

21-22 November, 2019

Krakow
Poland

21st EFAS BASIC INSTRUCTIONAL COURSE AND SPECIMEN LAB WORKSHOPS

LOCATION:

Anatomy Museum of the Jagiellonian University

Mikołaja Kopernika 12, 31-034

Krakow, Poland

FACULTIES:

J.L. Besse (E. Committee)

M. Delmi (past president)

N. Brito (E Committee)

Y. Tourne (EFAS president)

K. Buedts (SL Committee)

P. Bock (SL Committee)

X. Martin (SL Committee)

A. Gadek (Pomish Member)

M. Thomas (SL Committee)

B. Devos Bevernage (E Committee)

J. De Halleux (E Committee)

N. Gougoulas (E Committee)

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SCIENTIFIC PROGRAM

THURSDAY, 21 NOVEMBER

7:30-7:50 **REGISTRATION, COFFEE AND EXHIBITION**

8:00-8:00 **WELCOME**

- Y. Tourné (EFAS President)
 - JL. Besse (Chair of the Educational Committee)
 - X. Martin (Chair of the Specimen Lab Committee)
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8:05-8:30 **SESSION I - GENERAL FOOT AND ANKLE**

- Foot Examination (15 min), B. Devos Bevernage (E. Committee)
 - Discussion (5 mins)
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8:30-10:30 **SESSION II –FOREFOOT**

Moderators:

- Hallux valgus (20 min), X. Martin (SL Committee)
 - Hallux rigidus (15 min), J. De Halleux (E Committee)
 - Metatarsalgia (20 min), JL. Besse (E Committee)
 - Lesser toe deformities (10 min), N. Gougoulas (E Committee)
 - Morton's neuroma (10 min), M. Delmi (EFAS past president)
 - Forefoot surgery complications (15 min) (E Committee)
 - Discussion (30 min)
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10:30-11:00 **COFFEE BREAK AND EXHIBITION**

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11:00-13:15 SPECIMEN WORKSHOP & CASE CLINIC DISCUSSION

GROUP A - Specimen Lab
(X. Martin)

- 4 Techniques – 30min
8 Groups – 8 Faculty members
- Chevron : **A**
 - Weil : **B**
 - MTP Fusion : **C**
 - Lapiduson: **D**

M. Delmi (EFAS Past-President)
N. Gougoulas (EC)
Polish Faculty Memembr TBC

GROUP B Case Clinic Discussion
(JL. Besse)

- 2 Sessions – 60 min
FOREFOOT PATHOLOGY
2 Groups – 4 Faculty Members
- Hallux Valgus -Metatarsalgia - Lesser Toes:
B. Devos Bevernage (EC), N. Brito (EC)
 - Hallux Rigidus - Forefoot complications :
Y. Tourné (EFAS President), J. De Halleux (EC)

13:15-14:00 LUNCH AND EXHIBITION

14:00-16:15 SPECIMEN WORKSHOP & CASE CLINIC DISCUSSION

GROUP B - Specimen Lab
(X. Martin)

- 4 Techniques – 30min
8 Groups – 8 Faculty members
- Chevron : **A**
 - Weil : **B**
 - MTP Fusion : **C**
 - Lapiduson: **D**

M. Delmi (EFAS Past-President)
N. Gougoulas (EC)
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GROUP A Case Clinic Discussion
(JL. Besse)

- 2 Sessions – 60 min
FOREFOOT PATHOLOGY
2 Groups – 4 Faculty Members
- Hallux Valgus -Metatarsalgia - Lesser Toes:
B. Devos Bevernage (EC), N. Brito (EC)
 - Hallux Rigidus - Forefoot complications :
Y. Tourné (EFAS President), J. De Halleux (EC)

16:15-16:45 COFFEE BREAK AND EXHIBITION

16:45-18:15 SESSION III- TRAUMA SESSION

Moderators:

- **Ankle Fractures** (15 min) A. Gougoulas (E Committee)
- **Talus Fractures** (15 min) N. Brito (E Committee)
- **Lisfranc Fractures** (15 min) Pa (Polish member)
- **Calcaneal fractures** (15 min) Pb (Polish member)
- Discussion (30 min)

16:45-18:15 COURSE DINNER (Optional)

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FRIDAY, 22 NOVEMBER

8:00-9:10 **SESSION IV - HINDFOOT AND ANKLE**

Moderators:

- Flat Foot (15 min) J. De Halleux (E Committee)
- Degenerate Hindfoot (15 min) B. Devos Bevernage (E Committee)
- Ankle osteoarthritis (15 min) N. Brito (E Committee)
- Discussion (25 min)

9:10-10:30 **SESSION V - SPORTS MEDICINE**

Moderators:

- Chronic ankle instability (15 min) Y. Tourne (EFAS president)
- OCD lesions (10 min) B. Devos Bevernage (E Committee)
- Acute Achilles tendon rupture (10 min) Pc (Polish Member)
- Chronic Achilles tendon pathologies (Haglund and tendinopathy) (15 min) JL. Besse (E Committee)
- Discussion (30 min)

10:30-11:00 **COFFEE BREAK AND EXHIBITION**

11:00-13:00 **SPECIMEN WORKSHOP & CASE CLINIC DISCUSSION**

GROUP A - Specimen Lab
(X. Martin)

- 4 Techniques – 30min
8 Groups – 8 Faculty members
- Calcaneal osteotomy : **A**
 - Ankle lateral ligament reconstruction : *Y. Tourne*
 - Double or Triple arthrodesis: **B**
 - Ankle arthrodesis : **C**

J. De Halleux (EC)
N. Brito (EC)
Polish Faculty Memembr TBC

GROUP B Case Clinic Discussion
(JL. Besse)

- 2 Sessions – 60 min
HINDFOOT PATHOLOGY
2 Groups – 4 Faculty Members
- Flatfoot – Degenerate Hindfoot:
M. Delmi (EFAS Past-President), N. Gougoulia (EC)
 - Ankle pathology + Trauma :
JL. Besse (EC), B. Devos Bevernage (EC)

13:00-13:30 **LUNCH AND EXHIBITION**

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21st EFAS BASIC INSTRUCTIONAL COURSE AND SPECIMEN LAB WORKSHOPS

13:30-15:30

SPECIMEN WORKSHOP & CASE CLINIC DISCUSSION

GROUP B - Specimen Lab
(X. Martin)

- 4 Techniques – 30min
8 Groups – 8 Faculty members
- Calcaneal osteotomy : **A**
 - Ankle lateral ligament reconstruction : *Y. Tourne*
 - Double or Triple arthrodesis: **B**
 - Ankle arthrodesis : **C**

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GROUP A Case Clinic Discussion
(JL. Besse)

- 2 Sessions – 60 min
HINDFOOT PATHOLOGY
2 Groups – 4 Faculty Members
- Flatfoot – Degenerate Hindfoot:
M. Delmi (EFAS Past-President), N. Gougoulia (EC)
 - Ankle pathology + Trauma :
JL. Besse (EC), B. Devos Bevernage (EC)

15:30-16 :00 **CLOSING REMARKS**