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What's Ahead for the Economy: Our Top Calls for the U.S. & Hampton Roads

2025 ECONOMIC OUTLOOK

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After spending the past 30 years as managing director and senior economist at Wells Fargo's Corporate and Investment Bank, Mark Vitner founded Piedmont Crescent Capital this past year. At his new firm, Mark provides analysis of the macro economy to clients located throughout the country and writes a series of reports on the US economy, local economies, small business, and residential and commercial real estate. He also provides economic content for CAVU Securities, writing their monthly newsletter, The CAVU Compass.

Originally from Atlanta, Mark earned a BBA in economics from the University of Georgia, an MBA from the University of North Florida and completed further graduate work in economics at the University of Florida. Mark is a member of the National Association of Business Economics and completed the NABE Advanced Training in Economics Program at Carnegie Mellon University. He is also a member of NABE's inaugural Certified Business Economist (CBE) class.

Mark is active in the community, co-founding the Charlotte NABE chapter and serving as board chair for the Foundation for the Charlotte Jewish Community. Mark also chaired the Economic Advisory Council for the California Chamber of Commerce and currently serves on the Joint Advisory Board of Economists for the Commonwealth of Virginia. His commentary has been featured in The New York Times, The Wall Street Journal, Bloomberg, and many other publications. Mark also makes frequent guest appearances on CNBC and other major networks.

The Economic Outlook Depends Upon Your Place & Perspective



2026 Will Likely Be a Better Year than Current Consensus Estimates

After a surprisingly strong third quarter, **we look for Q4 GDP to slip below 2% and for early 2026 to begin slowly**. Business fixed investment remains the cycle's anchor, led by AI infrastructure, biopharmaceuticals, energy and power, and selected reshoring initiatives. By spring, larger tax refunds and a nascent recovery in home buying should lift growth back toward 2.5%. **2026 Call: Stronger-than-consensus GDP growth, with real GDP rising at around a 3.0% annual rate.**

Growth Continues to be Primarily Capital Driven

AI infrastructure, power systems, aerospace, defense, biopharma, and advanced manufacturing remain the most durable engines of growth. These sectors are anchored in structural investment cycles and rising foreign direct investment and are far less sensitive to household sentiment. Discussions about how weak the economy would be without AI are misplaced. Without AI, capital would still flow to its highest risk-adjusted rate of return. **2026 Call: Private fixed investment posts one of its strongest multi-sector performances in decades.**

The Tariff-Driven Spike in Inflation Has Peaked and Softening Shelter Cost Will Pull the Core CPI Lower

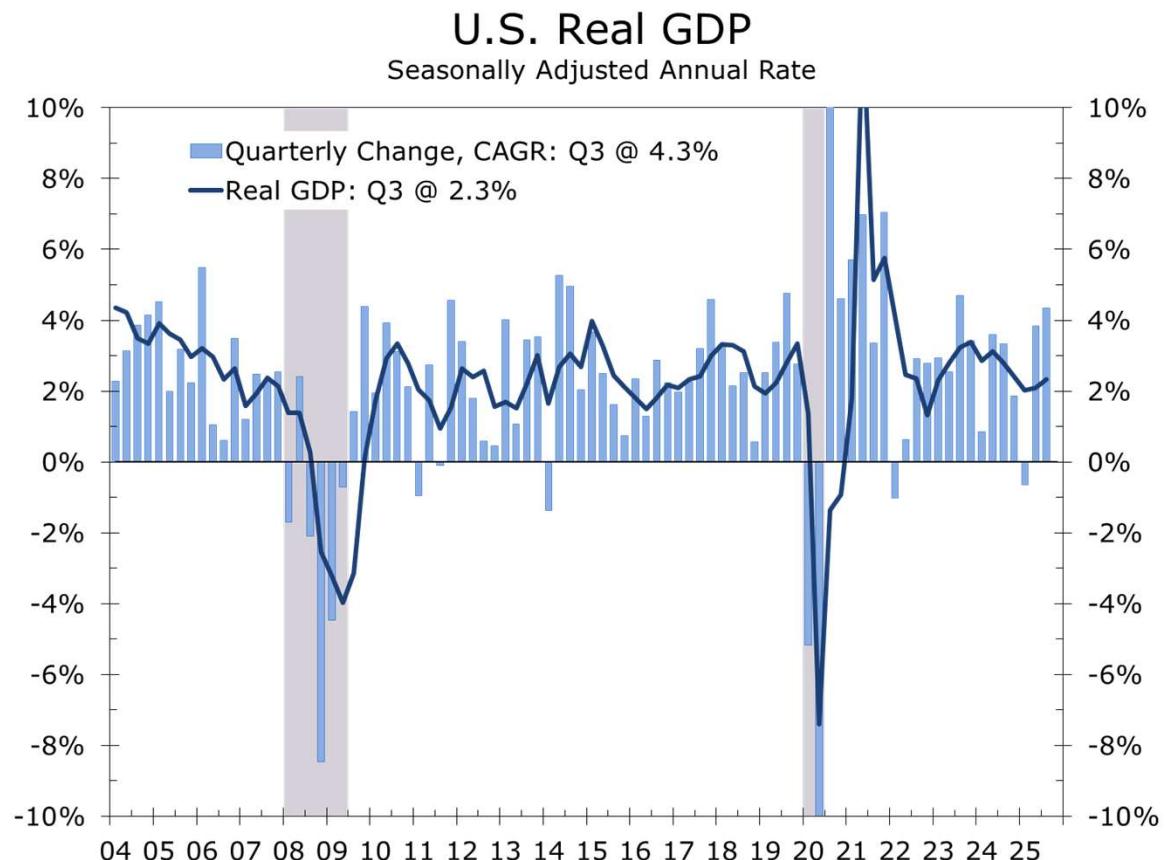
Larger and more disruptive tariffs interrupted the moderation in core inflation during 2025 but the bulk of the inflationary impact has now passed, and tariffs are being reduced or narrowed. Beef prices will be an issue in 2026, but overall **inflation is set to moderate**. Cooling home prices nationwide signal the onset of sustained shelter disinflation. With rents lagging home prices by 9–12 months, the CPI's largest component finally begins to ease, reinforced by a surge of new rental supply. **2026 Call: Shelter CPI slows to 3% or less, pulling core inflation back under 2.5% by yearend.**

The Expansion Catches Its Second Wind

The **2026 expansion gains renewed traction** as early-year softness gives way to a firmer, more broad-based upturn. The labor market stabilizes after a near-jobless stretch, helped by easing wage pressures, lower interest rates, and a gradual pickup in hiring. Housing begins to re-engage as mortgage rates drift toward 6% and inventories improve. **2026 Call: Combined, these forces allow the expansion to catch its second wind—shifting from a narrow, capital-led phase into a more durable and better-balanced trajectory heading into the second half of the year.**

Real GDP Surprised to the Upside in Q3

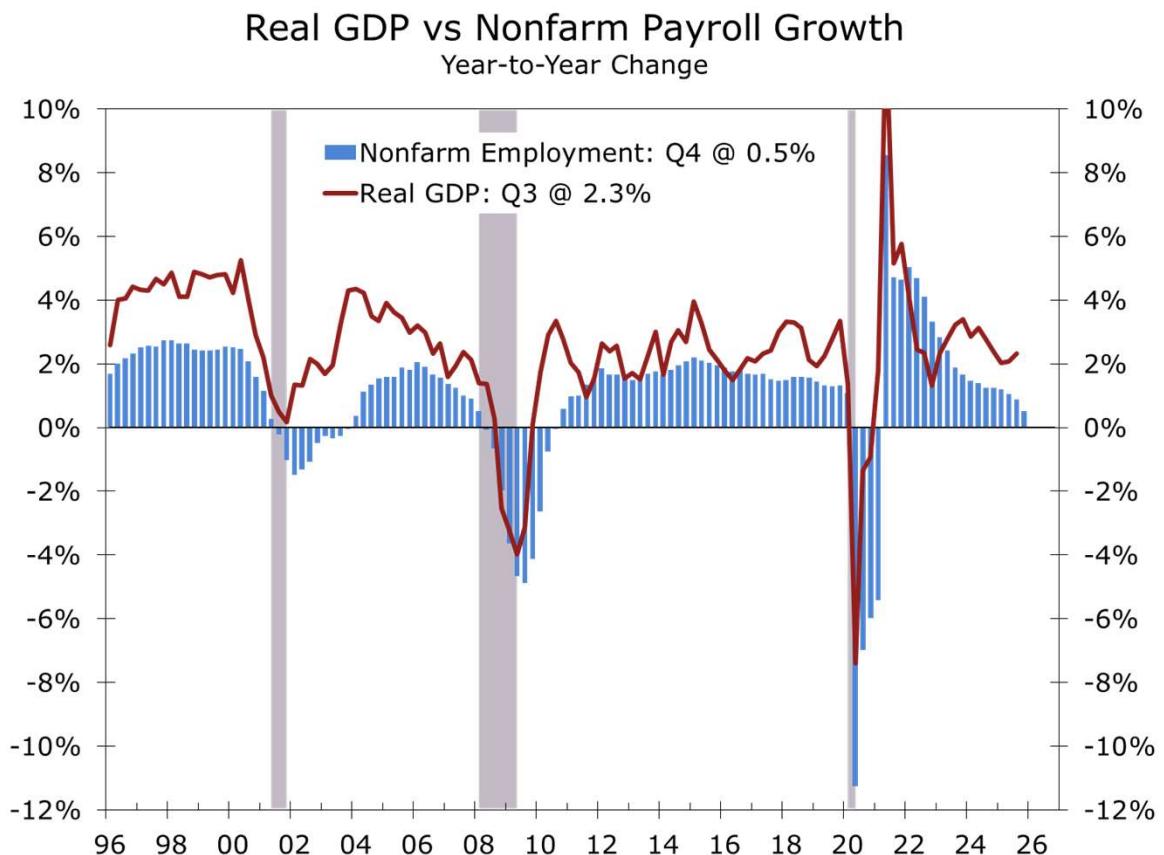
- Real GDP rose 4.3% annualized in Q3, boosted by defense spending and a 1.6 pp lift from net exports as imports fell after tariff front-loading.
- The consumer remains the economy's anchor, albeit unevenly.
- Private fixed investment is a key growth engine, with AI, energy infrastructure and life sciences leading the way.



Overall Growth Has Proven Resilient, Even As Hiring Has Moderated



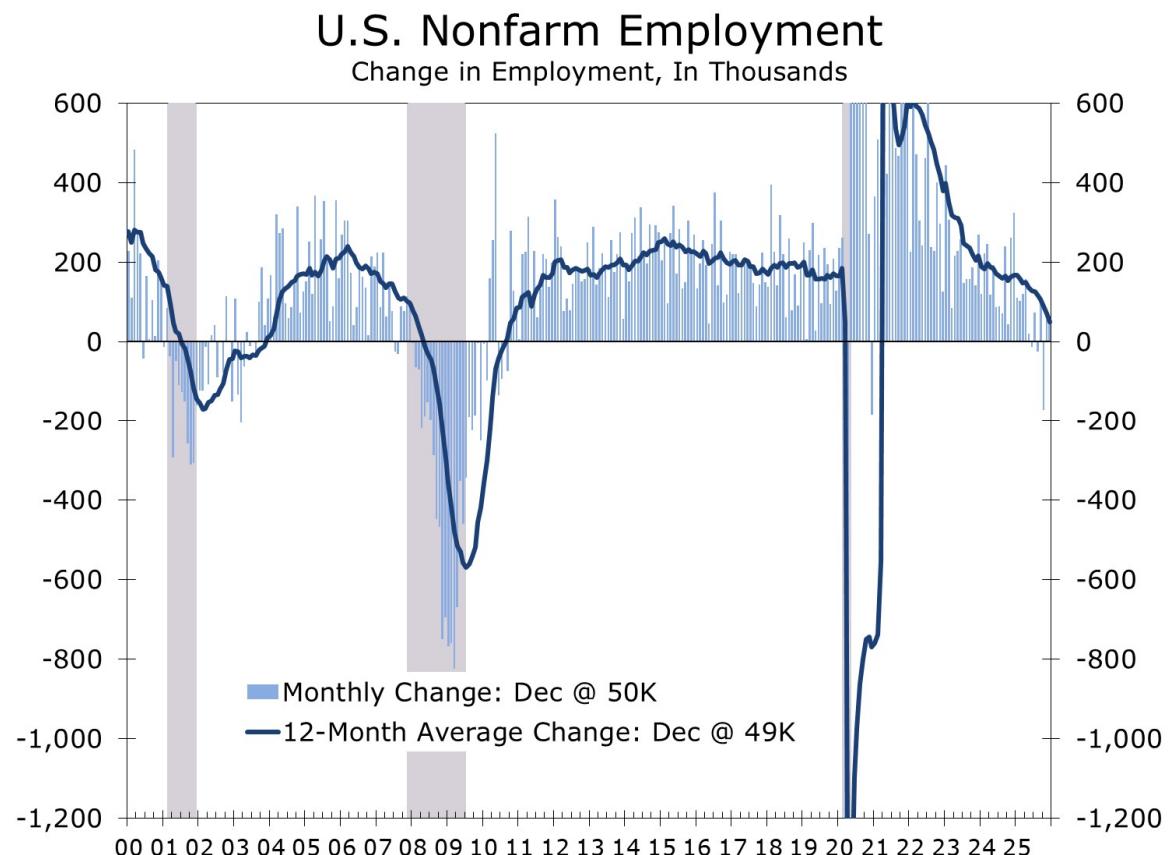
- Real GDP forecasts have been amped up for the next couple of quarters, even as job growth has slowed.
- Atlanta Fed GDPNow calls for 5.3% Q4 real GDP growth.
- Hiring has already slowed to a crawl, with reported job growth just barely enough to keep the unemployment rate from rising sharply.
- Economic growth is being driven by capital investment and higher end consumer spending.



Reported Job Growth is Now Closer to the True Underlying Trend



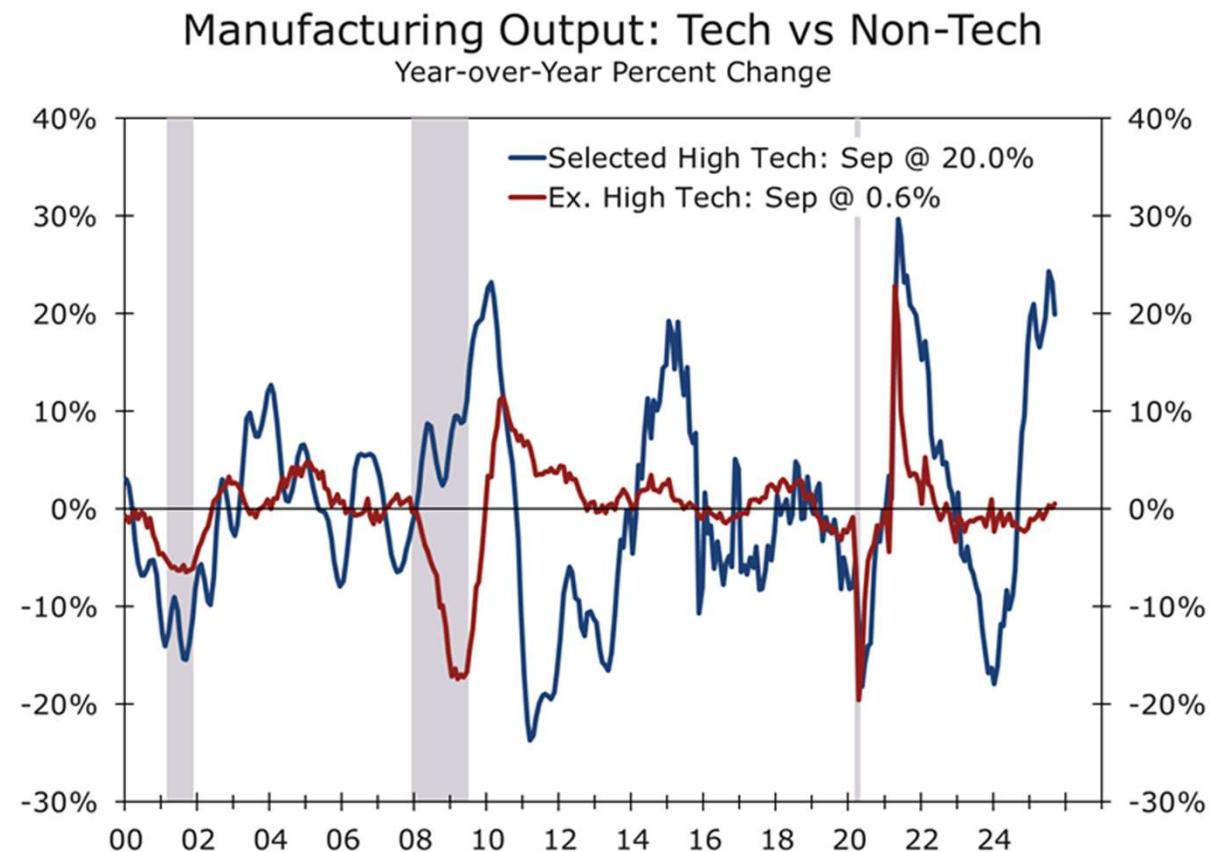
- Nonfarm payroll growth has recently slowed to a 0.2% pace and job growth is still likely overstated.
- Payrolls were grossly overstated since the Feb 2023, due to an 'odd' benchmark adjustment that raised reported '23 & early '24 job growth.
- The most recent QCEW data (Mar 2025) suggest nonfarm job growth is averaging just under 81k per month.
- More recent data would put the pace at closer to 60k per month. But with the QCEW showing payrolls overstated by 911,000 jobs (75k/month), that is likely closer to zero.



Capital investment Remains the Driving Force Behind Growth

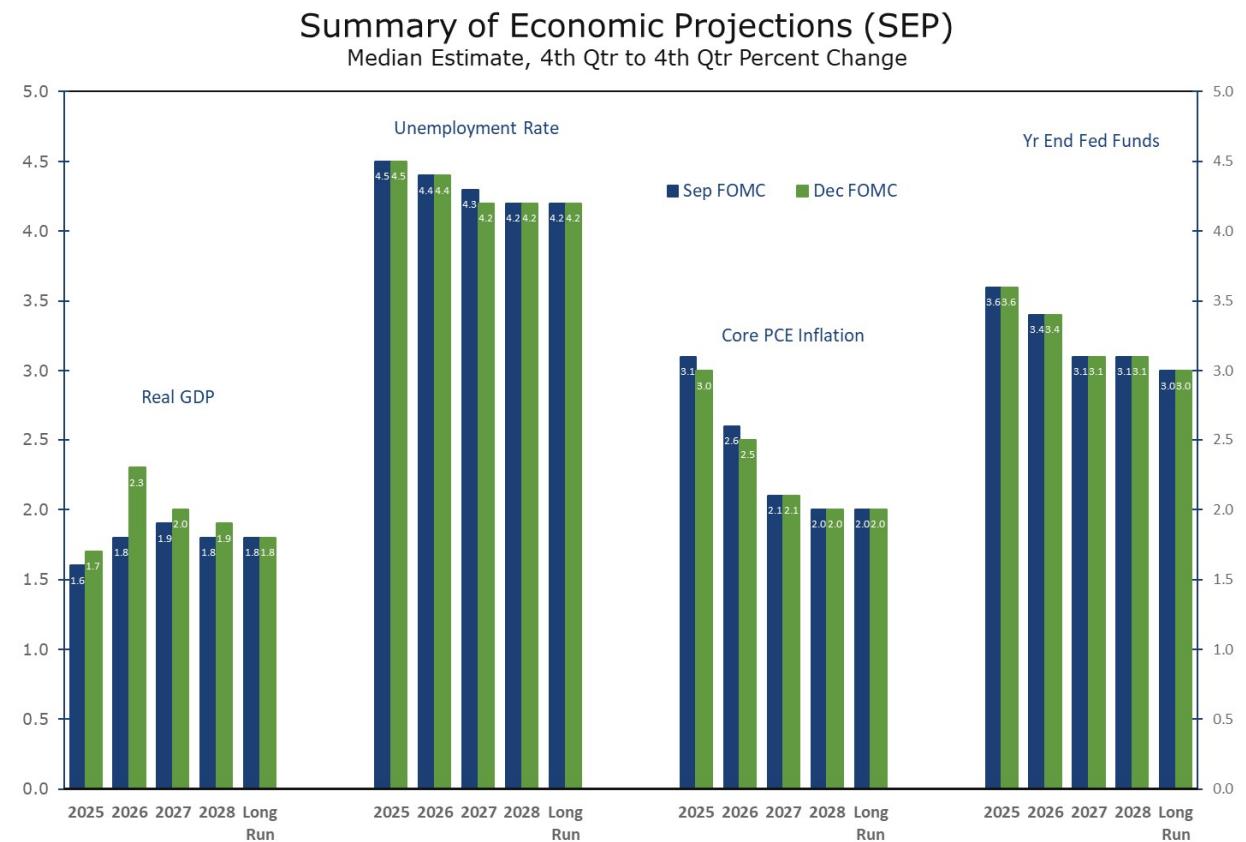


- The AI Buildout, investment in energy and power, aerospace and defense and biopharmaceuticals, remain the key drivers of economic growth.
- Reshoring will begin to add to growth in a meaningful way in 2026.
- Inventory restocking will also boost output, particularly in the second half of '06.



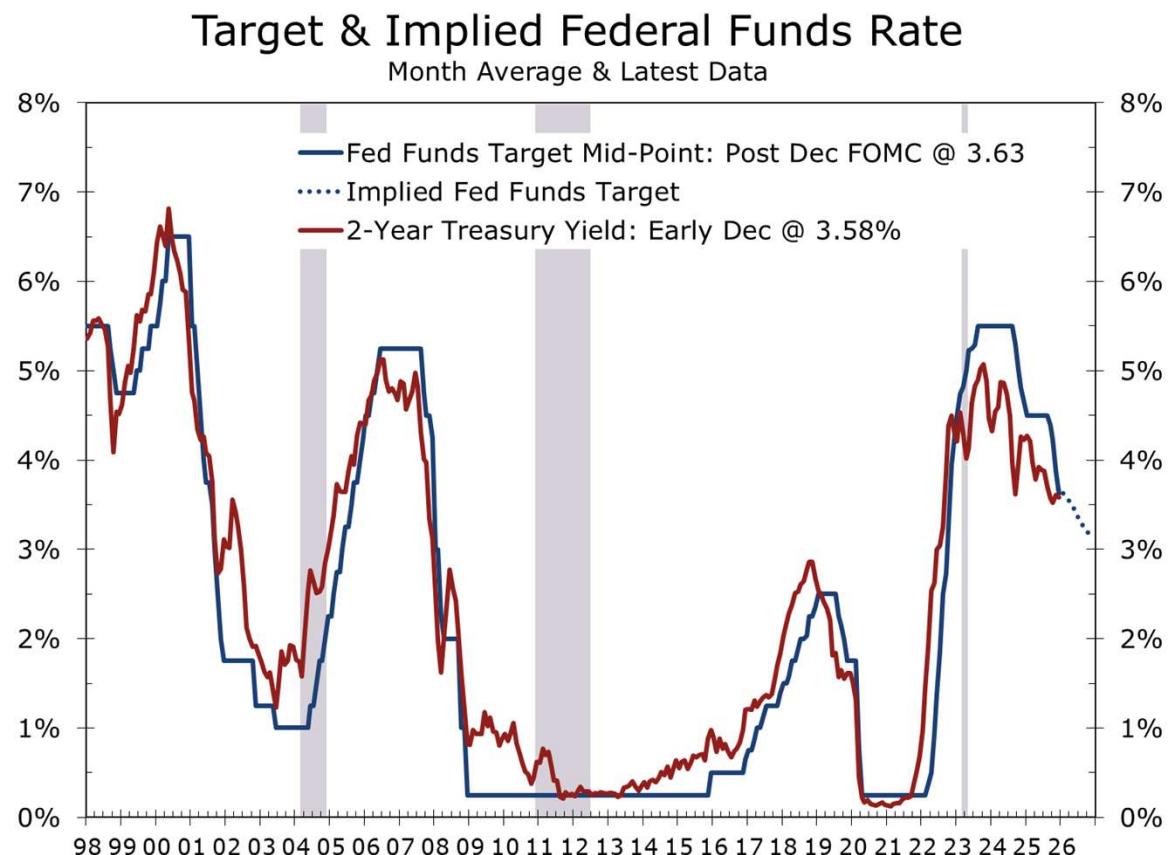
The Latest SEP is More Upbeat on 2026 GDP Growth

- The biggest surprise in the December SEP update was the large upward revision to 2026 GDP growth.
- The surge in capital investment and AI are expected to boost productivity.
- Tax cuts are also expected to boost growth.
- Expectations for the unemployment rate were unchanged, and inflation expectations were slightly reduced.



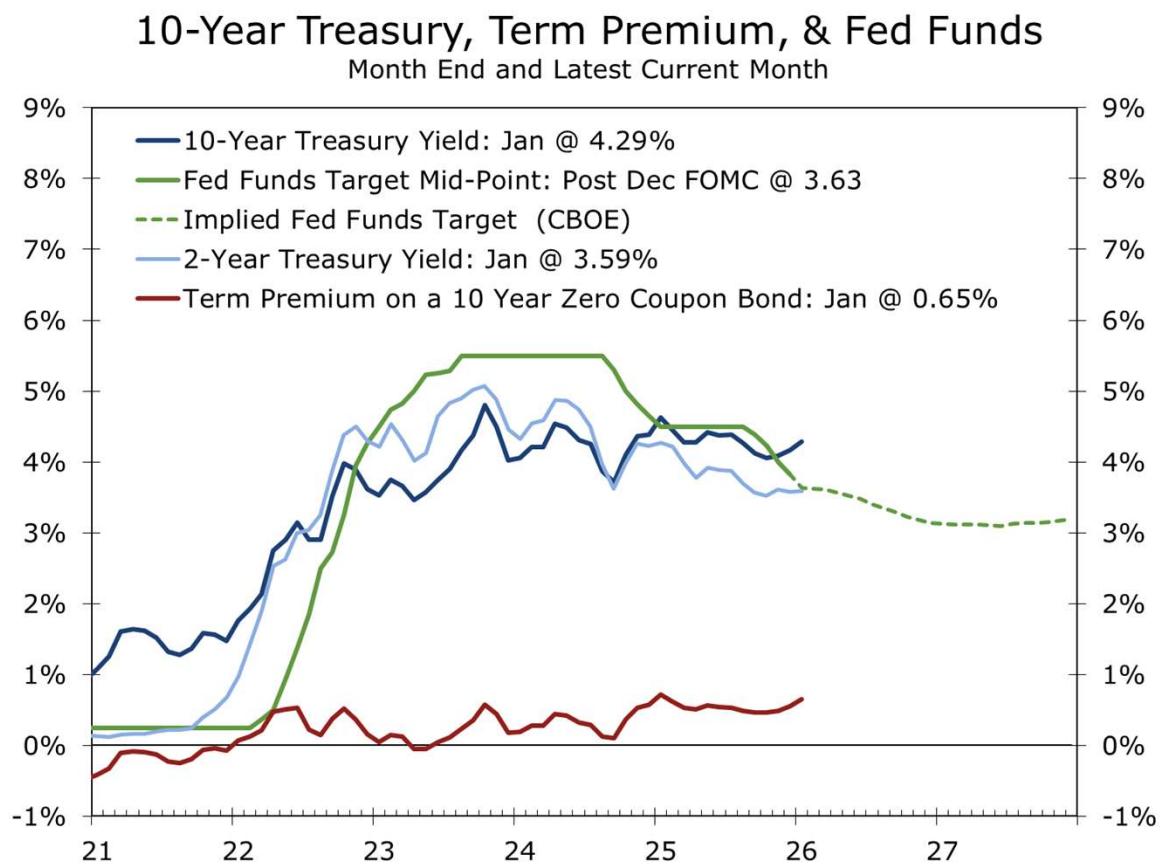
The Fed is Likely to Slow its Pace of Rate Cuts

- After cutting interest rates in December, the Fed is likely to slow the pace of rate cuts, likely to cut at alternative meetings.
- Short and intermediate bond yields are likely to anticipate the Fed's move and might actually overshoot to the downside on weak economic news.



Bond Yields Have Risen As Tail Risks Widen Term Premia

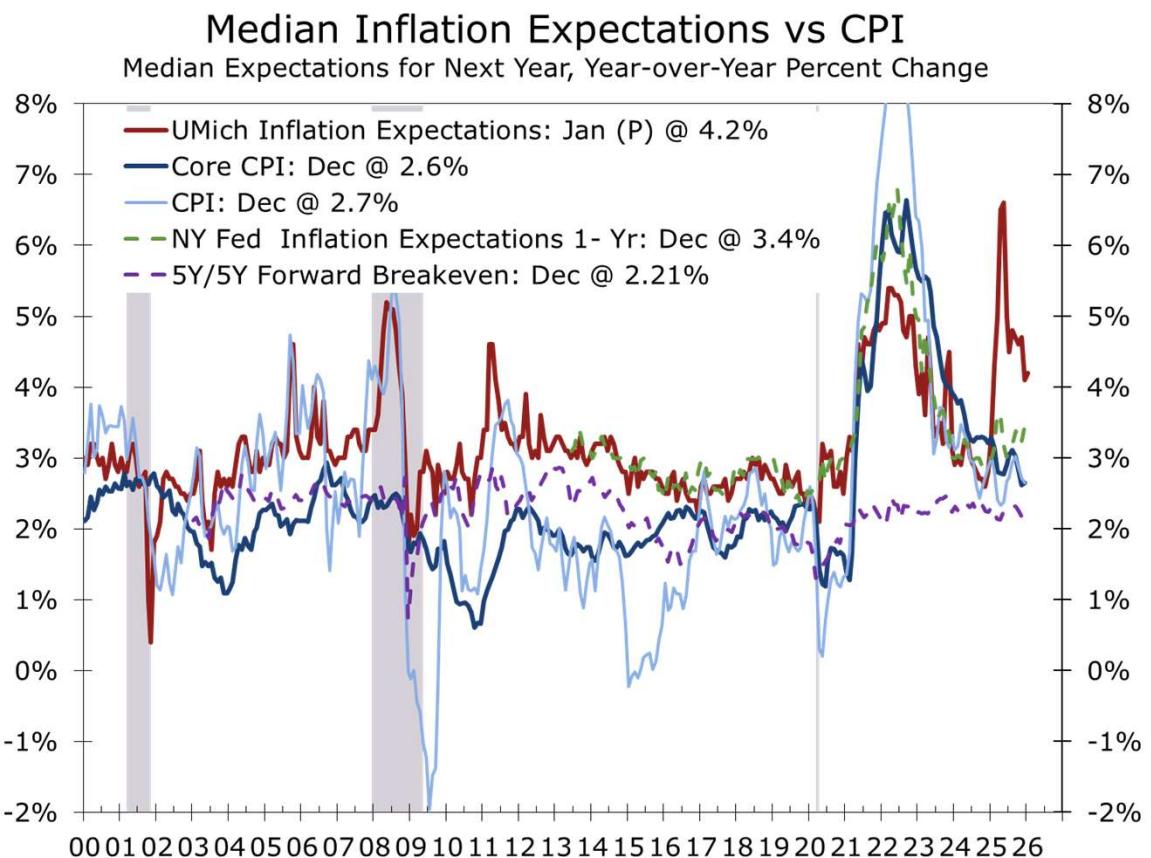
- The recent surge in Treasury yields has been driven by a widening term premium, not a repricing of the expected path for the federal funds rate.
- Heavy long-term issuance, combined with heightened fiscal and policy uncertainty, has increased the compensation investors demand to hold duration.
- Inflation expectations remain well anchored, and market expectations for the federal funds rate are largely unchanged—reinforcing that this was a duration-risk event.



Tariffs are Top of Mind, yet the Economy is Less Exposed to Tariffs

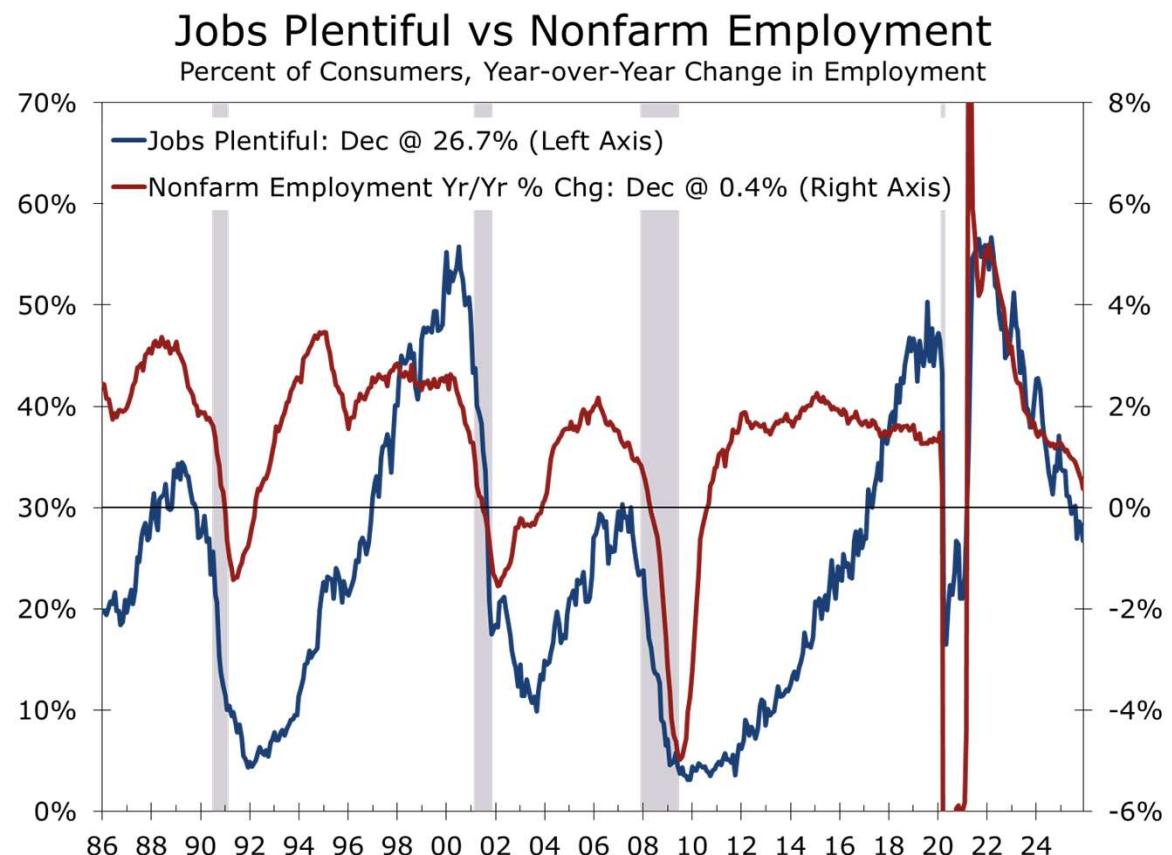


- Year ahead inflation expectations fell back to 4.2% in early January, the lowest level since prior to Liberation Day tariffs were announced.
- While tariffs are the highest since the 1930s, the structure of the economy has changed dramatically.
- In the 1930s, 75% of consumer spending went to goods; today, more than two-thirds is for services.
- Of the remaining one-third spent on goods, only 40% are imported—and only part are subject to tariffs.
- Tariffs are also placed on the manufactured cost of goods not the retail price.



Consumers Feel that the Labor Market is Weaker than the BLS says

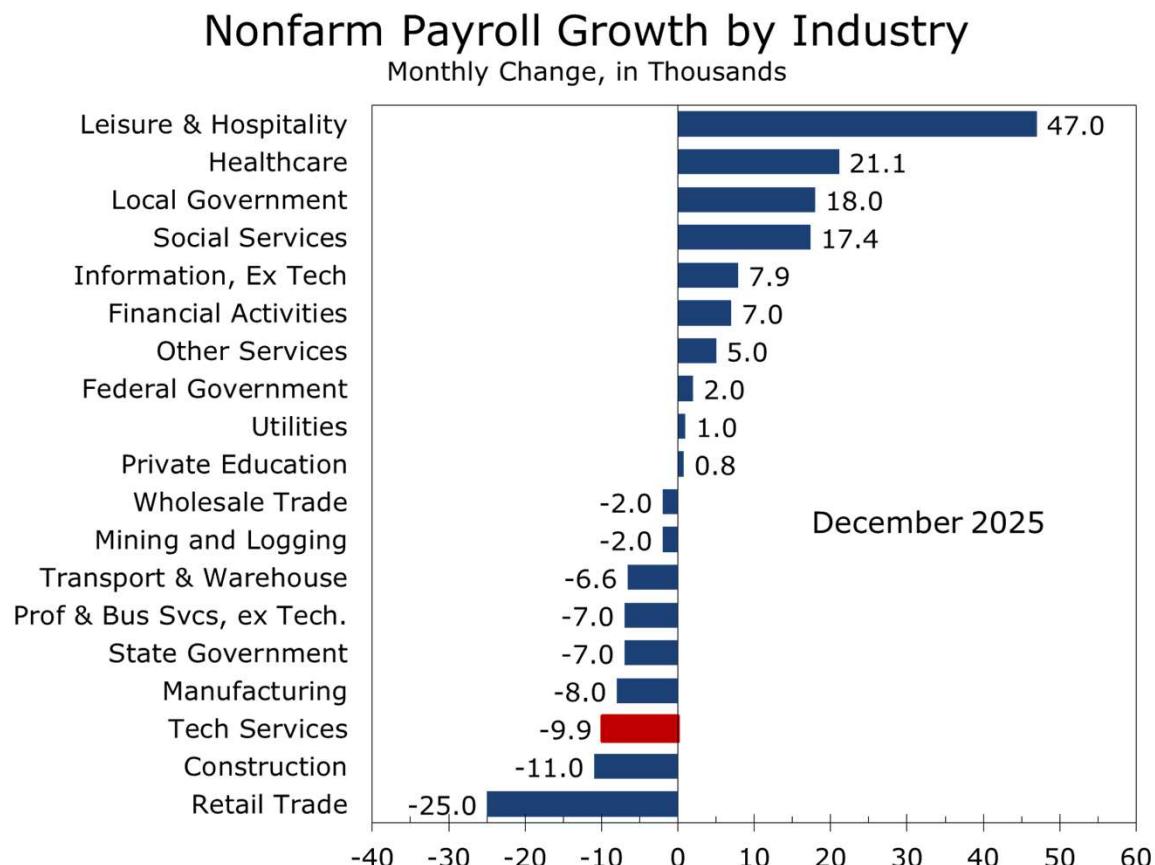
- The share of consumers who believe “jobs are plentiful” has fallen sharply.
- This trend aligns with JOLTS data showing fewer hires and fewer separations.
- Weaker jobs data stand in sharp contrast to stronger GDP growth, suggesting the onset of a higher-productivity *“New Economy”* era.



Job Growth Remains Concentrated in a Handful of Industries

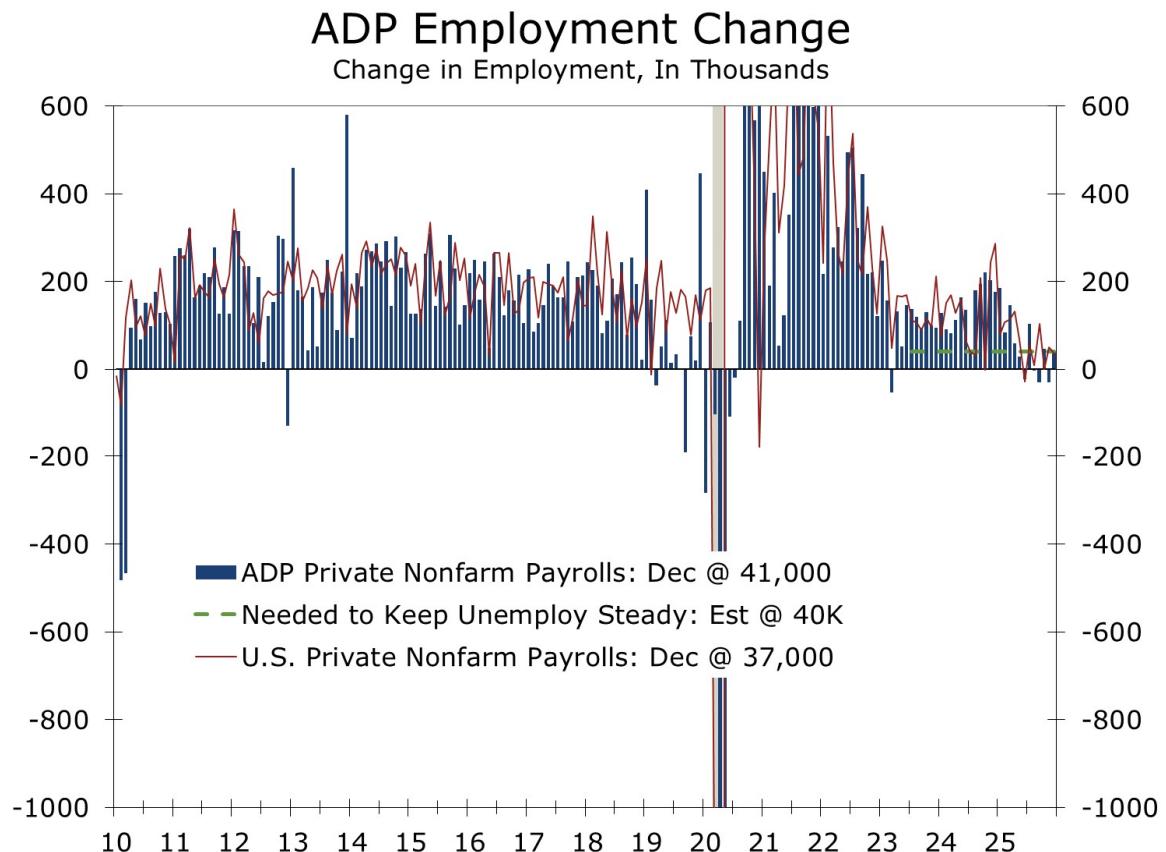


- Job gains remain narrowly based.
- Health care & social services, and a handful of other sectors account for the bulk of recent job growth.
- Construction is benefitting from the AI buildout but the housing backlog is winding down.
- Tech jobs decline this past month.



Job Growth Has Slowed to a Crawl

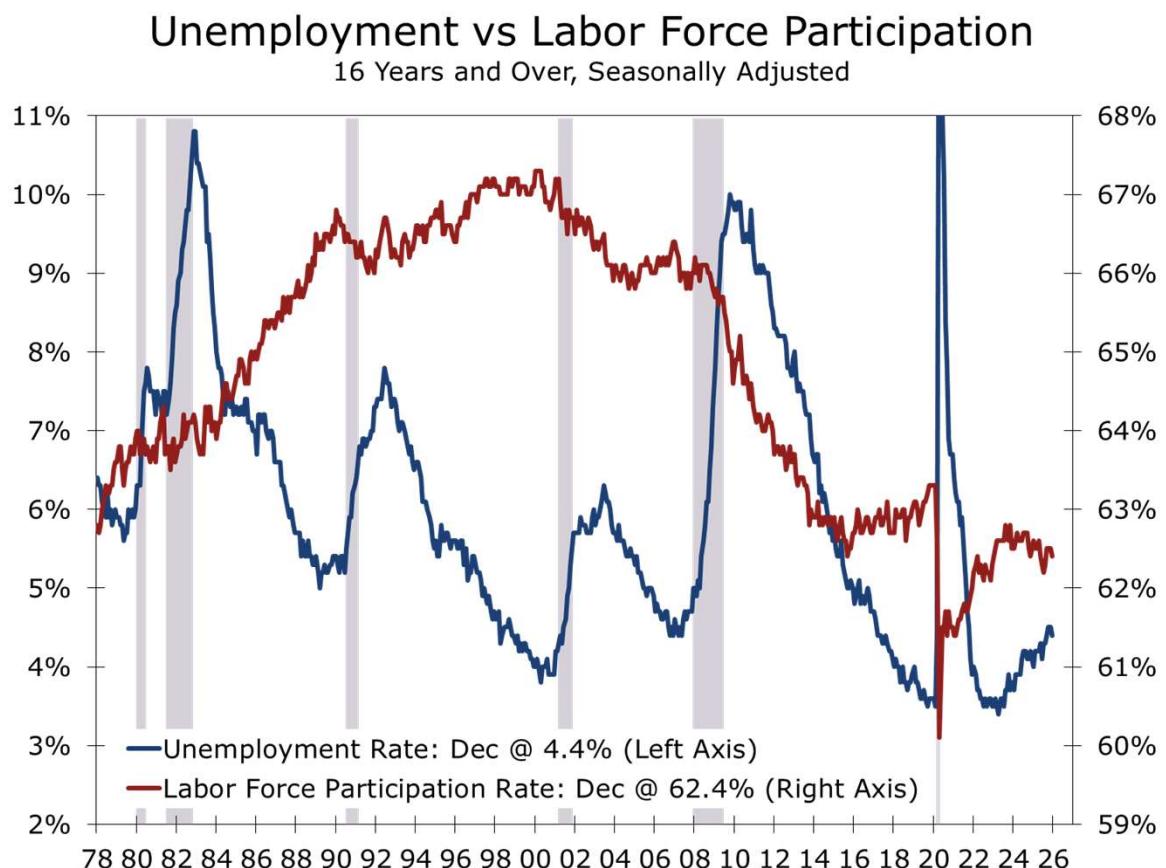
- The latest ADP data show private payrolls added 41,000 jobs in December and have declined in 3 of the past 5 months.
- Jerome Powell noted that the government's jobs data is likely overstated by 60,000 jobs month since April, implying a 20k job decline per month.
- Job losses are broadening beyond interest-sensitive sectors and will likely rise as still lengthy construction pipelines clear.
- Part of the slowdown in hiring is likely tied to AI and tighter immigration enforcement. Most of the slowing, however, is cyclical.



The Unemployment Rate Will Only Rise Modestly, Despite a Nearly Jobless Expansion

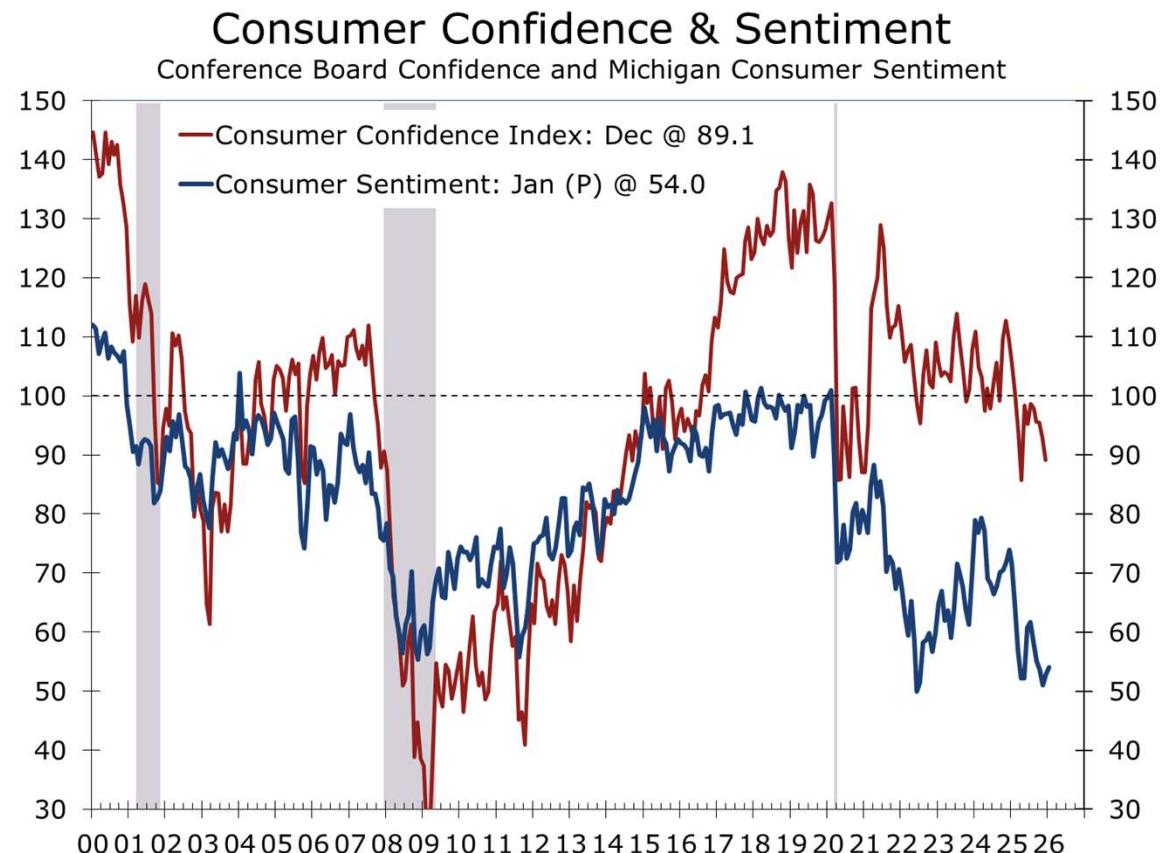


- Sluggish labor force growth will restrain the unemployment rate, even as the economy endures a period of modest job losses.
- We expect nonfarm employment to dip slightly into negative territory for the October to March 2026 period.
- Private sector payrolls will be closer to zero.
- Baby boomer retirements, tighter immigration enforcements and sluggish hiring will restrain labor force growth.



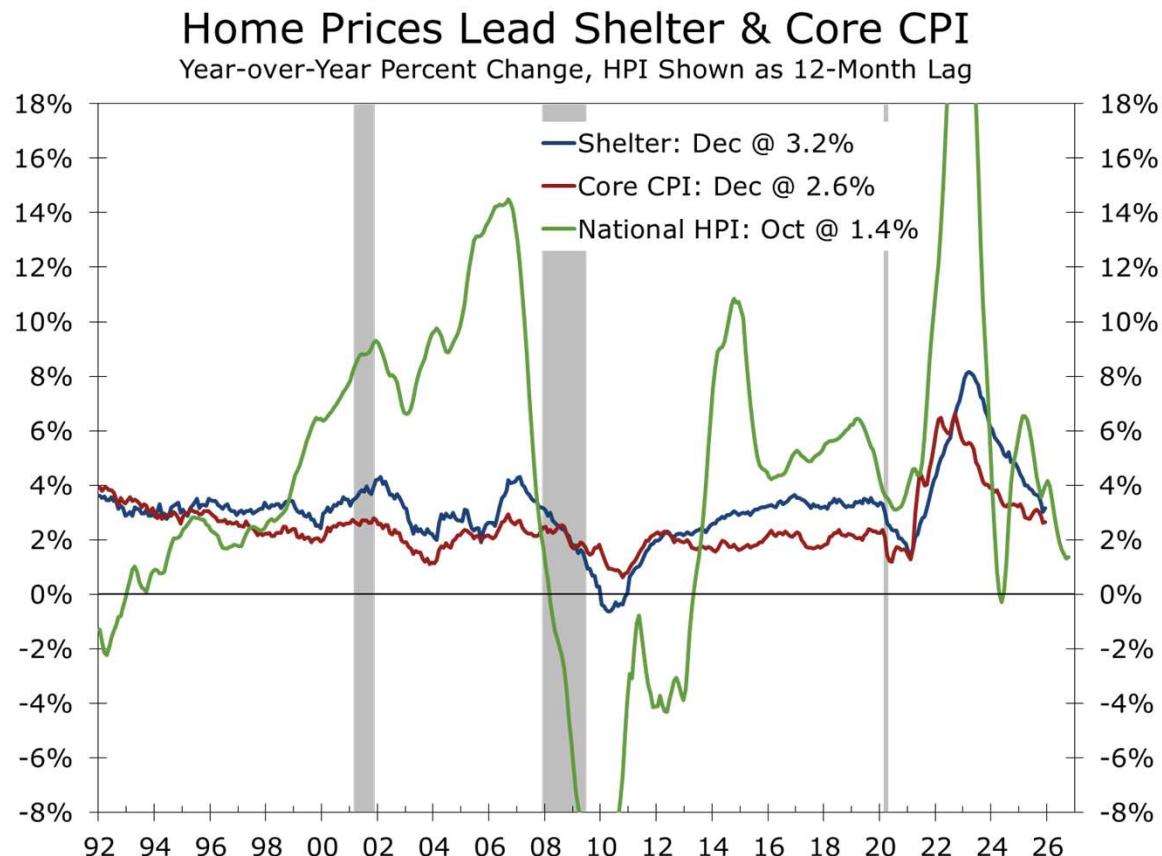
Confidence is Off the Lows, but Still Signals Weak Underlying Growth

- Years of higher prices for housing, insurance, and groceries have weighed heavily on consumer sentiment.
- Uncertainty over tariffs and their impact on prices and hiring has further increased these concerns.
- Sentiment tumbled in early January, driving home the influence of political tensions, and remains consistent with slower economic growth. Sentiment tumbled again last spring and summer.



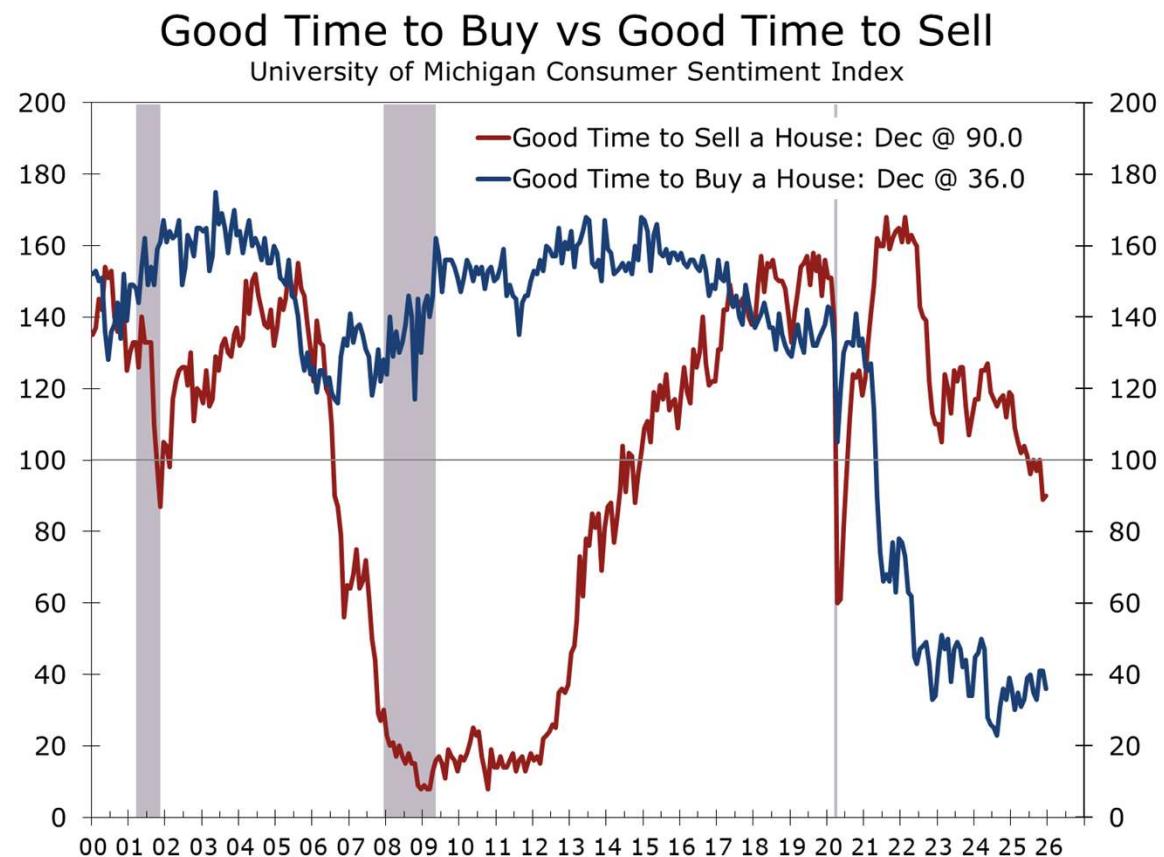
We Expect to See a Consumer Reset in 2026

- Tariffs upended the downtrend in the core CPI this past year, but prices now appear to be cooling once again.
- Shelter accounts for 44% of the core CPI and looks set to decelerate along with home prices.
- Home prices have been essentially flat since December and are currently up just 1.4% year-to-year. Changes in home prices lead changes in shelter costs by 12 to 18 months.



Buying Sentiment Remains Weak and Selling Sentiment is Falling

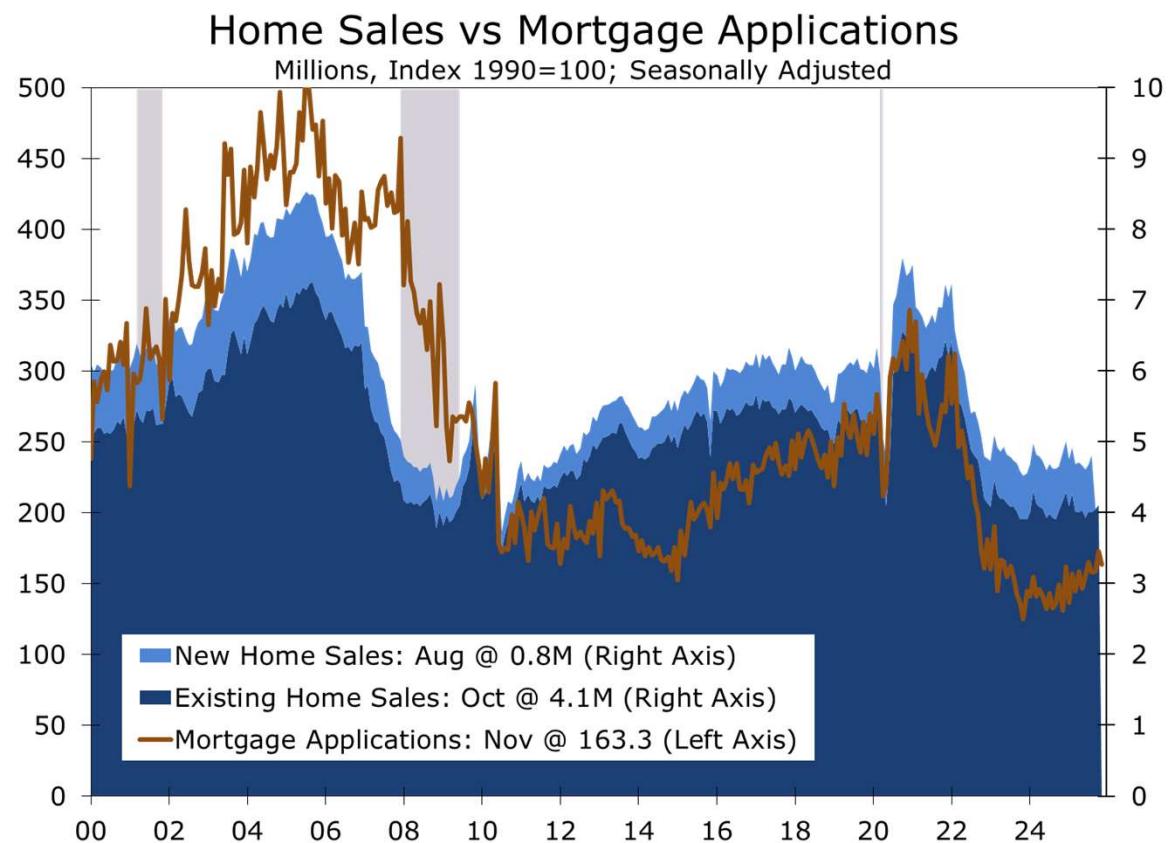
- The lack of affordable homes available for sale and 'high' interest rates have kept many potential buyers on the sidelines.
- Fixed mortgage rates below 6.35% are a key signal to bring buyers back, but rates around 6% would produce a more meaningful rebound.
- The hiring slowdown is also weighing on buying plans.



Lower Mortgage Rates Have Provided a Slight Boost to Home Sales



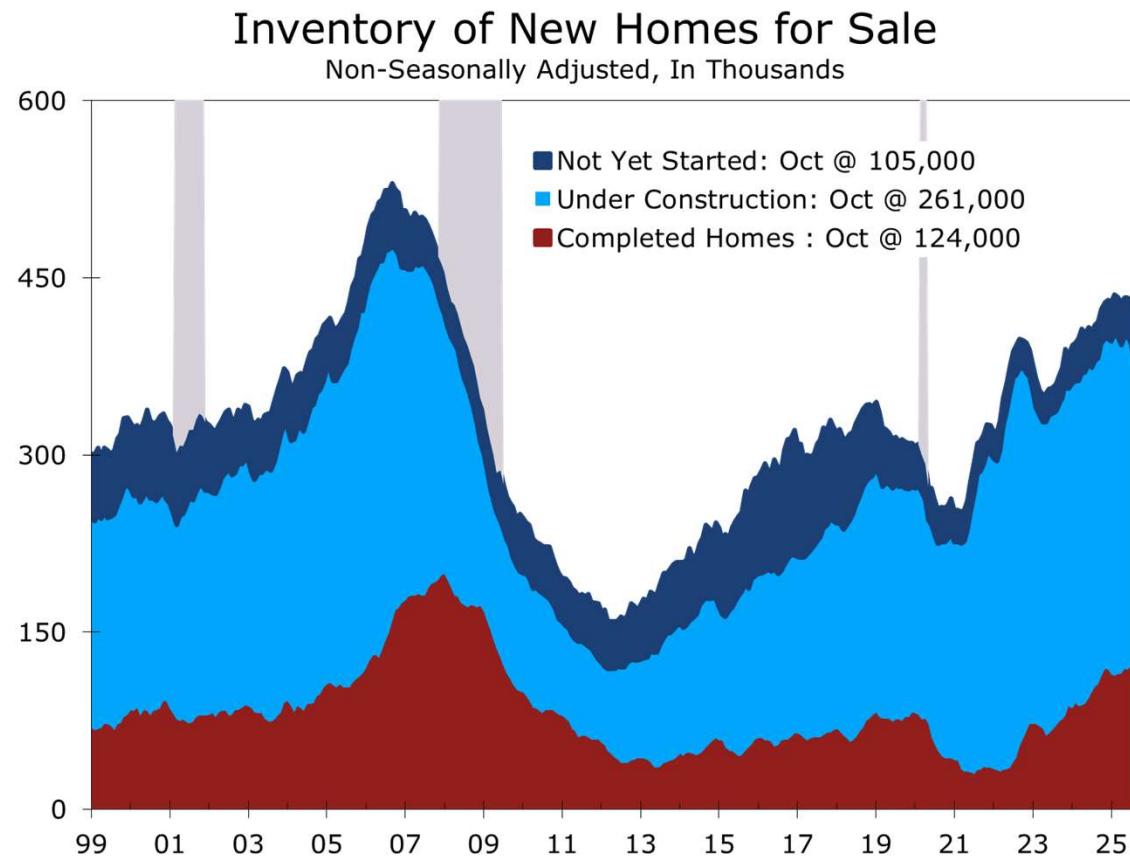
- Existing home sales have edged back to a 4.1-million-unit pace but remain at essentially recession levels.
- New home sales have gotten a bigger lift, thanks to generous builder incentives.
- Builders are relieved that price cuts have brought out buyers but still worried about mounting supply.



Source: National Association of Realtors, Census Bureau and Mortgage Bankers Association

New Home Inventories Have Likely Peaked But Remain too High

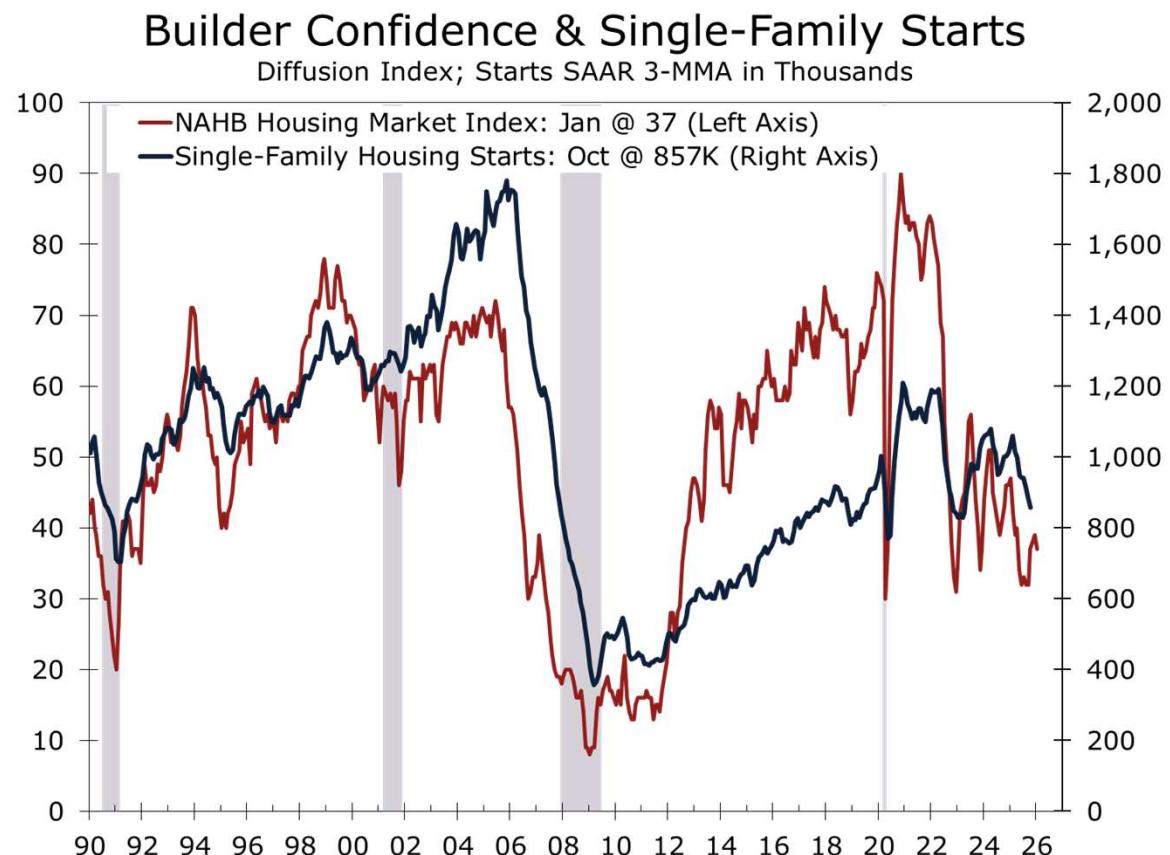
- Inventory fell slightly for the fifth month in row, sliding back to 488,000 homes in October, but remains 1.7% higher than a year ago.
- New home sales remained solid in October and are up 18.7% year-to-year.
- With sales up, supply fell to 7.9 months, down from a high of 9.6 months in May
- The number of completed, move-in ready homes has risen 10.7% over the past year to 124,000.
- The median new home price fell 0.8% in October to \$392,300 and have fallen 8% from their year ago level.



Housing Starts Slow Amid Rising Inventory and Softer Buyer Demand



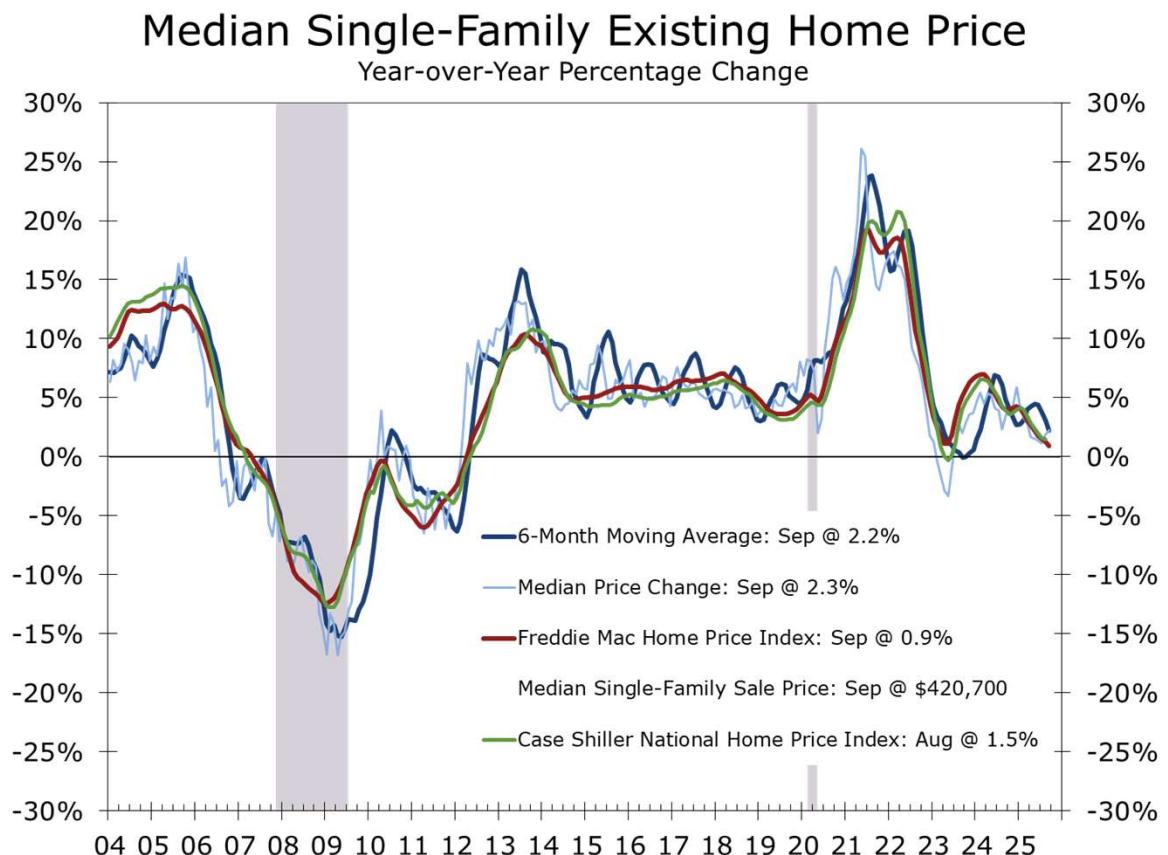
- Single-family starts rose 5.4% in October to an 874,000 annual rate (seasonally adjusted), as high inventories and rising material costs keep builders sidelined.
- New home sales
- Builders are aggressively discounting to trim the heaviest unsold inventories in more than a decade.
- The NAHB/Wells Fargo HMI fell back to 37 in January while expected sales fell from 49 to 52.
- While price cuts have brought out buyers, buyer traffic remains low. High inventories are weighing on builder sentiment.



Source: Census Bureau and National Association of Home Builders (NAHB)

Home Prices Are Moderating

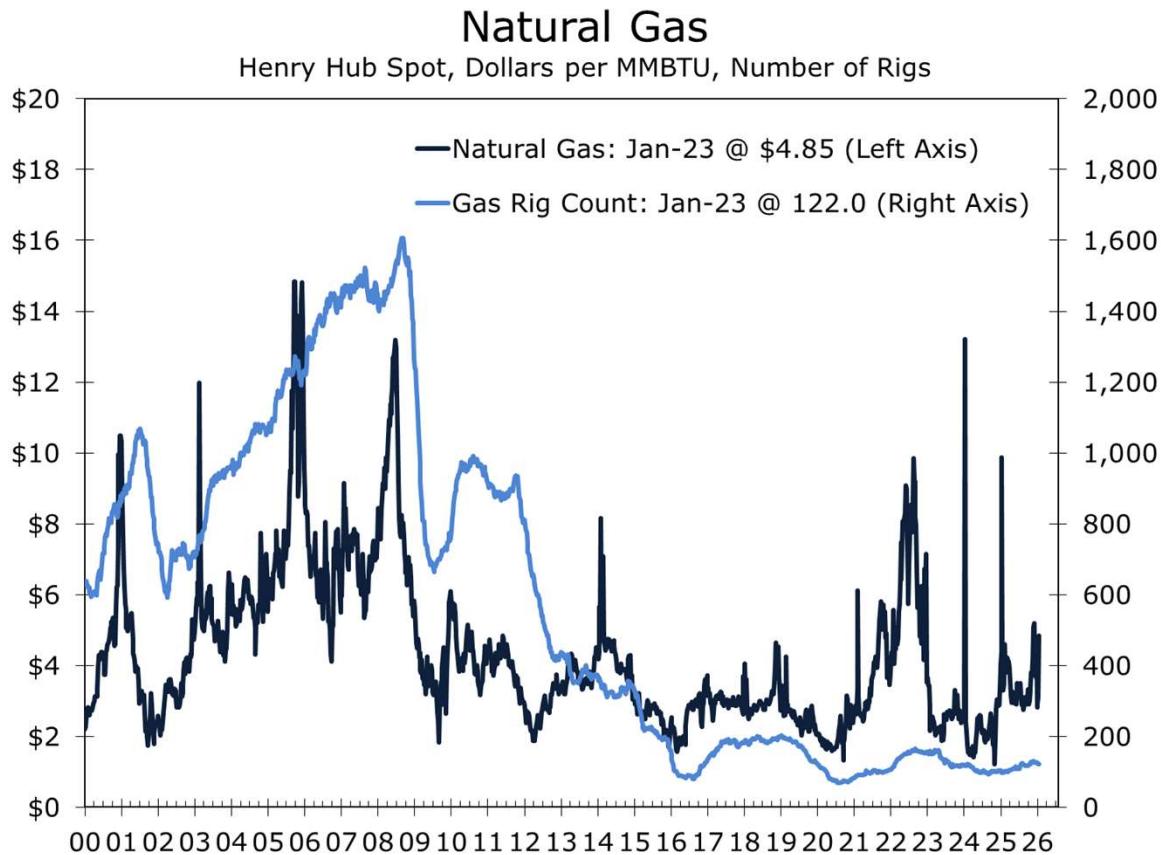
- The Case-Shiller HPI has fallen the past three months, and year-to-year price appreciation has slowed across all price measures.
- The Median Price of Existing Home hit an all-time high due to a shift in the mix of sales.
- Prices are easing the most in markets that had seen sharp appreciation, including Florida and Austin.



Cold Weather Wipes Away Worries About Oversupply, for Now



- Prices have rebounded sharply from late-2025 lows, driven by a combination of colder winter weather, production discipline, and a reassessment of how quickly excess supply can be absorbed.
- Supply growth is slowing, as producers have curtailed drilling activity in response to last year's price collapse.
- Demand fundamentals are improving, with rising power-sector consumption, growing LNG feedgas demand, and structural support from data centers, electrification, AI build.
- Volatility remains elevated, reflecting a market transitioning from surplus toward balance.



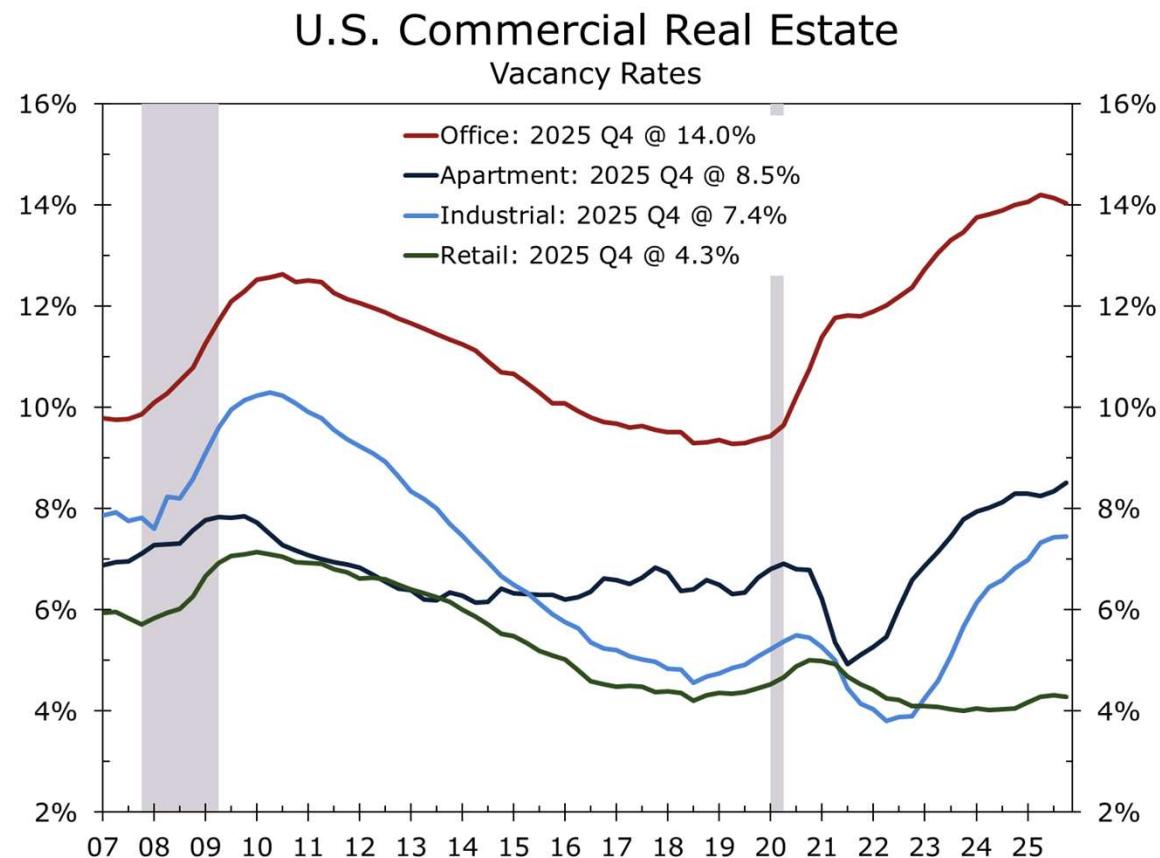
Source: Energy Information Administration and Baker Hughes

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Office and Apartment Vacancy Rates Are Showing Signs of Stabilizing

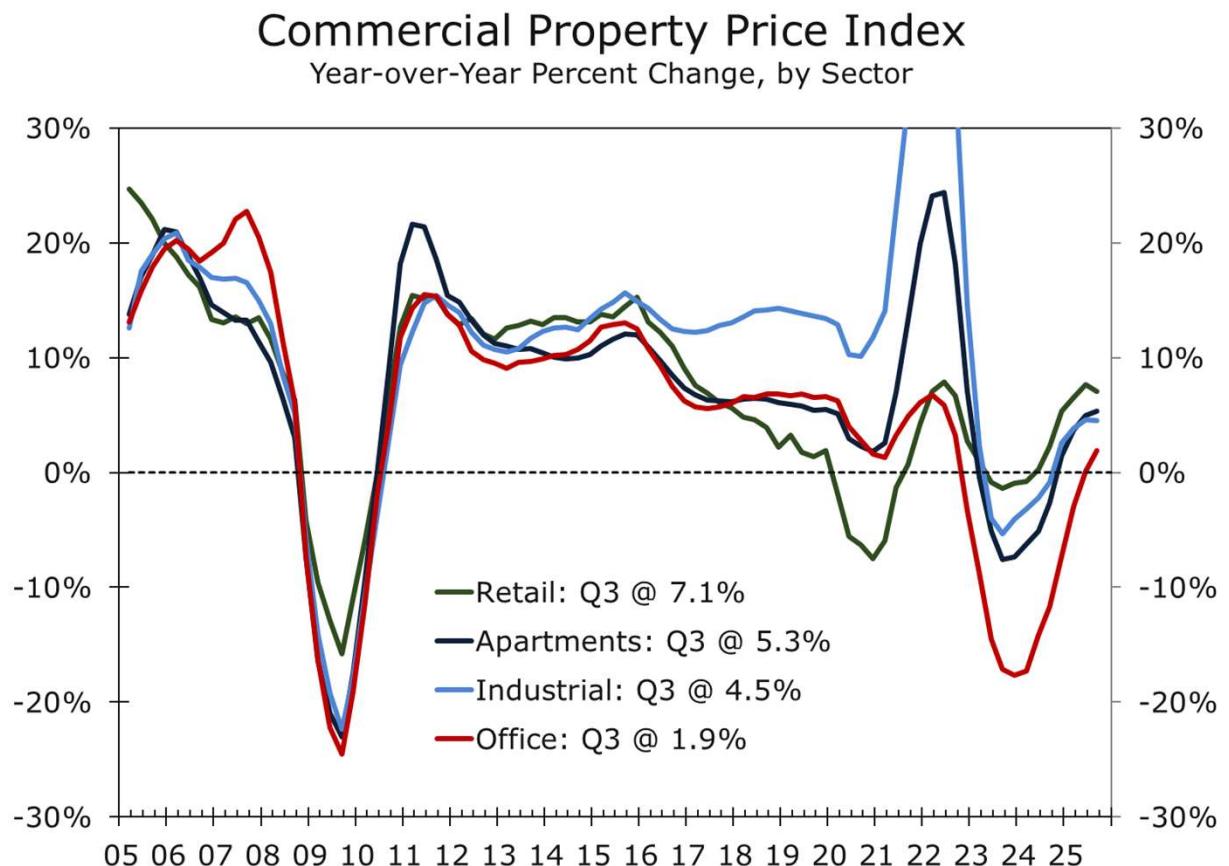


- The full Return-to-the-Office has held cap office vacancy rates. Demand of class A space has been surprisingly strong across much of the country.
- Apartments continue to struggle with oversupply of high-end product.
- Industrial real estate has struggled with oversupply and an extended freight recession, which now appears to be ending.
- The retail market remains the quite outperformer, with strong demand for specialty retail and experiential space. Department stores are still retrenching, however.



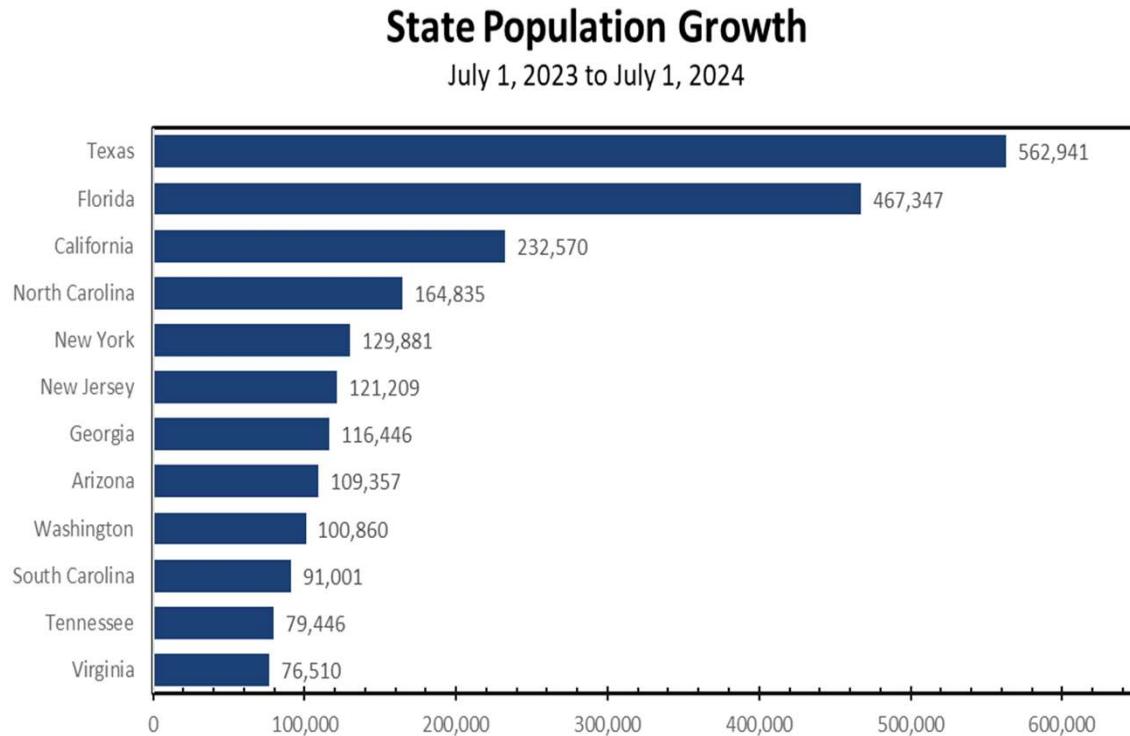
Q3 Data Show a Sustained Rebound in Property Values

- Overall Commercial Property Prices have risen 4.7% over the past year, marking the fourth consecutive year to year gain..
- Income accounted for the entire return, with appreciation declining 0.1 percentage point.
- All property sectors posted positive returns in Q3: seniors housing led with +9.2%, followed by retail (+7.0%), self-storage (+6.1%); apartments (+5.3%); industrial (+4.5%); hotel (+3.5%) and office (+1.9%).



Immigration Drove Population Growth Higher in 2024

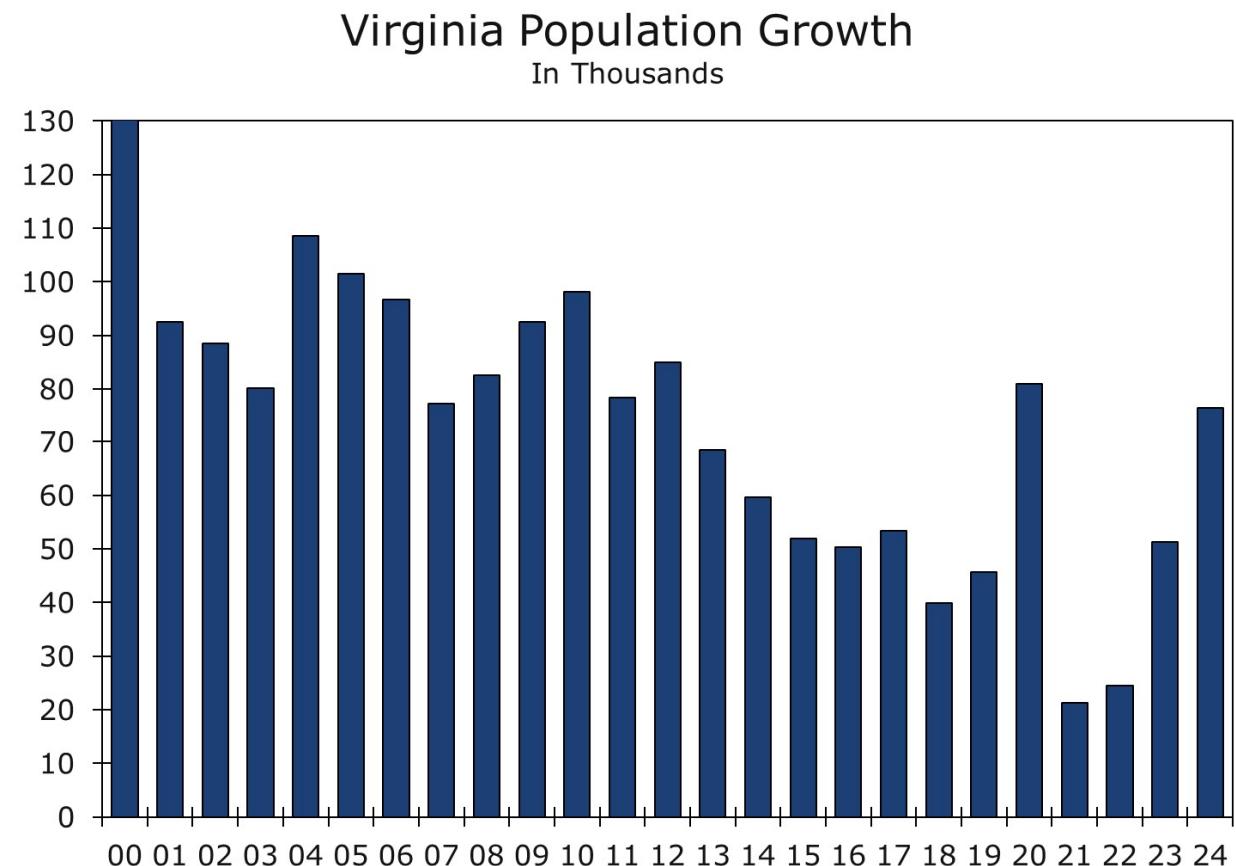
- Immigration or, net inflows from abroad, account for over 84% of US population growth in 2024.
- Texas and Florida continue to see the largest population gains, but many slower growing large states posted their first significant gains in years.
- Virginia saw its first meaningful increase this decade, with international migration likely boosting Northern Virginia.



International Migration Helped Drive This Past Year's Population Gains

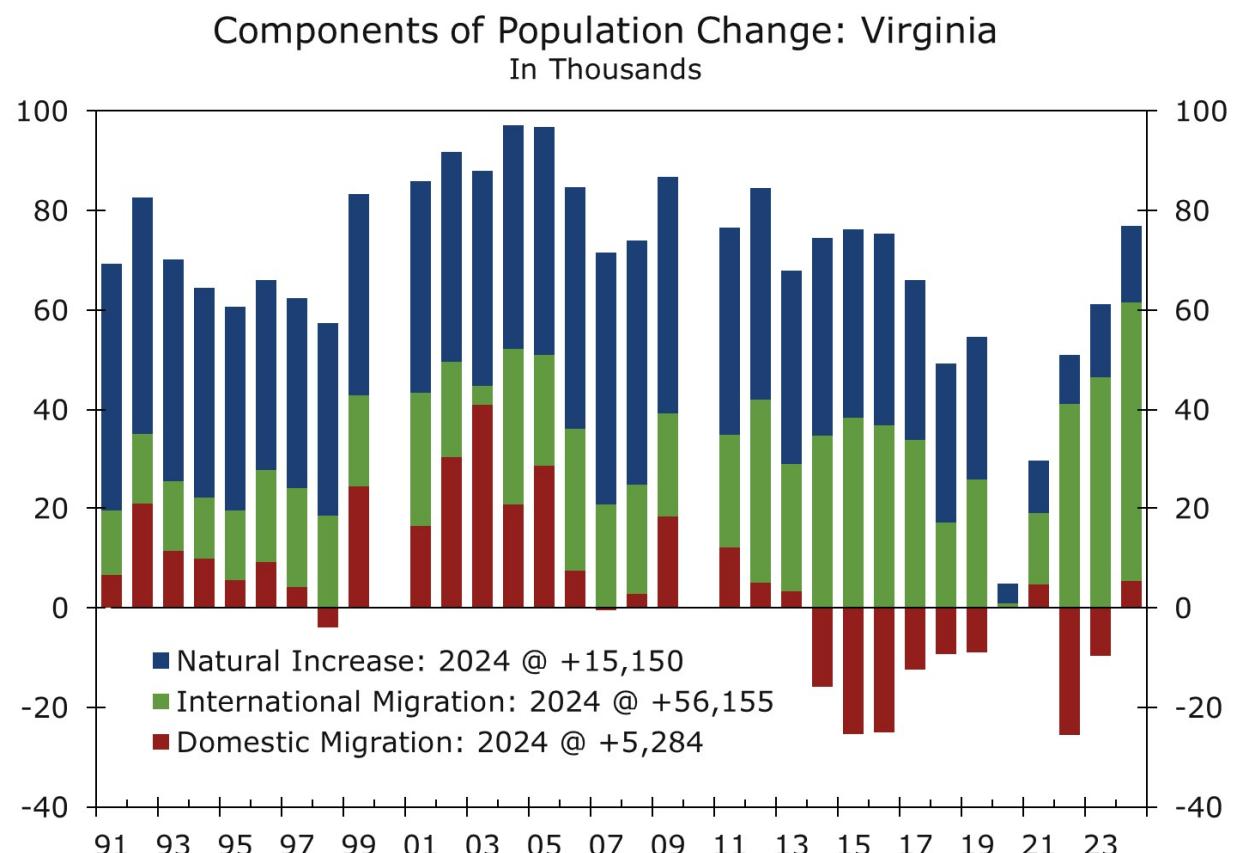


- The latest Census data show population growth perked up the past two years, thanks largely to stronger international migration.
- The bulk of the increase likely occurred in Northern Virginia and Richmond.
- The affordability migration is shifting toward less expensive areas in the South and Midwest, which is driving home building in these places.



Virginia's Population Growth Amps Back Up

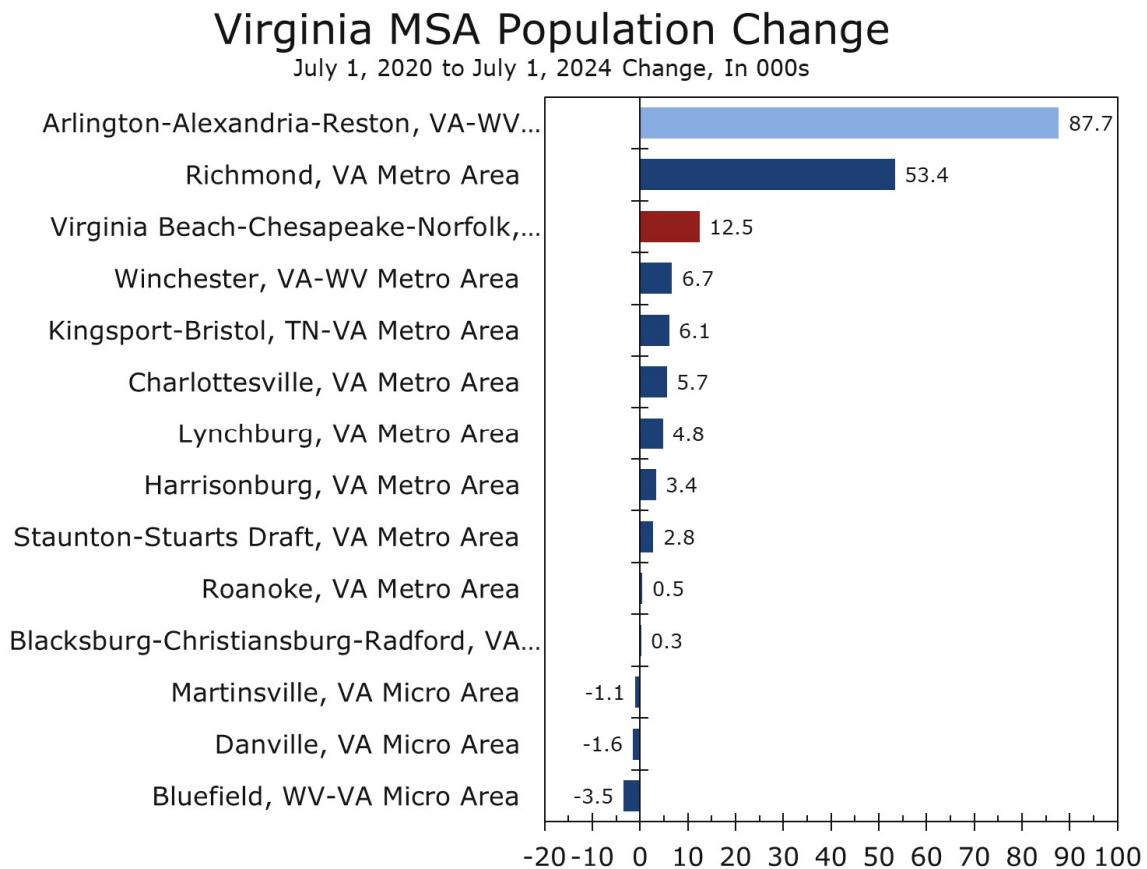
- International migration provided a meaningful boost to Virginia's population.
- Net migration also moved back into positive territory.
- DC's status as a gateway city likely weighs on domestic migration, as international arrivals eventually resettle elsewhere.



Washington D.C. and Richmond Account for the Bulk of Growth



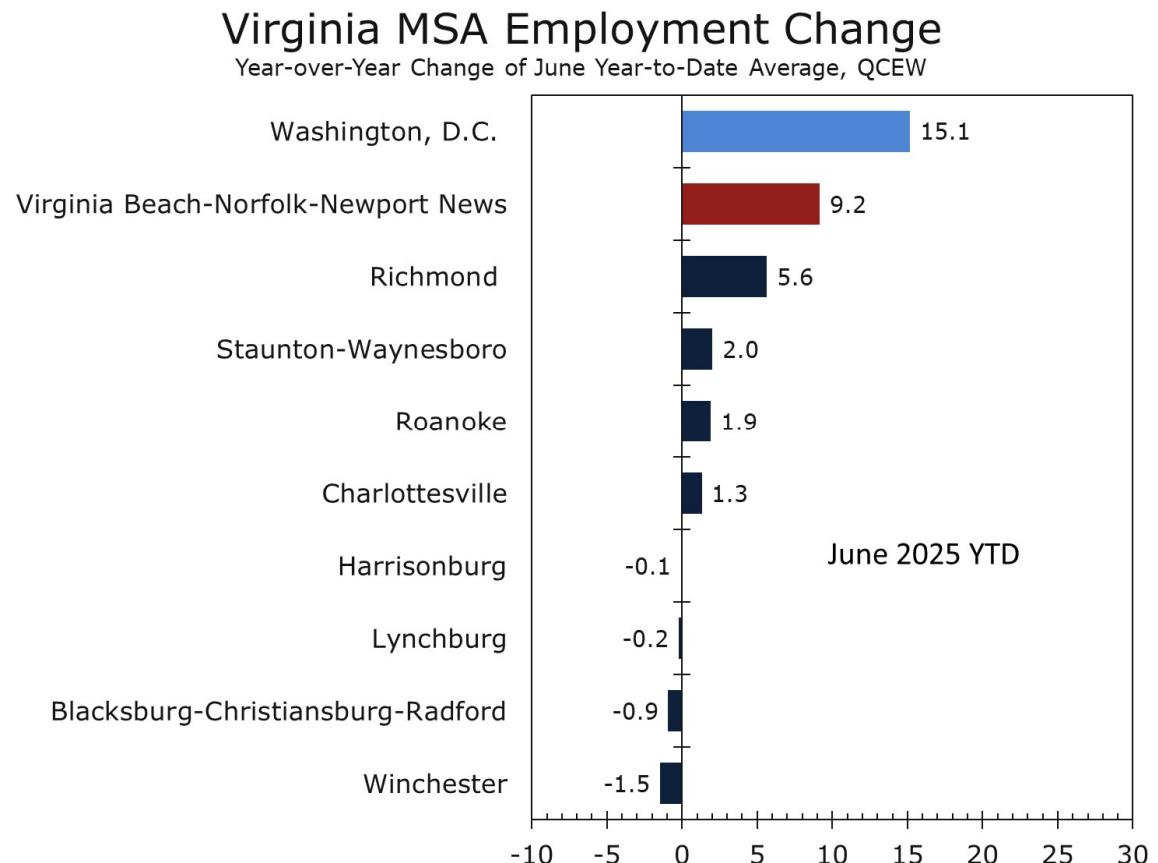
- The latest MSA data reflect changes through the middle of 2024.
- Northern Virginia and Richmond still dominate the state's population growth.
- We suspect that international migration kept population growth strong this past year, along the same lines in the Commonwealth's major metro areas.



The Government Shutdown Hit Virginia Particularly Hard

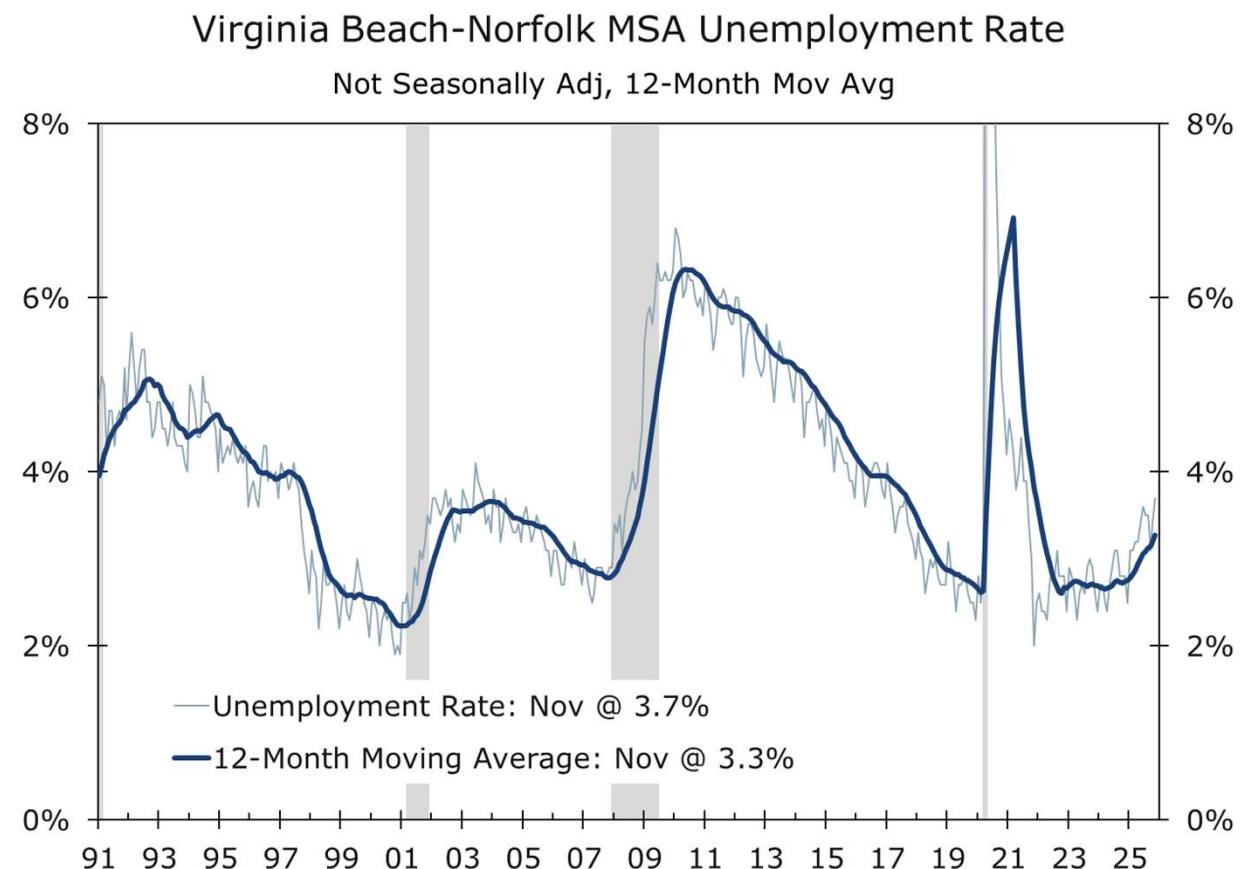


- The federal government shutdown makes the jobs data hard to interpret.
- Hampton Roads posted modest job gains this past year, reflecting gains in health care, public works, defense contracting and professional services.
- Logistics slowed this past year due to tariff uncertainty and the ongoing freight recession.



Unemployment Remains Low

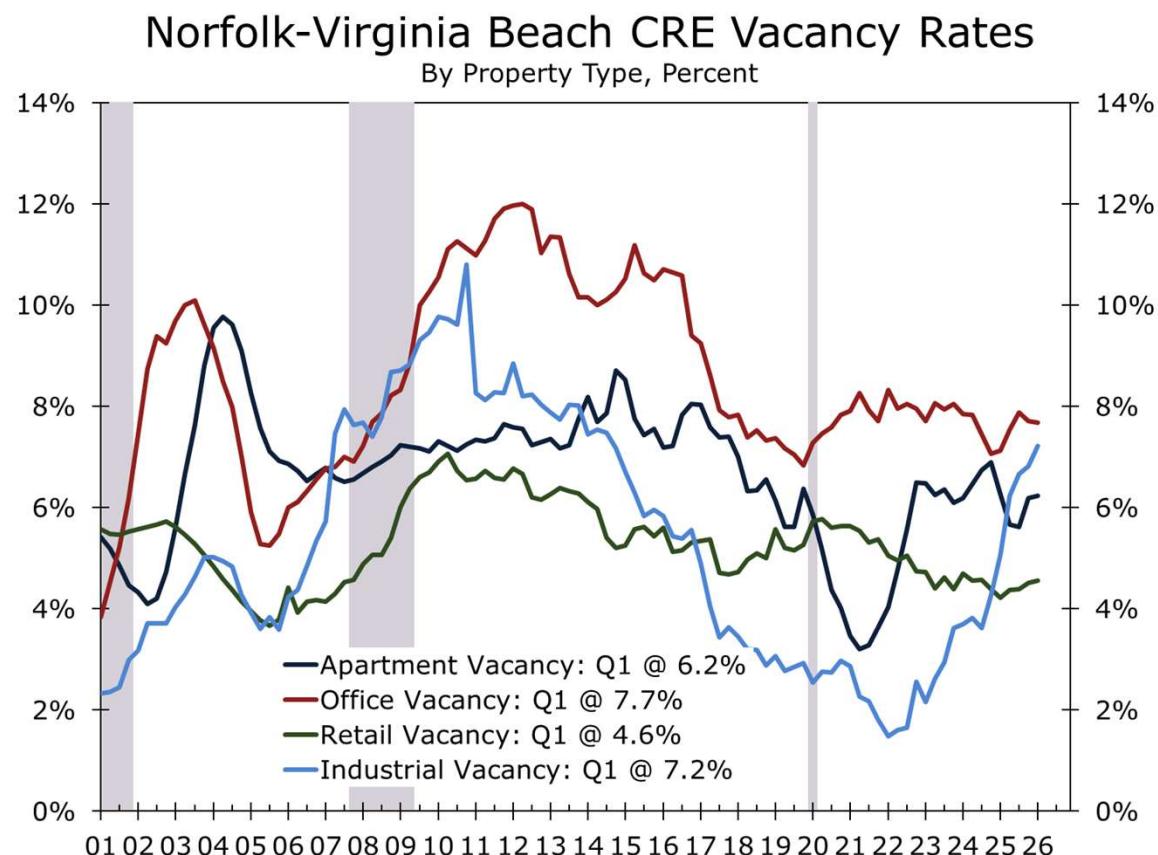
- The unemployment rate has risen this past year but remains below the national rate.
- Government is the region's largest employer and the shutdown clearly pushed the jobless rate higher.
- Employers report that voluntary turnover has slowed, with employees hunkering down. Reduced turnover has slowed hiring.



Commercial Vacancy Rates Are Mostly Within Historic Norms



- Office vacancy rates remain about half the national level and lower than peer metros.
- Apartment vacancy rates fell back this past year on solid job growth and modest population gains.
- Industrial vacancy rates have risen sharply amidst a lingering goods recession and recent tariff turmoil
- Retail vacancy rates edged higher this past year, reflecting big box closings.



Economic Outlook



US Economic and Financial Outlook

(% change on previous period, annualized, except where noted)

	2024								2025				2026				2023	2024	2025	2026	2027
	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Actual	Actual	Forecast	Forecast	Forecast				
Output																					
Real GDP	0.8	3.6	3.3	1.9	(0.6)	3.8	4.4	3.2	2.1	3.1	3.2	3.1	2.9	2.8	2.1	3.2	3.0				
Year-to-Year Change (4th Qtr/4th Qtr for annual data)	2.9	3.1	2.8	2.4	2.0	2.1	2.3	2.7	3.4	3.1	2.9	2.9	3.4	2.4	2.7	2.8	2.9				
Final Sales to Domestic Private Purchasers	2.0	3.4	3.5	2.7	1.9	2.9	2.9	2.7	2.7	3.3	3.2	3.2	2.5	3.0	2.7	2.9	3.0				
Consumer Spending	1.7	3.9	4.0	3.9	0.6	2.5	3.5	2.6	2.1	2.6	2.4	2.5	2.5	2.8	2.7	2.7	2.4				
Nonresidential Fixed Investment	1.5	2.5	3.5	(3.7)	9.5	7.3	3.2	3.0	3.8	4.6	4.8	4.7	4.9	2.9	4.2	3.6	4.3				
Residential Investment	8.2	(2.0)	(4.8)	4.3	(1.0)	(5.1)	(7.1)	(3.0)	1.4	2.5	3.5	3.8	(8.3)	4.2	(1.9)	(1.8)	4.0				
Light Vehicle Sales	15.5	15.7	15.7	16.5	16.4	16.2	16.4	15.7	16.0	16.2	16.4	16.5	15.5	15.8	16.2	16.3	16.6				
Industrial Production, Manufacturing (Yr/Yr)	(2.0)	1.1	(2.3)	(2.1)	0.1	0.5	1.9	2.2	2.3	2.5	2.9	3.0	(0.4)	(0.4)	1.2	2.7	3.0				
Unemployment Rate (Qtrly Avg)	3.8	4.0	4.2	4.1	4.1	4.2	4.4	4.5	4.6	4.6	4.5	4.4	3.6	4.0	4.3	4.4	4.3				
Housing Market																					
Housing Starts (Units, thous)	1,415	1,343	1,338	1,387	1,401	1,354	1,339	1,280	1,270	1,320	1,370	1,400	1,421	1,371	1,344	1,340	1,480				
New Home Sales	677	685	707	671	655	665	696	730	710	740	760	770	665	685	687	745	790				
Existing Home Sales	4,143	4,023	3,937	4,163	4,127	3,990	4,020	4,200	4,180	4,220	4,290	4,350	4,090	4,060	4,084	4,255	4,350				
S&P/Case-Shiller Natl Home Prices (Yr/Yr % Change)	6.4	6.0	4.4	3.8	3.8	2.4	1.5	1.2	1.2	1.3	1.6	1.9	2.5	5.1	2.2	1.5	2.3				
Inflation (Year-to-Year % Change)																					
Consumer Price Index (CPI)	3.2	3.2	2.7	2.7	2.7	2.5	2.9	2.7	2.8	2.6	2.3	2.1	4.1	3.0	2.7	2.5	2.3				
Core CPI	3.8	3.4	3.3	3.3	3.1	2.8	3.1	2.7	2.7	2.6	2.3	2.2	4.8	3.4	2.9	2.5	2.2				
Personal Consumption Deflator	2.8	2.7	2.4	2.6	2.6	2.4	2.7	2.8	2.7	2.6	2.3	2.0	3.2	2.8	2.6	2.4	2.3				
Core PCE Deflator	3.1	2.8	2.8	3.0	2.8	2.7	2.9	2.7	2.6	2.5	2.3	2.1	4.1	2.8	2.8	2.4	2.3				
Employment Cost Index	4.2	4.0	3.8	3.8	3.6	3.6	3.6	3.5	3.5	3.5	3.4	3.4	4.5	3.9	3.6	3.5	3.4				
Interest Rates (Quarter End and Ann Avg)																					
Fed Funds Target Range	5.25-5.50	5.25-5.50	4.75-5.00	4.25-4.50	4.25-4.5	4.25-4.5	4-4.25	3.5-3.75	3.25-3.5	3-3.25	3-3.25	3-3.25	5.02	5.14	4.12	3.19	3.50				
10-Year Treasury Note	4.21	4.33	3.81	4.58	4.23	4.24	4.16	4.18	4.10	4.00	4.20	4.30	3.96	4.21	4.20	4.15	4.50				
Conventional Mortgage Rate (Freddie Mac)	6.79	6.86	6.08	6.85	6.65	6.77	6.10	6.15	6.00	5.80	5.90	6.00	6.81	6.72	6.42	5.93	6.20				

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A screenshot of a web browser showing the Piedmont Crescent Capital website. The header features the company logo and navigation links for Insights, About Us, In The Media, and Contact Us, along with a 'SUBSCRIBE' button. The main content area has a large, scenic image of mountains at sunset. A title overlay reads 'A View from the Piedmont: Inflation Remains Center Stage for Households' by Mark Vitner. A small profile picture of Mark Vitner is visible in the bottom left corner of the main image.

Please follow us on LinkedIn
www.linkedin.com/in/mark-vitner

A screenshot of Mark Vitner's LinkedIn profile page. The profile picture shows him standing in front of a large window with a view of mountains. The bio section includes his title as Chief Economist at Piedmont Crescent Capital, his role as an engaging professional speaker, and his expertise in economic analysis, housing economics, commercial real estate, and regional economic analysis. It also notes his location in Charlotte, North Carolina, United States, and provides a 'Contact info' link. The LinkedIn header shows the user is connected to Mark Vitner.