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WINNERS NAMED IN PSYCHOLOGICALLY HEALTHY WORKPLACE AWARD

Program Recognizes Employers for Creating Workplaces That Foster Employee Health and Well-being While Enhancing Organizational Performance

Atlanta, Georgia, November 9, 2012 – Ed Baker, Publisher at the Atlanta Business Chronicle, and the Georgia Psychological Association (GPA) came together to honor select workplaces with the Psychologically Healthy Workplace Award including Tribe, Inc., Southeast Regional Research Group, and PBD Worldwide. The award program was created to recognize organizations that understand the link between employee health and well-being and organizational performance and have implemented a variety of workplace practices in an active effort to create a positive work environment.

“In this time of high job stress and increasing demands on employees, these exemplary workplaces have made it a priority to create environments that are sensitive to the health and well-being of their workers,” says Joni Prince, Ph.D., Chair of the GPA Psychology in the Workplace Network. “By recognizing these organizations for their efforts, we hope others will take notice and implement similar programs in their workplaces.”

Each applicant was judged on criteria including: employee involvement, health and safety, employee growth and development, work-life balance and employee recognition.

According to a 2012 released national survey by the American Psychological Association, many Americans report chronic work stress, with two out of five (41 percent) employees reporting that they typically feel tense or stressed out during the workday. Meanwhile, employees who feel valued are more likely to report better physical and mental health, as well as higher levels of engagement, satisfaction and motivation, compared to those who do not feel valued by their employers.

The awards were presented on Tuesday, November 6 at the Atlanta Business Chronicle.

For more information about the Psychologically Healthy Workplace Award, which is supported by the American Psychological Association, please contact the Georgia Psychological Association at (404) 634-6272 or visit www.gapsychology.org for more information.

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