

Michel Tigan is the Senior Vice President of Adventure and Wellbeing for the YMCA of the North, where she leads one of the largest YMCA camping and outdoor leadership systems in the country while helping shape the organization's broader wellbeing strategy and movement work.

With oversight spanning camps, outdoor education, adventure programming and community wellbeing initiatives, Michel is focused on positioning the YMCA as essential community wellbeing infrastructure, addressing the social drivers of health through connection, belonging, nature, leadership development and accessible pathways to wellbeing.

Michel serves as a national leader within the YMCA Community Wellbeing Network and collaborates with regional, national and global partners to advance whole person wellbeing, youth development and community centered impact. Her work bridges the power of adventure, nature and human connection with broader systems level wellbeing strategy, helping communities and individuals thrive.