

EFAS TRAVELLING FELLOWSHIP 2019

Doctor Kirill Mikhaylov, Russia, Saint-Petersburg

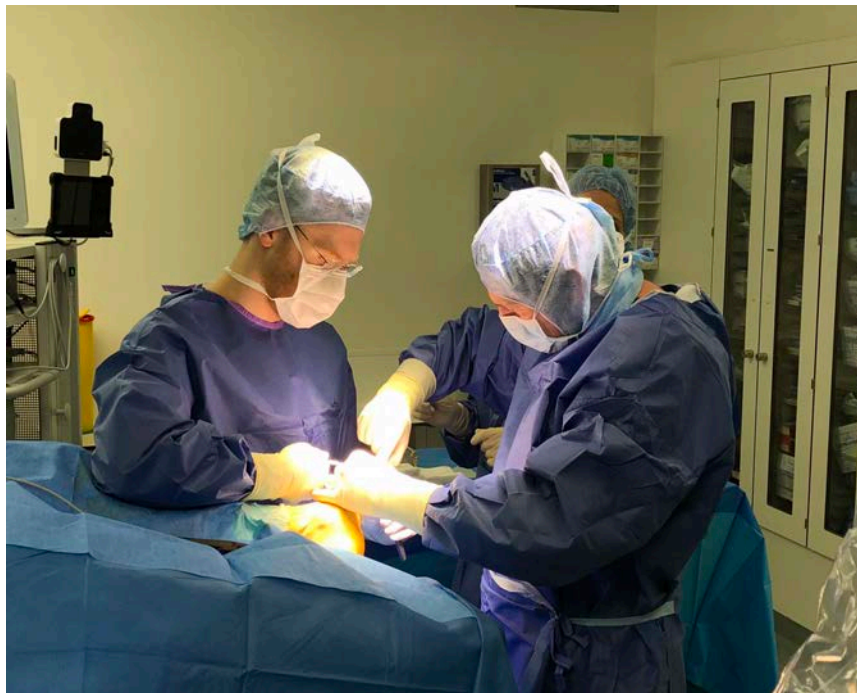
Doctor Alexander Gerchev, Bulgaria, Sofia

We have completed a 3 week-long educational fellowship in the following medical centers

- 25-29 November, 2019 – Antwerp, Belgium ZNA Middelheim - Supervisor: Dr. K.Buedts
- 19-22 November, 2019 – Augsburg, Germany - Helsingpark-Clinic GmbH - Supervisor: Dr. M. Thomas
- 2-5 December, 2019 – Helsinki, Finland - University Hospital of Helsinki Unit of Foot and ankle surgery - Supervisor: Dr. O. Michelsson
- 6 and 7 December - report at the EFAS Advanced Symposia in Helsinki, FINLAND

Our first stop of the fellowship started at Augsburg.

Local host was Doctor Manfred Thomas.



The German surgeons work extremely hard. We assisted in operations during this week and were exposed to the full range of F&A pathologies.

We start at 8 and finished at 19. Also, it was very useful and interesting to take part in outpatient clinic.



We have met Doctor Martin Jordan. We spend with him one outpatient day and one surgery day.

We were very touched by the warmth of surgeons who hosted us. This was a tiring but enriching week.



Dr. Manfred Thomas and Dr. Martin Jordan kindly took us out for some delicious traditional German food and of course best German beer at a popular restaurant.

Second stop was Antwerp, with local host Doctor Kris Buedts.

The timetable was also very busy and various. We saw a lot hindfoot surgeries, including ankle arthroplasty and ankle revision surgery with inbone total ankle system.



Dr. Buedts invited us to teleconference meeting with USA, about arthrosis of first MTP joint.

And then we went to spoke with each other in informal setting.



Next stop – Helsinki. Local host Doctor Oliver Michelsson. First day we visited the part of University hospital in Vantaa with Dr. Timo Sirola. It was impressive and big hospital.



Then on the next day we spend whole day with Dr. Mitchelsson in Terveystalo clinic in Helsinki. Where we saw a lot of interesting tricks in arthroscopic surgery.



After surgery day Dr Michelsson invited us to have a very tasty diner.



On Thursday, we saw total ankle arthroplasty life surgery with Prof. Beat Hinterman.



We have made our report about Travelling Fellowship 2019 at the EFAS Advanced Symposia in Helsinki, FINLAND.



This fellowship could not happen without the host centers and the surgeons. We are grateful to all of them for organizing special programs for us during our staying.

We were really touched by their warm hospitality and we could feel the strong EFAS spirit throughout these 3 weeks.

We are feeling fully inducted into this special EFAS big family now.