

For Immediate Release
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WINNERS NAMED IN PSYCHOLOGICALLY HEALTHY WORKPLACE AWARD

**Program Recognizes Employers for Creating Workplaces That Foster Employee
Health and Well-being While Enhancing Organizational Performance**

(Atlanta, GA) – Four organizations received the Psychologically Healthy Workplace Award from the Georgia Psychological Association. The award program recognizes organizations that understand the link between employee health and well-being and organizational performance and have implemented a variety of workplace practices in an active effort to create a positive work environment.

Award recipients include:

- American Global Logistics (Atlanta)
- Arista Consulting Group
- Bennett International Group, LLC
- InfoMart, Inc.

“In this time of high job stress and increasing demands on employees, these exemplary workplaces have made it a priority to create environments that are sensitive to the health and well-being of their workers,” says Dr. Joni Prince, the association’s Psychology in the Workplace Network Chair. “By recognizing these organizations for their efforts, we hope others will take notice and implement similar programs in their workplaces.”

Each applicant was judged on criteria including: employee involvement, health and safety, employee growth and development, work-life balance and employee recognition.

According to a 2012 released national survey by the American Psychological Association, many Americans report chronic work stress, with two out of five (41 percent) employees reporting that they typically feel tense or stressed out during the workday. Meanwhile, employees who feel valued are more likely to report better physical and mental health, as well as higher levels of engagement, satisfaction and motivation, compared to those who do not feel valued by their employers.

The awards were presented on Wednesday, August 31, 2016 at the Piedmont Room at Park Tavern in Atlanta, Georgia.

For more information about the Psychologically Healthy Workplace Award, which is supported by the American Psychological Association, please contact Amy Han Dietrich at the Georgia Psychological Association at (404) 634-6272 or amydietrich@gapsychology.org.

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