



Are You a Family Caregiver?

Do you:

- Make phone calls to check in on a loved one?
- Drive a family member or friend to doctors appointments?
- Help someone manage their medications?
- Help someone with household chores or making meals?
- Help someone make decisions about healthcare?

FREE Assistance is Available

If you answered yes to any of these questions and would like to be connected to helpful resources,

» call: 208-629-3610

» email: caregiver@mycpicp.com

