



helping vulnerable children know their value.

BECOMING
“TRAUMA-
INFORMED”
IS GOOD



Pros of Trauma-Informed Care



- Common language and tools
- Shift from willful defiance to expression of needs
- Reasonable expectations for the behavior of our children
- Addresses roots of behavior
- Reduces unintentional re-traumatization
- Sees children as whole people instead of seeing them as their behavior



Body sensory & physiological issues

Brain overactive fight/flight/freeze/fawn response

Biology changes in DNA passed down through generations

Beliefs low self-esteem and low self-worth

Behavior relational and regulation struggles

Pillars of Trauma-Informed Care



Felt Safety



Relationship



Regulation

BECOMING “HEALING-
CENTERED” IS THE
NEXT NECESSARY
STEP



Healing-Centered Care



- Accounts for the healing/well-being of the caregiver
- Focuses on the identity and positive potentiality of the child rather than their deficits
- Focuses on the larger systems, organizations, and circumstances where trauma is created and experienced

FOUR PIVOTS TO BECOMING HEALING-CENTERED

FROM THE
LENS TO THE
MIRROR

Must examine ourselves
and not just social
problems

FROM
TRANSACTIONAL TO
TRANSFORMATIVE

Deep connections through
vulnerability, empathy, listening

FROM FIXING
PROBLEMS TO
CREATING
POSSIBILITIES

Move from scarcity mindset

FROM HUSTLE
TO FLOW

Creating space for rest and
time for what truly matters

(GINWRIGHT, 2022)

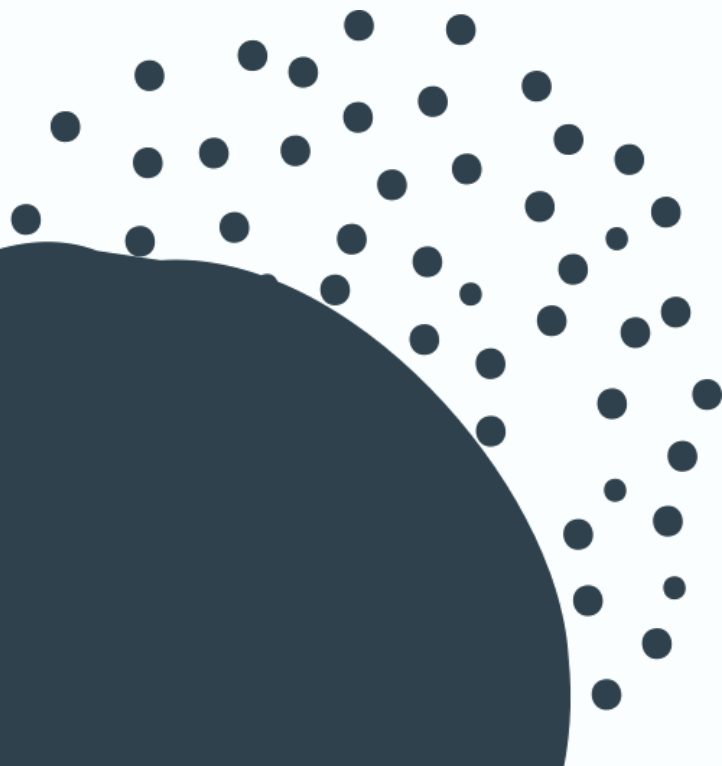
HEALING-CENTERED LEADERSHIP
ACKNOWLEDGES HOW WE ALL HAVE BEEN
HARMED, AND FOCUSES ON RESTORING
RELATIONSHIPS ACROSS
DIFFERENCES. THIS MEANS THAT HEALING-
CENTERED LEADERS PRACTICE EMPATHY
OVER BLAME, COMPASSION OVER
COMPLACENCY, AND CURIOSITY OVER
CRITICISM. THE ONLY PATH TO
REIMAGINING THE FUTURE IS THROUGH
HEALING OUR COLLECTIVE TRAUMA AND
RESTORING A SENSE OF POSSIBILITY IN
OUR WORK.

SHAWN A. GINWRIGHT

"Caregivers can not leave children to a place of healing that they have not been themselves." - Dr. Karyn Purvis

Caring for the wounds of a child inevitably leads us to a realization of our own lack of security in our attachments

80% of people in helping professions have a dismissive attachment style



WELL-BEING/HEALING OF THE CAREGIVER

4 Traits of Healthy Relationships

(Cassidy, 2001)

Give Care

Self
Organization
System

Receive Care

Self
Organization
System

Negotiate Needs

Self
Organization
System

Autonomous Self

Self
Organization
System



thepearlproject.org



References

Cassidy, Jude (2001). Truth, lies and intimacy: An attachment perspective. *Attachment and Human Development*, 3(2), 121-136.

Ginwright, S. A. (2022) *The Four Pivots: Reimagining Justice, Reimagining Ourselves*. North Atlantic Books