

IAYT Task Force Details

<p>Date: January 28, 2026</p>
<p>Title: Task Force: Foundations Initiative</p>
<p>Members: Up to 13 individuals, including</p> <ul style="list-style-type: none"> • Up to 6 general and/or student IAYT members • Up to 4 representatives from IAYT's standing committees (Accreditation, Certification, DEIA, and Member Schools) • 1 member from the IAYT board of directors • IAYT executive director • 1 member of the IAYT leadership team
<p>Timeframe: March 16–August 31, 2026</p> <p>Time Commitment: 3.5–5 hours/month This includes monthly 90-minute meetings and asynchronous work/planning (estimated 2–3.5 hours/month between meetings)</p>
<p>Charge from the IAYT Board of Directors</p> <p>The IAYT board of directors delegates to the executive director the task of working with the organization's standing committees and staff to co-create and implement an inclusive evaluation process with regard to the 300-hour Foundations of Therapeutic Principles initiative. The process will include the formation of a task force and creation of an operational process for developing new initiatives.</p> <p>Formation of a Task Force</p> <p>The board requests that the following parameters and general guidelines be considered:</p> <ul style="list-style-type: none"> • The task force should be shaped inclusively and have participants from committees, staff, membership, and the board. • The task force will review membership feedback and considerations regarding the Foundations Initiative to determine key issues and make recommendations on how to address those issues. • The task force can utilize representational working groups to help carry out their work. • The task force can seek additional community feedback as needed.

- The ED will provide monthly reports to the board president on progress. Once launched, the task force will provide bi-monthly reports to the board.
- The task force will present key findings and recommendations to the board for final review.

This is a temporary task force.

Scope of Work:

- Review outstanding concerns raised in the 2024 membership feedback survey regarding the 300-hour Foundations of Therapeutic Yoga initiative for qualified healthcare providers.
- Review historical documentation and information regarding the initiative, and gain an understanding of IAYT's processes.
- Suggest recommendations IAYT should consider in its revision of the Foundations Initiative, which can include recommendations for recognition for graduates of these programs.
- Suggest recommendations for how IAYT can improve the membership feedback component of new initiatives.

The task force will work under the following presumptions when making recommendations:

- The dual-credential requirement for directors of foundations programs (C-IAYT + another healthcare qualification) is no longer applicable.
- Foundations programs will provide 300 hours of yoga therapy-oriented education to build on an individual's prior training or experience.
- IAYT membership will have an opportunity to provide feedback on the revised initiative and form of recognition during a public comment period before the structure of the initiative is finalized.
- IAYT will conduct a formal evaluation of the initiative in the future.

Under IAYT's policy governance model, the Accreditation and Certification Committees (who are also volunteers and community members) support IAYT operations through direct, ongoing work. **To ensure that prospective task force volunteers understand their own distinct scope of work, we have identified some of the areas beyond this scope of work:**

- Developing the standards and competencies for programs in the 300-hour Foundations Initiative, which is the work of the Accreditation Committee. Considerations the task force brings forward will support the committee in further shaping this initiative.
- Although its work will be supportive to IAYT's strategic and operational planning, the task force will not make decisions concerning strategic and operational direction.
- Performing a formal evaluation of the initiative or its programming.

- Determining the form of recognition for program graduates, which is the work of the Certification Committee. The task force's suggestions will provide valuable insight to the committee for consideration for an appropriate form of recognition.

Intended Outcome:

The task force will make recommendations for IAYT to consider for its revised 300-hour foundations education initiative. Members will review outstanding concerns shared in 2024 membership surveying and consider feedback through the lens of the organization's capacity and resources.

The task force will prepare a monthly report to share with the board.

Available Resources:

To facilitate its work, the task force may establish additional working groups as needed. Additionally, the task force may consider seeking additional input from membership. However, the task force will need to balance such activities within the timeline for its work and IAYT's capacity and resources to support this work (e.g., these activities should not extend the timeline).

- This outline, which includes the board's charge to the task force
- Timeline/history of the Foundations Initiative
- Summary and details of member feedback
- Volunteer Handbook and Volunteer Agreement