

FELDENKRAIS GUILD® of North America

E2.3.1.2 CONTINUING COMPETENCE

Ends

It is the vision of the *Feldenkrais Guild* of North America (“FGNA”) that all certified practitioners be highly competent in their practice of the *Feldenkrais Method*® of somatic education.

1. Continuing Professional Practice Requirements

- 1.1. Each practitioner certified by FGNA is required, at least annually, to certify that she/he engaged in at least 100 hours (prorated for periods less than one year) of professional practice of the *Feldenkrais Method*.
- 1.2. No professional practice hours are required for:
 - 1.2.1. Initial certification;
 - 1.2.2. Provisional certification; or
 - 1.2.3. Practitioners with twenty cumulative years of certification

2. Continuing Competence Plan

Reflective Practice is “the capacity to reflect on action so as to engage in a process of continuous learning,” which, according to the originator of the term, is “one of the defining characteristics of professional practice”.

2.1. Using a reflective practice approach, each practitioner certified by the *Feldenkrais Guild* is required, at least annually, to:

- 2.1.1. Reflect on the plan of the previous year and certify that she/he has completed it (where applicable)
 - 2.1.2. Complete a self-assessment based on the FGNA *Feldenkrais* Practitioner Profile or the International *Feldenkrais*® Federation (IFF) Competency Profile
 - 2.1.3. Identify learning needs
 - 2.1.4. Write a plan which includes at least twenty hours of learning
 - 2.1.5. Certify that she/he intends to implement the current plan
- 2.2. Practitioners shall retain copies of their plans for three years. FGNA reserves the right to review a practitioner’s plans.

3. Exemptions

Practitioners with twenty cumulative years or more of practice are exempt from Continuing Competence Plan requirements.

4. Limitations

- 4.1. For the purposes of this policy, where “Guild” is mentioned in the IFF Competency Profile, it is intended to refer to FGNA.
- 4.2. The Executive Director has the authority to grant waivers.
- 4.3. Effective for practitioners certifying for January 1, 2013 and later.

ⁱ Schön, D. (1983) *The Reflective Practitioner, How Professionals Think In Action*, Basic Books.

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