

Hawaii Academy of Family Physicians

2026 Annual Update

February 13-15, 2026

AGENDA

Friday, February 13, 2026

TIME	SESSION	SPEAKER(S)	ROOM
6:30 AM – 7:00 AM	Exhibitor Move-In		Kauai - Salon 1
7:00 AM - 8:00 AM	BREAKFAST AND REGISTRATION		
8:00 AM – 8:15 AM	Welcome and Housekeeping		Kauai - Salon 2
8:15 AM – 9:00 AM	Thriving Together: Aligning Work, Values, and Well-Being	Jen Brull, MD, FAAFP, AAFP Past President	Kauai - Salon 2
9:00 AM – 9:45 AM	AAFP Update	Jen Brull, MD, FAAFP, AAFP Past President	Kauai - Salon 2
9:45 AM – 10:00 AM	BREAK AND EXHIBITORS KAUAI - SALON 1		
10:00 AM – 11:45 AM	Concurrent Workshop: Don't Fear the Foley: Helping PCPs Bridge the Gap when Urology Care is Limited	Sarah Racsa, MD; Razlyn Tabil, RN; Lydia Garcia, RN	Puna - Kaiku/Kipu
10:00 AM – 10:45 AM	Hospital Medicine - Top 10 Updates	Cynthia Ohata, MD	Kauai - Salon 2
10:45 AM – 11:45 AM	2026 Legislative and Advocacy Update	Robert Carlisle, MD; Kehau Kong, MD	Kauai - Salon 2
11:45 AM – 12:45 PM	LUNCH AND EXHIBITORS KAUAI - SALON 1		
11:45 AM – 12:45 PM	Non-CME Lunch: Endoscopic Decompression of the Degenerative Spine	Michael Jensen, MD, PhD	Kauai – Salon 2

12:45 PM – 1:30 PM	Board and Congress of Delegate Presentations		Kauai - Salon 2
1:30 PM – 2:15 PM	Parasitic infections for Hawaii Family Physicians	Johnnie Yates, MD	Kauai - Salon 2
2:15 PM – 2:30 PM	BREAK AND EXHIBITORS KAUAI - SALON 1		
2:30 PM – 3:15 PM	ADHD Medication Management	Jeffrey Okamoto, MD	Kauai - Salon 2
3:15 PM – 4:00 PM	Basics of Ophthalmology for Primary Care	Maria Lourdes Rodriguez, MD	Kauai - Salon 2
4:00 PM – 4:45 PM	Wound Care – Developing Your Plan of Care	Jaryn Iwamoto, RN	Kauai - Salon 2
5:00 PM – 6:00 PM	WELCOME RECEPTION AND EXHIBITORS KAUAI - SALON 1		

Saturday, February 14, 2026

TIME	SESSION	SPEAKER(S)	ROOM
7:00 AM – 8:00 AM	BREAKFAST AND EXHIBITORS KAUAI - SALON 1		
8:00 AM – 8:15 AM	Welcome and Housekeeping		Kauai – Salon 2
8:15 AM – 9:00 AM	CME Session: Abstract oral presentations - Medical Students 1) Cyclically bleeding umbilical mass: A case of primary umbilical endometriosis 2) Yellow Nails: Systemic Disease or Simple Exposure? 3) Community-Informed Recommendations for Colorectal Cancer Screening Among Filipinos in Hawai'i"	Joyce Huang Natalie Richardi Hannah Collins-Doijode	Kauai - Salon 2
9:00 AM – 9:45 AM	Pickleball and Flag football Injuries in Primary Care	Sandra Noon, DO, FACP; Maria Weisgerber; DO; Kana Maeji Carter, DO, CAQSM	Kauai - Salon 2
9:45 AM – 10:00 AM	BREAK AND EXHIBITORS KAUAI - SALON 1		

10:00 AM – 11:45 AM	Concurrent Workshop: Knee POCUS	Bradlee Sako, MD; Leimomi Kanagusuku, MD; Kana Maeji Carter, DO CAQSM ABLM	Puna - Kaiku/Kipu
10:00 AM – 10:45 AM	The 6-Pillar Pivot: Rapid Lifestyle Medicine Strategies for the Time-Crunched Clinician	Kanani Dilcher, MD; Melissa Robey, MD	Kauai - Salon 2
10:45 AM – 11:45 AM	Mālama Pilina: The Value of Relationship-Rich Family Medicine	Robert Phillips, MD, MSPH	Kauai - Salon 2
12:00 PM – 1:00 PM	LUNCH AND EXHIBITORS KAUAI - SALON 1		
12:00 PM - 1:00 PM	Non-CME Lunch: Detect and Help Prevent CRC with the Cologuard Plus™ Test	Daniel Chan, MD	Kauai - Salon 2
1:00 PM – 2:00 PM	HAFP Annual Business Meeting		Kauai – Salon 2
2:00 PM – 2:45 PM	CME Session: Abstract oral presentations - Residents 1) From assault survivor to cancer fighter: A case report on Ewing Sarcoma 2) Ricketts burden in Hawai'i Keiki population 3) Breaking the Sound Barrier: OTC Hearing Aids in Primary Care	Kayla Thomas, MD Fernando Luiz Barberio Coura, MD Akiko Kawai, MD	Kauai - Salon 2
2:45 PM – 3:00 PM	BREAK AND EXHIBITORS KAUAI - SALON 1		
3:00 PM – 4:30 PM	Concurrent Workshop: Osteopathic Manipulative Treatment (OMT)	Liana Kobayashi, DO; Ashley Baldauf, DO	Puna - Kaiku/Kipu
3:00 PM – 3:45 PM	ADA Diabetes Updates and the Role of Dieticians in Management	Cat Tsang, MD; Melissa Wong, RD, CDCES	Kauai - Salon 2
3:45 PM – 4:30 PM	If it Fits your Macros	Alex LaBounty, MD	Kauai - Salon 2
6:30 PM – 10:30 PM	HAFP FOUNDATION GALA Kauai - Salon 3		
Sunday, February 15, 2026			
TIME	SESSION	SPEAKER(S)	ROOM

8:00 AM – 8:45 AM	BREAKFAST KAUAI - SALON 1		
8:45 AM – 9:00 AM	Welcome and Housekeeping		Kauai - Salon 2
9:00 AM – 9:45 AM	Approaches to Treatment Resistant Major Depression	Kanwardeep Singh Kaleka, MD, PhD	Kauai - Salon 2
9:45 AM – 10:45 AM	Partnering for Change - Effective Strategies and Immediate Application of Skills in Obesity Management in Primary Care	Rainier Bautista, MD, FAAFP; Leigh Perreault, MD, FACE, FACP,	Kauai - Salon 2
10:45 AM – 11:30 AM	AI in Healthcare	Bryn Chowchuvech, MD	Kauai - Salon 2
11:30 AM – 12:30 PM	LUNCH ON YOUR OWN		
12:30 PM – 4:00 PM	Group KSA: Care for Older Adults	Leimomi Kanagusuku, MD	Kauai - Salon 2