

Report of the 2016 EFAS Travelling Fellowship

2016 Fellows Madeleine Willegger (Austria) and Charlie Jowett (UK)

We were privileged to be awarded the EFAS travelling fellowship and would like to thank the committee for providing us with the opportunity to visit three fantastic foot & ankle units in Germany.

SCHÖN KLINIK, MUNICH (21ST-23RD NOVEMBER)

Professor Markus Walther's clinic had sixteen foot and ankle surgeons with three theatre's running on most days. This enabled us to see a broad spectrum foot and ankle surgery. Amongst other cases we assisted in an total ankle replacement (Infinity) and MI calcaneal osteotomy in a cavovarus foot, a Charcot foot reconstruction and minimally invasive forefoot surgery. We also attended the regional complex case meeting, which had a strong international presence, with visitors from Italy, Denmark, Egypt, Austria and the UK.



HESSING STIFTUNG, AUGSBURG (24TH – 28TH NOVEMBER)



In Augsburg we were given an excellent tour of the Hessing Stiftung clinic. There is a long, significant history associated with the hospital and neighbouring land. The clinic also has an incredible appliance department. We again saw the wide use of minimally invasive surgery for the treatment of lesser toe deformities.

Professor Hazibullah Waizy gave up a lot of time to discuss his ongoing research projects in particular the treatment of large talar osteochondral defects in the clinic. Socially we were well looked after experiencing the Bavarian cuisine and the Augsburg Christkindlesmarkt.

**ORTHOPÄDISCHE KLINIK DER MEDIZINISCHEN HOCHSCHULE (MHH), HANNOVER
(29TH NOVEMBER – 1ST DECEMBER)**

The MHH clinic had some excellent cases during our visit. We saw the use of both opening and closing supramalleolar osteotomies for the treatment of ankle deformities.

Professor Stukenborg-Colsman, Dr. Christian Plaass and the rest of the team ensured we were well looked after during our visit to Hannover. We ate in two fine Italian restaurants and visited the Hannover winter zoo.



The fellowship provided us with an excellent opportunity to learn and partake in debates with some of Europe's leading foot and ankle surgeons. It has left us inspired to develop further.

We are particularly grateful to all the units for giving up so much of their time, it was greatly appreciated. We would also like to thank the EFAS secretariat for their help in organising this stimulating fellowship.

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