

21-22 November, 2019

Krakow
Poland

21st EFAS BASIC INSTRUCTIONAL COURSE AND SPECIMEN LAB WORKSHOPS

LOCATION:

Anatomy Department of the Jagiellonian University

Mikołaja Kopernika 12, 31-034

Krakow, Poland

(see access map on the last page)

FACULTY:

EFAS Educational Committee

Dr. J.L. Besse, Chair

Dr. N. Brito

Dr. B. Devos Bevernage

Dr. J. De Halleux

Dr. N. Gougoulas

Dr. M. Delmi, EFAS Past President

EFAS Specimen Lab Committee

Dr. X. Martin, Chair

Dr. K. Buedts

Dr. P. Bock

Dr. M. Thomas

Local Hosts in Krakow:

Dr. A. Gadek

Dr. H. Liszka

Dr. P. Chomicki-Bindas

EFAS would like to thank our partners supporting this course:



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PRECISION IN FIXATION



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THURSDAY, 21 NOVEMBER

07:30 - 08:00	REGISTRATION, COFFEE AND EXHIBITION	Entry Hall								
08:00 - 08:05	WELCOME	Lecture Hall								
	<ul style="list-style-type: none"> A. Gadek (Local Host) JL. Besse and X. Martin 									
08:05 - 08:30	SESSION I - GENERAL FOOT AND ANKLE	Lecture Hall								
	<ul style="list-style-type: none"> Foot Examination (15 min), B. Devos Bevernage Discussion (5 mins) 									
08:30 - 10:30	SESSION II – FOREFOOT	Lecture Hall								
	<p>Moderators:</p> <ul style="list-style-type: none"> Hallux valgus (20 min), X. Martin Hallux rigidus (15 min), J. De Halleux Metatarsalgia (20 min), JL. Besse Lesser toe deformities (10 min), N. Gougoulias Morton’s neuroma (10 min), M. Delmi Forefoot surgery complications (15 min), N. Gougoulias Discussion (30 min) 									
10:30 - 11:00	COFFEE BREAK AND EXHIBITION	Entry Hall								
11:00 - 13:15	SPECIMEN LAB & CASE CLINIC DISCUSSION	Labs / Session Rooms								
	<table border="0"> <tr> <td>GROUP A - Specimen Lab</td> <td>GROUP B - Case Clinic Discussion</td> </tr> <tr> <td>4 Techniques – 30min</td> <td>2 Sessions – 60 min</td> </tr> <tr> <td>8 Groups – 8 Faculty members</td> <td>FOREFOOT</td> </tr> <tr> <td> <ul style="list-style-type: none"> Chevron: M. Thomas Weil: K. Buedts MTP fusion: X. Martin Lapidus: M. Thomas M. Delmi N. Gougoulias H. Liszka </td> <td> PATHOLOGY 2 Groups – 4 Faculty Members <ul style="list-style-type: none"> Hallux Valgus - Metatarsalgia - Lesser Toes: B. Devos, N. Brito, P. Chomicki-Bindas Hallux Rigidus - Forefoot Complications : A. Gadek, J. De Halleux </td> </tr> </table>	GROUP A - Specimen Lab	GROUP B - Case Clinic Discussion	4 Techniques – 30min	2 Sessions – 60 min	8 Groups – 8 Faculty members	FOREFOOT	<ul style="list-style-type: none"> Chevron: M. Thomas Weil: K. Buedts MTP fusion: X. Martin Lapidus: M. Thomas M. Delmi N. Gougoulias H. Liszka 	PATHOLOGY 2 Groups – 4 Faculty Members <ul style="list-style-type: none"> Hallux Valgus - Metatarsalgia - Lesser Toes: B. Devos, N. Brito, P. Chomicki-Bindas Hallux Rigidus - Forefoot Complications : A. Gadek, J. De Halleux 	
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13:15 - 14:00	LUNCH AND EXHIBITION	Entry Hall								



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14:00 - 16:15

SPECIMEN WORKSHOP & CASE CLINIC DISCUSSION

GROUP B - Specimen Lab

4 Techniques – 30min
8 Groups – 8 Faculty members

- Chevron: M. Thomas
- Weil: K. Buedts
- MTP fusion: X. Martin
- Lapidus: M. Thomas
- M. Delmi
- N. Gougoulias
- H. Liszka

GROUP A - Case Clinic Discussion

2 Sessions – 60 min

FOREFOOT

PATHOLOGY

2 Groups – 4

Faculty Members

- Hallux Valgus -
Metatarsalgia - Lesser
Toes: B. Devos
Bevernage, N. Brito, P.
Chomicki-Bindas
- Hallux Rigidus - Forefoot
Complications : A.
Gadek, J. De Halleux

Labs / Session Rooms

16:15 - 16:45

COFFEE BREAK AND EXHIBITION

Entry Hall

16:45 - 18:15

SESSION III – TRAUMA SESSION

Lecture Hall

Moderators:

- Ankle Fractures (15 min) A. Gougoulias
- Talus Fractures (15 min) N. Brito
- Lisfranc Fractures (15 min) P. Chomicki-Bindas
- Calcaneal fractures (15 min) H. Liszka
- Discussion (30 min)

18:15

CLOSING REMARKS

Lecture Hall

19:30

NETWORKING & COURSE DINNER *(Optional)*

pre-registration required – additional fee applies

Restaurant: "Pod Wawelem" Kompania Kuflowa

Address: ul. Św. Gertrudy 26-29,31-048 Kraków

Walking distance – No transfer provided



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FRIDAY, 22 NOVEMBER

08:00 - 09:10	SESSION IV - HINDFOOT AND ANKLE Moderators: <ul style="list-style-type: none">• Flat Foot (15 min) J. De Halleux• Degenerate Hindfoot (15 min) B. Devos Bevernage• Ankle osteoarthritis (15 min) N. Brito• Discussion (25 min)	Lecture Hall			
09:10 - 10:30	SESSION V - SPORTS MEDICINE <ul style="list-style-type: none">• Chronic ankle instability (15 min) X. Martin• OCD lesions (10 min) B. Devos Bevernage• Acute Achilles tendon rupture (10 min) A. Gadek• Chronic Achilles tendon pathologies (Haglund and tendinopathy) (15 min) JL. Besse• Discussion (30 min)	Lecture Hall			
10:30 - 11:00	COFFEE BREAK AND EXHIBITION	Entry Hall			
11:00 - 13:00	SPECIMEN LAB WORKSHOP & CASE CLINIC DISCUSSION <table><tr><td>GROUP A - Specimen Lab 4 Techniques – 30min 8 Groups – 8 Faculty members<ul style="list-style-type: none">• Calcaneal osteotomy: K. Buedts• Ankle lateral ligament reconstruction: P. Bock• Double or Triple arthrodesis: P. Bock• Ankle arthrodesis: X. Martin• J. De Halleux• N. Brito• P. Chomicki-Bindas</td><td>GROUP B - Case Clinic Discussion 2 Sessions – 60 min HINDFOOT PATHOLOGY 2 Groups – 4 Faculty Members<ul style="list-style-type: none">• Flatfoot – Degenerate Hindfoot: M. Delmi, N. Gougoulas, H. Liszka• Ankle pathology + Trauma: JL. Besse, B. Devos Bevernage</td><td>Labs / Session Rooms</td></tr></table>	GROUP A - Specimen Lab 4 Techniques – 30min 8 Groups – 8 Faculty members <ul style="list-style-type: none">• Calcaneal osteotomy: K. Buedts• Ankle lateral ligament reconstruction: P. Bock• Double or Triple arthrodesis: P. Bock• Ankle arthrodesis: X. Martin• J. De Halleux• N. Brito• P. Chomicki-Bindas	GROUP B - Case Clinic Discussion 2 Sessions – 60 min HINDFOOT PATHOLOGY 2 Groups – 4 Faculty Members <ul style="list-style-type: none">• Flatfoot – Degenerate Hindfoot: M. Delmi, N. Gougoulas, H. Liszka• Ankle pathology + Trauma: JL. Besse, B. Devos Bevernage	Labs / Session Rooms	
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13:30 - 15:30

SPECIMEN WORKSHOP & CASE CLINIC DISCUSSION

GROUP B - Specimen Lab

4 Techniques – 30min

8 Groups – 8 Faculty members

- Calcaneal osteotomy: K. Buedts
- Ankle lateral ligament reconstruction: P. Bock
- Double or Triple arthrodesis: P. Bock
- Ankle arthrodesis: X. Martin
- J. De Halleux
- N. Brito
- P. Chomicki-Bindas

GROUP A - Case Clinic Discussion

2 Sessions – 60

min

HINDFOOT
PATHOLOGY

2 Groups – 4

Faculty

Members

- Flatfoot – Degenerate
Hindfoot: M. Delmi, N. Gougoulas, H. Liszka
- Ankle pathology + Trauma:
JL. Besse, B. Devos

Labs / Session Rooms

15:30 - 16:00

CLOSING REMARKS & GOODBYE COFFEE

Lecture Hall



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MAP

To the Anatomy Department of the Jagiellonian University

