Overview of the Training and Certification Process

Please review the information provided in this document carefully. If you have any questions, or need further explanation, please feel free to contact our office.

Training

- Training Modules:
  1. **CSAT Candidates**: There are **4 modules** which need to be taken in sequential order. Each session is 4.5 days long, beginning Wednesday morning and concluding Sunday afternoon. You can choose to stay in the same location for each training, or you can move to different locations. It’s up to you! Module 1 is $1,350 *Early Bird* / $1,450 *Standard*, and Modules 2 through 4 are $1,300 *Early Bird* / $1,400 *Standard* each.
  2. **CPTT Candidates**: There are **2 modules** which need to be taken in sequential order. Each session is 4 days long, beginning Wednesday morning and concluding Saturday evening. At this time, trainings are only available in Arizona (typically in Scottsdale). Modules 1 and 2 are $1,200 *Early Bird* / $1,300 *Standard* each for new Candidates (please see event registration pages for pricing for current ASATs/CSATs or APSATs members).

- If you pre-pay for more than one Module upfront, you will receive a promo code to register for your remaining trainings. **Please note**: The system will not let you register for additional Module trainings until you have completed Module 1 first. If you did not receive your code, please contact the IITAP office. **Pre-paying does not mean you are registered for your next Module(s) as candidates are able to switch between training locations to fit the Module training into their work schedule.** You still need to go through the same registration process in order to secure your space in your desired location. **This applies to both CSAT and CPTT Candidates.**

- Each training will have some prep-work. Instructions will be sent via email upon registration. You can also access the prep-work reading materials at these links:
  1. **CSAT Candidates**: [https://iitap.com/page/CSATPrep-Work](https://iitap.com/page/CSATPrep-Work)

- You will have **2 years** from your Module 1 completion date to complete your training program
  1. CSAT or CPTT training program
  2. Supervision hours with a CSAT or CPTT Supervisor
  3. Submit your final application for full certification
Supervision

- In addition to the training modules, **CSAT Candidates** are required to complete 30 hours of supervision with an approved CSAT Supervisor, and **CPTT Candidates** are required to complete 10 hours of supervision with an approved CPTT Supervisor. A list of supervisors is available on the IITAP website. IITAP does not manage fees or payments related to supervision, so you will need to discuss this directly with your Supervisor.

- Specific Supervision Requirements:
  1. **CSAT Candidates**: 8 hours of supervision is required prior to the start of Module 3, and 15 hours total is required prior to the start of Module 4. Of the 30 hours required for final certification, at least 5 hours must be face-to-face (individual or group, in-person or via webcam), and a minimum of 10 hours must be individual, with no more than 2 candidates and 1 supervisor. More details can be found here: https://iitap.com/page/supervision_details

  2. **CPTT Candidates**: 5 hours of supervision is required prior to the start of Module 2. Of the 10 hours required for final certification, at least 5 hours must be individual, with no more than 2 candidates and 1 supervisor.

Certification Process

- Once you’ve completed your training and supervision, you will need to submit a final application for full certification. All candidates will need to submit updated copies of their professional license, malpractice insurance, and resume with their application. If a new degree has been earned since your initial training application, please be prepared to submit verification of your degree as well.

  1. **CSAT Candidates**: In addition to the documents noted above, your supervisor will need to submit the Final Consultation Evaluation form confirming you have completed 30 hours of supervision. You will also need three letters of recommendation from professional colleagues. The final application fee is $225. You can find the application here: https://iitap.com/page/FinalApp

  2. **CPTT Candidates**: In addition to the documents noted above, your supervisor will need to submit the Final Evaluation & Recommendation form confirming you have completed 10 hours of supervision. You will also need two letters of recommendation from professional colleagues. The final application fee is $125. You can find the application here: https://iitap.com/page/CPTTFinalApp

- A member of the IITAP team will review your application and make the final determination on whether you are eligible for the **ASAT/APTT** or the **CSAT/CPTT** designation. If you are initially certified as an ASAT/APTT, you can have your certification updated to CSAT/CPTT once you meet the necessary criteria without any additional training, applications, or fees.
Once certified, your certificate will be valid for 2 years. You will receive your first renewal notice 45 days prior to your certificate’s expiration date with instructions on how to complete your renewal online. You will also need to complete your necessary continuing education through IITAP prior to your certificate’s expiration date. Continuing education options can be found on IITAP’s Training Schedule: [https://iitap.com/events/event_list.asp](https://iitap.com/events/event_list.asp)

1. **ASATs/CSATs:** You will need to earn 15 IITAP CEUs, and your renewal fee is $200.
2. **APTTs/CPTTs:** You will need to earn 15 IITAP CPTT specific CEUs, and your renewal fee is $100.

### Training and Certification Benefits

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Again, we would like to welcome you to the IITAP community and believe you will find many aspects of the training valuable. To name just a few:

1. Understanding of sex addiction and betrayal trauma with tools that can effectively assess and help treat clients.
2. A network of colleagues, whom are experts in the field to offer support and advice.
3. Discount on [GentlePath](https://www.gentlepath.com) Press books and the understanding of how to effectively implement these resources in your practice.
4. The opportunity to become certified as an expert in your community and therefore an opportunity to increase your net earnings (work smarter, not harder).
5. The opportunity to participate in our CMAT (Certified Multiple Addiction Therapist) program.
6. Ongoing educational opportunities including the IITAP Symposium and more.

**For CSAT Candidates:** CSAT Module 1 content includes the first 7 (of 30) of the Tasks as identified by Dr. Patrick Carnes. Also included is information on the assessment tools such as the SAST-R (Sexual Addiction Screening Test-Revised) and the SDI 4.0 (Sexual Dependency Inventory- 4.0 version). You will receive a Recovery Start Kit and instruction on how to implement the tasks into both individual and group therapy. Therapists return to their offices with many new tools that they can incorporate immediately into their existing practice. Dr. Ken Adams and Dr. Erica Sarr facilitate the CSAT Module 1 trainings and do a wonderful job helping CSAT Candidates integrate the task materials into their own work.

**For CPTT Candidates:** CPTT candidates will learn how to conduct a thorough assessment of betrayal trauma including the use of cutting-edge assessment tools. You will also go over how to create an effective treatment plan that includes group therapy tools and resources, as well as support for the couple relationship. Therapists return to their offices with many new tools that they can incorporate immediately into their existing practice. Dr. Kevin Skinner, Mari A. Lee, Dr. Stefanie Carnes, and Dr. Sheri Keffer facilitate the CPTT Modules and do a wonderful job helping candidates integrate the materials into their own work.

The IITAP staff will be available to you throughout your training and certification journey.

While you can find the answers to many of your questions on the [IITAP website](https://www.iitap.com), please don’t hesitate to contact our office for further assistance!