# St. Louis Hospital Industry Overview

Hospital Quality and Finance



2025

#### **Table of Contents**

Key Takeaways	2
Letter to the Community	3
Introduction	4
How Do Overall Safety and Quality Vary Across St. Louis Hospitals?	5
CMS Overall Star Ratings, 2024	<b>5</b>
Methicillin-resistant <i>Staphylococcus aureus</i> (MRSA) Blood Infections	7 7 8 8
Unplanned Hospital Return Days for Pneumonia Patients	9 9 10
Appropriate Care for Sepsis	10 10 11 11 12
Quality and Patient Safety Summary	12
Hospital Utilization and Finance	13
Definitions and Methodology	13
Health Care Spending Continues to Grow, Regionally and Nationally	14
2023 St. Louis Hospital Utilization	15
2023 St. Louis Hospital Revenue and Profits	16
Profit Margins Varied Across Systems	<b>17</b>
2023 St. Louis Health Systems' Revenue and Profits	17
Commercial Price at STL Hospitals, as a Percentage of Medicare Reimbursement	18 18
	19 19
	20 20
•	21 21
Financial Performance Summary	22
Conclusion	22
About the BHC and this Report	23

#### **Key Takeaways**

#### **Quality & Patient Safety**

- 1. Overall quality and safety of St. Louis hospitals declined from 2023 to 2024, with fewer hospitals achieving 4- and 5-star CMS ratings and "A" and "B" Leapfrog Safety Grades. (Page 5 and 6)
- 2. Three St. Louis hospitals received an "A" Leapfrog Safety Grade in Spring 2025:
  - Mercy Hospital Jefferson 2 consecutive "A" Safety Grades
  - Mercy Hospital Washington 4 consecutive "A" Safety Grades
  - OSF St. Anthony's Health Center 3 consecutive "A" Safety Grades
- 3. Two hospitals, both part of BJC HealthCare, achieved 5-Star Overall Star Ratings in 2024. (Page 6)
  - Missouri Baptist Medical Center 4 consecutive 5-star ratings
  - Barnes-Jewish St. Peters Hospital
- 4. Though overall quality saw a decline in 2024, St. Louis hospitals **improved for the three healthcare-associated infection (HAI) measures** that BHC examined: **CAUTI, C. diff, and MRSA.** Nineteen hospitals (68%) in St. Louis performed better than the national benchmark for C. diff infections, and 9 hospitals (43%) performed better for CAUTIs. (Page 7 and 8)
- 5. Two CMS measures, unplanned return days for pneumonia and unplanned return days for heart failure, show 8 St. Louis hospitals performing worse than average. Four hospitals performed worse for both of these measures: Barnes-Jewish Hospital, SSM St. Joseph SC, SSM St. Louis University Hospital, and SSM Health St. Mary's Hospital. (Page 11)

#### **Finance**

- 1. St. Louis hospital discharges increased 7.1% and adjusted discharges increased 11.4% from 2022 to 2023. SSM had the highest growth in both of these categories and passed Mercy for second-highest market share of adjusted discharges. BJC still leads for both. (Page 15)
- 2. St. Louis hospitals' **net patient revenue increased 9.9%**, while **operating expenses increased by 6.1%** from 2022 to 2023. This shifted 2022's patient service loss of \$73 million to a patient service income of **\$289 million in 2023**, a patient service profit margin of 2.1%. **Net income across all hospitals**, which includes non-operating revenue and expenses, totaled nearly **\$865 million in 2023**, over 3.5 times higher than \$232 million in 2022, for a total profit margin of 6.2%. (Page 16)
- 3. Of the 14 hospitals with commercial prices greater than 200% of Medicare, 9 had a markup of over 75 percentage points from their breakeven. Nine had breakevens over 150%. This indicates **high prices** among some St. Louis hospitals from both high profits and high breakevens. (Page 20)

#### Conclusion

- 1. No hospitals remained below 200% of Medicare and received 5 stars from CMS. Of the two **CMS 5-Star hospitals, Missouri Baptist had the lowest commercial price** (220% of Medicare), 20 percentage points above the "fair price" range. (Page 6, 21)
- 2. **Eleven St. Louis hospitals** (listed below from lowest to highest price) **charge a "fair price"** to commercial payers (<200% of Medicare). None of these are CMS 5-Star hospitals, but 2 have 4 stars (**Mercy Washington** and **Anderson**). (Page 18, 20, and 21)
  - 1. Mercy Hospital Washington
  - 2. SSM Health St. Joseph SC
  - 3. Mercy Hospital South
  - 4. SSM Health St. Louis University Hospital
  - 5. St. Luke's Des Peres Hospital
  - 6. SSM Health St. Joseph Hospital LSL

- 7. SSM Health DePaul Hospital
- 8. Mercy Hospital Jefferson
- 9. Gateway Regional Medical Center
- 10. Anderson Hospital
- 11. Mercy Hospital Lincoln

#### **Dear St. Louis Community,**

Gateway Business Health Coalition is pleased to present this report on the quality, safety, and financial performance of St. Louis hospitals, offering a clear, data-driven view of how our local health care system is performing and what it means for you.

Health care is not just another service. For many employers, it is one of the largest and most critical investments made on behalf of their workforce. Yet all too often, the true value and performance behind that investment are obscured by complexity, technical language, or a lack of accessible public data. Our goal is to change that. This report is designed with one simple aim: to increase transparency. By bringing together the most recent and reliable public data on hospital quality ratings, patient safety, pricing, and financial health, we aim to equip purchasers, benefits managers, brokers, and community leaders with the insights they need to make informed, strategic decisions.

Some of the key insights you will find in this report include:

- How local hospitals stack up on national quality and safety benchmarks
- Where pricing and performance align and where they don't
- Financial trends that affect market leverage, negotiating power, and long-term cost sustainability

We believe purchasers of health care have a right to know exactly what they are paying for when it comes to health care. This report is not only an industry scorecard — it's a tool for advocacy. It's designed to help you ask better questions, demand better value, and make choices that promote safer care and smarter spending for your employees and your community.

Though some St. Louis hospitals performed well, we are disappointed with the decline in overall quality performance, with fewer hospitals achieving 4- and 5-star CMS ratings and "A" and "B" Leapfrog Safety Grades. No hospitals in St. Louis achieved both 5 stars from CMS and remained at a "fair" price for commercial payers. The two 5-star hospitals both charged commercial payers over double Medicare rates. Commercially insured patients in the St. Louis community shouldn't have to choose between safety and affordability when selecting where to receive care.

It is important to note that the St. Louis market is not facing the extreme health care affordability crisis that many other metropolitan areas around the country are battling and hospital costs and prices are not as high. However, with the average Missouri family premium growing 51% between 2014 and 2023 – almost twice as much as the 27% growth in Missouri workers' wages – this is still a key issue within our community that needs to be addressed. Hospital spending makes up the largest portion of health care spending – around 30%. Although, there are other areas of health care spending that are rapidly growing and becoming significant drivers of year-over-year spending increases, such as pharmaceutical costs (specifically, GLP-1s and new gene and cell therapies).

Lastly, Gateway BHC recognizes that hospitals are currently facing considerable challenges with rapidly increasing operating costs, new technology and treatments, challenging payer negotiations, and the same economic uncertainty that all employers are currently facing. We thank our local hospitals for engaging with this report and for the critical services they provide to our community, which span beyond providing patient care to community benefit activities like charity care, health equity initiatives, and safety net services.

Thank you for taking the time to engage with this important material. Together, through transparency and accountability, we can work toward a health care system that delivers better outcomes at a fair price.

Sincerely,

Laurel Pickering President & CEO

Laurel Pickering

Gateway Business Health Coalition

#### Introduction

Since its inception over 40 years ago, Gateway Business Health Coalition's (BHC), formerly the St. Louis Area Business Health Coalition, employer members have tracked the rapid escalation of health care spending without a commensurate return on patient outcomes with growing concern. BHC serves as an advocate for affordable, safe, and high-quality health care in the St. Louis region and nationally. It has produced this longstanding *St. Louis Hospital Industry Overview* report since the 1980s.

#### Hospital quality: Purchasers can drive improvement

Quality and safety can vary greatly from hospital to hospital, even among those with similar patients. Studies estimate that over 400,000 hospitalized patients experience preventable medical harm each year in the United States and that the cost of medical errors amounts to anywhere from \$20 billion to over \$45 billion annually<sup>1</sup>, with patients and health care purchasers footing the bill. Poor patient outcomes, such as missed diagnoses, infections acquired from hospitals, readmission, and medical errors, take a large toll on the workforce through illness burden and increased health care costs for employees and employers alike.

In addition to having a vested interest in keeping health care costs low and employees healthy, employers can drive high-quality care, because they purchase health care benefits for just over half (53.7%) of all Americans.<sup>2</sup> Levers they can pull include implementing tiered or narrow networks to direct more patients to high-quality hospitals or driving value-based payment models that reward positive outcomes for their employee population through their plan administrator or by contracting directly with providers. Employers play a key role in pushing the health system towards higher quality care.

#### We can't afford to spend more on health care

Beyond striving for the highest quality care for the St. Louis community, BHC also focuses on the affordability and financial performance of local hospitals. Health care spending in the U.S. is projected to reach about 20% of gross domestic product (GDP) by 2032,<sup>3</sup> and hospital spending consistently makes up the largest portion – around 30% – of that spending.<sup>4</sup> A primary driver of increased hospital spending is growth in hospital prices, which have increased faster than any other sector of the economy since 2000.

Not only are higher prices often not correlated with an increase in quality, but rising health care prices have significant repercussions, because consumers and employers bear the burden of the increased cost of health care. This cost is primarily borne by employers and other health care purchasers but is ultimately shouldered by American workers and families through increased premiums, slowed growth in wages, and rises in unemployment. A recent study estimates that for every 1% increase in a county's health care prices, income decreases by 0.27%, federal income tax receipts decrease by 0.4%, flow into unemployment increases 1%, and there is one additional death from suicide or overdose per 100,000.<sup>5</sup>

BHC's goal is for St. Louis area hospitals to be high-quality, efficient, and affordable for all patients. By reporting on quality and financial performance, we hope to drive excellence in these areas for the benefit of our community by recognizing improvement and equipping health care purchasers with information necessary for a healthy, competitive market. Hospitals in the St. Louis area play a vital role in supporting the health and well-being of our community, providing essential medical services and striving to meet the needs of patients across the region. BHC recognizes the unique challenges that hospitals face and appreciates their partnership in improving care delivery and affordability for patients in greater St. Louis.

<sup>&</sup>lt;sup>1</sup> Rodziewicz TL, Houseman B, Vaqar S, et al. Medical Error Reduction and Prevention. Updated February 12, 2024. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; January 2025-. Accessed May 13, 2025. <a href="https://www.ncbi.nlm.nih.gov/books/NBK499956/">https://www.ncbi.nlm.nih.gov/books/NBK499956/</a>

<sup>&</sup>lt;sup>2</sup> Keisler-Starkey K, Bunch LN. Health Insurance Coverage in the United States: 2023. U.S. Census Bureau; September 2024. Accessed May 13, 2025. <a href="https://www.census.gov/library/publications/2024/demo/p60-284.html">https://www.census.gov/library/publications/2024/demo/p60-284.html</a>

<sup>&</sup>lt;sup>3</sup> Centers for Medicare & Medicaid Services. National Health Expenditure Fact Sheet. December 18, 2024. Accessed May 13, 2025. https://www.cms.gov/data-research/statistics-trends-and-reports/national-health-expenditure-data/nhe-fact-sheet

<sup>&</sup>lt;sup>4</sup> Centers for Medicare & Medicaid Services. National Health Expenditures 2023 Highlights. 2024. Accessed May 13, 2025. https://www.cms.gov/files/document/highlights.pdf

<sup>&</sup>lt;sup>5</sup> Brot-Goldberg Z, Cooper Z, Craig SV, Klarnet L, Lurie I, Miller C. Who Pays for Rising Health Care Prices? Evidence from Hospital Mergers. Tobin Center for Economic Policy at Yale University; December 2024. Accessed May 13, 2025. <a href="https://tobin.yale.edu/sites/default/files/2024-12/Hospital\_Consolidation\_and\_Wages-122\_1.pdf">https://tobin.yale.edu/sites/default/files/2024-12/Hospital\_Consolidation\_and\_Wages-122\_1.pdf</a>

# Section One: Quality & Patient Safety How Do Patient Safety & Quality Vary Across Hospitals?

#### Leapfrog Hospital Safety Grades, Spring 2025

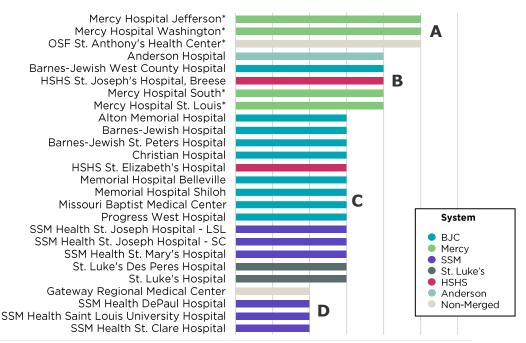
The **Leapfrog Hospital Safety Grade**, created by patient safety organization The Leapfrog Group, is a letter grade assigned to general acute-care hospitals to assess the level of safety for patients. This system uses 22 patient safety measures (see right) to calculate an A, B, C, D, or F letter grade to equip purchasers and health care consumers to make decisions based on patient safety.<sup>6</sup>

Leapfrog uses a combination of data from the Centers for Medicare and Medicaid Services (CMS) and an annual, voluntary Leapfrog Hospital Survey. The Leapfrog Survey measures additional safe hospital practices, such as hand hygiene and bar code medication administration. Gateway Business Health Coalition serves as the Leapfrog Regional Leader for the state of Missouri and sends invitations to hospitals requesting survey participation.

It is essential that more hospitals complete the Leapfrog survey to ensure transparency and provide critical information to purchasers and patients to aid in choosing safe care options. Information from this survey also provides a roadmap to hospitals for benchmarking and improving patient safety.

### BHC recognizes Mercy hospitals and OSF St. Anthony's Health Center for completing the Leapfrog Survey.

Three St. Louis hospitals (11.5%) received an "A" grade in spring 2025, indicating they are the highest performers in patient safety in the region. This is a decrease from 24% receiving an A in spring 2024. The majority of hospitals in St. Louis (54%) received "C" grades, which increased from 32% last year.



**Source:** The Leapfrog Group, May 2025

\*These hospitals report data directly to The Leapfrog Group via the annual Leapfrog Hospital Survey. Leapfrog Safety Grades are not assigned to critical access hospitals.

#### <sup>6</sup> About the Grade. Leapfrog Hospital Safety Grade. Accessed May, 2025.

### Leapfrog Safety Grade Measures

#### Process & Structural Measures (50%)

- Computerized Physician Order Entry
- Bar Code Medication Administration
- ICU Physician Staffing
- Culture of Leadership Structures and Systems
- Culture Measurement, Feedback, & Intervention
- Total Nursing Care Hours per Patient Day
- Hand Hygiene
- Nurse Communication
- Doctor Communication
- Staff Responsiveness
- Medication
   Communication
- Discharge Information

#### **Outcome Measures (50%)**

- Foreign Object Retained
- Air Embolism
- Falls and Trauma
- CLABSI
- CAUTI
- Surgical site infection: Colon
- MRSA
- · C. Diff.
- Death rate among surgical inpatients with serious treatable complications
- CMS Medicare PSI 90: Patient safety and adverse events composite
  - Pressure ulcer
  - latrogenic pneumothorax
  - In-hospital fall with hip fracture
  - Perioperative hemorrhage or hematoma
  - Postoperative acute kidney injury requiring dialysis
  - Postoperative respiratory failure
  - Perioperative pulmonary embolism or deep vein thrombosis
  - Postoperative sepsis
  - Postoperative wound dehiscence
  - Abdominopelvic accidental puncture or laceration

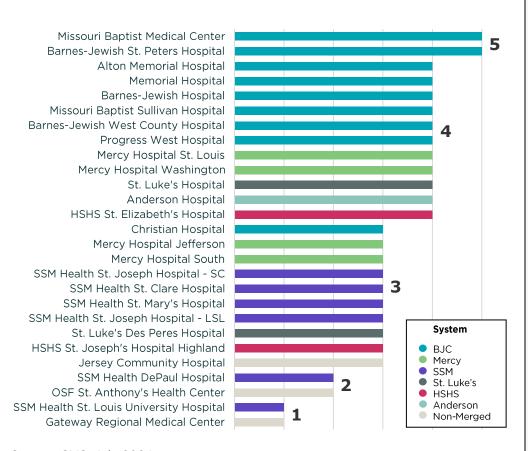
#### CMS Overall Star Ratings, 2024<sup>7</sup>

The Centers for Medicare & Medicaid Services (CMS) **Overall Hospital Quality Star Rating** provides an aggregate, consumer-friendly view of the quality of care provided by general acute care hospitals. Many of the measures focused on safety also contribute to a hospital's Leapfrog Safety Grade (page 5). The CMS star rating also includes measures focused on other aspects of quality, such as timely and effective care and readmission.

Hospitals report data directly to CMS for 47 measures (see right) in 5 measure groups: Mortality, Safety, Readmission, Patient Experience, and Timely & Effective Care. CMS then calculates a hospital's Overall Star Rating, which ranges from 1 star (lowest score) to 5 stars (highest score).

Two hospitals, both in BJC HealthCare, achieved 5-star Overall Star Ratings in 2024 (7%), half as many as in 2023. Missouri Baptist Medical Center has received a 5-star rating for 4 years in a row.

In St. Louis, 41% of hospitals received a 4-star rating. More hospitals had 2-and 3-star ratings in 2024 (44%) than in 2023 (32%). The same two hospitals were given a 1-star rating in 2024 and 2023.



Source: CMS, July 2024

### CMS Overall Star Rating Measures

#### Mortality (22%)

- Heart attacks
- Coronary artery bypass graft
- COPD
- Heart failure
- Pneumonia
- Stroke
- Serious treatable complications after surgery

#### Safety (22%)

- Infections:
  - CLABSI
  - CAUTI
  - MRSA
  - C. diff
- Surgical site infections from:
  - Colon surgery
  - Abdominal hysterectomy
- Hip/knee replacement complications
- Serious complications

#### Readmission (22%)

- Hospital return days for:
  - Heart attack
  - Heart failure
  - Pneumonia
- Rate of Readmission:
  - Coronary artery bypass graft
  - COPD
  - Hip/knee surgery
  - After discharge from hospital
- Rate of unplanned hospital visits:
  - After outpatient colonoscopy
  - After outpatient chemotherapy
  - After outpatient surgery
- Rate of ED visits for patients receiving outpatient chemotherapy

#### Patient Experience (22%)

- Nurse communication
- Doctor communication
- Staff responsiveness
- Medication communication
- Hospital cleanliness and quietness
- Discharge information
- Understood care when left hospital
- Overall rating/willingness to recommend hospital to friends/family

#### Timely & Effective Care (12%)

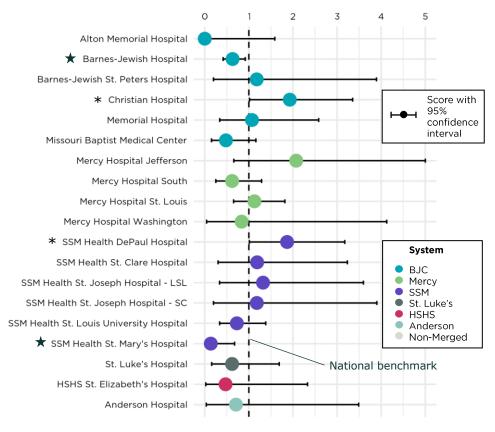
- Personnel influenza vaccination
- Personnel COVID-19 vaccination
- Patients who left ED before being seen
- Brain scan within 45 minutes for stroke in ED
- Appropriate colonoscopy followup
- Medically unnecessary elective early deliveries
- Appropriate care for sepsis
- · Aspirin on arrival
- Average time before hospital transfer for specialized care for chest pain
- Average time in ED before leaving
- Outpatient MRI for low-back pain
- Combination abdominal CT scans

<sup>&</sup>lt;sup>7</sup> Overall hospital quality star rating. Data.CMS.gov. Accessed August, 2024.

#### **Safety of Care Measures**

Safety of Care measures predominantly assess healthcare-associated infections (HAIs) and contribute 22% in the calculation of the CMS Overall Star Rating. The HAI measures show how often certain infections are contracted by patients during a hospital stay and compare infection rates to those at **similar hospitals – standardizing and comparing this score to a benchmark of 1.**8

A hospital is classified as performing significantly better or worse than the national benchmark if the entire 95% confidence interval is above or below the benchmark (see note below the figures). The 95% confidence interval represents the range within which there is a 95% certainty that the true rate lies. If the dot (which represents a hospital's score) is below the benchmark (less than 1), but the confidence interval spans above the benchmark (greater than 1), then the score is not considered to be statistically significantly better than the benchmark. Hospitals excluded from charts for individual measures did not have enough data to receive a score.



# Methicillin-resistant Staphylococcus aureus (MRSA) blood infections

Lower numbers are better

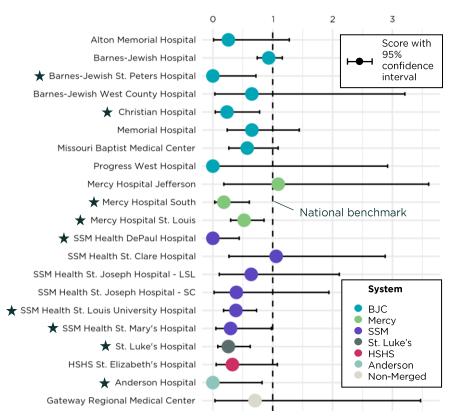
MRSA, bacteria resistant to certain antibiotics, may be contracted in hospital settings and can lead to an infection of the bloodstream. With appropriate precautions, hospital staff can help prevent MRSA spread among patients.

This measure assesses the number of MRSA-positive blood samples collected after patients entered the hospital. This is compared to a national benchmark set at 1.0. **Two hospitals performed better** than the national benchmark in 2024, and **two performed worse.** 

<sup>\*</sup> Denotes that a hospital's score was worse than the national benchmark.

<sup>★</sup> Denotes that a hospital's score was better than the national benchmark.

<sup>&</sup>lt;sup>8</sup> Complications & deaths. Data.CMS.gov. Accessed August, 2024.



# Catheter-associated urinary tract infections (CAUTI)

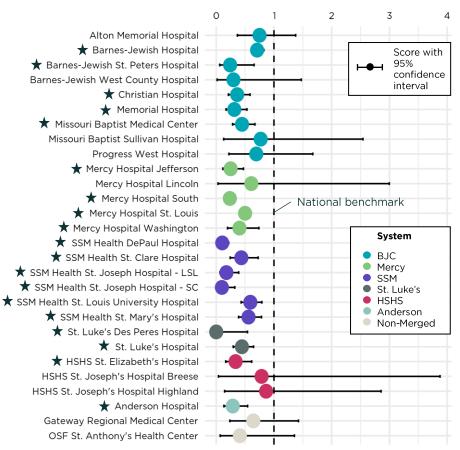
Lower numbers are better

Catheters, when left in place for too long, contaminated during insertion, or not kept clean, create an easy entry point for germs. This can lead to serious urinary tract infections which are avoidable when hospital staff practice appropriate preventive care.<sup>9</sup>

This measure compares the number of CAUTIs in hospital ICUs and select wards to a national benchmark set to 1.0. In 2024, **nine hospitals (43%) performed better** than the national benchmark, and no hospitals performed worse.

Source: CMS, July 2024

★ Denotes that a hospital's score was better than the national benchmark.



★ Denotes that a hospital's score was better than the national benchmark.

# Clostridium difficile (C. diff) intestinal infections

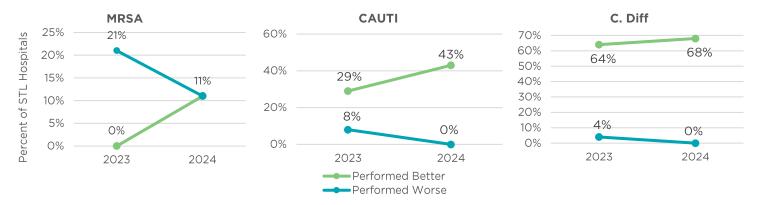
Lower numbers are better

C. diff, bacteria that cause colon inflammation, can lead to severe gastrointestinal symptoms and fever. By taking appropriate precautions, hospital staff can prevent C. diff infections.

This measure compares the number of *C. diff*-positive stool samples after patients are admitted to the hospital to a national benchmark set at 1.0. In 2024, **19 St. Louis hospitals (68%) performed better** than the national benchmark, and no hospitals performed worse.

<sup>&</sup>lt;sup>9</sup> Complications & deaths. Data.CMS.gov. Accessed August, 2024.

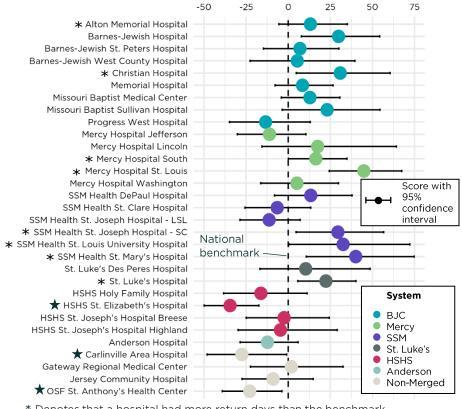
# Percent of STL Hospitals that Performed Better or Worse than National Benchmarks for Three Infection Measures



Overall, St. Louis hospitals **improved in 2024 for all three HAI measures** that BHC examined. More hospitals performed better than national benchmarks, and fewer hospitals performed worse.

#### **Readmission Measures**

CMS readmission measures reflect the rates of unplanned returns and readmissions to the hospital after outpatient and inpatient procedures and compare these rates to those at **similar hospitals – the national** benchmark is set to 0 for these comparisons.<sup>10</sup> A hospital is classified as performing significantly better or worse than the national benchmark if the entire 95% confidence interval is above or below the benchmark (see notes below the figures). The 95% confidence interval represents the range within which there is a 95% certainty that the true rate lies. If the dot (which represents the score) is below the benchmark (less than 0), but the confidence interval spans above the benchmark (greater than 0), then the score is not considered to be statistically significantly better.



- \* Denotes that a hospital had more return days than the benchmark.
- ★ Denotes that a hospital had less return days than the national benchmark.

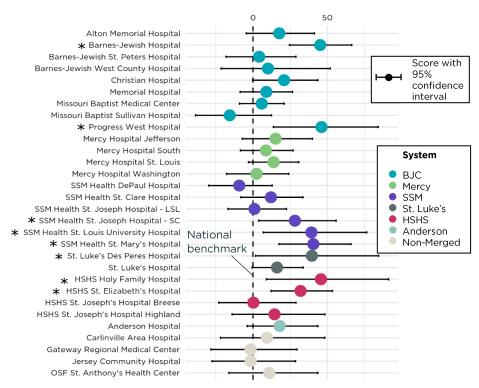
# Unplanned Hospital Return Days for Pneumonia Patients

Lower numbers are better.

Hospital return days for pneumonia assesses the total number of days in an inpatient hospital unit, under observation, or in an emergency department for any unplanned care within the first 30 days after a pneumonia patient leaves the hospital.

The average amount of return days per 100 discharges is set to 0. **Three** hospitals (10%) had fewer return days than average for pneumonia. **Eight** hospitals (26%) had more return days than average. This is a slight improvement from last year (7% of hospitals with fewer and 29% with more in 2023).

<sup>&</sup>lt;sup>10</sup> Unplanned Hospital Visits. Data.CMS.gov. Accessed August, 2024.



# Unplanned Hospital Return Days for Heart Failure

Lower numbers are better.

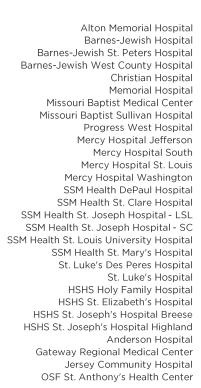
Hospital return days for heart failure assesses the total number of days in an inpatient hospital unit, under observation, or in an emergency department for any unplanned care within the first 30 days after a heart failure patient leaves the hospital.

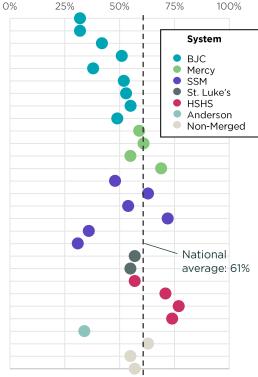
The average amount of return days per 100 discharges is set to 0. **Eight St. Louis hospitals** (27%) had **more return days than average** for heart failure patients. No hospitals performed better than the national benchmark.

Source: CMS, July 2024

#### **Timely and Effective Care Measures**

Timely and Effective Care measures address outpatient medical imaging use by hospitals and how quickly or often hospitals respond to patients with certain conditions to result in the best outcomes. Confidence intervals are not available for these measures, and hospitals are not categorized as significantly better or worse than the national average.





# Percentage of Patients Who Received Appropriate Care for Severe Sepsis and Septic Shock

Higher percentages are better.

Each year in the United States, over 250,000 people die from sepsis, a serious complication following infection. <sup>12</sup> The risk of death can be lowered with early identification and appropriate care of sepsis.

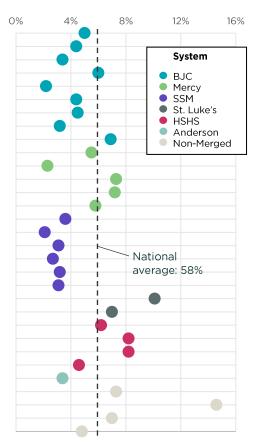
This measure assesses the percentage of patients who received appropriate care at the hospital for severe sepsis and septic shock. The **national** average for this measure is 61%. Rates for appropriate care for sepsis at **St.** Louis area hospitals range 31% - 77%.

<sup>\*</sup> Denotes that a hospital had more return days than the national benchmark.

<sup>&</sup>lt;sup>11</sup> Timely & Effective Care. Data.CMS.gov. Accessed August, 2024.

<sup>&</sup>lt;sup>12</sup> Timely & Effective Care. Data.CMS.gov. Accessed August, 2024.

Alton Memorial Hospital Barnes-Jewish Hospital Barnes-Jewish St. Peters Hospital Barnes-Jewish West County Hospital Christian Hospital Memorial Hospital Missouri Baptist Medical Center Missouri Baptist Sullivan Hospital Progress West Hospital Mercy Hospital Jefferson Mercy Hospital Lincoln Mercy Hospital South Mercy Hospital St. Louis Mercy Hospital Washington SSM Health DePaul Hospital SSM Health St. Clare Hospital SSM Health St. Joseph Hospital - LSL SSM Health St. Joseph Hospital - SC SSM Health St. Louis University Hospital SSM Health St. Mary's Hospital St. Luke's Des Peres Hospital St. Luke's Hospital HSHS Holy Family Hospital HSHS St. Elizabeth's Hospital HSHS St. Joseph's Hospital Breese HSHS St. Joseph's Hospital Highland Anderson Hospital Carlinville Area Hospital Gateway Regional Medical Center Jersey Community Hospital OSF St. Anthony's Health Center



# Outpatient Combination CT Scans of the Abdomen

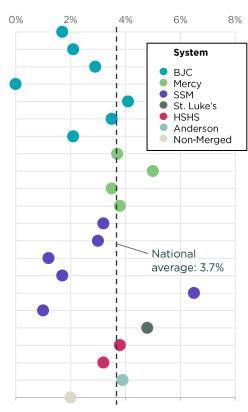
Lower percentages are better.

For some CT scans, "contrast" is used to create a clearer picture of the body. Contrast comes with risks, such as allergic reactions or kidney harm. A combination CT scan is when a patient receives two scans, one with and one without contrast, resulting in twice the radiation exposure. For most patients, abdominal combination scans are not appropriate. This measure shows the percent of outpatient CT scans of the abdomen that were combination scans.

The national average for this measure is 5.8%. St. Louis area hospital scores range from 2.1% to 14.6%. Higher scores may indicate that a facility is using more combination scans than necessary.

Source: CMS, July 2024

Alton Memorial Hospital Barnes-Jewish Hospital Barnes-Jewish St. Peters Hospital Barnes-Jewish West County Hospital Memorial Hospital Missouri Baptist Medical Center **Progress West Hospital** Mercy Hospital Jefferson Mercy Hospital South Mercy Hospital St. Louis Mercy Hospital Washington SSM Health DePaul Hospital SSM Health St. Clare Hospital SSM Health St. Joseph Hospital - LSL SSM Health St. Joseph Hospital - SC SSM Health St. Louis University Hospital SSM Health St. Mary's Hospital St. Luke's Hospital HSHS St. Elizabeth's Hospital HSHS St. Joseph's Hospital Breese Anderson Hospital Jersey Community Hospital

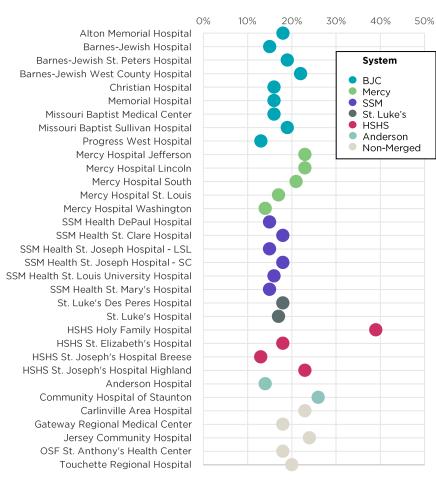


#### Cardiac Imaging Stress Tests Before Low-Risk Outpatient Surgery

Lower percentages are better.

Cardiac stress testing before low-risk surgeries, such as colonoscopies, is not medically necessary for patients without risk factors that increase the likelihood of cardiac events. This measure shows the percentage of patients without these risk factors who received cardiac stress testing before low-risk outpatient surgery.

The national average for this measure is 3.7%. St. Louis area hospital scores range from 0% to 6.5%. **Higher scores** may indicate that a facility is implementing **more stress testing than is necessary.** 



# Concurrent Opioid Prescriptions

Lower percentages are better.

The opioid crisis continues to be a critical issue in the U.S. with the latest CDC data reporting 82,000 deaths from opioid overdoses in 2022.<sup>13</sup> Public health efforts continue to try to decrease unnecessary or excessive opioid prescriptions that may lead to addiction, overdose, or adverse events.

This measure assesses the percentage of patients prescribed an opioid upon discharge from the hospital that were concurrently prescribed two opioids or an opioid and a benzodiazepine. Though not used in the calculation of the overall star ratings, safe opioid prescription practices are an important quality consideration, given the potential for patient harm associated with inappropriate use.

Source: CMS, July 2024

#### **Quality and Patient Safety Summary**

Compared to past performance, the **overall quality and safety** of St. Louis hospitals **declined**, with **fewer hospitals achieving 4- and 5-star CMS ratings** and **"A" and "B" Leapfrog Safety Grades**.

Three St. Louis hospitals received an "A" Leapfrog Safety Grade in Spring 2025:

- 1. Mercy Hospital Jefferson 2 consecutive "A" Safety Grades
- 2. Mercy Hospital Washington 4 consecutive "A" Safety Grades
- 3. OSF St. Anthony's Health Center- 3 consecutive "A" Safety Grades

Two hospitals, both in BJC HealthCare, achieved 5-Star CMS Overall Star Ratings in 2024.

- 1. Missouri Baptist Medical Center 4 consecutive 5-star ratings
- 2. Barnes-Jewish St. Peters Hospital

Though overall quality ratings declined, St. Louis hospitals **improved in 2024 for all three healthcare-associated infection (HAI) measures** that BHC examined: **CAUTI, C. diff,** and **MRSA.** 

Nineteen hospitals (68%) in St. Louis performed better than the national benchmark for C. diff infections, and 9 hospitals (43%) performed better for CAUTIS.

Two CMS measures, unplanned return days for pneumonia and unplanned return days for heart failure, show 8 St. Louis hospitals performing worse than average. Four hospitals performed worse for both measures: Barnes-Jewish Hospital, SSM St. Joseph – SC, SSM St. Louis University Hospital, and SSM Health St. Mary's Hospital.

<sup>&</sup>lt;sup>13</sup> Centers for Disease Control and Prevention. *Understanding the Opioid Overdose Epidemic*. Centers for Disease Control and Prevention; November 1, 2024. Accessed May 13, 2025. <a href="https://www.cdc.gov/overdose-prevention/about/understanding-the-opioid-overdose-epidemic.html">https://www.cdc.gov/overdose-prevention/about/understanding-the-opioid-overdose-epidemic.html</a>

#### **Section Two: Hospital Utilization and Finance**

#### **Definitions and Methodology**

Unless otherwise stated, financial and utilization metrics in this report are based on data from CMS' Healthcare Cost Report Information System (HCRIS), which contains data from Medicare cost reports submitted by hospitals to CMS for reimbursement. Sources are noted under each figure. For more information, see "Data and Limitations" on page 23. Changes from previously reported data are based on the most current information available, including Medicare cost report restatements.

#### Utilization (Page 15)

Available bed days = Beds x Days Available

- Days available are not always 365 for all beds in a hospital, because the total number of beds may vary throughout a year.
- This measure includes observation and inpatient rehabilitation facility (IRF) bed days available.

**Patient days:** The sum (across all patients admitted to the hospital) of the number of days of all hospital stays, including observation and inpatient rehabilitation days.

Adjusted Discharges serves as a proxy measure of inpatient and outpatient volume.

#### Finance (Pages 16-22)

**Net Patient Revenue:** The total revenue generated by a hospital from patient services after subtracting allowances, contractual adjustments, discounts, bad debt, and charity care.

**Operating Expenses:** Total expenses incurred from regular hospital operations, including patient care and other operating costs, such as gift shop and cafeteria expenses.

Patient Service Income/Loss = Net Patient Revenue - Operating Expenses

Other Income and Other Expenses: Non-operating income and expenses, including from investments, donations, and other business lines, such as owning a pharmacy benefit manager (PBM) or health plan.

Net Income (Loss) = Patient Service Income (Loss) + Other Income - Other Expenses

**Commercial Breakeven**: The percentage of a hospital's Medicare payment rates that, if charged to commercial payers (employers and health plans) would have resulted in the hospital breaking even across all payer types on all inpatient and outpatient services and non-operating expenses. The commercial breakeven includes hospital revenue from all sources, including non-operating income.<sup>14</sup>

**Commercial Price**: Commercial Price represents the percentage of a hospital's Medicare payment rates that the hospital was reimbursed for inpatient and outpatient services by commercial payers in aggregate from 2020 - 2022. Sourced from the fifth round of the RAND Corporation's *Nationwide Evaluation of Health Care Prices Paid by Private Health Plans.* 

<sup>&</sup>lt;sup>14</sup> Understanding NASHP's Hospital Cost Tool: Commercial Breakeven. NASHP. March 28, 2022. Accessed March 15, 2024.

<sup>&</sup>lt;sup>15</sup> Whaley CM, Briscombe B, Kerber R, Kofner A, Wang, D. Prices Paid to Hospitals by Private Health Plans, Findings from Round 5.1 of an Employer-Led Transparency Initiative. December 10, 2024. Accessed January 10, 2025.

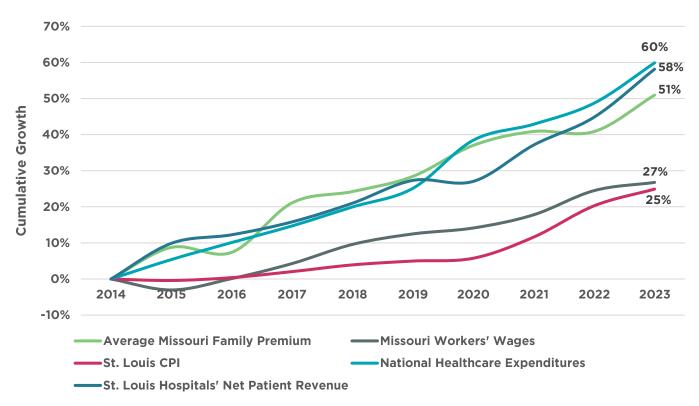
#### Health Care Spending Continues to Grow, Regionally and Nationally

United States national health care expenditures (NHE) grew 7.5% in 2023, while GDP grew 6.6%. NHE made up 17.6% of GDP in 2023 and grew **60% over the ten-year period ending in 2023.** CMS projects that by 2032, NHE will make up nearly 20% of GDP. The highest percentage among peer countries in 2023 was 11.8%.

As health care costs continue to rise, so do insurance premiums for employer-sponsored health insurance. Higher premiums increase not only out-of-pocket expenses for employees but also employer spending on premiums, slowing growth in workers' wages. This slowed wage growth compared to rising insurance premiums most significantly affects lower income families, as insurance premiums vary much less than income across workers.

St. Louis hospitals' net patient revenue **grew approximately 58% from 2014 to 2023.** This growth outpaced that of Missouri workers' wages by 31 percentage points and the St. Louis consumer price index (CPI) by 33 percentage points, while also contributing to a 51% growth rate in the average Missouri family premium.

## St. Louis Area Hospitals' Net Patient Revenue Growth and Average Missouri Family Premium Growth Far Outpace That of Missouri Workers' Wages and the St. Louis CPI



**Source:** CMS HCRIS, Agency for Healthcare Research and Quality, U.S. Bureau of Labor Statistics, Centers for Medicare and Medicaid, St. Louis Federal Reserve

<sup>17</sup> Germany: health expenditure as a share of GDP 1980-2019. Statista. Accessed February 6, 2025.

<sup>&</sup>lt;sup>16</sup> Centers for Medicare & Medicaid Services. National Health Expenditure Fact Sheet. December 18, 2024. Accessed February 5, 2025. https://www.cms.gov/data-research/statistics-trends-and-reports/national-health-expenditure-data/nhe-fact-sheet

#### 2023 St. Louis Hospital Utilization

**Local hospital discharges increased 7.1%** from 2022 to 2023, a growth almost 4.5 times as large as the national growth of 1.6% reported by Census survey estimates. Potential factors driving this increase in utilization include rebounding care levels post-COVID or the Missouri Medicaid expansion at the end of 2021. Additionally, total patient days stayed about the same as in 2022, indicating **more admissions to the hospital**, but with **shorter lengths of stay on average**.

**Adjusted discharges** (a proxy measure for volume of both inpatient and outpatient services) **increased 11.4%,** showing that outpatient volume increased even more than inpatient from 2022 to 2023. Again, **SSM led with a 32.4% increase**, followed by St. Luke's (13.4%) and BJC (6.0%). While BJC currently leads in market share of adjusted discharges, SSM follows, having surpassed Mercy from 2022 to 2023.

Pealth System (market share of adjusted discharges)   Days   Patient Days   Occupancy (%)   Discharges   Adjusted Discharges]   291 (33.2%)	Hardlik Contant Consider the second Conflict of the delication	Available Bed	Datient Dani	Adjusted	Disabassas	Adlantad Black and S
Alton Memorial Hospital		Days	Patient Days	Occupancy (%)	Discharges	Adjusted Discharges"
Barnes-Jewish Hospital		44 165	27.657	63	7 8 9 8	27.762
Barnes-Jewish St. Peters Hospital   40,150   31,486   78   6,860   18,717   32ners-Jewish West County Hospital   34,612   13,559   39   3,946   28,251   Christian Hospital   91,615   76,440   83   12,863   26,553   46,000   69   17,426   42,289   Missouri Baptist Medical Center   146,730   107,491   73   21,864   55,574   48,000   69   17,426   42,289   Missouri Baptist Medical Center   146,730   107,491   73   21,864   55,574   48,000   69   17,426   42,289   Missouri Baptist Medical Center   146,730   107,491   73   21,864   55,574   48,000   69   17,426   42,289   12,867   17,652   70   4,839   12,963						
Barnes-Jewish West County Hospital   34,612   13,559   39   3,946   28,251						
Christian Hospital						
Memorial Hospital     109,500   76,009   69   17,426   42,289   18,500   18,500   18,500   18,500   19,500   17,426   12,75   18,500   17,426   18,5554   18,500	y !					
Missouri Baptist Medical Center         146,730         107,491         73         21,864         55,574           Missouri Baptist Sullivan Hospital         12,775         9,258         70         4,839         12,963           St. Louis Children's Hospital         166,075         114,383         69         12,469         21,607           Network Total         11,114,666         859,450         77         141,667         293,210           Mercy Hospital Jefferson         65,335         50,567         77         9,706         50,674           Mercy Hospital Lincoln         9,125         4,486         49         775         5,493           Mercy Hospital Scuth         262,800         150,007         57         23,084         43,711           Mercy Hospital Washington         51,000         4,258         47         6,359         20,907           Network Total         691,675         467,64         68         83,119         209,278           SSM Health St. Clare Hospital         171,195         114,193         66         23,966         58,033           SSM Health St. Joseph Hospital - LSL         65,700         48,051         73         13,147         28,882           SSM Health St. Lous Jniversity Hospital         1						
Progress West Hospital   25,185   17,652   70   4,839   12,963   12,469   21,607   Network Total   186,075   114,368   369   12,469   21,607   Network Total   114,666   859,450   77   141,667   293,210   141,667   293,044   43,711   441,671   43,711   441,671   44			107,491	73	21,864	
St. Louis Children's Hospital         166,075         114,383         69         12,469         21,607           Network Total         1,114,666         859,450         77         141,667         293,210           Mercy Hospital Jefferson         65,335         50,567         77         9,706         50,674           Mercy Hospital Jefferson         9,125         4,486         49         775         5,493           Mercy Hospital St. Louis         303,315         238,382         79         43,195         107,441           Mercy Hospital Washington         51,100         24,258         47         6,359         20,907           Network Total         691,675         467,764         68         83,119         209,279           SSM Health DePaul Hospital         171,915         114,193         66         23,966         58,033           SSM Health St. Clare Hospital         65,700         48,051         73         13,147         28,882           SSM Health St. Joseph Hospital - SC         148,190         59,14         40         11,467         30,697           SSM Health St. Louis University Hospital         148,190         159,14         40         11,467         30,697           SSM Health St. Louis University Hospital	Missouri Baptist Sullivan Hospital	12,775	9,258	72		
Network Total	Progress West Hospital	25,185	17,652			
Mercy Hospital Jefferson			114,383			
Mercy Hospital Liferson   65,335   50,567   77   9,706   50,674		1,114,666	859,450	77	141,667	293,210
Mercy Hospital Lincoln		05.775	50.50		0.700	50.074
Mercy Hospital South   262,800   150,071   57   23,084   43,711						
Mercy Hospital St. Louis   S03,315   238,382   79   43,195   107,441						
Mercy Hospital Washington   51,100   24,258   47   6,359   20,907   Network Total   691,675   467,764   68   83,119   209,279   SSM (27,4%)			,			,
Network Total   S91,675   S61,7764   S8   S3,119   209,279   SSM (27.4%)   SSM (27.4%)   SSM Health DePaul Hospital   171,915   114,193   66   23,966   58,033   SSM Health St. Clare Hospital   65,700   48,051   73   13,147   28,882   SSM Health St. Joseph Hospital - LSL   65,335   53,190   81   13,047   29,707   SSM Health St. Joseph Hospital - SC   148,190   59,114   40   11,467   30,697   SSM Health St. Louis University Hospital   148,190   129,390   87   25,116   44,772   SSM Health St. Mary's Hospital   19,830   128,997   65   27,176   60,956   Retwork Total   797,160   532,935   67   113,919   242,484   St. Luke's (5.0%)   St. Luk	· .					,
SSM (27.4%)			,			· ·
SSM Health DePaul Hospital   171,915   114,193   66   23,966   58,033   58M Health St. Clare Hospital   65,700   48,051   73   13,147   28,882   58M Health St. Joseph Hospital - LSL   65,335   53,190   81   13,047   29,707   58M Health St. Joseph Hospital - SC   148,190   59,114   40   11,467   30,697   58M Health St. Louis University Hospital   148,190   129,390   87   25,116   44,772   58M Health St. Mary's Hospital   797,160   532,935   67   113,919   242,484   55   14,089   37,775   58L Luke's CS-0%   58L Luke's CS		031,073	407,704	00	03,119	203,279
SSM Health St. Clare Hospital		171.915	114.193	66	23.966	58.033
SSM Health St. Joseph Hospital - LSL         65,335         53,190         81         13,047         29,707           SSM Health St. Joseph Hospital - SC         148,190         59,114         40         11,467         30,697           SSM Health St. Louis University Hospital         148,190         129,390         87         25,116         44,772           SSM Health St. Mary's Hospital         148,190         129,390         87         25,116         44,772           SSM Health St. Luke's Hospital         197,830         128,997         65         27,176         60,956           Network Total         52,000         532,935         67         113,919         242,484           St. Luke's Des Peres Hospital         20,075         7,638         38         1,931         5,927           St. Luke's Hospital         142,350         78,984         55         14,089         37,977           Network Total         162,425         86,622         53         16,020         43,995           Anderson (2.3%)         52,560         31,186         59         6,147         19,155           Community Hospital of Staunton         9,125         1,427         16         104         1,128           Network Total         10,200						
SSM Health St. Louis University Hospital   148,190   129,390   87   25,116   44,772   197,830   128,997   65   27,176   60,956   67   113,919   242,484   65   67   113,919   242,484   65   67   113,919   242,484   65   67   67   67   67   67   67   67		65,335	53,190	81	13,047	29,707
SSM Health St. Mary's Hospital   197,830   128,997   65   27,176   60,956     Network Total   797,160   532,935   67   113,919   242,484	SSM Health St. Joseph Hospital - SC		59,114	40	11,467	30,697
Network Total   797,160   532,935   67   113,919   242,484	,					
St. Luke's (5.0%)         20,075         7,638         38         1,931         5,927           St. Luke's Hospital         142,350         78,984         55         14,089         37,977           Network Total         162,425         86,622         53         16,020         43,995           Anderson (2.3%)         5         6,622         53         16,020         43,995           Anderson Hospital         52,560         31,186         59         6,147         19,155           Community Hospital of Staunton         9,125         1,427         16         104         1,128           Network Total         61,685         32,613         53         6,251         20,218           HSHS (4.0%)         81,685         32,613         53         497         3,650           HSHS St. Joseph's Hospital         10,220         2,386         23         497         3,650           HSHS St. Joseph's Hospital Breese         16,790         5,282         31         1,421         7,324           HSHS St. Joseph's Hospital Highland         9,125         6,703         73         999         5,929           Network Total         88,695         63,232         71         12,838         34,949						
St. Luke's Des Peres Hospital       20,075       7,638       38       1,931       5,927         St. Luke's Hospital       142,350       78,984       55       14,089       37,977         Network Total       162,425       86,622       53       16,020       43,995         Anderson (2.3%)       30       31,186       59       6,147       19,155         Community Hospital of Staunton       9,125       1,427       16       104       1,128         Network Total       61,685       32,613       53       6,251       20,218         HSHS (4.0%)       8       8       32,613       53       6,251       20,218         HSHS St. Bospital Hospital       10,220       2,386       23       497       3,650         HSHS St. Joseph's Hospital Breese       16,790       5,282       31       1,421       7,324         HSHS St. Joseph's Hospital Highland       9,125       6,703       73       999       5,929         Network Total       88,695       63,232       71       12,838       34,949         Non-Merged (4.5%)       8       3,261       36       402       3,643         Gateway Regional Medical Center       111,325       23,458       21<		797,160	532,935	67	113,919	242,484
St. Luke's Hospital     142,350     78,984     55     14,089     37,977       Network Total     162,425     86,622     53     16,020     43,995       Anderson (2.3%)     86,622     53     16,020     43,995       Anderson Hospital     52,560     31,186     59     6,147     19,155       Community Hospital of Staunton     9,125     1,427     16     104     1,128       Network Total     61,685     32,613     53     6,251     20,218       HSHS Holly Family Hospital     10,220     2,386     23     497     3,650       HSHS St. Bizabeth's Hospital     10,220     2,386     23     497     3,650       HSHS St. Joseph's Hospital Breese     16,790     5,282     31     1,421     7,324       HSHS St. Joseph's Hospital Highland     9,125     6,703     73     999     5,929       Network Total     88,695     63,232     71     12,838     34,949       Carlinville Area Hospital     9,125     3,261     36     402     3,643       Gateway Regional Medical Center     111,325     23,458     21     4,772     11,805       Jersey Community Hospital     16,790     2,824     17     614     6,246       OSF St. Anth		20.075	7.070	70	1.071	F 027
Network Total         162,425         86,622         53         16,020         43,995           Anderson (2.3%)         Community Hospital         52,560         31,186         59         6,147         19,155           Community Hospital of Staunton         9,125         1,427         16         104         1,128           Network Total         61,685         32,613         53         6,251         20,218           HSHS (4.0%)         8,125         32,613         33         497         3,650           HSHS Holy Family Hospital         10,220         2,386         23         497         3,650           HSHS St. Elizabeth's Hospital         10,220         2,386         23         497         3,650           HSHS St. Joseph's Hospital Breese         16,790         5,282         31         1,421         7,324           HSHS St. Joseph's Hospital Highland         9,125         6,703         73         999         5,929           Network Total         88,695         63,232         71         12,838         34,949           Non-Merged (4.5%)         32,613         3,261         36         402         3,643           Gateway Regional Medical Center         113,25         23,458         21						
Anderson (2.3%) Anderson Hospital Anderson Hospi	· ·					
Anderson Hospital 52,560 31,186 59 6,147 19,155 Community Hospital of Staunton 9,125 1,427 16 104 1,128 Network Total 61,685 32,613 53 6,251 20,218 HSHS (4.0%)  HSHS Holy Family Hospital 52,560 48,861 93 9,921 23,272 HSHS St. Elizabeth's Hospital Breese 16,790 5,282 31 1,421 7,324 HSHS St. Joseph's Hospital Highland 9,125 6,703 73 999 5,929 Network Total 88,695 63,232 71 12,838 34,949 Non-Merged (4.5%)  Carlinville Area Hospital Genter 11,325 23,458 21 4,772 11,805 Gateway Regional Medical Center 17,885 10,299 58 2,371 11,534 Touchette Regional Hospital 50,005 6,727 13 1,419 6,288		102,425	00,022	55	16,020	43,995
Community Hospital of Staunton         9,125         1,427         16         104         1,128           Network Total         61,685         32,613         53         6,251         20,218           HSHS (4.0%)         8         32,613         53         6,251         20,218           HSHS Holy Family Hospital         10,220         2,386         23         497         3,650           HSHS St. Elizabeth's Hospital         52,560         48,861         93         9,921         23,272           HSHS St. Joseph's Hospital Breese         16,790         5,282         31         1,421         7,324           HSHS St. Joseph's Hospital Highland         9,125         6,703         73         999         5,929           Network Total         88,695         63,232         71         12,838         34,949           Non-Merged (4.5%)         3,261         36         402         3,643           Gateway Regional Medical Center         111,325         23,458         21         4,772         11,804           Jersey Community Hospital         16,790         2,824         17         614         6,246           OSF St. Anthony's Medical Center         17,885         10,299         58         2,371 <th< td=""><td></td><td>52 560</td><td>31 186</td><td>59</td><td>6 147</td><td>19 155</td></th<>		52 560	31 186	59	6 147	19 155
Network Total         61,685         32,613         53         6,251         20,218           HSHS (4.0%)         8         32,613         497         3,650           HSHS Holy Family Hospital         10,220         2,386         23         497         3,650           HSHS St. Elizabeth's Hospital Breese         16,790         5,282         31         1,421         7,324           HSHS St. Joseph's Hospital Highland         9,125         6,703         73         999         5,929           Network Total         88,695         63,232         71         12,838         34,949           Non-Merged (4.5%)         8         3,261         36         402         3,643           Gateway Regional Medical Center         111,325         23,458         21         4,772         11,805           Jersey Community Hospital         16,790         2,824         17         614         6,246           OSF St. Anthony's Medical Center         17,885         10,299         58         2,371         11,534           Touchette Regional Hospital         50,005         6,727         13         1,419         6,288						
HSHS (4.0%)       HSHS Holy Family Hospital     10,220     2,386     23     497     3,650       HSHS St. Elizabeth's Hospital     52,560     48,861     93     9,921     23,272       HSHS St. Joseph's Hospital Breese     16,790     5,282     31     1,421     7,324       HSHS St. Joseph's Hospital Highland     9,125     6,703     73     999     5,929       Network Total     88,695     63,232     71     12,838     34,949       Non-Merged (4.5%)     88,695     3,261     36     402     3,643       Gateway Regional Medical Center     111,325     23,458     21     4,772     11,805       Jersey Community Hospital     16,790     2,824     17     614     6,246       OSF St. Anthony's Medical Center     17,885     10,299     58     2,371     11,534       Touchette Regional Hospital     50,005     6,727     13     1,419     6,288						
HSHS St. Elizabeth's Hospital       52,560       48,861       93       9,921       23,272         HSHS St. Joseph's Hospital Breese       16,790       5,282       31       1,421       7,324         HSHS St. Joseph's Hospital Highland       9,125       6,703       73       999       5,929         Network Total       88,695       63,232       71       12,838       34,949         Non-Merged (4,5%)       Carlinville Area Hospital       9,125       3,261       36       402       3,643         Gateway Regional Medical Center       111,325       23,458       21       4,772       11,805         Jersey Community Hospital       16,790       2,824       17       614       6,246         OSF St. Anthony's Medical Center       17,885       10,299       58       2,371       11,534         Touchette Regional Hospital       50,005       6,727       13       1,419       6,288						
HSHS St. Joseph's Hospital Breese     16,790     5,282     31     1,421     7,324       HSHS St. Joseph's Hospital Highland     9,125     6,703     73     999     5,929       Network Total     88,695     63,232     71     12,838     34,949       Non-Merged (4.5%)     89,125     3,261     36     402     3,643       Gateway Regional Medical Center     111,325     23,458     21     4,772     11,805       Jersey Community Hospital     16,790     2,824     17     614     6,246       OSF St. Anthony's Medical Center     17,885     10,299     58     2,371     11,534       Touchette Regional Hospital     50,005     6,727     13     1,419     6,288	HSHS Holy Family Hospital	10,220	2,386			
HSHS St. Joseph's Hospital Highland     9,125     6,703     73     999     5,929       Network Total     88,695     63,232     71     12,838     34,949       Non-Merged (4.5%)     Carlinville Area Hospital     9,125     3,261     36     402     3,643       Gateway Regional Medical Center     111,325     23,458     21     4,772     11,805       Jersey Community Hospital     16,790     2,824     17     614     6,246       OSF St. Anthony's Medical Center     17,885     10,299     58     2,371     11,534       Touchette Regional Hospital     50,005     6,727     13     1,419     6,288	HSHS St. Elizabeth's Hospital					
Network Total         88,695         63,232         71         12,838         34,949           Non-Merged (4.5%)         3,025         3,261         36         402         3,643           Gateway Regional Medical Center         111,325         23,458         21         4,772         11,805           Jersey Community Hospital         16,790         2,824         17         614         6,246           OSF St. Anthony's Medical Center         17,885         10,299         58         2,371         11,534           Touchette Regional Hospital         50,005         6,727         13         1,419         6,288	· · ·					
Non-Merged (4.5%)         9,125         3,261         36         402         3,643           Gateway Regional Medical Center         111,325         23,458         21         4,772         11,805           Jersey Community Hospital         16,790         2,824         17         614         6,246           OSF St. Anthony's Medical Center         17,885         10,299         58         2,371         11,534           Touchette Regional Hospital         50,005         6,727         13         1,419         6,288						,
Carlinville Area Hospital     9,125     3,261     36     402     3,643       Gateway Regional Medical Center     111,325     23,458     21     4,772     11,805       Jersey Community Hospital     16,790     2,824     17     614     6,246       OSF St. Anthony's Medical Center     17,885     10,299     58     2,371     11,534       Touchette Regional Hospital     50,005     6,727     13     1,419     6,288		88,695	63,232	71	12,838	34,949
Gateway Regional Medical Center     111,325     23,458     21     4,772     11,805       Jersey Community Hospital     16,790     2,824     17     614     6,246       OSF St. Anthony's Medical Center     17,885     10,299     58     2,371     11,534       Touchette Regional Hospital     50,005     6,727     13     1,419     6,288		Q 12E	7 261	76	402	7 6 47
Jersey Community Hospital     16,790     2,824     17     614     6,246       OSF St. Anthony's Medical Center     17,885     10,299     58     2,371     11,534       Touchette Regional Hospital     50,005     6,727     13     1,419     6,288						
OSF St. Anthony's Medical Center     17,885     10,299     58     2,371     11,534       Touchette Regional Hospital     50,005     6,727     13     1,419     6,288						
Touchette Regional Hospital 50,005 6,727 13 1,419 6,288						
	Aggregate for St. Louis Hospitals	3,121,436	2,089,185	67	383,392	883,649

**Source:** CMS HCRIS; For definitions and methodology, see page 13.

Patient days and adjusted occupancy include observation days.

<sup>&</sup>lt;sup>II</sup> Adjusted discharges are a measure of inpatient and outpatient volume. To reflect system-level volumes, network total adjusted discharges are recalculated at the system level. Network total adjusted discharges are then summed across systems and independent hospitals to obtain the St. Louis aggregate. This allows for market share calculation.

Memorial Hospital Belleville and Memorial Hospital Shiloh report in a consolidated manner as "Memorial Hospital."

iv SSM Cardinal Glennon reports in a consolidated manner with SSM St. Mary's Hospital.

<sup>&</sup>lt;sup>18</sup> U.S. Census Bureau. Quarterly Services Survey (QSS): Health Care and Social Assistance (NAICS 622A), 2022–2023. 2024. Accessed April 22, 2025.

#### 2023 St. Louis Hospital Revenue and Profit

The following financial figures only include hospital operations within the St. Louis MSA. Health systems' revenue and expenses from ambulatory services, such as primary care and specialty offices, are not included.

**Net patient revenue** represents the amount of revenue generated by a hospital from **patient services** after subtracting allowances, contractual adjustments, discounts, bad debt, and charity care. St. Louis hospitals' **net patient revenue increased 9.9%**, while **operating expenses increased by 6.1%** from 2022 to 2023. This shifted 2022's patient (pt.) service loss of \$73 million to a patient service income of **\$289 million in 2023**.

**Net income across all hospitals**, which includes non-operating revenue and expenses, totaled nearly **\$865** million in **2023**, over 3.5 times higher than \$232 million in 2022, for a **total profit margin of 6.2%**. Mercy contributed 37% of this profit. Though St. Louis hospitals turned a profit in aggregate, large disparities emerge across individual hospital margins. Non-merged hospitals did not financially recover in the same way as system-owned hospitals in 2023, with 4 out of 5 realizing losses on both patient services and net income.

	Net Patient	Operating	Pt. Service Income		Pt. Service	Net Margin
System (Market Share) <sup>i</sup>	Revenue (\$)	Expenses (\$)	(Loss) (\$)	Net Income (Loss) (\$)	Margin (%)	(%)
BJC (46.3%)						
Alton Memorial Hosp.	187,204,994	185,548,675	1,656,319	(13,023,409)	0.9	(6.8)
Barnes-Jewish Hosp.	2,701,174,483	2,693,138,801	8,035,682	106,654,076	0.3	3.8
Barnes-Jewish St. Peters Hosp.	196,982,172	191,311,314	5,670,858	2,479,339	2.9	1.2
Barnes-Jewish West County Hosp.	262,669,818	245,143,434	17,526,384	18,600,709	6.7	7.0
Christian Hosp.	348,603,819	381,428,733	(32,824,914)	(45,804,658)	(9.4)	(12.9)
Memorial Hosp. <sup>ii</sup>	408,841,850	437,573,475	(28,731,625)	(58,017,651)	(7.0)	(14.0)
Missouri Baptist Med. Ctr.	775,458,049	740,920,062	34,537,987	16,767,613	4.5	2.1
Missouri Baptist Sullivan Hosp.	78,619,834	78,090,841	528,993	3,747,266	0.7	4.5
Progress West Hosp.	119,178,026	104,958,953	14,219,073	4,956,508	11.9	4.1
St. Louis Children's Hosp.	1,058,989,617	939,228,191	119,761,426	152,290,417	11.3	13.9
Network Total	6,137,722,662	5,997,342,479	140,380,183	188,650,210	2.3	3.0
Mercy (17.8%)						
Mercy Hosp. Jefferson	196,819,659	183,217,033	13,602,626	19,954,116	6.9	9.8
Mercy Hosp. Lincoln	30,654,409	40,132,916	(9,478,507)	6,752,351	(30.9)	14.4
Mercy Hosp. South	545,317,744	552,115,091	(6,797,347)	23,905,214	(1.2)	4.2
Mercy Hosp. St. Louis	1,388,465,517	1,201,531,922	186,933,595	236,941,688	13.5	16.5
Mercy Hosp. Washington	202,855,551	169,609,637	33,245,914	37,012,628	16.4	17.9
Network Total	2,364,112,880	2,146,606,599	217,506,281	324,565,997	9.2	13.1
SSM (23.5%)						
SSM Health DePaul Hosp.	699,264,370	609,523,870	89,740,500	69,708,259	12.8	20.7
SSM Health St. Clare Hosp.	256,986,407	250,386,575	6,599,832	9,508,803	2.6	6.1
SSM Health St. Joseph Hosp LSL	249,909,452	236,747,322	13,162,130	6,115,497	5.3	7.5
SSM Health St. Joseph Hosp SC <sup>iii</sup>	285,390,706	340,837,856	(55,447,150)	44,741,266	(19.4)	(3.2)
SSM Health SLU Hosp.	803,223,664	871,026,066	(67,802,402)	50,780,613	(8.4)	(3.7)
SSM Health St. Mary's Hosp.iv	822,533,170	867,710,356	(45,177,186)	84,229,479	(-5.5)	8.8
Network Total	3,117,307,769	3,176,232,045	(58,924,276)	237,319,641	(1.9)	6.9
St. Luke's (4.9%)						
St. Luke's Des Peres Hosp.	77,700,859	90,352,381	(12,651,522)	(10,888,666)	(16.3)	(13.7)
St. Luke's Hospital	573,742,902	557,870,585	15,872,317	84,340,300	2.8	13.1
Network Total	651,443,761	648,222,966	3,220,795	73,451,634	0.5	10.2
Anderson (1.5%)	100,000,004	17.4.407.057	7 500 0 41	07.077.671	4.0	17.4
Anderson Hosp.	182,086,894	174,497,853	7,589,041	27,033,671	4.2	13.4
Community Hosp. of Staunton	21,817,474	20,540,823	1,276,651	2,972,283	5.9	12.6
Network Total	203,904,368	195,038,676	8,865,692	30,005,954	4.3	13.3
HSHS (3.3%) HSHS Holy Family Hosp.	24,965,923	28,978,941	(4,013,018)	(2,826,676)	(16.1)	(10.7)
HSHS St. Elizabeth's Hosp.	296,184,354	305,756,093	(9,571,739)	(6,580,544)	(3.2)	(2.2)
HSHS St. Joseph's Hosp. Breese	67,776,467	57,098,386	10,678,081	20,208,457	15.8	26.9
HSHS St. Joseph's Hosp. Highland	50,870,334	45,210,055	5,660,279	9,499,460	11.1	18.4
Network Total	439,797,078	437,043,475	<b>2,753,603</b>	20,300,697	0.6	4.5
Non-Merged (2.6%)	435,757,078	437,043,473	2,755,005	20,300,097	0.0	4.5
Carlinville Area Hosp.	44,562,800	43,985,895	576,905	1,776,958	1.3	3.9
Gateway Regional Med. Ctr. <sup>∨</sup>	95,866,253	106,283,413	(10,417,160)	(7,245,412)	(10.9)	(7.3)
Jersey Community Hosp.	53,399,939	58,369,573	(4,969,634)	(501,973)	(9.3)	(0.9)
OSF St. Anthony's Med. Ctr.vi	94,685,101	99,055,598	(4,370,497)	(3,690,141)	(4.6)	(3.8)
Touchette Regional Hosp.	60,247,091	71,656,452	(11,409,361)	(3,030,141)	(18.9)	(0.1)
Aggregate	13,263,049,702	12,979,837,171	283,212,531	864,556,514	2.1	6.2
Aggregate	13,203,043,702	12,979,037,171	203,212,331	004,330,314	2.1	0.2

**Source:** CMS HCRIS; For definitions and methodology, see page 13.

Market share of net patient revenue.

<sup>&</sup>lt;sup>11</sup>Memorial Hospital Belleville and Memorial Hospital Shiloh report in a consolidated manner as "Memorial Hospital."

iii.v The historic ratio of net patient revenue-to-charges ratio was applied to estimate the net patient revenue from the gross charges for SSM St. Joseph Hospital - SC and Gateway Regional Medical Center, due to errors in reporting.

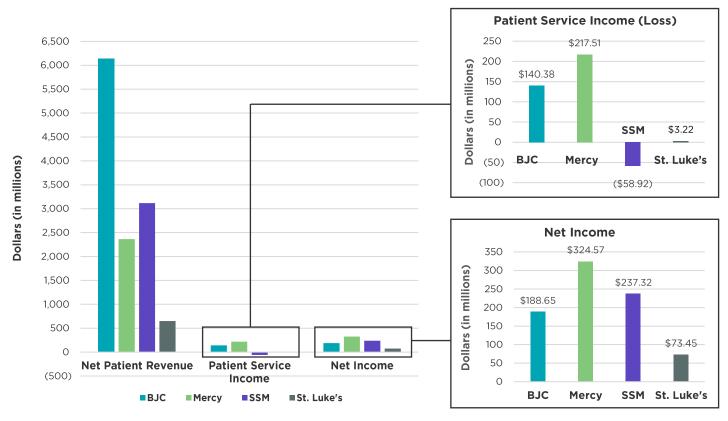
iv SSM Cardinal Glennon reports in a consolidated manner with SSM St. Mary's Hospital.

vi OSF St. Anthony's Medical Center is part of the OSF HealthCare system, but is included in the non-merged category, as it is the only hospital in this system in the St. Louis MSA.

#### **Profit Margins Varied Across Systems**



2023 St. Louis Health Systems' Revenue and Profits



Source: CMS HCRIS

These metrics include only hospitals within the St. Louis Metropolitan Statistical Area (MSA). These hospitals are shown in the table on page 15.

BJC's net patient revenue (\$6.1 billion) represented 46% of the total net patient revenue across St. Louis area hospitals in 2023, nearly double that of the second-highest system – SSM with \$3.1 billion. However, once operating expenses are subtracted, BJC's patient service income falls to second and net income falls to third among St. Louis' four systems.

Mercy had the highest patient service income (\$218 million) and net income (\$325 million) despite having the third-highest net patient revenue. Even though Mercy did not bring in the most dollars from providing care, they ended with the largest profit in 2023 (see Net Income graph above).

SSM's loss on patient services of \$58.92 million was outweighed by its significant other income, bringing it to the second-highest net income (\$237 million). St. Luke's also had significant other income of \$70 million, equal to 11% of their net patient revenue (the highest ratio among all four systems).

# Commercial Payers Reimbursed St. Louis Hospitals More Than Twice Medicare Rates

Commercial Price, shown below, represents the percentage of a hospital's Medicare payment rates that the hospital was reimbursed for inpatient and outpatient services by employers and health plans for privately insured individuals in aggregate from 2020 - 2022. 19 Commercial price is sourced from the fifth round of the RAND Corporation's Nationwide Evaluation of Health Care Prices Paid by Private Health Plans.

#### **Question 1:** Is the **commercial price** within the **"fair price"** range?

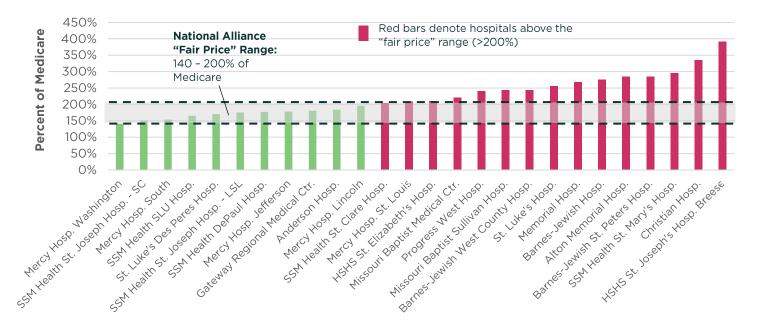
The National Alliance of Healthcare Purchaser Coalitions considers a **"fair price"** for hospital rates for privately insured patients to be **140% - 200%** of Medicare rates for the same services, which allows for a "reasonable markup from verifiable costs."<sup>20</sup>

A commercial price higher than the fair price range (greater than 200%) can indicate hospital inefficiency, adverse payer mix, and/or excess profits.

Commercial price across St. Louis hospitals from 2020 to 2022, was 233% of Medicare. Fifteen out of 26 hospitals (58%) in the St. Louis area had a commercial price over 200% of Medicare – denoted with red bars in the graph above. Commercial payers paid these hospitals over double what Medicare would reimburse these hospitals for the same services and procedures.

#### Commercial Price at STL Hospitals, as a Percentage of Medicare Reimbursement Rates

This tells us how much commercial payers actually paid hospitals compared to what Medicare would have paid for the same services.



Source: The RAND Corporation, 2024

Commercial price was not available for Community Hospital of Staunton, Carlinville Area Hospital, HSHS Holy Family Hospital, HSHS St. Joseph's Hospital Highland, Jersey Community Hospital, OSF St. Anthony's Medical Center, Touchette Regional Hospital, and St. Louis Children's Hospital. For this reason, these hospitals are excluded from the graph above.

<sup>&</sup>lt;sup>19</sup> Whaley CM, Briscombe B, Kerber R, Kofner A, Wang, D. Prices Paid to Hospitals by Private Health Plans, Findings from Round 5.1 of an Employer-Led Transparency Initiative. December 10, 2024. Accessed January 10, 2025.

<sup>&</sup>lt;sup>20</sup> Setting the Record Straight: The Urgency of Achieving Hospital Fair Price. National Alliance of Healthcare Purchaser Coalitions. September 19, 2023. Accessed March 15, 2024.

#### How Much Could Hospitals Charge Commercial Payers to Break Even?

Sourced from the National Academy for State Health Policy (NASHP), a hospital's **commercial breakeven** is the **percentage of a hospital's Medicare payment rate that, if charged to health plans and employers for commercially insured individuals, would have resulted in the hospital breaking even across all payer types on all inpatient and outpatient services and non-operating expenses. The <b>commercial breakeven** includes hospital revenue from all sources, including non-operating income.<sup>21</sup> **Commercial breakeven** is expressed as a percentage of that specific hospital's Medicare payment rates, which vary from hospital to hospital due to a variety of adjustments, such as add-on payments for teaching hospital or critical access hospital status.

#### Question 2: How does the commercial price compare to the commercial breakeven?

A high commercial breakeven can lead to a high commercial price. A large difference (markup) in the commercial price (shown in the graph on page 18) from commercial breakeven indicates excess profits.

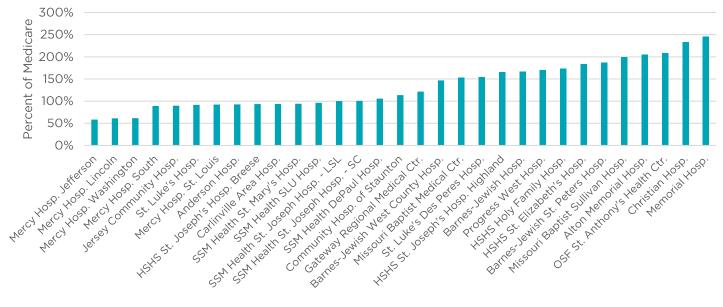
A high commercial breakeven indicates high expenses, adverse payer mix, or a combination of both. High hospital expenses may be due to inefficiency or spending more money than they can afford (without overcharging commercial payers) on either patient care, construction and new technology, and/or administration. Efficient hospitals without an adverse (or less profitable) payer mix should have breakevens around 100%, meaning that these hospitals could receive about the same reimbursement rates for care from commercial payers as Medicare and they would break even.

It is important to note that NASHP includes non-operating income in a hospital's commercial breakeven, which can lower the breakeven significantly if a hospital has a large source of other income, such as investments, contributions, or research grants.

Among St. Louis area hospitals, 4 Mercy hospitals had the lowest 2023 **commercial breakevens**, ranging from 59% to 89% of Medicare. Two BJC hospitals, Memorial Hospital and Christian Hospital, had the highest, with 245% and 233% of Medicare, respectively.

#### 2023 Commercial Breakeven, as a Percentage of Medicare Reimbursement Rates

This tells us the lowest amount a hospital could have charged commercial payers and still broken even, relative to what Medicare would have paid for the same services.



**Source:** NASHP Hospital Cost Tool

Commercial breakeven was not available for SSM Health St. Clare, Touchette Regional Hospital, and St. Louis Children's Hospital. For this reason, these hospitals are excluded from the graph above.

<sup>&</sup>lt;sup>21</sup> Understanding NASHP's Hospital Cost Tool: Commercial Breakeven. NASHP. March 28, 2022. Accessed March 15, 2024.

#### What is Contributing to High Commercial Prices?

If the **commercial price** exceeds the "fair price" range of 140 – 200% of Medicare (all hospitals to the right of the vertical dashed line), it is due to a combination of two factors:

- 1. A breakeven over 150%, bubbles placed above the horizontal dashed line
- 2. A large markup from the breakeven to the price, indicated by larger bubbles

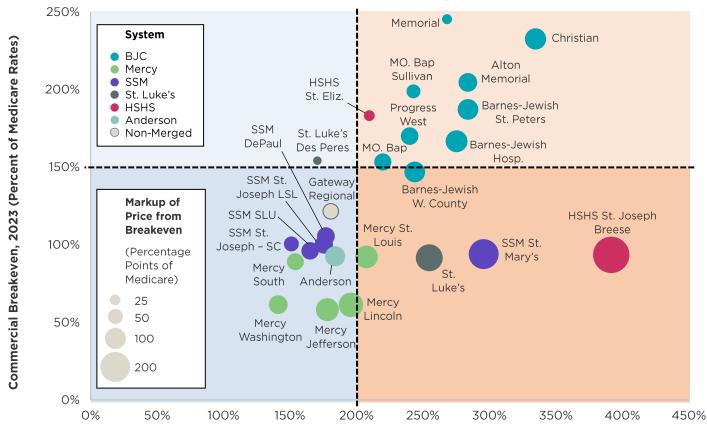
#### Low price and high breakeven:

These hospitals are charging commercial payers a "fair price" despite potential inefficiency or adverse payer mix.

#### High price and high breakeven:

These hospitals have **high prices** resulting from **high expenses, adverse payer mix, or a combination of both.** High hospital expenses can include inefficiency or spending more money than they can afford – unless they overcharge commercial payers – on either patient care, construction and new technology, and/or administration.

#### Commercial Price vs. Commercial Breakeven, St. Louis Area Hospitals



**Commercial Price (Percent of Medicare Rates)** 

#### Low price and low breakeven:

These hospitals are charging commercial payers a "fair price" and are efficient.

#### High price and low breakeven:

These hospitals are charging commercial payers a **high price** despite maintaining low breakevens, indicating **excess profits**.

Ten hospitals are in the **lower left quadrant**, making them both **efficient** and **fairly priced** for commercial payers – all hospitals would ideally be here.

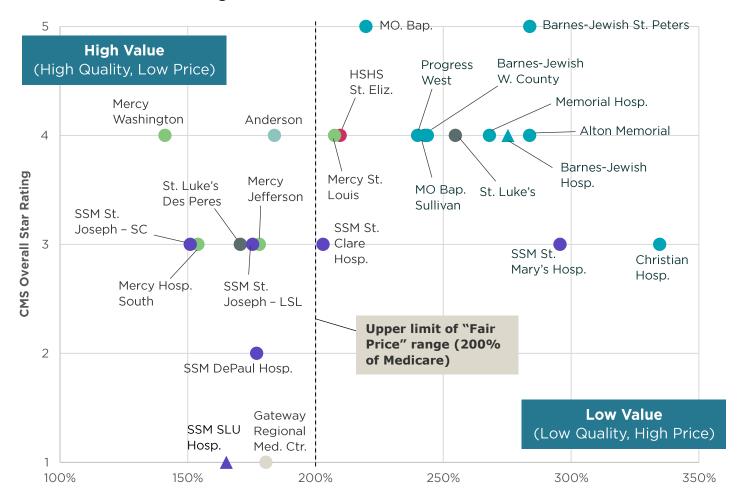
Of the 14 hospitals with commercial prices greater than 200% (to the right of the dashed line), 9 had a markup of over 75 percentage points from their breakeven. Nine had breakevens over 150%. **This indicates high prices among St. Louis hospitals from both high profits and high breakevens.** 

#### **Value of St. Louis Area Hospitals**

Together, quality and price metrics provide insight into hospital value. In the graph below, the horizontal axis represents **commercial price**, increasing from left to right. The upper limit of the "fair price" range (200%) is marked with a dashed vertical line. The vertical axis represents CMS Overall Star Rating, increasing from bottom to top. Value increases towards the upper left corner of the graph, as price decreases and quality of care increases. Value decreases towards the bottom right corner.

No hospitals remained below 200% of Medicare and received 5 stars from CMS. **Missouri Baptist Medical** Center is the 5-star hospital with the lowest commercial price (220%). **Mercy Washington** is the 4-star hospital with the lowest commercial price (141%).

#### 2024 CMS Overall Star Rating and RAND 5.1 Commercial Price



RAND 5.1 Commercial Price (as a % of Medicare Payment Rates)

**Source:** CMS, The RAND Corporation

Hospitals without a CMS Overall Star Rating or RAND commercial price are not included in the graph.



#### **Financial Performance Summary**

St. Louis hospital discharges increased 7.1% and adjusted discharges increased 11.4% from 2022 to 2023. SSM had the highest growth in both of these categories and passed Mercy for second-highest market share of adjusted discharges. BJC still leads for both. (Page 15)

Local hospitals' **net patient revenue increased 9.9%**, while **operating expenses increased by 6.1%** from 2022 to 2023. This shifted 2022's patient service loss of \$73 million to a patient service income of **\$289 million in 2023**, a patient service profit margin of 2.1%. **Net income across all hospitals**, which includes non-operating revenue and expenses, totaled nearly **\$865 million in 2023**, over 3.5 times higher than \$232 million in 2022, for a total profit margin of 6.2%. (Page 16)

BJC's net patient revenue **(\$6.1 billion)** represented 46% of the total net patient revenue across St. Louis area hospitals in 2023, nearly double that of the second-highest system – SSM with \$3.1 billion. However, once operating expenses are subtracted, BJC's patient service income falls to second and net income falls to third among St. Louis' four systems. These lower margins can be seen in BJC hospitals' higher commercial breakevens. (Page 16, 17, and 19)

Mercy had the highest patient service income (\$217 million) and net income (\$325 million) despite having the third-highest net patient revenue. Even though **Mercy** did not bring in the most dollars from providing care, they ended with the **largest profit** in 2023. This can be seen in Mercy hospitals' lower commercial breakevens (Page 16, 17, and 19)

Of the 14 hospitals with commercial prices greater than 200% of Medicare, 9 had a markup of over 75 percentage points from their breakeven. Nine had breakevens over 150%. This indicates **high prices among some St. Louis hospitals from both high profits and high breakevens**. (Page 20)

#### Conclusion

No St. Louis hospitals remained below 200% of Medicare and received 5 stars from CMS. (Page 6, 21)

- Of the CMS 5-Star hospitals, Missouri Baptist had the lowest commercial price (220% of Medicare), 20 percentage points above the "fair price" range. (Page 19) (Page 6, 21)
- Eleven St. Louis hospitals (listed below from lowest to highest price) charge a "fair price" to commercial payers (<200% of Medicare). None of these are 5-star hospitals, but 2 have 4 stars (Mercy Washington and Anderson). (Page 6, 18, 20, and 21)
  - 1. Mercy Hospital Washington
  - 2. SSM Health St. Joseph SC
  - 3. Mercy Hospital South
  - 4. SSM Health St. Louis University Hospital
  - 5. St. Luke's Des Peres Hospital
  - 6. SSM Health St. Joseph Hospital LSL
  - 7. SSM Health DePaul Hospital
  - 8. Mercy Hospital Jefferson
  - 9. Gateway Regional Medical Center
  - 10. Anderson Hospital
  - 11. Mercy Hospital Lincoln

#### **About This Report and the BHC**

#### **Hospital Industry Overview**

Since its inception 43 years ago, BHC's employer members have been concerned about the rampant growth in health care spending and the increasing financialization of health care in our community. The *St. Louis Hospital Industry Overview* has been the St. Louis region's premier source for information on the local health care market. Through this resource about the financial and quality performance of St. Louis area hospitals, BHC seeks to broaden transparency in the health care market, spur competition, and provide information to support all people in the St. Louis region in choosing safe, effective, and affordable health care for themselves, family members, and friends.

#### **Data and Limitations**

The information presented in this report is obtained from public data sources based primarily on information reported by the hospitals themselves, such as Medicare cost reports submitted by hospitals to the Centers for Medicare and Medicaid (CMS) and public quality data from CMS and the Leapfrog Group. The report also utilizes financial metrics from the National Academy for State Health Policy (NASHP) and from claims data analysis by the RAND Corporation. Sources are noted throughout the report below the corresponding figures and charts.

Metrics from Round 5.1 of the RAND Corporation's *Prices Paid to Hospitals by Private Health Plans* are calculated from voluntary claims data comprising \$80.2 billion of hospital spending for over 4,000 hospitals, which represents around 6% of commercial hospital spending in the United States. These claims data are from 2020 to 2022, which lags a few years behind the other data presented here, including the 2023 NASHP breakeven.

BHC has made every effort to provide accurate information. As with any analysis of hospital industry data, a note of caution is recommended. BHC depends upon the accuracy of the data reported by hospitals in their Medicare cost reports and cannot guarantee the complete accuracy and comparability of all data in this report. Changes in previously reported data are based on the most current information available, including Medicare cost report restatements.

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#### **About the BHC**

The Gateway Business Health Coalition (BHC) is a nonprofit organization representing nearly 70 leading employers, which provide health benefits to thousands of lives in Missouri and millions nationally. For 43 years, the BHC has worked to achieve its mission of supporting employer efforts to improve the well-being of their employees and enhance the quality and overall value of their investments in health benefits. To accomplish these aims, the BHC centers its work on providing pertinent research, resources, and educational opportunities to help employers understand best practices for the strategic design, and informed use, of benefits to facilitate high-quality, affordable health care.

BHC would like to thank its members for providing the support and thought leadership that enable this important work in creating this resource for our community.

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