Emergency care for elephants clinically ill from Elephant Endotheliotropic Herpes Virus–Haemorrhagic Disease (EEHV-HD)

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(Based on the treatment protocol from Houston Zoo and the Asian EEHV Working Group)

Time is essential when treating elephants with EEHV. Extremely sick calves and juveniles may not look particularly ill, and may eat, drink, and participate in training, until literally moments before they die. Waiting until the animal looks very sick is associated with a poor prognosis and death. Even if a young elephant looks only mildly ill or uncomfortable, veterinarians and caretakers are strongly urged to start rectal administration of fluids. This technique can be life-saving because what appears to kill young elephants suffering of EEHV-HD is vascular shock. Rectal fluids can alleviate the early physiological effects of shock and prevent the spiralling of events that leads to death.

1. Essential: Collect baseline information

- Blood collection:
  - Essential: EDTA whole blood and smear; EEHV qPCR (or PCR if not available) and haemotology (including platelets).
  - Serum or plasma: biochemistry.
  - Citrated plasma: coagulation panel.
  - Heparin whole blood (EEHV-gB_ELISA antibodies)
  - Samples should also be stored for future research (please store any leftover blood collected).
- Contact the nearest diagnostic lab that runs PCR and qPCR on all relevant genotypes for emergency diagnosis and arrange sample transport (see addresses below).
- Anamnensis: activity pattern, appetite, sleeping pattern.
- Physical examination: body posture, evidence of oedema around eyes, head, neck and ventral abdomen, temperature, blood pressure, changes in colour or ulceration of mucous membranes, buccal mucosal bleeding time, etc.
- Blood samples should be tested DAILY using qPCR in order to adjust the treatment regime according to the viral load.

<table>
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<tr>
<th>Asian elephant samples ONLY</th>
<th>African and Asian elephant samples</th>
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<tr>
<td>Animal and Plant Health Agency (APHA)</td>
<td>FU Berlin, FB Veterinärmedizin</td>
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<tr>
<td>Mammalian Virus Investigation Unit</td>
<td>Zentrum für Infektionsmedizin</td>
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**Sample collection and first treatment may require standing sedation:**

- Standing sedation can be performed using detomidine in combination with butorphanol.
  - Detomidine 0.01-0.022 mg/kg IM (can be reversed by atipamezole at 3 times the dose of detomidine)
  - AND
  - Butorphanol 0.045-0.075 mg/kg given at same time as detomidine. Butorphanol can be reversed with naltrexone at 2.5-5 times the dose of butorphanol in emergency situations, but reversal is not essential and should preferably not be carried out if the calf is considered to be in pain.
  - OR
  - Xylazine: 0.04-0.08mg/kg IM (can be reversed with yohimbine or atipamezole).

- Provide supplemental oxygen via nasal cannula whenever possible.

2. **Essential: Supportive fluid therapy**

- Rectal administration of lukewarm, clean water is the first choice of fluid therapy in sick calves. It should be given through a garden hose or rubber tubing after careful removal of faecal balls from the distal part of the rectum (use sufficient lubricant in order to avoid irritation of the rectum mucosa which causes peristaltic activity). When the hose is placed over the horizontal ridge in the rectum (approximately 1 elbow length from the anus), the tube can be advanced for another 100 cm (if possible). A gastric pump can be used; if not available use a large funnel.

  Rectal fluids should be administered a minimum of 3-4 times per day, up to every 2 hours. A bolus treatment of 10 to 20 ml/kg dose is often used. When finished, the tail should be held down for at least one minute. Excess fluids will simply be expelled.

- Placement of an intravenous catheter (16-20G IV catheter, with a minimum length of 6 cm to prevent perivascular leaking) in a large, peripheral vein is recommended for:
  - Plasma transfusion (supplementation of platelets!) after cross matching recipient blood with donor plasma at 0.5-2 ml/kg BW (see fact box on page 3). The donor should be an adult elephant, preferably PCR-screened on EEHV-viraemia at the time of blood collection.
  - Administration of other IV-only medications. Please note that the ear veins are very susceptible to vasculitis, associated with perivascular administration of drugs. Sloughing of the ear pinna distal to the affected vein is likely in these cases. Extra care should be taken with drugs that are particularly caustic.
  - IV fluid therapy, which will require follow up with rectal fluids.

3. **Highly recommended: Plasma transfusion**

Fresh plasma is currently considered one of the best supportive therapies to provide, as platelets, clotting factors and potentially protective antibodies may be provided. Note that the freezing process activates the platelets, which renders them useless at the time of transfusion.
Therefore - where possible - freshly collected plasma is preferred. The following should be considered for plasma transfusions:

- If frozen plasma is available, this can be given in an early stage of the disease to save time (despite the activated and spent platelets).
- Blood collection from an adult elephant (plasma donor) should be initiated to provide fresh plasma as soon as possible.
- Cross-matching the donor animals with the recipients, especially if one donor will be used on multiple occasions (see text box below).
- PCR screening the donor plasma for current EEHV DNA;
- If stored, storage at -80°C is essential (6-8 months maximum);
- Plasma separation does not require a centrifuge. Leaving to stand overnight followed by manual separation (see below) is feasible.
- For administration of plasma, a patent I.V. cannula and a filtered infusion giving set are required.
- Dose rate 0.5-2 ml/kg/day – the first 100 ml of each donor should be given slowly to monitor for anaphylaxis.

### Cross-match

*Based on design elaborated by Houston Zoo, Inc.*

**Step one:** Prepare a 3-5% red cell suspension.
1. Collect blood from both donor and recipient in EDTA.
2. Centrifuge the tube and separate the plasma from the red cells. Save both.
3. Place 1 drop of recipient red cells into a small (2-5 ml) clean test tube.
4. Add approx. 1-2 ml of normal saline to the tube with the red cells (or 1 drop RBC to 40 drops saline).
5. Centrifuge at 2500 RPM for 20 seconds.
6. Remove the supernatant, leaving the red cell button on the bottom.
7. Repeat steps 4-6 three times (for a total of 4 washes).
8. Add 1 drop of newly washed recipient red cells to a new test tube.
9. Add approximately 20-40 drops of saline and mix to suspend the red cells. This should be an approximate 3-5% cell suspension to work with.

**Step two:** Minor cross-match (for plasma transfusion).
1. Add 1 drop of the recipient’s 3-5% red cell suspension to a labeled test tube. Add 1 drop of the recipient’s 3-5% red cell suspension to another labeled test tube to be used as a control.
2. Add 2 drops of donor plasma or serum to the test tube.
3. Add 2 drops of saline to the control tube.
4. Incubate these tubes at 37°C for 15 minutes.
5. Centrifuge the tubes for 20 seconds at 2500 RPM.
6. Observe the supernatant for signs of haemolysis. If present in the cross-match tube and not the control tube, the match is not compatible. If present in both, start again with a new cell suspension.
7. If no haemolysis, then gently rock the test tube back and forth to re-suspend the cell button. Observe the cell button while rocking the tube and grade for the presence of agglutination. Grade on a 0-4 scale where 0 is no agglutination and 4 is heavy clumping. Record your results.

**Step three:** Major cross-match (for whole blood transfusion).
1. Add 1 drop of the donor’s 3-5% red cell suspension to a labeled test tube. Add 1 drop of the donor’s 3-5% red cell suspension to another labeled test tube to be used as a control.
2. Add 2 drops of recipient’s plasma or serum to the test tube.
3. Add 2 drops of saline to the control tube.
4. Incubate these tubes at 35-37°C for 15 minutes.
5. Centrifuge the tubes for 20 seconds at 2500 RPM.
6. Observe the supernatant for signs of haemolysis. If present in the cross-match tube and not the control tube, the match is not compatible. If present in both, start again with a new cell suspension.
7. If no haemolysis, then gently rock the test tube back and forth to re-suspend the cell button. Observe the cell button while rocking the tube and grade for the presence of agglutination. Grade on a 0-4 scale where 0 is no agglutination and 4 is heavy clumping. Record your results.
4. **Recommended: Antiviral drug administration**
Antiviral drugs are thought to have an effect during the early stages of viral replication. It is therefore recommended that antiviral therapy starts as early as possible. However, treatment should also be attempted in acute cases. The efficacy of the following drugs has not been proven, but all survivor cases have been treated with one or other of the following drugs:

- **Famciclovir**: 15 mg/kg orally or rectally TID (grind with mortar and pestle, mix with water to make into a watery paste for direct application into the cleaned rectum)).
  - Medications should not be administered rectally within one hour of rectal fluid administration.

- **Ganciclovir**: in advanced stages of the disease, when a reduced absorption from the intestinal tract can be expected, intravenous administration may be considered more prudent and slow IV administration of ganciclovir at a dose of 5 mg/kg BID (dissolved in 1 litre of fluid given over 1 hour) should be considered.

- **Acyclovir**: therapeutic doses have yet to be established, but 15mg/kg BID was used in a survivor case: orally, rectally (grind with mortar and pestle, mix with water to make into a paste and further dilute with water) or intravenously.

5. **Recommended: Antibiotic administration**
Antibiosis should be considered for treatment of underlying conditions and/or secondary infections associated with leukopenia and immunosuppression:

- Ceftiofur: 1.1mg/kg IV BID
- Enrofloxacin: 2.5mg/kg PO or rectally SID
- Marbofloxacin: 2mg/kg IV, IM, SQ SID has been used
- Amoxicillin: 11mg/kg IM SID
- Penicillin G: 20,000-50,000 IU/kg IM or IV TID-BID (BID administration has been used in EEHV survivor cases in Asia)
- Any suitable antibiotic with presumed action against invasive gut flora

6. **Recommended: Opioid pain relief**
Opioids are a useful adjunct to providing pain relief and, in some cases, mild sedation to assist in the management of animals being treated. There is the possibility of behavioural changes in the elephant when using opioids, and trained behaviours may well be lost or less responsive. A dose of **0.008-0.014 mg/kg butorphanol IM** (repeat every 3-4h) is recommended for analgesia.

7. **Adjunctive therapies to consider**

**Corticosteroids:**
A single high dose of a short-acting glucocorticosteroid can be considered, as the vascular damage might be caused by an overenthusiastic immune response of the host:

- **Flumethasone**: 0.005 mg/kg IV or deep IM
- **Dexamethasone 0.05-0.5 mg/kg IV or IM**
- **Triamcinolone 0.067 mg/kg IV (dosage given in 1 survivor in Thailand).**

**Recombinant Factor VII:**
This may be considered if the elephant has reached the state of hypo-coagulation (blood is not clotting anymore) post-DIC. NovoSeven\textsuperscript{©} has been used in a case at Copenhagen zoo. The drug appeared to improve coagulation, but the calf still died. The drug is prohibitively expensive, but worth further exploration.
- Suggested starting dosage: 0.07 mg/kg IV TID, the effect should be monitored using thromboelastography (TEG) or similar.

**Non-steroidal anti-inflammatory drugs:**
Although EEHV is thought to be a vasculopathy as opposed to a vasculitis, anti-inflammatories are indicated as part of the analgesic regime as well as to reduce inflammation. Non-steroidal anti-inflammatories (NSAIDs) may play a useful role in early management of the disease. However, it should be noted that in human medicine, NSAIDs are contraindicated in cases where peripheral oedema or haemorrhagic diathesis are present, due to the decreased glomerular filtration rate and the effects on coagulation seen when using NSAIDs. The analgesic and anti-inflammatory effects of these drugs should be weighed against these possible side effects. Flunixin meglumine or other NSAIDS should be administered to well hydrated patients, who are preferably receiving concurrent fluid therapy. Administration of omeprazole (0.7-1.4 mg/kg PO SID based on the equine dose) for gastrointestinal protection during NSAID treatment should be considered.
- Flunixin meglumine 0.25 - 0.5 mg/kg IV/IM SID
- Meloxicam 0.2mg/kg IM SID has been used.
- Ibuprofen 6mg/kg PO BID
- Phenylbutazone 3mg/kg q48 hours (published dose), 1-2.5mg/kg SID (anecdotal dose) or suxibuzone (loading dose 6 mg/kg/day followed by 3 mg/kg/day).
INTENSIVE CARE OF THE EEHV-HD PATIENT

In any suspected or confirmed EEHV-HD case, aggressive supportive therapy and close monitoring of the patient are essential. Rectal administration of fluids (water) is the treatment of first choice. Placement of an intravenous catheter in a large, peripheral vein is recommended for plasma transfusion (supplementation of platelets!) after cross matching recipient blood with donor plasma and administration of other medications. The access to veins should not be jeopardized by unnecessary administration of drugs that can also be administered via another route. If treatment is not possible under training or manual restraint, sedation will be required. Antiviral medication is recommended to reduce or eliminate viral replication and thus reduce the viral load in the patient. Although there is no hard evidence that the antivirals mentioned in this protocol are effective, they are recommended until proven that they don’t work. Sedatives may be administered to facilitate treatment and to manage pain. Low doses of butorphanol have been safely used in clinical cases. Antibiotics have no effect on viral infections, but must be given to affected animals to prevent and treat secondary and/or underlying infections. If possible, the initial dose should be administered intravenously. Following cessation of intravenous treatment, a change to intramuscular or oral products will be made if appropriate.

Light Sedation of adult elephants
• It may be necessary to sedate the dam or other adult herd mates so they are not stressed during manipulations of a calf
• Butorphanol 0.006 mg/kg IM and detomidine 0.0026 mg/kg IM
• Sedation can be reversed as described above but is not necessary
• Alternatively, xylazine or other sedative agents (e.g. azaperone) can be used if detomidine is unavailable.

Intravenous Catheter Placement
A temporary IV catheter (16-20 G, minimum 6 cm length) may be placed in the ear, rear leg, or front leg.
Please note that elephants in an intensive care environment can be subject to secondary infections. Attention to hygiene and biosecurity is very important in elephants being treated for EEHV- HD, particularly due to their immuno-compromised status.

Intravenous Fluid Therapy
A bolus of ‘isotonic’ IV fluids (0.3 to 1 ml/kg in a calf) can be given to a dehydrated or “shocky” elephant as a resuscitative measure; this bolus could be repeated up to three times with re-evaluation of the patient and vital signs after each bolus. Asian elephants have very low serum osmolarity and are hyponatraemic and hypochloraemic compared to other species. Therefore fluids considered isotonic in other species (0.9% saline, ringers etc.) will be hypertonic in an elephant, and draw fluid into the vascular space. IV fluids should always be supplemented by large amounts of rectal fluids (tap water).
Plasma Transfusion

Colloids, such as fresh or frozen plasma or hetastarch, are more effective than crystalloid fluids for immediate volume expansion in viraemic or seriously ill animals. The larger molecules in these fluids do not leak out of capillaries as easily, and increase plasma volume. In this respect, a (preferably fresh!) plasma transfusion has high priority as it provides thrombocytes and coagulation factors. As the preparation of fresh plasma is time consuming, banked plasma can be administered as an emergency treatment. To supplement platelets, frozen plasma is NOT suitable, because it contains activated thrombocytes, which will be useless in case of Disseminated Intravascular Coagulopathy (DIC) as is likely the case in EEHV-HD. The best plasma to administer is so called Platelet Rich Plasma (see below). In addition, plasma from a donor with a high antibody titre may help to bind virus particles in the patient (although the role of antibodies is not yet well understood in EEHV-HD). Plasma should only be administered intravenously after cross-matching donor plasma and recipient whole blood samples (a minor cross-match) to assure compatibility. Additionally, it would be ideal if the donor animal’s blood be PCR tested to ensure the donor does not have a high EEHV viraemia. This information would also be useful as retrospective information. As there will probably be no time for PCR-screening, this can be performed later on using the stored sample (stored plasma should be PCR screened at the time of collection). The first 100 ml should be given slowly, and heart rate, respiratory rate, and temperature should be monitored. Possible transfusion reactions include fever, rash, or anaphylaxis. Mild signs can be treated by decreasing the rate of transfusion. More severe reactions should be addressed by stopping the transfusion. If no reaction is seen, the transfusion rate can be increased to 0.5-2 ml/kg BW. Clinical improvement may be seen at a plasma dose of 0.5 ml/kg.

Summary: use banked (frozen) plasma for emergency treatment (coagulation factors, antibodies, colloids) and start preparing fresh plasma (platelets, coagulation factors, antibodies, colloids).

Please note that a major cross-match needs to be carried out if whole blood is transfused.

How to collect platelet rich plasma without specific blood bags:

A. Collect blood in a container with acid citrate dextrose (ACD) as an anticoagulant at the ratio of 6 to 1 and mix gently. In the absence of specific blood bags, empty NaCl-infusion bags or plastic infusion bottles can be used (maintain sterility!) The sample can be kept at room temperature (20-25°C).

B. Instead of ACD, heparin can be added to the donor blood (6,250 IU heparin/liter whole blood)
   1. Centrifuge at 200G for 10 minutes at room temperature
   2. Remove plasma and change to a new tube.
   3. Centrifuge at 1,650G for 10 minutes
   4. Platelet rich plasma (at bottom of tube) can be kept at 4°C and be used within 5 days.
   5. If heparin was used as anticoagulant, this can be reversed by protamine HCl (10 mg protamine HCl/1,000 IU heparin given IV).
**Oxygen Therapy**

Supplemental oxygen therapy should be administered, when possible, to all patients with clinical signs undergoing treatment for EEHV. Oxygen can be administered at 2-4 l/minute via a flexible tube passed into one nostril of the trunk. If the elephant will not tolerate oxygen therapy while awake, it may be possible to slip the tube into the trunk while the elephant is sleeping.

**EQUIPMENT AND SUPPLIES**

The following equipment and supplies will need to be on hand for support during therapy.

**Drugs and Equipment needed:**

- Banked plasma (frozen at -80°C)
- Antiviral (Famciclovir, ganciclovir)
- Sedatives (Detomidine, Butorphanol, Xylazine)
- Reversals (Atipamezole, Naltrexone)
- Antibiotics (Ceftiofur, Penicillin, Amoxicillin, Enrofloxac in, Cephalexin, etc)
- Glucocorticosteroids
- NSAIDs (Flunixin meglumine, Meloxicam, Ibuprofen, Phenylbutazone, etc)
- Plasma transfusion set
- “Plasma extractor” (see below)
- I.V. fluids
- Syringes
- Needles
- 16-20 GA catheters, min 6 cm length
- Rectal fluid kit (tube and gastric pump or large funnel)
- I.V. administration sets with injection ports
- Standard extension set
- Tape for holding catheter in place + skin glue
- Stethoscope
- Thermometer
- Mortar and pestle
- Exam gloves
- OB sleeves and lube
- Gauze
- Flashlights/ head lamps
- Towels
- Inner tubes (various sizes)/ gym mats —to be used for cushioning and support in the event of a full immobilisation procedure
- Surgical prep: Chlorhexidine scrub or Povidone iodine and alcohol

Oxygen bottles and regulator
Placement of an intravenous cannula into an ear vein in a juvenile Asian elephant

Placement of an ear vein cannula in a juvenile Asian elephant

a) aseptic preparation of the ear pinna after numbing the area with EMLA cream one hour previous, b) insertion of the cannula after cutdown of the skin with a scalpel blade, c,d) fixing the cannula to the skin with skin glue, e) attaching the giving set and creating a loop to prevent removal of cannula on movement of the head, f) fixing the giving set to the head, g) boluses of medication can be given swiftly through giving set ports, e.g. fluids and antibiotics, h) antivirals, fluids and nutraceuticals can be given slowly
In-House Plasma Separation Procedure for elephants

*Design elaborated by Houston Zoo, Inc.*

**How to make a “Plasma Extractor”:**

If you do not have one of these manufactured Plasma Extractors... you can make one!

**Material:**

- ✔ Two pieces of plexiglas
- ✔ Duct tape

**Procedure**

**Step 1:** Prepare two pieces of Plexiglas to match the following measurements (note difference in thickness to provide sturdiness).

1st piece: Length= 22.9 cm, Height= 30 cm, Width= 1.2 cm
2nd piece: Length= 22.9 cm, Height= 30 cm, Width= 0.5 cm
Step 2: Align the pieces of Plexiglas together evenly and hold them together. Then wrap duct tape around the bottom ends of the pieces to keep the Plexiglas together.

*Make sure that you can pry the untapped edges apart. The Plexiglas must be able to part wide enough for a full bag of whole blood to fit in between the pieces.
In-House Plasma Separation Procedure for elephants

Based on design elaborated by Houston Zoo, Inc.

Materials

- Sterile blood collection bag containing anticoagulant citrate phosphate dextrose adenine solution (CPDA-1) USP for collection of 450 ml of whole blood. *Establish weight of the empty plasma bag prior to collection.
- Refrigerator with temperature 0-4 °C
- Scale (g)
- Plasma Extractor
- 1-2 Kelly or Crile haemostats
- 1 smooth-jaw haemostat
- Plasma Extractor – handmade vs. commercial
- Hand-held blood bag tube stripper/cutter/sealer tool
- 4 plastic clamps
- Metal clips **Establish weight of a single clip.

Procedure

1. Receive bag of whole blood with citrate phosphate dextrose adenine solution (CPDA-1) USP coagulant.
2. Hang the bag in refrigerator for 6-24 hours to allow for gravitational separation of plasma from red cells. Temperature should be between 0-4 °C. (Figure A)
3. Carefully remove the blood bag from the refrigerator. Avoid re-suspending the separated red blood cells into the plasma (minimize abrupt motions when handling the collection bag).
4. Begin plasma separation process by inserting the blood bag into
   a.) the “Plasma extractor” or
   b.) 2 pieces of Plexiglas duct-taped together. Lay the empty plasma bag beside the extraction apparatus. (Figure B)
5. Break the plastic barrier piece connecting the blood bag to the empty plasma bag. (Figure C)
6. With one hand, slowly apply gradual pressure to the Plexiglas pieces and with the other hand, use haemostats to hold the connection tubing. The plasma from the blood bag should be flowing into the plasma bag. Be cautious of disrupting the sediment. (Figure D)
7. When most of the plasma has separated into the plasma bag, quickly clamp off the connecting line with haemostats. Add secondary plastic clamps for extra security. (Figure E)
8. Using the handheld stripping tool, begin easing the remaining plasma in to the collection bag. (Figure F)
9. Using another set of haemostats, clamp the line closer to the plasma bag, leaving approximately 30 cm of tubing. Add secondary plastic clamps if necessary. (Figure G)
10. Cut the connecting line so that the plasma bag separates from the blood bag.
11. To properly seal the plasma bag for storage, tie 1-3 knots at the open end of the tubing. (Figure H)
12. Make a loop with the tubing and apply 2-3 evenly spaced metal clips. (Figure I) Slide the first metal clip as close to the bag as possible. Clamp the clips down with the multi-tool. (Figure J)

13. Weigh the full plasma bag. To determine actual plasma volume, subtract established materials weights (empty plasma bag* and # metal clips**) from the weight of the full plasma bag.

14. Label the plasma bag with animal ID number, collection date and plasma volume.

15. Store the plasma in a freezer (preferably -80 °C). However, use fresh plasma for treating EEHV-HD as freezing will activate the thrombocytes, making them useless for EEHV-HD treatment.