

We asked those that had passed the Part I exam over the past few years if they had any advice for those taking the exam, the response was far more than we had anticipated with people very eager to share. Here is the information we received.

Please note this is not advice from the EANS, nor from the European Board of Neurological Surgery.

These books were recommended by most people:

<i>Handbook of Neurosurgery</i> by Greenberg et al
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NB: also "Rapid Review that accompanied Greenberg's 6th and 7th editions. They helped me to remember the concepts... Once I completely understood concepts it never mattered which angle of a concept an MCQ was aimed at...."
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<i>Neurosurgery Oral Board Review</i> by Jonathan Stuart Citow, David Cory Adamson
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<i>Neurosurgery Board Review; Q&A for Self-Assessment</i> , particularly the edition by Cargill H. Alleyne Jr, Jonathan Stuart Citow
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<i>Intensive Neurosurgery Board Review: Neurological Surgery Q & A</i> by Thomas G. Psarros, Shawn P. Moore
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These books were also popular:

<i>The Neurosurgeon's Handbook</i> by George Samandouras
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<i>Neurosurgery Practice Questions and Answers</i> by Mark Shaya et al
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<i>Youmans and Winn Neurological Surgery</i>
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Many respondents stressed that a good neuroanatomy text was essential. Examples that were cited include:

- *Neuroanatomy and Neurophysiology: A Review* by Citow et al
- *Rhoton's Neurosurgical Anatomy*
- in German: *Sobotta Atlas and Anatomy Text* by Benninghoff & Drenckhahn
- Last's
- High-Yield™ Neuroanatomy (High-Yield Series)
- *Neuroanatomy Through Clinical Cases* by Hal Blumenfeld

Some Specific Advice:

- "non-European candidates should pay attention to the diseases which may be much more common in European countries rather than their own, such as some of the infectious ones. They may be ignored or underestimated per to the low incidence in their countries but it is a strong possibility to face questions regarding those issues."

"Any textbook suffices; but do read according to the syllabus, more time for the portion with high weightage i.e. Hydrocephalus, anatomy, Radiology etc."

"Neurosurgery Board Review" from Citow is extremely helpful. It has a lot of MCQ in the form of the American Board Exams but this is similar with the style of the EANS exams. Although, I didn't find any common questions between the exams, it is very educational to realise what you don't know through your incorrect answers, and to focus on that.

"speak with other people who have already passed the exam"

"High quality information from Youtube"