

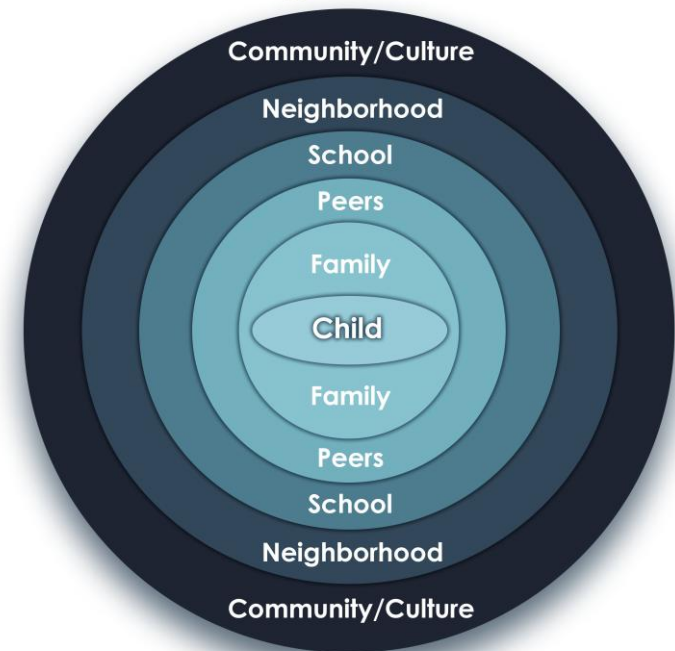
What is Multisystemic Therapy: Overview

MST is an evidence-based program that empowers at-risk youth and their families to function responsibly over the long term.

MST reduces delinquent and antisocial behavior, child maltreatment, and substance use by addressing the core causes of behavior, and views the client as a network of systems including:

- family
- peers
- school
- community

Ecological Model



Bronfenbrenner (1979)

MST's Global Reach and Body of Evidence

GLOBAL REACH



15
COUNTRIES



34
STATES



2,500+
CLINICIANS



200,000+
YOUTH

MST FEATURES THE LARGEST BODY OF EVIDENCE, BY FAR, OF SUCCESSFUL INTERVENTIONS FOR HIGH RISK YOUTH



74
STUDIES



\$75m+
RESEARCH
FUNDING



140+
PEER-REVIEWED
JOURNAL ARTICLES



57,000+
FAMILIES INCLUDED
ACROSS ALL STUDIES

MST Ultimate Outcomes – 2024 MSTI Data Report

AT HOME	92.3%	Between 1/1/2023 and 12/31/2023, there were 16,730 young people referred for Multisystemic Therapy or one of its treatment types. Outcome data was available on 14,393 cases * young people who had an opportunity for a full course of treatment (e.g. cases were clinically closed) and were discharged by August 17, 2024
IN SCHOOL/ WORKING	86.1%	
NO ARRESTS	90.7%	

[Click to view table of contents](#)

Targeted Population

- Youth between 12-17* years of age at risk of severe system consequence due to serious externalizing, anti-social, and/or delinquent behaviors
- * exceptions for youth ages 10, 11, or 18 can be requested

Example Behaviors	Examples of System Consequences
<ul style="list-style-type: none">- Theft and other criminal behaviors- Aggressive/violent/assaultive behavior- Substance abuse- Selling substances- Chronic school absences and/or problem behaviors at school- Sexual offenses in conjunction with other anti-social behavior	<ul style="list-style-type: none">- Out-of-home placement (e.g. via juvenile justice, mental health, youth care, or social care)- Violation of probation- School expulsion- Child Welfare involvement

Exclusionary Criteria

- Youth living independently
- Sex offending in the absence of other anti social behavior
- Youth with moderate to severe autism (difficulties with social communication, social interaction, and repetitive behaviors)
- Actively homicidal, suicidal or psychotic
- Youth whose psychiatric problems are primary reason leading to referral, or have severe and serious psychiatric problems

Time Commitment

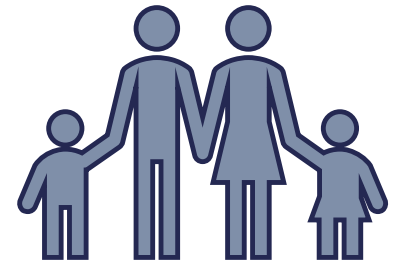
- Therapists have small caseloads and provide services in the home at times convenient to the family. The average length of treatment is between 3 and 5 months.
- Therapists are fulltime and are assigned solely to work on MST cases.

Location Commitment

- MST Therapists work in the home, school and community and are on call 24/7 to provide caregivers with the tools they need to transform the lives of troubled youth. *on call is rotated among team members

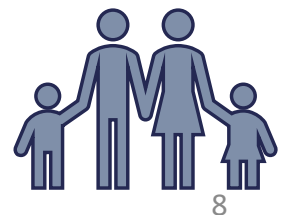
Key Service Considerations

- High intensity service with low caseloads
- MST treats entire ecology with therapists working in the home, school and community
- Significant therapist drive times
- Substantial collateral contacts in person and by phone with extended family, school & neighborhood stakeholders, etc.
- Extensive Quality Assurance work



Key Considerations for Medicaid Reimbursement of MST through Medicaid

- CMS-approved HCPCS code for MST is H2033
 - Approved as an ILOS in Florida by AHCA
- Activities allowed for billing by CMS and recommended by MST Services:
- Clinical MST therapy service delivered directly to referred youth and/or caregiver (or other family member if listed as part of the specific therapy plan for the referred youth).
- Collateral contacts with significant others that affect the youth
- Phone contacts and collateral contacts



Proven Results

for Families and Communities



ATLANTA

3490 Piedmont Rd NE
Suite 304
Atlanta, GA 30305

Melanie Duncan

Program Development Coordinator
melanie.duncan@mstservices.com

Tom Pietkiewicz

Director of Business Development
tom.pietkiewicz@mstservices.com

