
(1969-71)



DOUG WOOD

Big Eight Champ-
Still Rings (1977)
Two-time NCAA Champ-
Still Rings (1976,1977)
Two-time All-American-
Still Rings (1976, 1977)



IOWA STATE GYMNASTICS

ALL-TIME SERIES STANDINGS

10 Big Eight Titles
3 NCAA Championships

Air Force

Iowa State leads, 9-7

Arizona State

Iowa State leads, 2-0

Brigham Young

Brigham Young leads, 1-9

California

Series Tied, 1-1

Colorado

Iowa State leads, 16-2

Colorado State

Iowa State leads, 1-0

Denver

Iowa State leads, 8-2

Houston Baptist

Houston Baptist leads, 3-2

Illinois-Chicago

Iowa State leads, 7-3

Indiana

Iowa State leads, 1-0

Indiana State

Iowa State leads, 3-0

Iowa

Iowa leads, 7-9

Kansas

Iowa State leads, 17-0

Kansas State

Iowa State leads, 12-0

Kent State

Kent State leads 1-0

Mankato State

Iowa State leads 14-1

Michigan

Michigan leads, 10-2

Michigan State

Michigan St. leads, 3-2

Minnesota

Iowa State leads, 21-11

Nebraska

Nebraska leads, 38-21

Northern Illinois

Iowa State leads, 7-5-1

Northern Iowa

Iowa State leads, 9-0

Odessa

Iowa State leads, 2-0

Ohio State

Ohio State leads, 6-2

Oklahoma

Oklahoma leads, 28-17

Oregon

Iowa State leads, 1-0

Southern Illinois

Iowa State leads, 14-12

St. Cloud State

Iowa State leads, 1-0

Washington

Iowa State leads, 1-0

Western Illinois

Iowa State leads, 3-1

Western Michigan

Iowa State leads, 2-0

Wisconsin

Iowa State leads, 12-2

Wisconsin-Oshkosh

Iowa State leads, 7-1





IOWA STATE GYMNASTICS

ALL-TIME BEST SCORES



1973 NCAA National Championship Team



Doug Fitzjarrell with teammates after being inducted into the Hall-of-Fame in 2013

All Around

57.64 (opt)	Ron Galimore	1981
56.90 (comp)	Ron Galimore	1980

Floor Exercise

9.85 (opt)	Ron Galimore	1980
	Rick Atkinson	1985
	Ted Haynes	1988
9.80 (comp)	Ron Galimore	1980

Pommel Horse

9.75 (opt)	Don Young	1975
	Bob Krause	1981
9.70 (comp)	Bob Krause	1981

Still Rings

9.90 (opt)	Keith Heaver	1975
9.75 (comp)	Jim Stephenson	1973

Vault

10.00 (opt)	Ron Galimore	1980
9.85 (comp)	Mark Trippel	1978

Parallel Bars

9.80 (opt)	Jerry Crowder	1966
9.60 (comp)	Ron Galimore	1981

High Bar

9.85 (opt)	Kevin Kirks	1983
9.60 (comp)	Ron Galimore	1981

Team Score

280.85 (opt)	1981
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1978 NCAA Champion Curt Austin



Two-time NCAA Champion Ron Galimore (1980. 1981)



IOWA STATE GYMNASTICS

ALL-TIME ROSTER

A

Jay Adams	FX., P.H., P.B.	Bloomington, Minnesota	1989-92
Ray Adams			1989-91
John Arends	A.A.	LaGrange, Illinois	1974-77
Jason Arguilla	A.A.	Crete, Illinois	1989-92
Rick Atkinson	A.A.	Waterloo, Iowa	1982-85
Curt Austin	A.A.	Elmhurst, Illinois	1975-78

B

Jack Bailly		Barrington, Illinois	1985-89
Jim Barber	FX., T.R., P.H.	Aurora, Colorado	1966-67
Doug Berry		Cedar Rapids, Iowa	1968-71
Dave Block	P.B.	Storm Lake, Iowa	1963-65
Joseph Boehm	A.A.	Libertyville, Illinois	1989-92
Bill Bolton	R.	Park Ridge, Illinois	1965-68
William Bosslet	A.A.	Elk Grove, Illinois	1975-78
Mark Bowers	A.A.	Omaha, Nebraska	1981-84
Michael Bowman	A.A.	Big Fork, Montana	1994
Paul Braun		Waterloo, Iowa	1986-89
Ray Brindle	R.	Forest Park, Illinois	1965-67
Scott Brine	A.A.	Madison Lake, Minnesota	1977-78
Steve Brown	H.B.	Elmhurst, Illinois	1966-67
Lindy Buck		Ames, Iowa	1969-72
Stewart Buck		Ames, Iowa	1970-72
Steven Buck	FX., P.B., H.B.	Tamarac, Florida	1980
Tim Bumann	P.H.	Lamar, Colorado	1964-67
Dave Butzman		Barrington, Illinois	1969-72

C

Steven C.	FX	Ankeny, Iowa	
Tom Calhoun	H.B.	Barrington, Illinois	1964
James Carpenter	A.A.	Greenport, New York	1982
Brandt Cassidy	P.H., FX.	Deerfield, Illinois	1977
Frank Cho			1993-94
Kevin Christensen	R.	Colorado Springs, Colo.	1980-82
Loren Christensen	FX.	Mankato, Minnesota	1980
Tim Clarke	FX., T.R., P.H.	Bellmore, New York	1966-68
Glenn Collier	FX., V.	Springfield, Virginia	1981-84
Brian Connelly		Clarendon Hills, Illinois	1985-88
Floyd Constant	T.R.	West Des Moines, Iowa	1964
Mike Coon			1963
Danial Copeland	A.A.	Topeka, Kansas	1976-80
John Copeland	A.A.	Topeka, Kansas	1976-80
Jerry Crowder	P.B.	Chicago, Illinois	1965-67
Mark Cummings	FX., V.	Fairport, New York	1973-76
Todd Cummings	A.A.	Newark, Ohio	1992-94
Ken Cysewski	H.B.	Glenview, Illinois	1973-76

D

Dick Daley	T.B., FX.	Keota, Iowa	1963-65
Dick Daley	AA	Evanston, Illinois	1978-81
Pat Davy		Wilmette, Illinois	1969-72
William deGroh	P.B.	South Holland, Illinois	1981-84
Mark Diab	FX., V., R.	West Des Moines, Iowa	1982-86
Barry Dickerson		Park Forest, Illinois	1969-72
Ed Dingman		Des Moines, Iowa	1969
Kelly Dirks	FX., V., H.B.	Topeka, Kansas	1980-83

Brad Dorough	A.A.	Peachtree City, Georgia	1993-94
Robert Duffey	FX., V.	Fairmont, Minnesota	1976-80
Joe Dupree	T.R.	Little Rock, Arkansas	1965

E

William English	FX	Bloomington, Ill.	1980
Jeff Ericksen			1987
William Ertl	P.B.	Hinsdale, Illinois	1982-85
Scott Evans	A.A.	Urbandale, Iowa	1975-78

F

Brett Finch			1981-84
Douglas Fitzjarrell		Colorado Springs, Colorado	
1971-74			
Brett Finch	A.A.	Houston, Texas	1983-86
George Flannigan	P.H.	Villa Park, Illinois	1966
David Flores	FX.	Hazelcrest, Illinois	1980-83
Gerald Fontana	A.A.	Elmhurst, Illinois	1965-67
Victor Forrester	A.A.	Miami, Florida	1978-81
John Frederico	A.A.	Glenview, Illinois	1983-87
Mark Fulton		Grand Rapids, Michigan	1971-74

G

Davonche Galimore	A.A.	Tallahassee, Florida	1980
Ginn Yuh Gan	A.A.	Malaysia	1983-86
Fidel Garza			1993
Eero Gathers	A.A.	Englewood, Colorado	1981-84
Mark Gedstad	R., FX., V.	Overland Park, Kansas	1977-80
Scott George	P.H.	Hinsdale, Illinois	1981-84
David Gerads	P.H.	Anoka, Minnesota	1979
Larry Gerdes		Fort Madison, Iowa	1968
Charles Gifford	P.B.	Elmhurst, Illinois	1983-87
Jim Gilberto		Addison, Illinois	1969-72
Wesley Gill		Clarendon Hills, Illinois	1971-74
John Gillespie			1985
Philip Ginnodo	H.B.	Arlington Heights, Illinois	1981-84
Garreth Gobel			1963
Steve Goetz	P.H., P.B.	Lawrence, Kansas	1979
Rich Goodwin	FX.	Omaha, Nebraska	1965
Brad Goubeaux	P.H.	Troy, Ohio	1981-84
Ray Gradecki	A.A.	Mundelein, Illinois	1994
David Graham	P.H.	Aurora, Colorado	1977-80
John Graham	FX., V., H.B.	Aurora, Colorado	1981-84
Mark Graham		Denver, Colorado	1972-75
James Grant	P.H.	Lincoln, Nebraska	1975-76
Dan Grappa		Des Moines, Iowa	1969
Don Graves		Marshalltown, Iowa	1969-72
Robert Green	P.H.	Heber Springs, Arizona	1980-83
David Greg			
Kevin Grieve	A.A.	Glen Ellyn, Illinois	1983-86
Gary Griffin	A.A.	Arlington Heights, Illinois	1981-84

H

Jeffrey Haase			1990
John Haensley	A.A.	College Station, Texas	1983-87
Roger Halvorsen	P.H.	Des Plaines, Illinois	1965
Thomas Hardin	A.A.	Kent, Washington	1978-81

Larry Hatfield		Rock Island, Illinois	1963-64
Theodore Haynes		Council Bluffs, Iowa	1987-90
Keith Heaver	R., P.B.	Wheaton, Illinois	1973-76
Richard Hefter		Deerfield, Illinois	1971-74
Ken Heinrichs		Lombard, Illinois	1971-74
William Heller		Arlington Heights, Illinois	1971-74
Dean Hellickson	H.B.	Mt. Prospect, Illinois	1981-84
Ralph Hernandez		Matteson, Illinois	1971-74
Russell Hoffman		Hinsdale, Illinois	1969-72
M. Hogan			
Scott Hopper	A.A.	Ames, Iowa	1985-88
Montgomery Hucke	PH, P.B., V.	Aurora, Colorado	1982
David Hummel		Barrington, Illinois	1986-89
Paul Hunter	P.B., V.	Wheaton, Illinois	1973-76
Robert Hyberger		Cedar Falls, Iowa	1988-90

I

Bob Ito		Northlake, Illinois	1968-71
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J

Michael Jacki		Lombard, Illinois	1968
Jim Jackson	R.	Elmhurst, Illinois	1966
Matt Jackson	A.A.	Libertyville, Illinois	1990-93
Bob James	H.B.	Elmhurst, Illinois	1966-68
John Johanannsen			1963
Gregory Johnson			1975
John Johnson		Homewood, Illinois	1986-88

K

Ken Kantorowicz	P.B.	Park Ridge, Illinois	1966
Kent Kasmiskie	H.B.	Janesville, Wisconsin	1980
Ben Kasper			1990
Mark Kelch	A.A.	Mequon, Wisconsin	1979-82
George Kennedy		Bellmore, New York	1968
Scott Kerbs	A.A.	Mundelein, Illinois	1982
Daniel Kimmel	FX., V.	Edina, Minnesota	1981-84
Kevin Kirkham		Hazelcrest, Illinois	1988-91
Steve Kirkland	P.H.	Arlington Heights, Illinois	1982-85
Kevin Kirks	FX., V., H.B.	Colorado Springs, Colorado	
1981-84			
Pat Klingseis			1963
Stephen Kodosky		Woodridge, Illinois	1987-90
Paul Koomey	A.A.	Houston, Texas	1981-84
Ken Kraneman	P.H.	Elmhurst, Illinois	1965-66
Robert Krause	P.H.	Addison, Illinois	1978-81
Art Kruse		Wheaton, Illinois	1968
Yasuhiro Kuniyoshi	A.A.	Naha, Japan	1980-82
Jim Kuphal		Omaha, Nebraska	1987-90

L

Myles Laffey			1984-1987
Patrick Lajko		Des Moines, Iowa	1971-74
Chris Landorf	A.A.	Arlington Heights, Illinois	1991-94
Randy Lane			1990-91
Richard Larsen		Bethpage, New York	1972-75
Charles Leonhardt		Hinsdale, Illinois	1969
David Levin	P.B.	Overland Park, Kansas	1976-80



IOWA STATE GYMNASTICS

ALL-TIME ROSTER

Jeff Levin		Skokie, Illinois	1970	Doug Park		1968	Clark Slothower	P.H.	Washington Crossing, Penn.	1978-79
Mark Levin	P.B.	Overland Park, Kansas	1980-83	Norm Parker		1969-72	David Smidl	A.A.	Palatine, Illinois	1978-82
Lonnie Lindell	A.A.	Fairmont, Minnesota	1979-83	Mike Pass	F.X., V.	1983	Douglas Smidl	A.A.	Palatine, Illinois	1978-81
Mark List		Hinsdale, Illinois	1969	Dick Paton		1969	Tom Smith		St. Louis Pk. Minnesota	1968
Craig Lurey	H.B.,F.X.	Hoffman Estates, Illinois	1993-94	Richard Paulsen	R.,H.B.,P.B.	1964-67	Chris Spargur			1990-91
David Lynch		Ames, Iowa	1985-89	Doug Peak		1969-72	Mike Stansland	P.H.	Austin, Minnesota	1982
Mike Lyons	A.A.	Troy, Ohio	1978-80	Andy Pearce	A.A.	1985	Jeff Starosta	F.X., V., R.	Darien, Illinois	1994
Tim Lyons	A.A.	Troy, Ohio	1980-83	Thomas Pearson	A.A.	1974-77	Michael Staton			1975
M				Butch Penley	F.X., P.H.	1965	Dave Steel		Cedar Rapids, Iowa	1969
David Macherey	V. F.X.	Evanston, Illinois	1979-82	Alex Pepe	F.X.	1973-76	Mike Stensland	P.H.	Austin, Minnesota	1983
James Macherey	F.X.,V.	Evanston, Illinois	1982-83	Stephen Peterson	H.B.	1983	James Stephenson		El Cajon, California	1971-74
Ashvin Mahajan	P.H., R.	New Delhi, India	1991-93	Samuel Planck	P.H.	1983-86	Jim Stephenson		El Cajon, California	1970
John Maher	F.X., V.	Northbrook, Illinois	1979	Robert Pole	R.	1980-83	David Stephenson			1987
T.J. Malone	A.A.	Roggen, Colorado	1991-94	Joseph Poulson	A.A.	1994	Bob Stewart	R.,P.B.	Massapequa, New york	1963-65
Stacy Maloney	A.A.	Hartford, Wisconsin	1977-80	Steven Powell	R., P.B.,H.B.	1992-94	T			
Tom Mannik	P.H.	Worthington, Ohio	1982-83	James Powers		1971-74	Robert Taylor	A.A.	Valparaiso, Florida	1980-83
Hogan Martin	A.A.	Ames, Iowa	1983-86	Robert Powers	P.H.	1977-80	Lee Thompson	A.A.	Fort Collins, Colorado	1973-76
Chris Massucci			1990	Victor Prisk	A.A.	1993-1994	Dale Townsend	R.	Glenview, Illinois	
Eric Mattson	P.H.,H.B.	Rochester, Minnesota	1979-82	Q			Mark Trippel	F.X., V., P.B., R.	Evantson, Illinois	1974-77
Dennis Mazur		Niles, Illinois	1969-72	Brian Quarrie		1968	Chris Tzoubiris			1990-91
Kurt McCuniff		Cedar Falls, Iowa	1986-89	R			V			
Bruce McDonald		Fairmont, Minnesota	1968	Craig Randleman	P.H., P.B.	1982-86	Dave Vande Graft		Albert Lea, Minnesota	1969
David Medd		Hollandale, Michigan	1969	Rex Rindenoure	H.B., V.	1975-78	Matt Verheaghe	P.H.,R.	Hinsdale, Illinois	1994
Scott Mesler	P.H.	Lawrence, Kansas	1977	Tony Rizzuto		1969-72	Ken Voo			1990
Tom Messere		Wheaton, Illinois	1969	Jeff Robken		1969-72	W			
Kendon Meyer	P.H.	St. Louis, Missouri	1981-84	Michael Ronco	A.A.	1973-76	James Walker	P.B., H.B.	Wheaton, Illinois	1977-78
Ward Meythaler		Barrington, Illinois	1967-69	Robert Roth		1971-74	Douglas Walkup	P.B., H.B.	Cedar Rapids, Iowa	1975-79
David Mickelson	P.H.,P.B.	Wheaton, Illinois	1973-76	Shay Rotsinger	F.X., V.,R.	1994	Darrel Watermeier	A.A.	Lincoln, Nebraska	1986
Bob Mierendorf		West Allis, Wisconsin	1968	S			Kevin Weaver			1985
Bob Miller		Wheaton, Illinois	1970	Ken Salyers		1986-89	Robert Wehner	F.X., P.B.	Denver, Colorado	1983
David Miller		Wheaton, Illinois	1971-74	Shane Sanders	A.A.	1983-86	Ralph Westberg	P.H.	Arlington Heights, Illinois	1963-64
Don Miller			1990	Maurice Scheumann	F.X.	1979-82	Jeff Whisenhunt			1990
Richard Minser	F.X,R,H.B,PB,P.H.	Villa Park, Illinois	1964-65	Carl Schmitt		1990-91	Ken Wiggers	H.B.,P.B.	Devenport, Iowa	1963-65
John Mizia	R.	Darien, Illinois	1994	Larry Schreib	T.B.	1964-65	Dave Wilcox		Ames, Iowa	1968-69
Greg Montgomery		Cedar Falls, Iowa	1968	Steve Schwabe	F.X.,V.	1975-76	Mark Wilcox		Ames, Iowa	1968
Thomas Myers	A.A.	Wheaton, Illinois	1980	Jim Selby	T.R.	1963-65	Bernard Wilhelmsen			1963
N				John Seminerio	F.X., V.	1977	Mark Wilson	F.X.,T.R.,P.H.	Ames, Iowa	1966
Ronald Nasti	A.A.	Elmhurst, Illinois	1981-84	Jawan Sheppard	A.A.	1992-93	Douglas Wood	R.	Clarendon Hills, Illinois	1975-77
Patrick Neelan		Homewood, Illinois	1973	Brent Simmons		1969-72	Karl Wuethhoff	F.F,R.,H.B.	Mequon, Wisconsin	1980-82
George Nelson		Omaha, Nebraska	1969	Rick Simmons		1969-72	Jason Wymer	F.X., R., V.	Urbandale, Iowa	1994
Sam Newberg	F.X.,V.	Vernon Hills, Illinois	1985-88	Kevin Skene		1982	Y			
Rod Newson		Colorado Springs, CO	1988	Scott Slager	R.	1978-81	Donald Young	P.H.	Wheaton, Illinois	1973-76
Lynn Norman	P.H.	Austin, Minnesota	1974-77	Shane Sanders		1983-86	Joo Ming Young		Sekinchan, Malaysia	1987-88
Steve Norvid	A.A.	Oak Park, Illinois	1985-88	Maurice Scheumann		1979-82	Z			
O				Carl Schmitt		1990-91	John Zarvos		Westchester, Illinois	1969
Timothy O'Leary			1990-93	Larry Schreib		1964-65				
Thomas Okon	A.A.	Brentwood, New York	1977	Steve Schwabe		1975-76				
Rickey Oncken			1963	Jim Selby		1963-65				
Kimberly Orr		Cedar Rapids, Iowa	1971-74	John Seminerio		1977				
Mark Orr	R., P.H.	Cedar Rapids, Iowa	1976-79	Jawan Sheppard		1992-93				
James Ortman	A.A.	Colorado Springs, Colorado		Brent Simmons		1969-72				
1990-92				Rick Simmons		1969-72				
P				Kevin Skene	F.X.,V.	1982				
Joe Pahle	R.,P.B.	New Berlin, Wisconsin	1980-82	Scott Slager	R.,H.B.,F.X.	1978-81				



IOWA STATE GYMNASTICS

ALL-TIME AWARDS

NCAA All-Americans

Jim Jackson, Still Rings, 1966
 Jerry Crowder, Parallel Bars, 1966
 Jerry Fontana, High Bar, 1967
 Mike Jacki, Still Rings, 1967
 Homer Sardina, Trampoline, 1967
 Ward Meythaler, Still Rings, 1967
 Mason Buck, Vault, 1970
 Dennis Mazur, Parallel Bars, 1970, 1972
 Russ Hoffman, Pommel Horse, 1970, 1971, 1972
 Dave Butzman, Parallel Bars, 1971
 Brent Simmons, Vault, High Bar, Parallel Bars, All Around, 1971
 Robert Roth, All Around, 1972, 1974
 Stewart Buck, Vault, 1973
 Jim Stephenson, High Bar, 1973
 Kim Orr, Still Rings, 1973
 R. Hernandez, Pommel Horse, 1973
 Doug Fitzjarrell, Floor Exercise, Vault, Pommel Horse, All Around, 1973, 1974
 Keith Heaver, Still Rings, 1974, 1975, 1976
 Richard Larsen, High Bar, 1975
 Don Young, Pommel Horse, 1975, 1976
 Curt Austin, Floor Exercise, 1976, 1978
 Mark Trippel, Vault, 1976, 1977, 1978
 Doug Wood, Still Rings, 1976, 1977
 Mike Lyons, Still Rings, 1980
 Ron Galimore, Floor Exercise, Vault, All Around, Still Rings, Parallel Bars, 1980, 1981
 Bob Krause, Parallel Bars, 1981
 Rick Atkinson, Floor Exercise, 1982, 1985
 Brett Finch, Floor Exercise, 1985
 Mark Diab, Still Rings, 1985, 1986
 Ted Haynes, Floor Exercise, 1989

NCAA Champions

Ward Meythaler, Still Rings, 1969
 Russ Hoffman, Pommel Horse, 1970, 1971, 1972
 Brent Simmons, Pommel Horse, High Bar, 1971
 Dennis Mazur, Parallel Bars, 1972
 Doug Fitzjarrell, Floor Exercise, 1974
 Keith Heaver, Still Rings, 1974, 1975
 Richard Larsen, High Bar, 1975
 Doug Wood, Still Rings, 1976, 1977
 Curt Austin, Floor Exercise, 1978
 Ron Galimore, Vault, 1980, 1981
 Mark Diab, Still Rings, 1985, 1986

Big 8 Champions

ALL-AROUND

1965 Jerry Fontana
 1966 Jerry Fontana
 1967 Jerry Fontana
 1968 Mike Jacki
 1969 Dave Butzman
 1970 Brent Simmons
 1971 Brent Simmons
 1972 Robert Roth
 1973 Jim Stephenson
 1974 Doug Fitzjarrell
 1975 Mark Graham

VAULT

1965 Jim Selby
 1968 Tim Clarke
 1969 Rick Simmons
 1970 Brent Simmons
 1971 Dave Butzman
 1973 Stewart Buck
 1974 Doug Fitzjarrell
 1975 Mark Cummings
 1976 Mark Trippel
 1978 Mark Trippel
 1980 Ron Galimore
 1981 Ron Galimore
 1987 Sam Newberg

PARALLEL BARS

1965 Jerry Crowder
 1967 Jerry Crowder
 1968 Mike Jacki
 1969 Dave Butzman
 1970 Dave Butzman
 1971 Dennis Mazur
 1972 Dennis Mazur
 1973 Jim Stephenson
 1974 Doug Fitzjarrell
 1977 Stacey Maloney

HIGH BAR

1965 Jerry Fontana
 1966 Jerry Fontana
 1967 Jerry Fontana
 1971 Brent Simmons
 1973 Jim Stephenson
 1975 Richard Larsen
 1980 Yasu Kuniyoshi



Eight-time All-American Ron Galimore competed on the 1980 Olympic Team

STILL RINGS

1965 Jim Jackson
 1966 Jim Jackson
 1967 Mike Jacki
 1968 Ward Meythaler
 1969 Ward Meythaler
 1972 Kim Orr
 1973 Jim Stephenson
 1974 Keith Heaver
 1976 Keith Heaver
 1977 Doug Wood
 1984 Mark Diab
 1986 Mark Diab

FLOOR EXERCISE

1966 Jim Barber
 1967 Jim Barber
 1968 Mike Jacki
 1969 Rick Simmons
 1971 Brent Simmons
 1974 Doug Fitzjarrell

1980 Ron Galimore
 1983 Shane Sanders
 1985 Rick Atkinson
 1988 Sam Newberg

TRAMPOLINE

1964 Jim Selby
 1965 Jim Selby
 1967 Homer Sardina

POMMEL HORSE

1965 Ken Kraneman
 1969 Ross Hoffman
 1970 Ross Hoffman
 1971 Ross Hoffman
 1972 Ross Hoffman
 1973 Ralph Hernandez
 1975 Don Young

Iowa State International Competitors

1969 Brent Simmons- Near East Tour
 1970 Brent Simmons- World Games (Yugoslavia)
 1971 Brent Simmons- Russian Invitational
 1971 Brent Simmons- Pan American Games (Columbia)
 1971 Dave Butzman- Hapoel Games (Israel)
 1971 Dave Butzman- Pan American Games (Columbia)
 1973 Jim Stephenson- World University Games (Moscow)
 1973 Jim Stephenson- South Africa Cup
 1974 Doug Fitzjarrell- South Africa Cup
 1975 Doug Fitzjarrell- Moscow Invitational
 1978 Scott Evans- Pacific Rim (Canada)
 1978 Stacy Maloney- Pacific Rim (Canada)
 1980 Ron Galimore- Olympic Team
 1981 Ron Galimore- East Germany
 1981 Tom Hardin- Austrian Tour