

NY Region: John Quinn Memorial Library

as of Nov 2019

Materials	Author	Format	Notes	Table of Contents
Moshe Feldenkrais				
Amherst training 2 sets - people can borrow 2 dvds for 6 weeks at a time.	Moshe Feldenkrais	DVD		
Alexander Yanai vol. 1 - 11	Moshe Feldenkrais	Print	Lesson Index link to right	https://feldenkrais-method.org/materials/item/alexander-yanai-lessons/
Feldenkrais and Pribam 1975	Moshe Feldenkrais	CD		
Feldenkrais in Vancouver 1973	Moshe Feldenkrais	CD	4 WS, 45 hrs of teaching	https://feldenkrais-method.org/materials/item/vancouver/
Feldenkrais in Rotterdam 1976	Moshe Feldenkrais	MP3 on CD	13 hrs unedited source material	https://feldenkrais-method.org/materials/item/rotterdam/
San Francisco Training Transcripts - Year 1, Weeks 1 & 2	Moshe Feldenkrais	1-DVD	Audio and PDF Transcript	https://feldenkrais-method.org/materials/item/san-francisco-training-1975/#toggle-id-1
San Francisco Training Transcripts - Year 1, Weeks 3 & 4	Moshe Feldenkrais	1-DVD	Audio and PDF Transcript	https://feldenkrais-method.org/materials/item/san-francisco-training-1975/#toggle-id-1
Moshe Feldenkrais - Functional Integration Series: Volume #1	Moshe Feldenkrais	2 DVD	Also Available streaming on IFF Site	https://feldenkrais-method.org/archive/collection/amherst-evening-lessons/
Functional Integration Series: Volume #2	Moshe Feldenkrais	2 DVD	Also Available streaming on IFF Site	
Advanced Training Materials				
Finding the Skeletal Path	David Zemach-Bersin	4-CD set		
Advanced ATM II - Weightless Movement	David Zemach-Bersin	6-CD set		

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1988 Advanced Training Workshop	Mark Reese & David Zemach Bersin	4-CD set		
Table Manners: Improving the Use of Self in Fuctional Integration	Yvan Joly	7-DVD set		
The Eyes Have It	Carl Ginsburg	5-DVD set		
Santa Cruz 2004-2005	Larry Goldfarb	5-Segment CD set		
Ideas In Action - New York 2006-2007	Larry Goldfarb	5-Segment CD		
Neurological Diplomacy	Ruthy Alon	4-DVD Set		
Seeing and Sensing the Skeleton	Olena Nitefor	5-CD Set		
Rocky Mountain 1 Feldenkrais Training Program	Dennis Leri, Efrem Razumny, Diana Razumny	10-DVD Set, 2 MP3 CDs		
Two Functional Integration Lessons	Mia Segal	1-DVD		
Mia Segal's Feldenkrais Training & Applications - Series 1, Volume 4	Mia Segal	1-DVD		
Mia Segal's Feldenkrais Training & Applications - Series 1, Lesson 3 - Alleviating Whiplash	Mia Segal	1-DVD		
Mia Segal's Feldenkrais Training & Applications - Series 1, Lesson 4 - Working with a Child	Mia Segal	1-DVD		
Rocky Mountain 1 Feldenkrais Training Program	Dennis Leri, Efrem Razumny, Diana Razumny	10-DVD Set, 2 MP3 CDs		

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General Public Materials				
Freeing the Jaw, Neck & Shoulders #1-3	Andrew Gibbons	3 CDs		
Seeing Clearly	David Webber	7-CD set		
Education for the Mouth & Jaw	Mark Reese & David Zemach Bersin	5-CD set		
Ring Muscles	Haya Garbourg	1 DVD		
Pelvic Health & Awareness	Deborah Bowes	3-CD set		
Embodied Learning: Focus of the Knees and Ankles (Volume 1)	Elizabeth Beringer	4-CD set		
Lessons to Go! - The Primary Image	Deborah Bowes	2-CD set		
Embodied Learning: Focus of the Hips and Low Back	Elizabeth Beringer	4-CD set		
The Craft of Piano Playing	Alan Fraser	1-DVD		
Pelvic Power	Barbara Bell + Judy Pippen	2-CD Set		
What is the Feldenkrais Method?	FEFNA	1-DVD		
FGNA Conference Materials				
2013 Conference	FGNA	MP3 on CD		
2006 Feldenkrais Method Annual Conference & 2005 Feldenkrais Method Annual Conference	FGNA	3-DVD set		
2010 Feldenkrais Method Annual Conference	FGNA	7-CD set		
2011 Feldenkrais Method Annual Conference	FGNA	5-CD set		