

Celebrating Excellence: Heidi McPhee Named 2026 Home Care & Hospice Nursing Assistant of the Year

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We are proud to share that **Heidi McPhee, LNA**, has been selected as the 2026 Home Care & Hospice Nursing Assistant of the Year by the Home Care, Hospice & Palliative Care Alliance of New Hampshire.

Chosen from an exceptionally strong group of nominees across the state, Heidi's recognition reflects her extraordinary compassion, skill, and the profound impact she has made during her four years with the Elliot VNA Hospice team.

Heidi was honored at the Alliance's Annual Meeting, where leaders from across New Hampshire gathered to celebrate excellence in home-based care.



Heidi McPhee, LNA

Why Heidi Stands Out

Her nomination—submitted by Hospice Clinical Manager, Lara Richardson, RN—captured what so many of us already know: Heidi is a rare and remarkable caregiver whose presence brings comfort, dignity, and humanity to every patient and family she serves.

Here are just a few of the qualities highlighted in her nomination:

- **Unmatched compassion** — Heidi has a gift for making anyone feel at ease, regardless of their background or circumstances. Nurses and social workers routinely request her partnership in challenging situations because they know she will support patients and families with empathy and without judgment.
- **Going above and beyond** — Whether staying late, working on her day off, or sitting for hours with a young mother nearing the end of life so her children could see her cared for with dignity, Heidi consistently shows up with her whole heart.
- **A source of comfort for families** — Families describe her as a “ray of sunshine,” someone who brings out the best in people even in the hardest moments. One daughter shared that her mother—known to be “not the kindest person”—never wanted Heidi to leave her side.
- **Trusted and beloved by colleagues** — From our scheduler (“Everyone loves her and requests her!”) to our nurses (“She anticipates needs before anyone asks”),

Heidi is recognized as someone who elevates the entire team.

A Calling, Not Just a Career

One nurse captured Heidi's impact beautifully:

"Heidi brings a rare kind of compassion to her work—one that goes far beyond routine care. Her kindness isn't performative; it's consistent, genuine, and deeply felt by everyone she encounters. Families remember her not just for the care she provides, but for the dignity and humanity she preserves in their loved ones' final chapter."

Heidi embodies what it means to be a hospice caregiver: present, patient, intuitive, and deeply committed to honoring each person's journey.

Please Join Us in Congratulating Heidi

Her recognition is a proud moment for Elliot VNA and a reflection of the exceptional care our hospice team provides every day. We are grateful for Heidi's unwavering dedication and the light she brings to patients, families, and colleagues alike.

Congratulations, Heidi—your compassion inspires us all.



Catherine Frasco, PT, DPT, MS
Vice President
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