

2019 WISCONSIN
ASSISTED LIVING ASSOCIATION
SPRING
CONFERENCE



WAYS TO BRING MEANING
AND PURPOSE TO THOSE
LIVING WITH DEMENTIA

Patty Morter

Thursday, March 14

1:30 P.M.

Ways to Bring Meaning and Purpose to Those Living with Dementia

WALA Spring Conference 2018
March 14, 2018 1:30PM
Patty Morter, AC-BC

Session Objectives:

- discuss a variety of ways to engage and connect with those living with dementia
- provide activity program ideas and individual interventions and techniques
- be able to help elders improve their well-being, maintain learned abilities, and stay socially connected.

Engage and Connect

How do we do this?

Get to Know the Person

Relationships

Discover needs, abilities and interests

Strengths

Respect Dignity

Meaningful Engagement

- Promote:
- Self-esteem and self-worth
- Pleasure
- Feel comfortable
- Educational
- Creative
- Successful

And promote independence

Ways to Connect

- Informal interviews
- Family & Friend visits
- Social events
- Reminiscence
- Observation

Meaningful, Person Centered Activity Programs

Wellness Elements:

- Physical
- Cognitive Intellectual
- Spiritual
- Emotional
- Creative Expression
- Professional Vocational
- Environmental

Types of Activities

- Stimulation Activities
- Physical Health
- Cognitive Health
- Emotional Health
- Self-Respect
- Male- Oriented Activities
- Task Segmentation

Types of Activities

- Seasonal/Special Events
- Indoor/Outdoor
- Community Based
- Cultural
- Religious
- Adaptations/Special Needs
- Activities for All Ages
- In Room Activities

“Most of the settings in which you work have individuals with significant cognitive impairments. You need to specialize and adapt activity programming to meet their highest potential of function both physically and cognitively.”

Long Term Care for Activity Professionals, Social Services Professionals and Recreational Therapist, Seventh Edition

Surroundings

- *Adapting to meet needs*
- *Space*
- *Lighting*
- *Visuals*
- *Props*
- *Decorations*

Use of Technology

- Skype
- Echo – ask Alexa
- Apple – ask Siri
- ipads
- Wii
- IN2L
- Eversound
- Virtual Reality

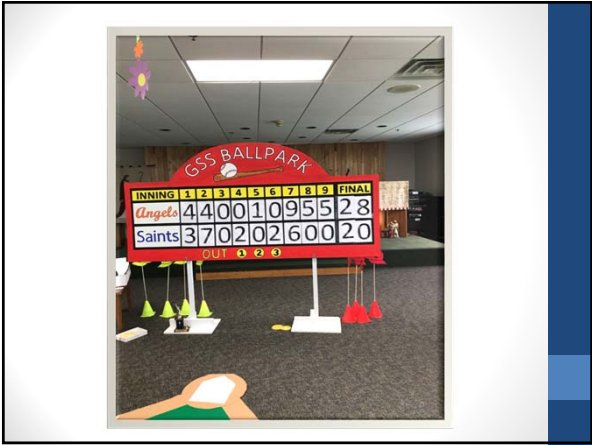
Quality of Life

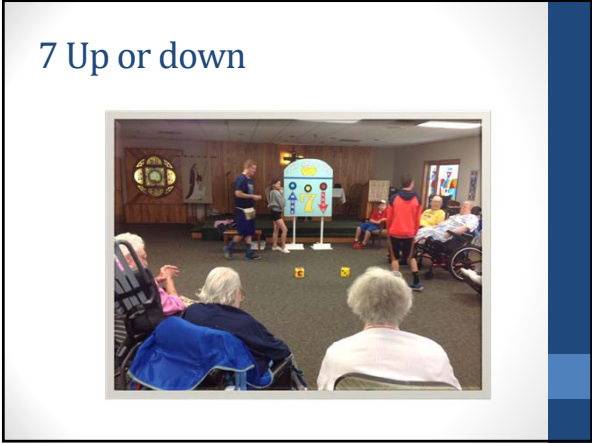
- Dignity & Respect
- Focus on the wellness philosophy
- Person-Centered
- Prevention through Education and Lifestyle
- Community Culture
- Cultural Diversity

*It's about
how you
make
them feel!*

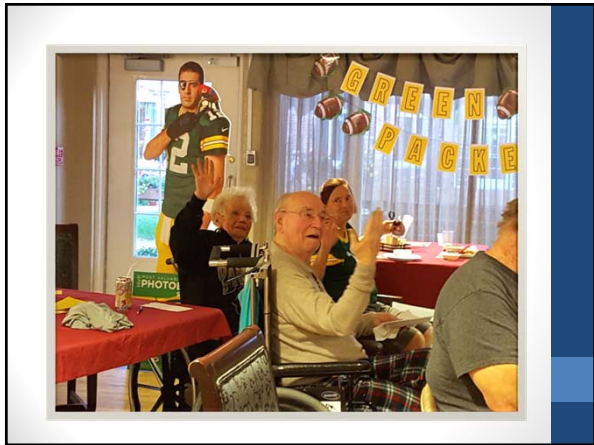






















Go to the Fair



Fair Senior Exhibit Awards Ceremony





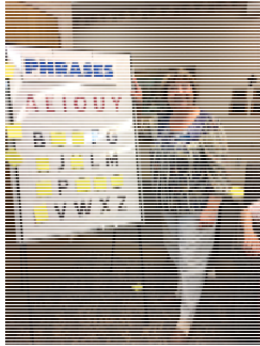
Intergenerational Art Show



Wheel of fortune



Vanna? Nope - Patty







Get Involved, stay connected!

- Network with others
- Join a regional activity association
- Wisconsin Representatives of Activity Professionals
- Contact WRAP

www.wrap-wi.org

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