

14TH ANNUAL IITAP SYMPOSIUM

Innovations in Trauma Treatment for Addiction



May 3-5, 2019
Hyatt Regency Phoenix
Phoenix, AZ

Earn up to 19 Credit Hours for Continuing Education, Includes 13.5 Hours Ethics
15 Hours Supervision Credits

Level of Instruction: All sessions are Intermediate/Advanced unless otherwise noted

Costs:

Early Bird Pricing: \$550 good until Dec. 31

Regular Pricing: \$600 good until April 1

Late Fee Pricing: \$650 until May 2

Same Day Registration Fee: \$700

Friday Only: \$275/\$300/\$350

Saturday Only: \$275/\$300/\$350

Lunch And Learn: \$40/person

Individual Sessions & Learning Objectives

FRIDAY, MAY 3, 2019

8:45am-10:15am Keynote

Richard Schwartz, Ph.D

Richard Schwartz earned his Ph.D. in Marriage and Family Therapy from Purdue University, after which he began a long association with the Institute for Juvenile Research at the University of Illinois at Chicago, and more recently at The Family Institute at Northwestern University, attaining the status of Associate Professor at both institutions. He is coauthor, with Michael Nichols, of *Family Therapy: Concepts and Methods*, the most widely used family therapy text in the United States.

Dr. Schwartz developed [Internal Family Systems](#) in response to clients' descriptions of experiencing various parts—many extreme—within themselves. He noticed that when these parts felt safe and had their concerns addressed, they were less disruptive and would accede to the wise leadership of what Dr. Schwartz came to call the "Self." In developing IFS, he recognized that, as in systemic family theory, parts take on characteristic roles that help define the inner world of the client. The coordinating Self, which embodies qualities of confidence, openness, and compassion, acts as a center around which the various parts constellate. Because IFS locates the source of healing within the client, the therapist is freed to focus on guiding the client's access to his or her true Self and supporting the client in harnessing its wisdom. This approach makes IFS a non-pathologizing, hopeful framework within which to practice psychotherapy. It provides an alternative understanding of psychic functioning and healing that allows for innovative techniques in relieving clients' symptoms and suffering.

The Treatment of Trauma and the Internal Family System Model

Developed over the past three decades, the Internal Family Systems (IFS) model offers an empowering and non-pathologizing approach to treating trauma. It helps clients access and undamaged essence from which they heal the parts (subpersonalities) of them that continue to live in shock, pain, and shame.

Very often, trauma clients hold the belief that they have been so damaged that they will never heal and that their very essence is tarnished. When IFS clients experience that their trauma did not touch their essence and that they don't have to meditate for years to begin to experience liberation from suffering they feel empowered and released from shame.

This presentation will provide an introduction to the basics of the IFS model and its use with attachment and trauma. An overview of IFS and its clinical applications will be presented and illustrated with video.

Learning Objectives

- identify the basic theory and principles of Internal Family Systems therapy
- know how to access their clients' Self- a core of compassion and other leadership qualities
- deal with client "resistance" more effectively and with less effort

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- know how to utilize the clients' Self to repair attachment injuries
- recognize the IFS model as an internal attachment model
- identify the parallels between external and internal attachment styles
- identify the effects of trauma on parts and Self
- utilize the model in treating trauma
- gain an awareness of their own parts and how those parts impact therapy
- apply IFS principles to transference and counter-transference

10:15am-10:45am Refreshment Break

Refreshment breaks will be held each AM and PM in Exhibit Area

10:45am-12:15 pm Concurrent Sessions

Dr. Carol Clark

Dr. Carol L. Clark is a Licensed Mental Health Counselor, Board Certified Sex Therapist, Board Certified Transgender Care Therapist, and Certified Addictions Professional. She has extensive experience evaluating and treating the wide variety of therapeutic issues that arise throughout the lifespan of individuals in gender transition.

In addition to psychotherapy, Dr. Clark is an approved Continuing Education provider for several boards. She is a workshop presenter for the therapeutic community and has participated in various community education projects to expand gender identity awareness and develop sensitivity to issues involving sexuality.

Dr. Clark is the author of the book, *Addict America: The Lost Connection*, which is based on the innovative premise that addiction is not limited to drugs or alcohol, but is truly about the over-the-top, out-of-control life-styles that have detached Americans from each other and their spiritual Connections. Dr. Carol Clark looks at addiction as something in and of itself, a condition rather than a substance abuse or behavioral problem.

Dr. Clark is owner and president of the International Institute of Clinical Sexology, the Sex Therapy Training Institute and the Addiction Therapy Training Institute, where she provides the educational requirements and supervision to those clinicians who wish to specialize in these areas. In 2013, she realized her dream of developing a transgender care certification program in response to a deep need for clinicians knowledgeable in this field. She created a board of like-minded professionals and is now President of the Board of the International Transgender Certification Association, which is training and certifying clinicians in the U.S. and other countries.

When is it Gender Dysphoria, Addiction, or Paraphilia?

A client with cross-dressing and transvestic disorder may present as gender dysphoric, but if we miss the diagnosis, we can make the problem worse if the behavior is driven more by addiction or sexual arousal than by a desire to transition or express one's gender. We also don't want to inhibit an individual's gender transition because they are acting out addictively. Gender dysphoric people can learn healthy and positive sexual expression within their identified gender.

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A fetishistic paraphilia may look like either or both gender dysphoria and addiction and be neither. This presentation will sort it all out.

Learning Objectives

- Define and differentiate gender dysphoria, addiction and paraphilia
 - Apply treatment interventions appropriate to each diagnosis
 - Guide gender dysphoric clients who are behaving addictively towards non-addictive gender expression
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Dan Drake, LMFT, LPCC, CCPS-S, CSAT-S

Dan Drake is a licensed clinician, a CSAT Supervisor, and a Certified Clinical Partner Specialist Supervisor. He is co-author of *Letters from a Sex Addict: My Life Exposed*. Dan is also EMDR trained, and he is the Founder and Clinical Director of Banyan Therapy Group in Studio City, California. In addition to his clinical background, he has taught and spoken domestically and internationally.

In his passion to help sex addicts, their partners, and families restore relational, mental, emotional, physical, and spiritual wholeness to their lives, Dan strives to provide a safe environment where his clients can grow and heal. He uniquely blends his experience with addicts and partners to provide relational healing and integration through all phases of the treatment process. www.banyantherapy.com.

Disclosure – One Size Doesn't Fit All: A Panel Discussion Addressing a Range of Unique Ethical and Diversity Issues in Facilitating Disclosures

Facilitating therapeutic disclosures can be a nerve-wracking process, as each couple and each environment where disclosures take place create their own unique sets of diversity and ethical challenges to address.

This panel discussion will address various ethical and diversity issues present in facilitating disclosures across a variety of scenarios. We will consider issues such as: disclosure setting (e.g., outpatient, intensive, inpatient, etc.), diverse couple presentations (e.g., same-sex couples, male partner with female addict, etc.), disclosure in different geographical areas, as well as legal and ethical issues present (e.g., managing secrets, collaborating with other professionals, maintaining scope of practice, etc.).

Learning Objectives

- List 3-5 unique ethical or legal considerations in facilitating disclosures
 - Identify 3 or more diversity issues present in disclosure settings across different environments
 - List 1-2 effective intervention strategies to engage with unique diversity settings
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Dr. Kevin Skinner, LMFT

Dr. Kevin Skinner is a licensed Marriage and Family Therapist. He has been on the faculty at

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IITAP for the past three years. He is the co-founder of Addo Recovery and Bloom for Women. He is the author of Treating Trauma from Sexual Betrayal. He is married and has eight children.

How Adverse Childhood Experiences Influence Our Work with Clients Dealing with Sexual Addiction and Sexual Betrayal

A growing body of evidence suggests that Adverse Childhood Experiences (ACEs) influence our clients physical well-being and overall mental health. Using new research data, participants will learn the value of using ACE results when working with clients dealing with sexual addiction and sexual betrayal.

Learning Objectives

- The relationship between ACE scores and sexual addiction
 - The relationship between ACE scores and PTSD scores in betrayed partners
 - How your client's ACE results can influence your treatment plan
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Tim Stein, MFT

Licensed as a Marriage and Family Therapist since 1999, Tim Stein has worked in a variety of clinical settings. Having found his professional passion, treating sex addiction, he pursued Certified Sex Addiction Therapist training in January 2010. Tim also trained in Post Induction Therapy and Trauma Resource Management as methods to use in addressing the trauma aspects of addiction. In 2012, Tim co-founded Willow Tree Counseling, an outpatient treatment program for sex addicts, their partners, and families in Santa Rosa, California. At Willow Tree Counseling, Tim provides treatment through group and individual therapy, as well as educational seminars, therapeutic workshops, and retreats.

Relational Trauma and Addictive Urges: Understanding and Addressing Relational Trauma and its Impact on Sex Addiction

This presentation will explore relational trauma, what it is, how it facilitates the development of sex addiction, and how the triggering of relational trauma influences addictive urges. Tools and protocols for addressing relational trauma will be discussed.

Learning Objectives

- State how relational trauma facilitates sex addiction development.
 - State how relational trauma can influence addictive urges.
 - State ways to address relational trauma with clients.
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Matt Wheeler LPC, CSAT

Matt is a counselor and supervisor at the Family Strategies Counseling Center and provides counseling for adults, youth and families. His high energy works well with adults and teenagers alike. He received his Master's in Counseling from Ottawa University with an emphasis on trauma and deprivation. He facilitates Phase 3 work in the Sexual Addiction & Betrayal Trauma program, and is also the creator of the "Band of Brothers" program for adolescent boys with

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sexual compulsions. Matt enjoys photography, hiking, road and mountain biking, and dating his wife. He has three beautiful children.

Floyd Godfrey LPC, CSAT

Floyd is the Executive Director of Family Strategies Counseling Center and provides counseling for adults, youth and families. He worked eight years with the City of Tempe Social Services, as a supervisor assisting school-age children and their families. He is the Director of the Sexual Addiction & Betrayal Trauma program in Mesa. He also created the "Band of Brothers" program - a clinical intervention for adolescent boys with sexual compulsions. He is a member of SASH and the AACC. Floyd maintains a personal worldview of Christian living and believes that faith in God is important for spiritual health.

Program Development for Adolescent Males with Compulsive Sexual Behavior

Youth today have easy access to illicit pornography. Sometimes viewing pornography leads them into compulsive sexual behavior, and some youth will identify as openly addicted to using pornography. The developmental and social needs of adolescence present additional challenges for professional intervention. The etiology of compulsive sexual behavior in adolescents can be different than it was 20 years ago. The transference the youth bring into a group setting can make a therapist feel like they're walking into an emotional minefield. This workshop will provide an overview of key components to successful group programming and working with adolescents. We will discuss developmental issues that show up in group, and provide suggestions for navigating it. We will also discuss basic logistical issues for successful groups. A question/answer period will be provided at the end for further discussion.

Learning Objectives

- Understand key components to adolescent programming.
- Learn to capitalize on the transference that walks into youth groups.
- Understand basic logistical issues for adolescent groups.

Dr. Michael Morton

Michael Morton is a therapist, educator and trainer with over twenty five years experience. He is a licensed family therapist and clinical member and supervisor of the American Association of Marriage and Family Therapists and certified EMDR therapist. He is a clinical member of the American Association for the treatment of Sexual Abusers and a Certified Sex Addiction Therapist and Supervisor. Michael is currently director of the Keystone Extended Care Unit. He has presented for numerous organizations and institutions both in the United States, Europe and Asia. Michael is a frequent presenter and trainer for various organizations.

Andrea Mayhofer, CSAT-S, CMAT-S

Andrea has 32 years of multicultural counseling experience, providing bilingual services in English and German. She specializes in trauma work, crisis intervention, sex addiction, domestic violence, marital concerns and gender change issues. Andrea offers therapy to individuals, couples and families, working with a broad age range from teenagers to adults. Her approach is eclectic, e.g. Solution- Focused with elements from Transactional Analysis and Cognitive Behavioural interventions, based on clients' needs.

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The Therapeutic Alliance; What Makes for Long Term Success

In chapter 9 of Facing the Shadows, Patrick Carnes discusses deepening recovery for profound life change. This presentation will include didactic case review and discussion. It will present a successful model of the ongoing relationship between Outpatient and Residential treatment providers via the Extended Care Unit for Sexual Addiction and its relationship with several significant outpatient providers for sexual addiction. This continuum of care will be addressed alongside the importance of creating a culture of embeddedness and support that incorporates and allows not only the client but partners, significant others and families to create the best options for successful recovery. Goals: The goals are to further understand therapeutic relationships between Residential & Outpatient treatment and their roles in establishing profound change.

Learning Objectives

- Identify the essential role of the primary therapist over a three-to-five year period as a client moves through their recovery
 - Understand the benefits of an expanded fellowship that has been deepened by the residential experience as well as the benefits of fellowship outside of a client's local community.
 - Identify the benefits & differences of Intensive Family Therapy Sessions while a client is in residential treatment and the continued family work done in an outpatient program.
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12:15pm-12:30pm Break

12:30pm-2:00 pm Lunch And Learn - The Trauma Heart

Judy Crane, LMHC, CAP, ICADC, CSAT

Judy has over 3 decades of experience working in both residential and out-patient settings. She earned her B.A. at Rutgers, M.A. from New York Institute of Technology and is a Certified Addiction Professional in Florida, Certified Sex Addiction Therapist, a Certified Hypnotist, EMDR and a specialist for healing trauma and PTSD. Judy Crane's presentation and seminars on PTSD and sexual trauma resolution are known throughout the country. Judy's specialized training, experiential methods, and holistic concepts are now being provided through a Visceral, Spiritual, and Profound 5 module training, Spirit2Spirit Trauma Healing. She currently serves as a consultant for many of the country's leading treatment centers to train their clinical teams.

Tom Pecca, MA, LMHC, CSAT, CTT

Tom graduated from Springfield College with a Bachelor of Science in human services/addiction studies, and also completed his master's degree in mental health. He is specially trained in substance and process addictions and has had extensive training with Dr. Patrick Carnes, the founder of the International Institute for Trauma and Addiction Professionals. Tom is a Certified Sex Addiction Therapist and Certified Multiple Addictions Therapist.

He has been working in residential treatment since 2003 conducting process, experiential and psycho-educational therapy groups. He has an expansive education in process addictions including gambling, gaming and internet addictions. Tom is an international speaker and trainer

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and has educated other clinicians in trauma work throughout the United States and on three continents.

The Trauma Heart

We live in an age of trauma. If you turn on the news you can see it everywhere. The heroin epidemic, the movements and protests, the rise in mental health issues and the list goes on and on. The majority of people who are addicted to substances and/ or afflicted with Process addictions -digital compulsions, sex and relationship, eating disorders, self-harming behaviors, gambling and pornography- are trauma survivors. Many people who are caught in the web of addiction don't identify as trauma survivors until their personal, familial, intergenerational and in-uterine history is fully understood. And when we recognize that childhood trauma, including abandonment and neglect are the building blocks of a person's blueprint for functioning and thriving, we can understand the power of addiction as a soothing and survival mechanism offering relief and release from the emotional and psychic pain of trauma.

Unfortunately, research shows that relapse is inevitable without trauma resolution.

The core of this presentation is this realization that 90% of addicts are trauma survivors. Families often believe that their loved ones must be bad, defective, or sick and the addict or the client with behavior issues begins to believe it too and often owns that identity and the hopelessness ensues.

When we unravel the trauma the behaviors make sense. When one of our clients begins to "act out" at 8 or 10 or 12, they are often diagnosed with ADHD, or oppositional Defiance when in fact they are holding a secret of sexual abuse or a family secret of domestic violence, infidelity or parental substance abuse. The truth of the behavior is that "we are not bad people trying to get good, we are wounded people trying to heal." The truth is the whole family is embroiled in their own individual survival coping mechanisms, the addicted member is often the red flag indicating that the whole family needs healing.

We will examine the #MeToo movement and decipher how trauma impacts it. We will look at how the movement has shed light on the silent trauma of so many women and men. We will study the impact on society and policy. We will visit the stories of our clients and what they tell us about them, their families, our society and perhaps ourselves? This presentation will offer the therapeutic processes that provides a road to healing. It will also provide therapeutic modalities that will be useful in your practice.

Learning Objectives

- The participant will differentiate between trauma and soothing/coping skills.
- The Attendees will experience and evaluate 3 forms of storytelling.
- The participant will identify and evaluate the value of using their own therapist, professional group or supervisor to tell "their" story in order to intervene on "Burnout"

2:00pm-3:30 pm

Concurrent Sessions

Alexandra Katehakis, Ph.D., MFT, CSAT-S, CST-S

Alexandra Katehakis, Ph.D., LMFT is Founder and Clinical Director of the Center for Healthy Sex

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in Los Angeles, Consultant for The Meadows, faculty for the International Institute of Trauma and Addiction Professionals, and the recipient of the 2018 IITAP Leadership and 2012 SASH Carnes Award. She is a Certified Sex Addiction Therapist/Supervisor and AASECT Certified Sex Therapist/Supervisor specializing in the treatment of sexual addiction and other sexual disorders. Dr. Katehakis is author of *Sexual Reflections: A Workbook for Designing and Celebrating Your Sexual Health Plan* (2018), *Sex Addiction As Affect Dysregulation: A Neurobiologically Informed Holistic Treatment* (2016), co-author of the 2015 AASECT award winning *Mirror of Intimacy: Daily Reflections on Emotional and Erotic Intelligence* (2104), contributing author to the Clark Vincent award winning *Making Advances: A Comprehensive Guide for Treating Female Sex and Love Addicts*, in M. Ferree (Ed.) (2012), and author of *Erotic Intelligence: Igniting Hot Healthy Sex After Recovery From Sex Addiction* (2010).

Kelly, McDaniel, LPC, NCC, CSAT

Kelly McDaniel, LPC, NCC, CSAT, author, psychotherapist, is located in Nashville, TN, and offers Individual Intensives for adults facing heartbreak. She works confidentially with clients navigating tender, primitive wounds deriving from a broken heart.

In 2008, McDaniel's book *Ready to Heal* was published, for women healing from addictive love and sex. The book outlines the inescapable impasse occurring for women needing love but are pathologized for their desire. *Mother Hunger*TM (MH) originated in this work. A second edition in 2012 has an expanded chapter on MH which assists clinicians and clients in naming the origin of addictive relationships.

McDaniel's writing a new book, *Mother Hunger*TM *Healing your First Broken Heart*, expanding her concept of MH even further. McDaniel speaks to a variety of audiences about the cultural legacy of MH, Addiction and Heartbreak, and has developed a treatment process for complex betrayal trauma, first heartbreak in a child's development.

He said she said: How do we define "consent" in an ever-changing sociocultural landscape?

Katehakis will discuss the meaning of the word, "consent" and whether this is an accurate construction of what men and women face when engaging in sexual encounters. Conversations about consent, who is giving, and how we can better assist patients in determining what's in their best interest will be explored. McDaniel will illuminate the complexity of consent with regard to *Mother Hunger*. Understanding *Mother Hunger* as early attachment complex betrayal trauma places consent into a context of pseudo-decision making. Daughters of compromised mothers develop strategies of compliance, collusion, and compartmentalization that prohibit a clear expression of "self". What is consent when there is no choice? What is "yes" when there has never been "no"?

Learning Objectives

- Describe the varying definitions of "consent" and the complex issues surrounding the use of that word.
 - Examine reactive rage and compulsive compliance as a complex personality "default".
 - Understand the cultural context for absence of choice/consent with focus on feminine adaptations to a "male gaze" and the construction of femininity.
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Jenna Riemersma LPC, CSAT-S, CMAT-S, EMDR, IFS, NCC

Jenna Riemersma is the Clinical Director of The Atlanta Center for Relational Healing. She is a teaching faculty member for the International Institute of Trauma and Addiction Professionals (IITAP), and also serves on the clinical staff of Bethesda Workshops in Nashville, TN.

Jenna holds a Masters degree in Public Policy from Harvard University and a Masters Degree in Professional Counseling from Richmond Graduate University. She is a Licensed Professional Counselor (LPC), a trauma-informed EMDR-trained therapist, a Certified Sex Addiction Therapist Supervisor (CSAT-S), Certified Multiple Addiction Therapist Supervisor (CMAT-S), an Internal Family Systems Therapist (IFS), and a National Certified Counselor (NCC).

Jenna specializes in working with betrayed spouses. She also offers individual intensive experiences, professional consultation services, and customized workshops and trainings. She is a published author and popular speaker on topics including faith, mental health, and authentic living. Jenna's upcoming book on Internal Family Systems (IFS) and Spirituality is in publication with Random House Publishing. Jenna's previous career was in the field of public policy, where she served in various legislative capacities on Capitol Hill in Washington, D.C.

Changing the Game: Internal Family Systems (IFS) in Sex Addiction Treatment

Internal Family Systems (IFS) is an evidenced-based therapeutic approach that brings a revolutionary new lens to the treatment of sex addicts and their partners. IFS guides both client and therapist towards the healing power that exists within each individual, and engages therapist and client compassion for even the most difficult "parts" of any client, such as the "part" that acts out sexually and the "part" that controls or the "part" that denies. IFS brings enhanced client self awareness, facilitates much more rapid and permanent healing than traditional methods, and entirely avoids resistance as it moves towards all parts of the client with compassion and curiosity.

Learning Objectives

- Articulate the primary components of the Internal Family Systems Model.
- Personally experience IFS in a guided exercise
- Identify specific applications in working with sex addict and partner clients

A. Todd Freestone Psy.D., LCSW

Dr. A. Todd Freestone serves as the Clinical Director of inpatient and outpatient services for Paradise Creek Recovery Center, Inc. in Malta, Idaho and The Comprehensive Treatment Clinic in Logan, Utah. He is a Clinical Social Worker, and holds a Doctor of Psychology Degree. He has been performing clinical work for 23 years. His specialties include: Sex specific treatment (compulsivity, offender and victim), other forms of addictive or compulsive disorders (Substance issues, gambling, theft, etc.), trauma and general mental health disorders. He is also an international public speaker and trainer for the Cognitive-Neural Restructuring Therapy Treatment Model, developed at the Comprehensive Treatment Clinic. He is a certified Plethysmographer, ABEL Screen Examiner, Mandt desescalation system instructor, and a Certified Sexual Addiction Therapist.

Anhedonia and Sexual Compulsivity: How Trauma and Over-Stimulation Lead to a Shutdown in the Pleasure System

This presentation will present a biological model of how the addiction process forms in a simple,

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yet effective way. The presentation will proceed to look at the concept of Anhedonia and how it is a breakdown in the pleasure system that may lead to possible relapse or death. It will address how society has given rise to the breakdown in our pleasure system through the acceptance of extremes (high adrenaline activities) and how this might be reversed in our clients.

Learning Objectives

- After this presentation the participants will be able to identify what the phenomenon of anhedonia is and how it is related to addiction.
 - After this presentation the participants will be able to explain to clients and their significant others "why they cannot just stop."
 - After this presentation the participants will be able to help clients reverse anhedonic responses.
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Mari A. Lee, LMFT, CSAT

Mari A. Lee, LMFT, CSAT-S is a Licensed Marriage and Family Therapist, a Certified Sex Addiction Therapist and Supervisor, the founder of Growth Counseling Services, and a trusted business coach to therapists around the U.S. and the world.

Mari is recognized nationally and internationally for her groundbreaking clinical work with partners and spouses of sexually compulsive people. She is the founder of Growth Counseling, a fee for service private practice recovery center located in Southern California.

Along with her clinical and coaching work, Mari is the co-author of the bestselling book, "Facing Heartbreak: Steps to Recovery for Partners of Sex Addicts", and she is the author of, "Healing Betrayal", and "The Creative Clinician: Exercises and Activities for Clients and Group Therapy", and a contributing author to "Behavioral Addictions: Criteria, Evidence and Treatment." Her next book, "The Gift in the Wound: Stories of Resiliency and Hope" will be out in 2019 or 2020.

Mari is also a popular speaker and presents across the country on the topic of sex and love addiction, partner's betrayal trauma, women's issues, and hosts' women's and couples healing workshops.

Finally, she is the co-founder of "The Shine Retreat for Women" – a women's retreat in Laguna Beach, CA. where a small and diverse group of kind, inclusive, and supportive women and therapists enjoy a weekend of connection, restoration and fun!

Darrin Ford, LMFT, CSAT

Darrin Ford, LMFT, CSAT is a licensed Marriage and Family Therapist who specializes in treating addictive disorders. He is certified by the American Association of Marriage and Family Therapists, and as a Certified Sex Addiction Therapist, he was trained directly by the pioneer of the field, Dr. Patrick Carnes.

Mr. Ford is the founder of Sano Center for Recovery with treatment centers in Long Beach, West Los Angeles, and Orange County, California where he and his staff work with sex addicts and partners through individual therapy, couples therapy, group therapy, and Intensive Outpatient Programs.

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In his years of treating those afflicted with addiction, he understands the importance of incorporating mindfulness and meditation techniques in helping clients recover from addictions. Mr. Ford's passion for combining science and mindfulness were the cornerstones for founding his Mindfulness-Based Addiction Therapy Program, as well as co-authoring, "Awakening the Addictive Mind: A Story of and Guide to Addiction".

The Art and Science of Mindfulness, Meditation and Addiction: Innovative Tools to Support Mindful Recovery for Addicts and Partners

Drawing on over a decade of successfully incorporating mindfulness, meditation, and guided imagery in the treatment of addicts and partners, Mari A. Lee, LMFT, CSAT-S and Darrin Ford, LMFT, CSAT will discuss current research and brain science on the usefulness of incorporating meditation and mindfulness in the sex addiction task model.

Mari and Darrin will present client case examples, along with innovative mindfulness exercises and tools that they have used to support the CSAT Task Model of recovery and healing for addicts, partners, couples and within therapy groups.

Additionally, they will demonstrate the art of applying this modality by guiding the attendees through two mindfulness exercises that can be used immediately with individuals or groups within the attendees' agencies or private practices.

Learning Objectives

- Understand the current scientific research regarding mindfulness and meditation with respect to addiction recovery and partner's trauma.
- How to incorporate meditation and mindfulness techniques to support the CSAT task model of recovery.
- Recognize the empowering aspects of mindfulness and meditation for long term recovery for both addicts and partners that include: managing triggers, reducing rage, reducing anxiety and depression, and increasing regulation and recovery success.

Michelle Mays LPC, CSAT-S

Michelle Mays, author of *The Aftermath of Betrayal* and *When It All Breaks Bad*, received her Master's in Counseling in 2001 in Seattle, Washington where she then opened a private practice focused on helping those struggling with sexual addiction, trauma and relationship issues. In 2005 she crossed the country and moved back to Northern Virginia where she opened a private practice in Leesburg. In 2011, Michelle founded the Center for Relational Recovery (CRR), a counseling and training center with offices in Washington DC and Leesburg VA. CRR is focused on providing leading edge treatment to sex addicts, partners of sex addicts, trauma survivors, and those struggling with relationship issues.

Michelle is the founder of PartnerHope, an online portal offering authentic hope and a healing pathway for betrayed partners through information, resources, tools, and connections with one another, subject experts and inspiring pathfinders. Michelle is also the creator of the Relational Recovery Disclosure Prep Model and provides resources, training and support to therapists to help them deepen their skill set around facilitating disclosures.

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Michelle is a Certified Sex Addiction Therapist and Supervisor trained under Dr. Patrick Carnes. She is also trained in Post Induction Therapy by Pia Melody for the treatment of relational trauma and is in the process of completing her certification in Emotionally Focused Therapy for couples. Michelle is Licensed as a Professional Counselor in both Virginia and Washington DC.

I Love You, I Love You Not: Attachment Ambivalence and Betrayal Blindness: Understanding and Treating the Heart of Betrayal Trauma

As a treatment community we now embrace the understanding that the symptoms and behaviors displayed by betrayed partners arise out of the traumatic impact of sexual and relational betrayal. Building on this foundation, this presentation takes a deeper look at the attachment dynamics, specifically attachment ambivalence and betrayal blindness, that are at the core of the relational injury experienced by betrayed partners. These two dynamics galvanize the symptoms that betrayed partners experience, driving the complex individual and relational interactions that unfold in the aftermath of betrayal. This presentation will explore these dynamics in detail and provide a suggested treatment pathway.

Learning Objectives

- Define the three types of injury that combine to create Complex, Dynamic, Multi-Dimensional Betrayal Trauma.
 - Identify the core attachment ambivalence created by sexual betrayal and the key relational dynamics that unfold for betrayed partners.
 - Define betrayal blindness, its impact on relational dynamics/trauma reactions and identify key strategies for treatment.
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Jan Beauregard Ph.D.

Jan Beauregard, PhD, CSAT-S, CSAC is the Clinical Director at the Integrative Psychotherapy Institute. She provides psychotherapy to adolescents, adults and couples and is a national workshop presenter on topics related to addictive disorders and trauma. She provides clinical supervision and consultation incorporating techniques from EMDR, Sensorimotor Psychotherapy, IFS and Trauma-Sensitive Yoga and Mindfulness. Dr. Beauregard is the recipient of the Caron Foundation Addiction Therapist of the Year Award and was named a "Top Therapist" by Washingtonian Magazine in Addiction and PTSD

Making the Connection: Using Body- Based Techniques in the Treatment of Addiction and Trauma

Recent research on the treatment of addictive disorders has awakened treatment practitioners to examine the complex interactions between addictive behaviors and underlying trauma. In this workshop, participants will learn strategies evolving from the research in neurobiology to address trauma related responses using body-based interventions from Sensorimotor Psychotherapy, Trauma-Informed Mindfulness and LifeForce Yoga.

Learning Objectives

- Incorporate the neurobiological research on the treatment of addiction from a trauma-informed perspective.
- Incorporate several trauma-sensitive yoga sequences to support clients in safely regulating arousal level and modulating urges and triggers.

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- Design several somatically based interventions to assist clients with expanding their capacity for affect regulation
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3:30pm-4:00pm Break

4:00pm-5:30 pm Concurrent Sessions

Jennifer Weeks Ph.D. LPC CAADC CSAT-S

Dr. Jennifer Weeks is the owner and director of Sexual Addiction Treatment Services, an outpatient program treating problematic sexual behavior, impaired healthcare professionals and sexual offenders. Dr. Weeks is considered an expert witness in county and Federal court for sexual addiction and sexual offending. In addition to her clinical practice, Dr. Weeks provides continuing education programs for mental health professionals on the topics of sexual addiction, sexual offending, addiction interaction disorder and trauma and addiction. Dr. Weeks is a CSAT-S as well as a Clinically Certified Sex Offender Treatment Specialist and is trained in EMDR.

The Role of Hypersexuality in Sex Offender Treatment

Hypersexuality, alternately called sexual addiction or sexual compulsivity, is a key part of the determination of risk of recidivism for sexual offenders. It is quantified in different ways but is part of risk assessment measures such as the SOTIPS and STABLE 2007. Though it is a key risk factor for recidivism, traditional sex offender treatment programs do not address sexual addiction. This provides an opportunity for sex addiction therapists to collaborate with sex offender treatment providers to offer treatment options specific for this risk factor. This presentation will cover the following topics: hypersexuality's role in risk assessment; the struggle in the offender treatment community to quantify sexual compulsivity, and integrating aspects of the TASK model into sexual offender treatment for hypersexual offenders.

Learning Objectives

- Understand the role of hypersexuality in an offender's risk to reoffend.
 - Identify way to integrate the task model into offender treatment.
 - Understand how the offender treatment community defines hypersexuality.
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Isabel Nino de Guzman, Ph.D., CSAT-S, CMAT-S

Dr. Isabel Nino de Guzman, CSAT-S, CMAT-S, Psychologist and approved Supervisor by the Arizona Board of Behavioral Health Examiners. Professionally affiliated to The Meadows in Arizona, working with men reporting severe sexually compulsive problems, and with women affected by relational and intimacy disorders. Has conducted research identifying patterns of interaction between sexual addiction, mental health disorders, personality dysfunction, and trauma. Presenter at national and international events including IITAP, Society for the Advancement of Sexual Health (SASH), the National Conference on Addictive Disorders (NCAD), and the 7th World Congress on Addictive Disorders.

Crystal Nesfield, LAC, CSAT

Crystal Nesfield, LAC, CSAT Candidate is currently a trauma therapist at Willow House at the

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Meadows, where she works with for women affected by relational and intimacy disorders. She has also worked as a Trauma Therapist and Primary Therapist at Gentle Path at the Meadows, working with men reporting severe sexually compulsive behaviors.

Trauma Profiles, Dissociative Mechanisms, and Gender Differences on Patients Treated for Sexually Compulsive and Intimacy Disorders

Data obtained by using the Dissociative Experiences Scale and the PTSI-R will be presented to show complex relations between dissociative mechanisms and specific trauma reactions on males and females treated for sexually compulsive and intimacy disorders. Two cases will be presented to illustrate these findings and therapeutic interventions that were effectively used.

Learning Objectives

- After this presentation, participants will be able to examine complex relations between trauma reactions and dissociative mechanisms on males and females treated for sexually compulsive and intimacy disorders.
- After this presentation, participants will be able to identify factors that may influence the choice of trauma-treatment modalities on males and females treated for sexually compulsive and intimacy disorders.
- After this presentation, participants will be able to evaluate the effectiveness of trauma-treatment modalities utilized on males and females treated for sexually compulsive and intimacy disorders.

Adrian Hickmon Ph.D., LPC, LMFT, CSAT-S, CMAT-S, CTT, EMDR, AAMFT

Adrian Hickmon coached football for 14 years, 11 as a head coach in high school. From its beginning in 1993 until 2013, he served as a Professor of Marriage and Family Therapy in the Marriage and Family Master's Program at Harding University. In 2001 he founded Capstone Treatment Center in Searcy, Arkansas, where he now serves as the CEO. Hickmon holds a PhD in Marriage and Family Therapy from Virginia Tech and a MA in Substance Abuse Counseling from NE Louisiana University. He is a Licensed Professional Counselor, a Licensed Marriage and Family Therapist and a Licensed Alcohol and Drug Abuse Counselor. Dr. Hickmon has over 25,000 hours of therapy and supervision-of-therapy experience. His specialized credentials include; CSAT - S, CTT (Certified Trauma Therapist), EMDR I, CMAT-S, and AAMFT-S. Dr. Hickmon developed the Core Model of therapy which focuses on chemical and process addictions and compulsions, trauma, attachment, relationship intimacy within the family and their core underlying issues. He has presented internationally on these topics. He and his wife JoAnna have been married for 42 years and live in their childhood hometown in Arkansas. They have two daughters 38 and 36, twin sons 28, and four grandsons 6 and under. His greatest joy is being with his family especially if they are playing in God's great outdoors, fishing or hunting.

Canine Companion Therapy and the Recovery Journey Through the 30 Tasks and Beyond

In most Canine Assisted Therapy clients have limited access to the dog in temporary settings such as outpatient sessions, inpatient hospitalization or residential treatment. Then the client leaves and loses their canine connection. Canine Companion Therapy, a rarely utilized form of Canine Assisted Therapy, is when the client owns the dog or perhaps better said, when the dog

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lives with its human. This presentation discusses how a relationship with a Canine Companion can provide the trusted support system and unconditional love vital to recovery, as well as a neurobiological building block to develop attachment neuropathways and human-to-human intimacy.

Learning Objectives

- Participants will be able to describe the emotional and relational needs of people in recovery during the 30 Tasks and demonstrate how to utilize a Canine Companion to meet those needs.
 - Participants will be able to explain the unique neurobiology of dogs as related to their uncanny therapeutic ability.
 - Participants will be able to assess clients for appropriateness for Canine Companion Therapy and design a plan that meets the unique needs of individual clients.
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Joel Ziff, Ed.D., CSAT-S

Joel Ziff, Ed.D., CSAT-S, is a Psychologist in private practice for 37+ years in Eastern Massachusetts, working with individuals, couples, and groups. He also lectures and consults to professional and community organizations on treatment of sex addiction. Joel is author of *Former Buyers: Why and How They Stop - A Preliminary Study of Men With Long-Term Abstinence from Paying for Sex*, and of "Integrating 12-step Recovery in Clinical Treatment of Sex Addiction: A Practical Guide for the Clinician" a chapter in the revised edition of *Clinical Management of Sex Addiction* (in press). Joel also writes, lectures and teaches on topics related to integration of psychotherapy with Jewish spirituality. He is author of *Mirrors in Time: The Psycho-Spiritual Journey through the Jewish Year*. Joel's training and experience is in family therapy, gestalt therapy, Ericksonian and traditional hypnosis, group psychotherapy, transactional analysis, developmental psychology and body-oriented psychotherapy.

Aliki Pischev, LICSW, CCPS-C, CSAT-C

Aliki Pischev, LICSW, CSAT-C, CCPS-C, psychotherapist and hypnotherapist with over 30 years of clinical experience with a specialty in betrayal trauma, addictions and behavioral medicine. In addition to individual and couples work with partners and sex addicts, Aliki leads partner trauma groups and workshops for couples healing from the sa/betrayal trauma. Her approach integrates IFS (Internal Family Systems), Neuroscience and Trauma, Hypnotherapy, EMDR, EFT and other somatic techniques, Mindfulness, Attachment Theory and CBT. Aliki is the Founder and President of Center for Life Solutions, Inc., a family centered counseling practice. She is also part of New England Recovery Associates, a network of sex addiction specialists. She is currently working on research examining the impact of trauma from all aspects (relational, helping providers and institutional) on partners and families.

Couple's Roadmap to Recovery: A Task-Based Protocol for Integrating Outpatient Individual and Couple Treatment

The Couple's Roadmap to Recovery is a therapeutic framework for individual and couple's therapists - working in outpatient treatment settings - to work collaboratively integrating tasks in individual therapy with tasks in couple therapy so that couples have a clear, collaborative therapeutic process. The focus is on a relational approach in which addict and partner interact in different ways: sometimes sharing their individual work, sometimes consultants to one another,

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and sometimes developing mutual agreements. The therapists also have a treatment method that fosters communication and collaboration allowing for more efficient, successful outcomes. The Roadmap is modular and flexible, allowing clinicians to customize the tasks as appropriate for the unique needs of clients.

In this presentation, we will describe the stages and tasks at each stage:

1. Crisis Management
2. Individual Stabilization
3. Couple Stabilization
4. Formal Disclosure & Relationship Repair Process
5. Individual Family of Origin & Trauma Therapy
6. Couple Relationship Renewal (resolving underlying couple's issues & developing healthy sexual intimacy)

We will also offer some new unique tasks and refined approaches which will help to move couples forward through the recovery and healing process. Examples include:

Three-Circle Relationship Plan to be completed individually, but in consultation with one another - both by addict and partner with the goal of stabilization in the early stages.

Safety & Trust Building Process - a relational approach in which both addict and partner make requests, define boundaries and respond to one another as a basis for the final product which is a Couples Agreement.

Couple's Recovery Agreement - which is a detailed agreement regarding commitments they make together with the guidance of their therapeutic team.

Learning Objectives

- Describe the stages of the process for couple's recovery and the tasks required at each stage; Describe the integrated process for work on tasks by spouse and addict in their individual therapies, and the work to be completed in couple therapy.
- Utilize the template for the Couple's Recovery Agreement to organize integrated treatment by individual and couple therapists.
- Describe the roles, the opportunities, and the challenges for individual therapists and couples therapist to collaborate effectively.

Janie Lacy, LMHC, NCC, CSAT

Relationship Trauma Expert, Psychotherapist, TV Commentator & Owner of Life Counseling Solutions in Maitland, Florida

Janie Lacy is a nationally known psychotherapist and Licensed Mental Health Counselor, National Certified Counselor, and Certified Sex Addiction Therapist. She is also a respected television commentator and founder of Life Counseling Solutions in Maitland, Florida. For almost 12 years she has been enriching lives through her psychotherapy work and brings credibility and expert knowledge to audiences via on-air appearances.

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As a television commentator, Janie connects with viewers, and is sought after for her psychological insights and practical advice on topics ranging from mental health disorders to relationship challenges. Janie has impacted audiences through various local and national radio, news, and television programs. For example, she has lent her expertise to national shows such as: The Bill Cunningham Show, Daily Buzz and Emotional Mojo.

Janie is a popular professional speaker at national industry conferences and has the ability to energize a room while hosting events. She has authored numerous articles in local and national outlets on sex & love addiction, anger management and relationship & sexual trauma.

Her journey as a psychotherapist began when she worked as a counselor for a non-profit where the clients had various psychiatric challenges along with volunteering at an experiential camp for adolescents with behavioral challenges. In both clinical settings and in private practice, Janie has treated all forms of mental illness, substance abuse, grieving, job stress, emotional disturbances, sexual abuse, social and parenting issues. She is passionate about helping people overcome a variety of life's challenges.

Janie earned a Bachelors of Science in Business Administration from the University of Central Florida and holds a Master's in Counseling Psychology from Palm Beach Atlantic University. She is currently pursuing her Doctorate in Clinical Psychology from California Southern University.

Janie is a faculty member with the International Institute for Trauma & Addiction Professionals where she trains professionals who are committed to specializing in the areas of addiction recovery and trauma.

Janie was awarded the 2018 Enterprise Business of the Year Award by the African American Chamber of Commerce of Central Florida. Janie also co-hosts a popular podcast called Life Unscripted which can be found on iHeart, iTunes, Spotify and Spreaker.

Spirituality and Toxic Relationships: Removing Relational Roadblocks

While a collaborative treatment effort is often needed for recovery from relationship addiction, there is also an aspect to spirituality that should be considered in recovery.

Many individuals, who are recovering from any form of relationship addiction, find it helpful to have hope in a higher power or being, someone greater than themselves and their struggle.

This program content focuses on the application of cultivating a spiritual aspect as part of the recovery process as part of the intervention method that is consistent with the credible empirical support in the 12 Step Program.

God or higher power is mentioned in 6 of the 12 steps. These terms are used interchangeably. The idea of a higher power is the key element of the program, as seen in the following steps:

* Step 2 – We came to believe that a Power greater than ourselves could restore us to sanity.

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* Step 3- We made a decision to turn our will and our lives over to the care of God as we understood Him.

* Step 5- We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

* Step 6- _We were entirely ready to have God remove all these defects of character._

* Step 7- We humbly asked Him to remove our shortcomings.

* Step 11 – We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

Learning Objectives

- Identify how to incorporate spirituality into recovery.
 - How to practice the disciplines of spirituality in everyday practices as part of the recovery process.
 - Learn the importance of spirituality as a key component to the recovery process.
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Jeanne Vattuone, LSCW, CSAT, CCPS-S

For the last twenty-plus years, Jeanne Vattuone has helped those impacted by traumatic events. She has worked in school systems, child protective services, private foster care, crisis response to natural disasters, and has a thriving practice focusing on trauma and addiction. Jeanne co-founded Willow Tree Counseling, an intensive out-patient treatment program for sex addicts, their partners, and families located in Santa Rosa, California.

Tending to the Sexual Impact of Sex Addiction

This presentation will address the sexual trauma impact on partners of sex addicts. We will discuss and examine patterns found within the betrayed partner community, before and after discovery. This presentation will also discuss the sexual impact on sex addicts as they try to create healthy sexuality in their recovery and relationships.

Learning Objectives

- Broaden the current definition and understanding of sexual trauma as experienced by partners of sex addicts.
- Have a better understanding about the sexual impact of sex addiction on addicts and betrayed partners.
- Improve assessment skills of sexual impact when treating sex addicts and betrayed partners.

SATURDAY, MAY 4, 2019

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8:45am-10:15am Keynote

Laurel Parnell, Ph.D.

Laurel Parnell, Ph.D., is a clinical psychologist and director of the Parnell Institute for EMDR. One of the world's leading experts on Eye Movement Desensitization and Reprocessing (EMDR), she is the originator of the EMDR-related therapies Attachment-Focused EMDR and Resource Tapping. Dr. Parnell has served on the faculty of the California Institute for Integral Studies and John F. Kennedy University. She is the author of several books and videos on EMDR, including, *Rewiring the Addicted Brain*, *Attachment-Focused EMDR: Healing Relational Trauma*, *A Therapist's Guide to EMDR and Tapping In*. Dr. Parnell keynotes conferences, trains clinicians in EMDR, and teaches workshops internationally on *Rewiring the Addicted Brain*, *Resource Tapping*, and *Attachment-Focused EMDR*. Learn more about Dr. Parnell at www.parnellemdr.com.

Attachment- Focused EMDR: A Client- Centered Therapy for Healing Childhood Trauma and Neglect

Attachment-focused EMDR is a new model of EMDR (Eye Movement Desensitization and Reprocessing) developed over a period of twenty-two years by psychologist and EMDR trainer Dr. Laurel Parnell that adapts this powerful and effective trauma therapy to the needs of clients with attachment wounds. In this workshop you will learn how the standard EMDR protocol can be modified so that it flows more easily, supports client safety, maintains the therapeutic connection and enhances attunement. Attachment-focused EMDR is client-centered and emphasizes a reparative therapeutic relationship, using a combination of Resource Tapping (Parnell, 2008) to strengthen clients, EMDR to process traumas and talk therapy to help integrate the information from the EMDR sessions and to provide healing from therapist-client interaction.

In this workshop Dr. Parnell will present the five basic principles of Attachment-Focused EMDR and how they are implemented in the treatment of traumatized clients with attachment wounds. Case material and video clips of sessions will be used to illustrate key points.

Learning Objectives

- How EMDR and Resource Tapping are integrated into Attachment-Focused EMDR
- Practicing Resource Tapping
- How to “tap in” the four most commonly used resources for ego strengthening, affect management, and stress reduction
- The basic principles of Attachment-Focused EMDR
- Repairing developmental deficits using imagination and bilateral stimulation

10:15am-10:45am Refreshment Break

Refreshment breaks will be held each AM and PM in Exhibit Area

10:45am-12:15pm Concurrent Sessions

Craig S. Cashwell, Ph.D., LPC, NCC, ACS, CSAT-S

Craig S. Cashwell, Ph.D., LPC, NCC, ACS, CSAT-S is Professor and Chair in the Department of

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Counseling and Educational Development at The University of North Carolina at Greensboro and an American Counseling Association (ACA) Fellow. Additionally, Craig maintains a part-time private practice focusing on couple counseling and addictions counseling. He has received numerous service awards, including the Association for Spiritual, Ethical, and Religious Values (ASERVIC) Meritorious Service and Lifetime Service Awards, the Chi Sigma Iota Thomas J. Sweeney Professional Leadership Award, and the Conference of Southern Graduate Schools Outstanding Faculty Mentor Award. Craig is a Past-Chair of the Council for Accreditation of Counseling and Related Educational Programs (CACREP) and has served as the Association for Counselor Education and Supervision (ACES) Governing Council Representative to ACA and President of Chi Sigma Iota, the international honor society for the counseling profession. He has over 125 publications, including *Shadows of the Cross* (a Christian companion to *Facing the Shadows*) and *Integrating Spirituality and Religion into Counseling: A Guide to Competent Practice*. Craig has received multiple research awards, including twice being the recipient of the Association for Counselor Education and Supervision Outstanding Article award for research on mindfulness.

Integrating Religion and Spirituality in the Sex Addiction Treatment Process

For many clients, religion and/or spirituality are vital aspects of their cultural identity and a critical part of their developmental narrative. Many therapists, borne either out of fear of imposing values or negative biases against religion and spirituality, ignore client religiosity and spirituality, at best and, at worst, shame clients or impose values. The purpose of this presentation is to discuss how to conduct a simple assessment of client spirituality and make informed decisions about psycho-spiritual integration in the counseling process.

Learning Objectives

- Describe the salience of spirituality as a cultural and developmental phenomenon with psychological implications (i.e., that help, hinder, or transform presenting issues).
- Identify key cognitive distortions that hinder spiritual growth.
- Identify the existence of spiritual bypass and helpful/hindering clinical responses to bypass.

Kenneth M. Adams, Ph.D., CSAT-S

Kenneth M. Adams, Ph.D., CSAT-S, is a licensed psychologist, faculty member with the International Institute of Trauma and Addiction Professionals (IITAP) and the clinical director and founder of Kenneth M. Adams and Associates in suburban Detroit and Ann Arbor, Michigan. In addition to maintaining an active clinical practice, Dr. Adams is a national lecturer, workshop leader, and consultant in the areas of child abuse, dysfunctional family systems, and sex addiction. He is the author of numerous peer-reviewed papers, book chapters, and *Silently Seduced* and *When He's Married to Mom* as well as co-editor of *Clinical Management of Sex Addiction-Revised*. He was the co-recipient of the 2001 "Readers Choice Award" for his paper on Shame Reduction and Affect Regulation. In 2011, Dr Adams received the "Carnes Award" for "outstanding work in the field of sexual addiction and compulsivity and in 2016 received the "Lifetime Achievement Award" from IITAP for his work with trauma and addiction. He is a certified Sex Addiction Therapist (CSAT), a CSAT supervisor, and CSAT training facilitator as

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well as an Eye Movement Desensitization and Reprocessing (EMDR) practitioner. For more on Dr Adams visit www.drkenadams.com

Separation, Differentiation, and Emancipation: Cornerstones of Recovery from Parental Enmeshment

While many clinicians may acknowledge that enmeshment with a parent can be problematic, few may comprehensively understand how debilitating it can be to the identity development of the individual and the critical points of treatment process. Attempting to treat enmeshment under the umbrella of other therapeutic processes or intensives, clinicians may unintentionally fail to guide the needed emancipation of the client from the parent. This presentation will summarize over 150 PTSI-R's of men and women who have participated in a therapeutic intensive for enmeshment and provide participants with updates on effective therapeutic methods and worksheets for use with clients.

Learning Objectives

- Identify parental enmeshment.
- Understand how enmeshment leads to addiction.
- Identify effective treatment methods and use of PTSI-R.

Meg Martinez-Dettamanti, LACMHC, ASAT-Candidate

Meg Martinez-Dettamanti is an LACMHC, an ASAT Candidate, and the Assistant Clinical Director of Namasté Center for Healing and it's prevention program, The Global Prevention Project. Meg is well versed in child welfare and the legal issues that arise from addictive behaviors and has aided families in overcoming these struggles on their road to recovery. Through previous work with Utah's Division of Juvenile Justice Services and Division of Child and Family Services (DCFS), Meg has learned the importance of "Prevention" as an integral intervention related to addiction and harmful behavior. She currently oversees the outpatient and intensive programs at Namasté Center for Healing and The Global Prevention Project, facilitating several groups and working with complex client cases. Meg worked closely with Candice Christiansen, LCMHC, CSAT-S, through the creation of NCH's MAPs program (minor-attracted persons) and has assisted with the global impact of our prevention project as a whole through individual services, group support, and The Prevention Podcast. She and Candice coauthored a chapter for a book series on sexual abuse prevention to be published in the U.K.

The Origins of Pedophilia: Exploring Developmental Trauma and its impact on Minor Attraction

This presentation will explore the psychological and social impacts of trauma on one's attraction to minors. The biological underpinnings of pedophilia will be briefly discussed while the presentation will focus on the ways that developmental trauma impacts one's attractions to minors. Antidotal evidence from my work with the MAPs (minor-attracted persons) population in our program, The Global Prevention Project, will be presented via case study. Issues presented in these case studies include pornography addiction, specifically to child sexual abuse images and/or shotacon/lolicon as well as the escalation of addiction into illegal internet behaviors.

Learning Objectives

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- Understand what is a "minor-attraction" vs. a trauma response.
 - Identify primary issues that MAPs deal with, including struggles with escalated addiction.
 - Accurately assess and treat vs. when to make a referral or report, per one's ethical codes.
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Robert Weiss PhD, MSW

Robert Weiss PhD MSW is CEO of Seeking Integrity LCS and a digital-age intimacy and relationships expert specializing in adult intimacy disorders and the addictions—most notably sex, porn, and relationship addiction. An internationally acknowledged speaker, author and educator, he frequently serves as a subject expert on human sexuality for multiple media outlets including CNN, HLN, MSNBC, The Oprah Winfrey Network, The New York Times, The Los Angeles Times, and NPR, among others. He is the author of several highly regarded books, including “Out of the Doghouse: A Step-by-Step Relationship-Saving Guide for Men Caught Cheating,” “Sex Addiction 101: A Basic Guide to Healing from Sex, Porn, and Love Addiction,” “Sex Addiction 101: The Workbook,” and “Cruise Control: Understanding Sex Addiction in Gay Men and most recently, “Prodependence: Moving Beyond Codependency ” Dr. Weiss blogs regularly for Psychology Today, Counselor Magazine and Psych Central. A skilled clinical educator, he routinely provides training to therapists, the US military, hospitals, and psychiatric organizations in the US and abroad. Over the years, he has created and overseen more than a dozen high-end addiction and mental health treatment facilities. Currently, he is CEO of Seeking Integrity, LLC, being developed as an online resource for recovery from infidelity and sexual addiction. For more information or to reach Mr. Weiss, please visit his website, robertweissmsw.com, or follow him on Twitter, @RobWeissMSW.

Kim Buck, MAPC, LPC, CSAT

Kim Buck, MAPC, LPC, CSAT is the clinical director at Family Strategies Counseling Center in Mesa Arizona, as well as the owner of Aspire Counseling Services. She is an approved supervisor for the Arizona Board of Behavioral Health Examiners, and is currently working toward obtaining a PhD in the area of Human Sexuality from the International Institute of Clinical Sexology. Kim is highly specialized in the treatment of adults and couples who are dealing with sexual addiction and betrayal trauma. Her most recent venture is the creation of a working strength-based prodependence treatment program utilized by individuals who have sex-addicted partners, based on the work of Dr. Robert Weiss.

Prodependence: Moving Beyond Codependency

Prodependence is a newly evolved paradigm for the clinical assessment and treatment of spouses, partners and loved-ones of all addicts. This model moves our clinical work beyond any kind of pathologizing or labeling such loved ones, this working instead to validate all attempts to love and rescue a beloved family member regardless of their methods or record of success. Prodependence seeks to shift the lens through which we view partners and spouses of all addicts, moving from judgment to validation, from deficits to strengths, while continuing to help such partners define healthy choices from those which are less productive.

Learning Objectives

- Attendees will be able to clearly differentiate codependence from prodependence.

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- Attendees will learn the four primary goals of clinical crisis management as applied to spouses of addicts.
 - Attendees will learn effects that simple assessment techniques can have upon an addict's spouse in crisis over active addiction.
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Marcus Earle, Ph.D.

Dr. Earle graduated from Virginia Tech University, where he earned a doctorate degree in Marriage and Family Therapy. He then joined PCS and built the PCS Intensive Program with his father. Dr. Earle is the co-author of the book "Sex Addiction: Case Studies and Management"

Jessica Lamar, Psy.D., LAC

Jessica Lamar is a Post-Doctoral Resident at Psychological Counseling Services. She has varied experience providing individual and group therapy, as well as psychological assessments, in private practice, correctional, and inpatient hospital settings. She has worked with a wide range of psychological concerns, including depression, anxiety, history of trauma, and substance use primarily utilizing Experiential, Acceptance and Commitment Therapy and Client-Centered interventions. Jessica earned her Doctorate in Clinical Psychology (Psy.D.) at the Arizona School of Professional Psychology at Argosy University, Phoenix. She also has a Master of Arts degree in Clinical Psychology through Argosy University, Phoenix. She also earned a Masters' of Science Degree in Clinical Mental Health Counseling and is a Licensed Associate Counselor (LAC) in the State of Arizona.

The Impact of Self-Disenfranchised Grief and Disenfranchised Grief on the Treatment of Sexual Addiction

Non-death losses are not typically recognized and acknowledged by others as grief despite intense physical, psychological and emotional consequences, which is referred to as disenfranchised grief. Disenfranchised grief can be related to serious mental health concerns such as substance use, or depression and may impede grief resolution. The grieving individual may not feel deserving to pursue informal or formal support for their distress. This can lead to self-disenfranchised grief, shame, and limit the individual from progressing in treatment. awareness of disenfranchised grief and its' relevant interventions are essential to those in the mental health field, specifically working with process addictions.

Learning Objectives

- Understand how disenfranchised grief can potentially result in unresolved grief or serious mental health difficulties.
 - Develop an understanding how clinicians can better serve their clients by understanding disenfranchised grief and categories of disenfranchised grief
 - Discuss ways to incorporate grief interventions for non- death losses and disenfranchised grief.
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Matthew Hedelius Psy.D., LCSW

Dr. Matthew Hedelius has been providing treatment for individuals who suffer from trauma and sexual compulsivity for over 20 years and has completed over 40,000 therapy sessions in that

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time frame. He has experience in outpatient, residential and inpatient treatment settings. He provides bio and neurofeedback as a means of helping patients resolve their addictions and trauma issues. In addition, he has been trained in and provides EMDR to help patients resolve their traumatic histories. He enjoys running half marathons and marathons and loves working with people. He also provides supervision for therapists who are training to be sex addiction therapists.

Separating Fact from Fiction: What the Neuroscience Says About Compulsive Pornography Use and the Brain - Implications for Clinical Practice

This presentation will examine the most up to date research on the neuro-biology of sexually addiction. Specific attention will be given to how the brain may be impacted by compulsive pornography use, including the role specific parts of the brain may play in the addiction process. Attention will also be given to helping participants be able to communicate this effectively to clients and to accurately and precisely separate Fact from Fiction. The presentation will then examine how to help clients effectively incorporate this in their own recovery process. Specific interventions will also be identified that will help clients achieve sobriety.

Learning Objectives

- Participants will be able to identify the most up to date research on how compulsive pornography use and sexually compulsive behavior may impact the brain.
- Participants will be able to identify the role the brain plays in the sexual addiction process.
- Participants will be able to identify specific therapeutic interventions that can be employed in the treatment of sexually addicted behaviors.

12:15pm-12:30pm Break

12:30pm-2:00 pm Lunch And Learn - Understanding Roadblocks in Trauma Treatment with Children and Adolescents

Daniel Sanderson, Ph.D.

Daniel Sanderson of St. George, Utah. He's also a skilled forensic and neuro-psychologist with a particular passion for psychological assessment and evaluations as they pertain to assisting in intervention and treatment. Sanderson has provided counseling, treatment and therapy for children, adolescents, adults, couples and families for more than 25 years. He is known for his developmental, experiential approach to treatment and his unconventional therapeutic sessions; successful interventions and disruptions. Sanderson has extensive experience in treating attention deficit disorder; attention deficit hyperactivity disorder; bipolar disorder, oppositional defiant disorder and personality disorders. In addition, Sanderson has treated substance abuse and addiction, process addictions, drug and alcohol addiction; eating disorders and sexual disorders. Sanderson has worked with split & blended families; adoption and international adoptions as well as treating reactive attachment disorder.

He earned his doctorate degree in clinical psychology from Brigham Young University. "Doc Dan" is what his clients use to reference him. Sanderson is the creator of the "developmental

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vacation model” which is a highly successful and unique theory for treating adolescent and young adult behavior issues. He is the father of five children.

Understanding Roadblocks in Trauma Treatment with Children and Adolescents

Clinicians treating adolescents with compulsive sexual behaviors, history of trauma and process dependencies can easily become flummoxed in their efforts by the adolescent client’s propensity for maintaining a comfortable, familiar sense of stasis. This discussion will identify the accomplishment of therapeutic goals in terms of developmental progression and will introduce the “Developmental Vacation” ® model for the effective treatment of difficult adolescent clients.

With a familiarization of the Development Vacation ® model, attendees will understand:

- That beyond diagnosis, the real problem is that children and adolescents in treatment are getting older but not growing up.
- How to conceptualize that which constitutes “treatment” for children and adolescents.
- The two vital components of treatment for adolescents and children
- How to foster resilience as opposed to inadvertently becoming an additional dependency in the child or adolescent client’s life.
- How to distinguish between adaptivity and a genuine process of change
- How to impact the family dynamic in support of the child or adolescent’s efforts to alter their lives.
- The complexities and impediments associated with children struggling with attachment issues and a history of early trauma.

2:00pm-3:30 pm Concurrent Sessions

Candice Christiansen, M.Ed., LCMHC

Candice Christiansen, M.Ed., LCMHC, has been influential in various clinical settings for the past 20 years. As a childhood sexual abuse survivor who became a licensed clinician, Candice has worked on both sides of the criminal justice system. Her years of dedicated service working with individuals with substance abuse issues, sex offenses, domestic violence, and trauma provided her with the foundational tools necessary to create her state-of-the-art outpatient programs, Namasté Center for Healing and The Prevention Project.™ Her preventive-intervention model and Resiliency Formula™ have provided private community members as well as pre and post adjudicated men and women around the world with accurate treatment support to assist them in living safe, healthy, and resilient lifestyles. Candice is the author of the internationally known workbook *Mastering The Trauma Wound: A Mindful Approach to Healing Trauma and Creating Healthier Relationships*(©2016) and recently co-authored a chapter on global prevention for a book series being written in the United Kingdom. She serves on the Association for the Treatment of Sexual Abusers (ATSA) Prevention Committee, ATSA’s Diversity Subcommittee, is an advisor for Legal Reform for People Intellectually and Developmentally Disabled (LRIDD), is an appointed member of the Substance Abuse Licensing Board in Utah, and is an expert witness in Justice, District, and Federal Courts for various sex crimes cases. Candice is passionately driven by her motto

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“Prevention IS the Intervention™” which she believes is the primary intervention for ensuring a violence-free, peaceful, and community-centered world.

Maternal Attachment Failure, Trauma, and Maladaptive Sexual Coping in Childhood: The Triumvirate in the Creation of a Non-Contact Sex Offender

As a court evaluator and expert witness Candice Christiansen has identified a triumvirate that appear directly correlated with non-contact specific sex offenses: Maternal attachment failure, trauma, and maladaptive sexual coping. Using case studies, participants will learn how performing a thorough clinical interview, using accurate assessments such as the SDI 4.0, and implementing trauma informed treatment and sex-specific therapy is imperative in helping men and women with non-contact sex offenses mitigate their risk to re-offend. She will also discuss how to accurately assess and treat individuals who aren't legally involved but engaging in dangerous sexual behavior such as viewing child sexual abuse images.

Learning Objectives

- How to accurately assess for the triumvirate when an individual comes to treatment and has a non-contact sex offense or dangerous sexual behavior.
- Which scales on the SDI 4.0 are important focus on when reviewing with a non-contact sex offender or someone who has risky sexual behavior.
- How to incorporate both the Task Based Model with Trauma Therapy to mitigate risk to offend/reoffend with individuals who have sex or porn addiction.

Lauren Dummit, LMFT, CSAT

Lauren Dummit, LMFT, CSAT is the Co-Founder and Clinical Director of Triune Therapy Group in Los Angeles with Dr. Kate Balestrieri, where they treat the most sensitive and complicated mental health challenges, including all forms of trauma, infidelity, sex, love and porn addiction, substance abuse, disordered eating, anger management, sexual dysfunctions, and other relationship issues.

This dynamic team co-hosts Behind Closed Doors with Dr. Kate & Lauren, a weekly show on KABC radio, where they and their guests discuss such wide ranging topics as the female orgasm, pain management and addiction, narcissism, and the relationship between sex, money and power. Together, Dr. Balestrieri and Ms. Dummit are authoring several other books related to trauma in women, sex and love addiction, and healing a betrayed heart.

As an adolescent and young woman, Lauren has experienced her own journey of recovery. She understands the courage it takes to undergo the process of growth, self-discovery and healing. A graduate of Antioch University, Lauren works with her clients to understand the meaning of their symptoms and to bring her patients the internal peace and confidence they need to navigate their inner obstacles and discover their authentic self.

Erica Garza

Born in Los Angeles to Mexican parents, Erica Garza has spent most of her adult life traveling and living abroad. She currently lives in Los Angeles with her husband and daughter. Erica's essays have appeared in Salon, Narratively, BUST, Marie Claire, Good Housekeeping, Refinery29, Bustle, Alternet, Vivala, HelloGiggles, the Los Angeles Review, and Australia's

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Mamamia and The Motherish. She has appeared as a guest on BBC Radio 4, Thom Hartmann's The Big Picture, and August McLaughlin's Girl Boner Radio. In 2010, she earned her MFA in Creative Nonfiction at Columbia University. Her memoir on sex addiction, Getting Off, is her first book.

The Female Taboo: Porn Addiction in Women in the Modern Era

In this presentation, Lauren Dummit, LMFT, CSAT, will examine the epidemiology and prevalence of porn addiction in women, identifying the various negative impacts, discuss how it affects gender differently, and explore various treatment options. We will review the implementation of an indicated assessments, treatment plan, and interventions, such as the TASK model and appropriate performables. Erica Garza will share her personal story of addiction to porn as well as her journey of recovery.

Learning Objectives

- Identify the negative impacts of porn on women.
 - Describe the differences in presentation of porn addiction in men and women.
 - Create an effective treatment plan, using interventions, such as the task model and appropriate performable to treat women struggling with porn addiction.
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Piper Grant, PsyD, MA, MPH

Dr. Piper Grant is a Licensed Clinical Psychologist, holds a Masters in Public Health, is a sex therapist, and Certified Sex Addiction Therapist. In addition to her work with couples and individuals on issues related to sex and relationships, she is a trained family therapist with extensive training in child development, psychoanalytical treatment of children and families, and a trained children's play therapist. As Dr. Piper continued her work in the field of sex addiction she began working with couples in recovery on how to co-parent, facilitate family disclosures, and navigate family healing. This led to direct work with children (minors and adults) impacted by sex addiction and working with them through their healing and understanding of how their parent(s) addiction had impacted them. She has developed exercises on how to work with a family impacted by sex addiction to continue the dynamic work of supporting families and their children in healing the ruptures and impacts of sex addiction.

Conversations and Disclosures to Children of Sex Addicts

It is well known in the field of sex addiction research and treatment that a sexual addiction can impact an entire family system. Yet, one of the most overlooked casualties of a sexual addiction is the children of addicts. Currently there are very little resources and attention paid to their experiences and treatment. This presentation will look at how sex addiction impacts children, both minors and adult children. Particular attention will be paid to assessing when a disclosure to children is appropriate, how to facilitate conversations and disclosures to children about the sexual addiction, and protocols to put in place.

Learning Objectives

- After this presentation, participants will be able to identify two(2) different ways to conduct a disclosure to children of sex addicts.
- After this presentation, participants will be able to assess the appropriateness of a disclosure to children impacted by sex addiction.

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- After this presentation, participants will be able to assess the appropriateness of a disclosure to children impacted by sex addiction.
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Kate Balestrieri, Psy.D., CSAT-S

Dr. Kate Balestrieri, Psy.D., CSAT-S, is a Licensed (Clinical and Forensic) Psychologist in CA and IL, and Certified Sex Addiction Therapist - Supervisor. She earned her Doctorate of Clinical Psychology from the Illinois School of Professional Psychology, Chicago, with a concentration in Forensic Psychology. In over 12 years of clinical experience, she has conducted clinical and forensic evaluations, served as an expert witness, and provided treatment in clinical, forensic, and correctional settings. In private practice, Dr. Balestrieri works with adolescents, adults, and couples to address a variety of mental health, addiction, sex and relationship concerns. In addition to individual and couples' therapy, she conducts comprehensive cognitive and personality assessments, differential diagnosis evaluations, and screenings for the presence of alcohol/drug addiction or sex/love addiction, or compulsive relationship behavior.

Dr. Balestrieri maintains her role as the Executive Director and Co-founder of Triune Therapy Group in Brentwood, CA. She also teaches a course dedicated to the treatment of Sexual Abuse and Human Trafficking at Antioch University, in the Trauma Specialization Program, and is the Co-host of Behind Closed Doors with Dr. Kate & Lauren, a weekly radio show on Talk Radio 790 KABC dedicated to the dissemination of topical information associated with sex, relationships, addiction, mental health, and related social issues. Dr. Balestrieri has been featured in USA Today, Epoch Times, Heathy Way, Bustle, Fatherly as well as multiple podcasts including The Bitter Truth, Sex Help with Carol the Coach and more.

Before relocating to CA in 2014, Dr. Balestrieri had a successful private practice in Chicago's Gold Coast neighborhood, and worked at the Illinois Department of Corrections, the Cook County Juvenile Court Clinic, the Illinois Department of Human Services, Illinois Department of Juvenile Justice, where she treated incarcerated adults and adjudicated youth with myriad needs, while exploring the intersection of mental illness, trauma, and addiction and the legal system. Additionally, Dr. Balestrieri is also trained in alternative dispute resolution, and is a member of the American Psychological Association, American Psychology Law Society, California Psychological Association, and the International Institute for Trauma and Addiction Professionals.

Gender, Sexuality and Rage in Relationships and Modern Society

Gender, Sexuality and Rage in Relationships and Modern Society is a presentation exploring the connection between anger, money and sexuality as a defense against relational fears. This presentation will explore the feedback loop that exists between the manifestation of anger (and its indirect and direct expressions) in the individual, family, relationships, and society. Participants will be able to readily identify the origins and functions of anger, and explore ways in which to convert this information into applicable interventions for those struggling with sex addiction and impacted partners.

Learning Objectives

- After this presentation, participants will be able to clearly identify the origins, intrapsychic and relational functions of rage.

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- After this presentation, participants will be able to elucidate the feedback loop between societal representations of eroticized and monetized rage, and the individual. Participants will be more prepared to readily identify group think and systemic implications of rage, and how it influences denial, readiness, and progress/regress in treatment.
 - Following this presentation, participants will be able to discern the role of gender, biology, and early relational experiences in the expression of anger, and the feelings it serves to protect against, such as shame, fear, powerlessness, vulnerability, etc., and more readily navigate interventions to assist patients in understanding their relationship to anger, and how to express their feelings and needs more directly.
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Jackie Pack, LCSW, CSAT-S

Jackie is the Clinical Director and owner of Healing Paths, Inc. an outpatient clinic in Salt Lake City, Utah. She brings 20 years of clinical experience to the work she does with clients, organizations, and communities. Jackie has presented at numerous IITAP Symposia, the 2017 SASH Conference, and a host of community events with the purpose of helping individuals and couples in recovery connect with greater authenticity and meaning through their sexuality and in relationships. Jackie has 4 years of experience as a CSAT Supervisor. Jackie is the co-host of the weekly recovery podcast “Thanks for Sharing” which explores topics related to addiction recovery, relationship healing, and trauma resilience for addicts and their partners. Jackie enjoys consulting corporations and businesses and assisting them in increasing emotional intelligence and creating more effective relationships in the work-place.

Sex Addiction, Betrayal Trauma Healing and Support Groups: A Panel Discussion

Recent research has indicated that many roads lead to long-term recovery involving community-based support groups. What do you need to know as a therapist as you assist clients in navigating the recovery community to find options that open up deep and lasting recovery?

This panel discussion will explore the variety of community-based support groups available to sex addicts in recovery including 12 steps, SMART Recovery, Refuge Recovery, Life-Ring, Fitness-focused recovery, and more. The panel will be discussing what each approach offers the recovery community and implications for a client’s recovery and reintegration into healthy community and relationships.

Learning Objectives

- Discuss the various focuses, objectives, and recovery opportunities offered in a variety of community-based support groups.
 - Identify relevant issues (ethnicity, gender, recovery needs, paradigms, etc.) to consider when assisting clients in finding adequate and appropriate support.
 - Discuss recent and relevant research related to community-based addiction support groups and networks.
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Debra Kaplan MA, MBA, LPC, CSAT-S

Debra L. Kaplan, MA, MBA, LPC, CSAT-S is a licensed therapist, author and speaker specializing in issues of attachment, sexual addiction, money, work, and relational currency. Debra is a Certified Sex Addiction Therapist Supervisor (CSATS), Certified EMDR therapist and integrates advanced EMDR practices and body centered modalities into her practice. Her book, *For Love and Money: Exploring Sexual & Financial Betrayal in Relationships* is the inspiration for the groundbreaking workshops and training for those who wish to understand the often hidden dynamics of sex, money and power in relationships. Debra is working on her forthcoming book to be published in 2019. To learn more visit www.debrakaplancounseling.com.

Master Class: Perfecting the Neuropathways Interview

Back by popular demand! This Master class explores the essential and advanced skills required for an expert Neuropathways Interview. Participation is limited to a maximum of 20 attendees in order to cultivate personal proficiency. Highlight of the class will be a presented case study and accompanying role-play with a focus paid on improving clinical skillset and standards of clinical practice involving cultural, gender and sexual identity.

Learning Objectives

- Improve a working construct for case assessment and treatment.
- Learn and understand the neurochemical processes in emotional and sexual attraction.
- Master a clinical skillset with challenging and complex cases.

3:30pm-4:00pm Break

4:00pm-5:30 pm Concurrent Sessions

Marnie C. Ferree, M.A.

Marnie C. Ferree, M.A., is a licensed marriage and family therapist in Nashville, Tennessee, where she directs Bethesda Workshops, a short-term Christian-based intensive program for sex addicts, partners and couples. In 1997, she established the first gender-specific treatment for female sex addicts, and in 2018, she pioneered the first intensive workshop for female adolescents struggling with problematic sexual behavior. That offering has now expanded to include male adolescents. Marnie is the author of *No Stones: Women Redeemed from Sexual Addiction*, an early work for female sex addicts, and the volume editor and a contributing writer for *Making Advances – A Comprehensive Guide to Treating Female Sex and Love Addicts*. Her latest book (co-authored) is *Out of the Doghouse for Christian Men - A Redemptive Guide for Men Caught Cheating*.

Treating Adolescents with Problematic Sexual Behavior: Ethics and Best Practices

Today's adolescents are bombarded with a sexually saturated culture that is compelling, confusing, and potentially dangerous. Currently, teens are among the most under-served of those struggling with problematic sexual behavior. Many clinicians are unfamiliar with protocols for treating adolescents with PSB, especially from a systemic perspective, yet increasing numbers of parents are desperate for help with acting out teens. This presentation shares best practices gleaned from early experience treating adolescents and their parents in an intensive format, along with the ethical considerations that must guide this treatment.

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Learning Objectives

- Name three ethical considerations that are critical regarding the treatment of adolescents with problematic sexual behavior.
 - Detail four cornerstones of working with adolescents: engaging, collaborative, practical, and attachment-focused.
 - Describe the necessity of including parents in the treatment of teens and the dual focus necessary for working with them.
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Greg Futral, Ph.D., CSAT-S, NCC

Dr. Greg Futral is a licensed psychologist and the clinical director of the Gratitude residential sexual addiction treatment program at Pine Grove Behavioral Health and Addiction Services in Hattiesburg, MS, where he has worked since 2009. This position includes supervisory responsibilities with clinical staff, postdoctoral fellows, pre-doctoral interns, and psychology externs. He is also part of the psychosexual evaluation team through Pine Grove's outpatient evaluation center. Previously, Dr. Futral worked as a master's level clinician, including at a residential chemical dependency treatment center, an inpatient psychiatric unit, and an inpatient detoxification and dual diagnosis unit. He completed his pre-doctoral internship at the VA Medical center in Biloxi, MS. He holds credentials as a Certified Sex Addiction Therapist-Supervisor and as a National Certified Counselor.

Deborah Schiller, LPC, CSAT-S, CMAT-S

Deborah Schiller is a Clinical Consultant at Pine Grove's Gratitude program where she previously served as Program Director. She is a native of Huntsville, AL, where she completed three years of study at The University of Alabama in Huntsville before finishing her degree at Montevallo University in Montevallo, AL. Ms. Schiller taught School in Selma, AL for three years before getting her Masters degree in Early Childhood Education from Stanford University in Stanford, CA. She began her family in New York City and taught in schools in Boston, MA, Huntsville, AL, and Redlands, CA. While raising three children, she returned to school, receiving her second Masters degree from The University of South Alabama, Baldwin County, AL, this time in Counseling. Ms. Schiller completed an Internship at The Meadows Treatment Center in Wickenburg, AZ and became a Therapist there. In 2004, Ms. Schiller joined Pine Grove and the Professional Enhancement Program as a Clinical Therapist.

Supervision in the CSAT Process: Fundamentals and Challenges

Supervision is considered a core element of the developmental process within the helping professions. Given the crucial role of the CSAT supervisor within the CSAT certification process, this presentation will focus on essential elements of, strategies for, and potential difficulties in the CSAT supervision process. Key focus areas will include issues surrounding supervisory identity, ethical and/or legal concerns, monitoring, relational factors (e.g., conflicts, countertransference) and evaluation. Case discussion will be utilized to assist in the examination and exploration of supervisory challenges.

Learning Objectives

- Describe fundamental supervision principles and foundations for CSAT supervisors, including ethical and/or legal considerations and initiation of the relationship.

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- Determine critical aspects of monitoring with respect to candidate performance and task implementation.
 - Examine and address supervisory and candidate-client relationship factors, including evaluation.
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Alexandra Katehakis, Ph.D., MFT, CST-S, CSAT-S

Alexandra Katehakis, Ph.D., LMFT is Founder and Clinical Director of the Center for Healthy Sex in Los Angeles, Consultant for The Meadows, faculty for the International Institute of Trauma and Addiction Professionals, and the recipient of the 2018 IITAP Leadership and 2012 SASH Carnes Award. She is a Certified Sex Addiction Therapist/Supervisor and AASECT Certified Sex Therapist/Supervisor specializing in the treatment of sexual addiction and other sexual disorders. Dr. Katehakis is author of *Sexual Reflections: A Workbook for Designing and Celebrating Your Sexual Health Plan* (2018), *Sex Addiction As Affect Dysregulation: A Neurobiologically Informed Holistic Treatment* (2016), co-author of the 2015 AASECT award winning *Mirror of Intimacy: Daily Reflections on Emotional and Erotic Intelligence* (2104), contributing author to the Clark Vincent award winning *Making Advances: A Comprehensive Guide for Treating Female Sex and Love Addicts*, in M. Ferree (Ed.) (2012), and author of *Erotic Intelligence: Igniting Hot Healthy Sex After Recovery From Sex Addiction* (2010).

Sexual Reflections: Practical Application of the Katehakis Integrated Sex Therapy Model

The KIST© Model assists those Assist clients in identifying 2 – 3 personal and sexual values as it applies to partner-relational sex. In recovery from sex addiction to define and implement optimal sexuality. Therapists are provided guidelines to assist patients in conceptualizing a healthy, pleasurable sex life from a body/mind perspective. The goal of this collaborative model between patient and therapist is to awaken the patient to five dimensions of healthy sexuality (physical, affective, cognitive, interpersonal-intrapsychic, spiritual) as defined by the KIST© Model. Through a guided, affective process, the patient's preferred sexual behaviors come into alignment with what the patient both thinks and feels they want to experience - without shame - realizing the final goal of creating a Sexual Health Plan that aligns with their integrity.

Learning Objectives

- Increase comfort in talking about sex and sexuality in the therapeutic setting by recognizing how to elicit the presenting sexual problem as evidenced by knowledge of 2 appropriate clinical interventions.
 - Describe five dimensions of the KIST© Model.
 - Assist clients in identifying 2 – 3 personal and sexual values as it applies to partner-relational sex.
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Jerry L Law, D.Min., CSAT-Candidate, CIP, MDAAC

Jerry L. Law, D. Min., MDAAC, CIP Serves as the Executive Director of Gentle Path at The Meadows and Willow House at The Meadows, residential programs specializing in relationship disorders, sex addiction, substance abuse disorders and co-occurring behavioral health disorders. Dr. Law is a Board Certified Counselor, a Board Certified Intervention Professional and a Master Certified Drug Alcohol and Addictions Counselor. Jerry brings compassion and a

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first-hand understanding about how critical it is to break the cycle of addiction in the professional world as well as within the family.

Prior to assuming the Executive Director Role and Gentle Path and Willow House, Jerry served as Director of Family Education and Leadership Training for Meadows Behavioral Healthcare. In this role, Jerry worked closely with the clinical teams and offered education and support to family members while their loved one is in treatment. Recognizing that addiction and behavioral health disorders are family diseases, Jerry also knows the importance of family support in the recovery process. We live in community and we must heal in community.

As Executive Director, Jerry oversees the day-to-day operations of the programs and works closely with the clinical team in providing world-class treatment as well as advocating for service excellence in the care provided. He works closely with Senior Fellows, Dr. Patrick Carnes and Dr. Stefanie Carnes in the ongoing development and implementation of program curriculum ensuring the continuity of care The Meadows is known for throughout the world.

Dr. Law also serves as Vice Chair of The Association of Intervention Specialists and networks with Intervention Professionals throughout the world. Jerry believes in Interventions conducted with love, care and concern. He facilitates Interventions for Eating Disorders, Chemical Dependency and Sex Addiction and other Process Addictions and has been named one of the Top Ten Interventionists in the United States by quitalcohol.com See www.prunderground.com/top-ten-interventionists-in-the-united-states-jerry-l-law/0033432/ for more information.

Intervention - Breaking the Cycle Addiction with Love, Care and Concern

Intervention, as practiced in the United States, continues to be misunderstood and under utilized. In part, the sensationalizing of the Intervention process via television and other media has often left clinicians confused about what a professionally facilitated Intervention is and if and when it is appropriate. In this presentation, Dr. Jerry Law, Certified Intervention Professional and Executive Director of Gentle Path and Willow House at The Meadows, will outline the four primary Intervention Protocols currently practice along with an in- depth examination of the Transtheoretical Intervention Protocol which incorporates the best of each of these approaches.

Learning Objectives

- After this presentation, participants will be able to identify the primary Intervention Protocols practiced in the United States.
- Attendees will identify the value of incorporating an Interventionist in treatment planning and therapy.
- Participants will understand the purpose and function of a formal Intervention.

Sheri Keffer, Ph.D., MFT, CSAT

With nearly 20 years of experience Dr. Sheri Keffer believes in looking at issues through the lens of body, soul, mind, and spirit. As a consultant-level trained EMDR therapist she commonly uses brain based assessments to treat depression, anxiety, trauma, grief and loss, stress, and betrayal trauma. As a CSAT and Certified Clinical Partner Specialist (CCPS) Dr. Sheri is the author of the new book *Intimate Deception: Healing the Wounds of Sexual Betrayal*. She is

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passionate about healing trauma and enjoys being a co-host of the nationally syndicated radio talk show New Life Live! which is heard daily by over 2 millions listeners in 150 markets.

Remember When Sex was Safe and Skydiving was Dangerous? New Tools for Treating Betrayal Trauma

Understanding how trauma works and more specifically what tools can be used to address healing after betrayal is critical to recovery. Through my own personal recovery from sex addiction-induced trauma (SAIT) I am both passionate and hopeful about recovery for partners. In this presentation I will discuss three common sexual reactions after betrayal and blend my expertise in EMDR, neuroscience, brain SPECT imaging, and understanding of brain/body connections to provide strategies aimed at trauma recovery. I believe we can help betrayed partners recapture their true identity and assist in their recovery by restoring their brain, bodies, and minds to health.

Learning Objectives

- Participants will be able to recognize the impact of sexual betrayal and be able to identify trauma-induced shame beliefs common to their clients.
- By using a trauma-induced shame model participants will be able to identify 3 common movements of sexual shame after betrayal.
- Participants will evaluate treatment protocols for the clients brain, body, and mind as resources for partner recovery treatment.

Michael Barta, Ph.D., CSAT-S

Dr. Michael Barta is the Founder and CEO of Begin Again Institute, a neurobiological and trauma based 14-day residential men's sex and pornography treatment center located in Boulder, Colorado. He was fortunate enough to be in one of the last cohorts to receive his clinical training in sexual addiction directly from Dr. Patrick Carnes. Michael has over 32 years of addiction recovery experience and 10 years specializing in the treatment of sex and porn addictions and the betrayed partners. He has lectured and written extensively on the subject of sex and porn addiction. His published book, TINSAs (Trauma-Induced Sexual Addictions) provides a neurological approach to for the treatment of sex and pornography addictions. Dr. Barta has utilized his clinical skill and personal recovery to create a neurobiological model that works on the cause or core of the sexual addiction. He is a nationally acknowledged speaker in the field of sex addiction and frequently provides lectures and trainings for therapists regarding the treatment of sex and pornography addictions and compulsivity.

5 Trauma Induced Sexual Addiction - A Neurological Approach to the Treatment of Sexual Addiction

Dr. Michael Barta will introduce and demonstrate a trauma based, neurological approach to treatment of sex addiction designed to find the core or causation of the addiction. This approach helps clients treat the cause of their addiction instead of relying solely on abstinence based practices. His model is based on ten years of research utilizing the world's leading experts in the fields of trauma, neurobiology, sex addiction, and attachment.

Learning Objectives

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- After the presentation, participants will be able to: Understand an overwhelming causation of sex and pornography addictions.
 - After the presentation, participants will be able to: Use a simple approach to treat the causation, therefore making sobriety and recovery from the addiction more successful.
 - After the presentation, participants will be able to: Bring together the neurobiological treatment of sex addiction while implementing Dr. Carnes, Task Model.
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5:45pm-9:00 pm Evening Keynote

Patrick J. Carnes, Ph.D.

Patrick J. Carnes, Ph.D., is the founder of the International Institute for Trauma and Addiction Professionals (IITAP) and Gentle Path Press. His extensive background in the field of addiction therapy led him to develop multiple cutting-edge recovery programs. Dr. Carnes' most recent endeavor is the Founder of Gentle Path and Senior Fellow at The Meadows, in Wickenburg, Arizona.

With more than 30 years in the field of sexual addiction treatment, Dr. Carnes is an internationally recognized expert, presenter, and interview subject. His assessment tools and 30-task model treatment methodology deliver an unprecedented approach to addiction recovery for practitioners of trauma, sexual addiction, and co-occurring addictions.

In 1966, Dr. Carnes graduated from St. John's University in Collegeville, MN, with a Bachelor of Arts degree. He earned his Master's in 1969 from Brown University in Providence, R.I., and a Ph.D. in counselor education and organizational development from the University of Minnesota in 1980.

His achievements include the Lifetime Achievement Award from the Society for the Advancement of Sexual Health (SASH), where they now award an annual "Carnes Award" to researchers and clinicians who have made exceptional contributions to the field of sexual health. He has published numerous articles and books on the subject of sexual addiction and trauma as well as contributed to Kaplan and Sadock's Comprehensive Textbook of Psychiatry.

Embitterment and Addiction: Keys to Resilience and Addiction Recovery

To change the brain of addicts requires a fundamental change in their story. Narrative therapy combines well with the lenses of post-traumatic embitterment and traumatic bonding to reveal the primary driving paradigms of addictive behavior. Successful treatment requires strategies for disrupting and rewriting the grievance story paradigms. Brain change involves a matrix of genetics, neuronal pathways, attachment and the core processes the brain uses to restore and enhance brain function. For therapists it means a rewrite of how we perceive and use inpatient, intensive outpatient, outpatient and extended care services. We live in an era where the woes of public figures and addiction are portrayed every day. These tragic dramas are but the canaries in the cage distracting us versus warning us. Addiction is our number one public health problem and it is crushing our medical and health delivery systems. And it all starts with the right story and the right genes...

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SUNDAY, MAY 5, 2019

8:45am-10:15am Keynote

John Briere, Ph.D

John Briere, Ph.D., is Professor of Psychiatry at the University of Southern California, and Director of the USC Adolescent Trauma Training Center of the National Child Traumatic Stress Network. A past president of the International Society for Traumatic Stress Studies, he is recipient of the Award for Outstanding Contributions to the Science of Trauma Psychology from the American Psychological Association, and the William N. Friedrich Lecturer: Outstanding Contribution to the Field of Child Psychology, from the Mayo Clinic. He is author or co-author of over 120 articles and chapters, 15 books, and 9 trauma-related psychological tests.

Risky Business: Working with Compulsive and Self-endangering Behaviours in Trauma Survivors

Survivors of trauma and early attachment disturbance are at elevated risk of a variety of compulsive and self-endangering behaviours, ranging from suicidality and self-injury to substance abuse, indiscriminate sexual activities, and binge eating.

Many of these difficulties are seen as symptoms of a personality disorder, behavioural addiction, or impulse control disorder. However, emerging research indicates that they are more accurately understood as coping/homeostatic responses to triggered childhood memories and inadequate emotional regulation capacities.

Calling on his upcoming book, *Treating Risky and Compulsive Behaviour in Trauma Survivors* John Briere presents an innovative, integrated approach to self-endangering behaviour, the Reactive Avoidance model (RAM). Calling on new research on memory reconsolidation, implicit processing, and revisions to habituation theory, this treatment system directly targets the memory/dysregulation dynamic, with interventions such as

- emotional regulation training;
- mindfulness, metacognitive awareness, and emotion surfing procedures; ReGAINing;
- implicit memory processing; in vivo treatment of implicit memory activations; and
- harm reduction.

A new treatment component, trigger management, increases client autonomy, resilience, and problem-solving. Approaches to three risky behaviours will be presented in detail: self-injury, risky sexual behaviour, and bingeing and purging. Attendees will be provided with newly developed worksheets and assessment instruments that organize and inform the treatment process.

Learning Objectives

Attendees will be able to:

- Describe the Reactive Avoidance model (RAM)
- List three different distress reduction behaviours

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- Outline the central components of trigger management
 - Discuss the limitations of classic prolonged exposure and habituation
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10:15am-10:45am Refreshment Break

Refreshment breaks will be held each AM and PM in Exhibit Area

10:45am-12:15 pm Concurrent Sessions

Jacob Porter, LPC Intern, NCC, CSAT, CMAT

Jake is a National Certified Counselor, Founder and President of Daring Ventures Counseling, Coaching, and Consultation, LLC, and creator of the Couple–Centered Recovery® Model. He sees individuals and couples for sex and love addiction; intimacy and attachment disorders; premarital counseling and marital enrichment; and issues of depression, spiritual stagnancy, and growth. He has extensive training in attachment–based, neurobiologically–informed couple therapy, including Emotionally Focused Therapy (EFT) and Psychobiological Approach to Couple Therapy (PACT). Believing in the inherent worth of every person, Jake utilizes insights from psychology, interpersonal neurobiology, and spirituality to help individuals and couples experience greater healing and freedom in their lives. He enjoys teaching as an adjunct professor of counseling at Houston Graduate School of Theology.

5 Grieving Together Post–Disclosure: A Couple–Centered Recovery® Approach to Healing Attachment Injuries

After disclosure, clients begin to move into the “Grief Phase,” in which they face more fully the losses brought on by the consequences of sexual addiction. In this phase, the task of rebuilding trust is essential to the survival of the relationship. This presentation proposes that by joining the grief experiences of the addict and partner so that they face their individual and shared losses together, deeper, more meaningful trust can be rebuilt in an accelerated way. By harnessing the power of grief to promote positive personal growth, couples can transform old relational dynamics and establish new, secure attachment patterns.

Learning Objectives

- Participants will be able to describe and identify the process of grief in the context of recovery from sex addiction and betrayal trauma.
 - Participants will be able to prepare couples in recovery for the challenges and opportunities during the grief phase of recovery.
 - Participants will be able to apply knowledge of grief work, trauma, and adult attachment science to assist couples in rebuilding trust.
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Stefanie Carnes, Ph.D., CSAT-S

Stefanie Carnes, Ph.D., CSAT-S is the President of the International Institute for Trauma and Addiction Professionals, a training institute and professional organization for addiction professionals, and a senior fellow for Meadows Behavioral Healthcare where she works with sexually addicted clients and their families. Dr. Carnes is the clinical architect for Willow House: Relationship Healing for Women struggling with sex, love and intimacy disorders, and works closely with the staff of Willow House and Gentle Path to bring her unique expertise to the

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programs and to aid the clients who suffer with intimacy and relationship disorders. She is a licensed marriage and family therapist and an AAMFT approved supervisor. Her area of expertise includes working with patients and families struggling with multiple addictions such as sexual addiction, eating disorders and chemical dependency. Dr. Carnes is also a certified sex addiction therapist and supervisor, specializing in therapy for couples and families struggling with sexual addiction. She presents regularly at conferences at both the state and national levels. She is also the author of numerous publications including her books, *Mending a Shattered Heart: A Guide for Partners of Sex Addicts*, and *Facing Heartbreak: Steps to Recovery for Partners of Sex Addicts*, and *Facing Addiction: Starting Recovery from Alcohol and Drugs*. She currently co-facilitates Module 2 in the Certified Sex Addiction Therapist Training.

Pennie Carnes, MA, LPC, CSAT

Pennie is an LPC, CSAT, and is EMDR trained. She currently is employed by Cuyuna Regional Medical Center as a psychotherapist. Her passion is working with clients struggling with trauma and addictions. For the past ten years she has been interested in finding clinical sound ways to treat sex buyers. Through this interest she has studied, researched and provided psychoeducation to sex buyers. It is with this knowledge she created and developed the T.O.P.S.(Treatment Of Prostitution Solicitors) program for IITAP.

Chris Lorenc, MS, LPC, NCC, CSAT

Chris is a Certified Sex Addiction Therapist and relationship expert in Dallas, TX. His passion is guiding clients to abstain from compulsive and problematic sexual behaviors. He is the owner of LifeWorks Recovery in Dallas, and he and his staff provide services to the whole family system impacted by compulsive and addictive behavior. Chris and his team are currently developing and facilitating curriculum and research for clients struggling with paying for sex and the impact it has on their loved ones.

Stevie Hall, MS, LPC Intern, LCDC Intern, CSAT Candidate

Stevie graduated from the University of North Texas with a Master's degree in Counseling. She specialized her education and training in addiction, cognitive psychology, adolescent and adult development, juvenile offenders, women's emotional health, and group counseling. Stevie does not believe addiction is a moral issue.

Though addiction may impact the choices one makes, she does not believe "bad" people exist. Therefore, her clinical experience has been focused toward helping clients understand the brain science of their addiction, as well as how their past experiences and environment may have impacted the development of their addiction.

Furthermore, through her own personal and professional experiences, Stevie has come to know recovery as a journey and not a final destination. Even once one has entered long-term recovery, maintaining recovery is an extremely important part of overcoming addiction. Maintaining recovery includes finding a holistic balance mentally, emotionally, socially, physically, and spiritually.

T.O.P.S: A program providing psychotherapy and psychoeducation for sex buyers

There are few programs found for treating sex buyers specifically. The Treatment of Prostitution

Individual Sessions & Learning Objectives

Solicitors (T.O.P.S) program has been through its beta testing phase and is now grown expediently through therapists feedback and further research. This presentation will be present by the author of the program and two the therapist who are currently using the program in their practice.

Learning Objectives

- Learn about the latest research findings on sex buyers
 - Understand the T.O.P.S program and how can be applicable to their practice
 - Support and treat sex buyers through individual and group psychotherapy
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Erica Sarr, PsyD, MEd, CSAT, BCB

Dr. Erica Sarr has been treating clients with sexuality related issues across a variety of settings since the beginning of her therapeutic career. Dr. Sarr is a licensed clinical psychologist and currently serves as the clinical director for Gentle Path at the Meadows. She also is a national speaker on process addiction and mental health issues. The focus of much of Dr. Sarr's career has been working with people who have committed professional or criminal sexual boundary violations as well as assisting the regulatory organizations that manage these clients. She has also worked in several intensive settings treating compulsive sexual behavior She is passionate about helping all clients define and embrace healthy, values-congruent sexuality across the lifespan. Dr. Sarr also specializes in the intersection of sexuality, mental health, and technology, particularly in the area of video games.

Sober Kink: Considering Spaces for Alternative Sexual Lifestyles in Recovery

People of all sexual interests can have their preferred sexual behaviors hijacked by compulsivity and lose sight of how to get back to a sexual life that is engaging, intimate, and values congruent. However, it is critical not to pathologize sexual behavior that is outside of a narrow template of sobriety, usually tempered by our own mores around sexuality. This presentation aims to explore how therapists can help clients who identify as kinky utilize fundamental concepts of consent and communication to have a sober, accountable lifestyle that also honors their sexual template.

Learning Objectives

- After this presentation, participants will be able to define their own understanding of the basic goals of sexuality in recovery.
 - After this presentation, participants will be able to identify two areas where BDSM behavior may need focused exploration related to recovery.
 - After this presentation, participants will be able to describe how the fundamental principles of healthy kink may support recovery.
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Individual Sessions & Learning Objectives

Stephen Ammann LMSW, CSAT Candidate

Stephen Ammann is a Licensed Master of Social Work (LMSW) and a graduate of Northwest Nazarene University, Stephen provides individual, couple, and group counseling using an integrated approach. He is in private practice at Boise Counseling Center and specializes in sex and porn addiction as well as trauma processing. He has completed his training to become a Certified Sex Addiction Therapist and is now a CSAT-Candidate.

Stephen is trained in EMDR and uses this effective process to help clients deal with trauma, addiction, and other concerns. He is co-facilitating DeTur trainings with Dr AJ Popky, a EMDR protocol to treat urges and triggers for unwanted behaviors. He is on the clinical team of USA Reboot Resort a nonprofit organization that works with Veterans struggling with Post Traumatic Stress.

Stephen Ammann is dedicated to providing a safe and non-judgmental environment for healing. He understands that each client has a unique story and strives to tailor treatment to their individual needs. He is committed to helping individuals discover who they truly are and how their problem behaviors are affecting their present circumstances and relationships. He realizes the importance of a spiritual connection in the healing process. He holds the client's view of a higher power with respect and is able to work within the clients' value system.

Prior to becoming a social worker Stephen had experience as a manager and owner in the construction field and equine industry, he also served as a youth pastor in an Evangelical church. In his spare time, he loves everything outdoors: hunting, fishing, skiing and horseback riding. He also loves to spend time with his friends, family and most of all his two young boys.

Establishing sobriety and controlling relapse with DeTur an EMDR protocol.

The DeTUR Model

Desensitizing Triggers and Urge Reprocessing (DeTUR) is an accelerated approach based on the information processing model of EMDR and is used with EMDR as an integral part of a comprehensive plan for the treatment of addictions and dysfunctional behaviors. This approach consists of history, assessment and diagnosis, detoxification (if necessary), medications, aligning internal and external support resources, group or family therapy, creating realistic and achievable treatment goals, individual therapy and relapse prevention.

Learning Objectives

- Demonstrate how & when DeTur is integrated into the 30 task model
- Show how "Resource Accessing" empowers clients to help deal with relapse
- Explain how the DeTUR protocol interfaces with EMDR AIP model

Jackson Sousa, MFT., LMFT, CSAT-S., CST., CATC-IV, AASECT Certified Sex Therapist

Individual Sessions & Learning Objectives

Jackson Sousa is a licensed marriage and family therapist. Jackson's practice focuses on treating couples, families, sexual addiction, and other process addiction disorder in a safe, respectful, and confidential setting. He received his Bachelor of Science degree from Northeastern University and obtained a masters degree from the University of Santa Monica where he was honored as Student of the Year. In addition to his private practice, Jackson teaches classes on psychopharmacology, process addictions, sexuality, and gender at Santa Barbara City College and California Lutheran University's Graduate Psychology Department. Jackson holds a California Alcohol and Drug Educator certificate and is a certified sexual addiction therapist and a certified sexual addiction therapist supervisor (CSAT-S). Jackson also is an AASECT certified sex therapist (CST), and works with issues such as sexual dysfunctions, gender identity confusion, and a variety of sexually-related problems.

Sexual Psychopharmacology

This session presents both developmental and consequential issues associated with psychotropic use of drugs treating mental health disorders and recreational agents on sexuality. These licit and illicit drugs have historically neglected in providing strategies for treatment and relapse prevention. At the conclusion of this session, participants will be able identify some sexuality issues typically seen in all stages of prescribed medications and substance use.

Learning Objectives

- Explore the sexual side effects of current drugs to major psychological disorders.
- Examine agents purported to have pro sexual effects.
- Better understand the neurohormonal and physiological mechanisms that modulate sexual response related to commonly used licit and illicit drugs.