



Session Submission Instructions

Thank you for your interest in submitting a session for the 2027 International Congress on Integrative Medicine & Health!

Sessions will be presented as symposia, panel discussions, or experiential workshops, and will focus on the state of science, diverse perspectives, and demonstration/skill-building. All accepted sessions will be presented between April 13-15, 2027 at the Hyatt Regency Minneapolis.

Learn more about the various session formats by visiting our website:

<https://imconsortium.org/page/2027-international-congress-session-submissions>

Please read the information below prior to submitting a proposal and use this guide to ensure you have all necessary information for your submission.

The submission deadline is October 16, 2026 and disposition notices will be sent December 4, 2026.

Overview of the Oxford Abstracts Platform

Using the Oxford Abstracts Submission Platform

The Organizing Committee for the 2027 International Congress is pleased to accept submissions through our submission platform, Oxford Abstracts. This platform will collect information about your proposal, as well as biographical information about all authors and presenters. You must create an account, or log in to an existing account with Oxford Abstracts in order to submit your proposal.

Creating an Account/Logging in to Oxford Abstracts

To log in to Oxford Abstracts or to create an account to get started on your submission, [please click here](#). Please sign up using the email you'd like to receive correspondence about your proposal on. Please note that if your proposal is accepted, this is the email we will retain on file for you.

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Email Correspondence

Disposition notices and other updates about your proposal will be sent directly from Oxford Abstracts. If you are waiting for an update and haven't received one by **December 4, 2026**, please check your spam and junk folders for an email from Oxford Abstracts.

Support

For any issues with your submission, please contact us at congress@imconsortium.org. For troubleshooting your Oxford Abstracts account (i.e. password reset, account access, etc.), [please contact Oxford Abstracts directly by clicking here](#).



Submission Information

Authors, Presenters, and Affiliations

Includes: **First Name, Last Name**, Degree, **Professional Title**, Headshot, **Bio, Email Address, Institution, City, State, Country**

- *Please note that all individuals listed on a session submission are expected to present during the session, if accepted.*
- *As such, please mark the "Presenting" check box for all individuals listed on the submission.*

Please note: Bolded fields are required, including a biography, at the time of submission.

Title - Full title of your submission in Title Case

Primary Topic Area (select one)

- Education
- Clinical
- Research
- Policy

Modalities (select all that apply)

- Acupuncture
- Clinical hypnosis
- Expressive therapies
- Health coaching
- Massage and manual medicine
- Mindfulness-based approaches
- Mind-body approaches (Other)
- Natural products
- Nature based therapies
- Neurofeedback/ biofeedback
- Nutrition & culinary medicine
- Technology
- Traditional Medicine
- Yoga
- Other modalities

Approaches (select all that apply)

- Basic and translational research
- Clinical practice
- Clinical research/clinical trials
- Data science
- Economic/cost-effectiveness
- Education models/implementation
- Education research
- Group medical visits
- Implementation/dissemination
- Policy
- Qualitative research
- Other approaches

Conditions

- Aging/lifespan
- Cancer
- Cardiovascular
- GI
- Health disparities and social determinants of health
- Men's health
- Mental health
- Metabolic and nutrition/endocrine
- Neurology and neuroscience
- Neuromuscular
- Oral health
- Pain
- Pediatrics & Adolescents
- Planetary health
- Rheumatic/immunological
- Women's health
- Other conditions

Target Audience: Students, Trainees, and Early-Career Investigators (yes or no)

Are students, trainees, or early-career investigators a target audience for this submission?

Session Summary

Please provide a brief summary of your session proposal, limited to 300 words, that can be used in our mobile app for attendee reference.



Session Details: Topic Outline

Please outline the main points of the session.

Session Details: Rationale

What is the importance of this topic? What is its relevance to the International Congress theme ("*Leading the Transformation of Healthcare: Implementing Whole Person Care at Scale*")?

Session Details: Learning Objectives

Each proposal must provide **three** comprehensive objectives that describe what participants will learn during the presentation. Each objective should answer the prompt, "Upon completion, the learner should be able to..."

There are online resources available related to how to write effective learning objectives [here](#) and [here](#).

Session Details: Format (select one)

From the following, please select the **session type** for this submission.

- **Symposia:** Symposia sessions are intended to be formal presentations on the "state of the science" of a particular area. Typically, sessions will have two to four presenters, representing at least two different institutions. Each speaker should usually limit their presentation to 20 minutes, to allow adequate time for questions. The individual proposing the session may be the moderator or a speaker and is responsible for coordinating the session and serving as a contact person for the session. These sessions are 60 - 75 minutes long, with more 60-minute sessions available. Submissions of this session type should be flexible to fit a 60-minute or 75-minute presentation.
- **Panel Discussions:** The discussion sessions are intended to provide diverse perspectives of approaches, questions, methods and/or applications in integrative medicine and health as well as opportunities for discussions of topics related to challenges, controversies, or innovations in integrative medicine and health research, education, clinical work, and policy. A variety of formats is possible for these sessions, including panel discussions and Oxford or other style debates. Organizers are encouraged to think creatively about ways to engage the audience and include diverse viewpoints. Typically, sessions have two to four presenters, representing at least two different institutions. These sessions have more emphasis on presenting differing points of view than symposia, and greater emphasis on interaction with the audience and more opportunity for audience participation. These sessions are 60 minutes long.
- **Experiential Workshops:** Experiential workshop sessions should focus on demonstration/skill-building, in contrast to other main conference sessions. The application needs to clearly state the skills that will be targeted, and how they will be conveyed to participants. The format of these sessions is often "hands-on," where participants will learn a new approach. To encourage experiential learning, these sessions will not have a traditional AV setup. These sessions are 60 minutes long.

**Session Details: Format**

Please describe the format of the session, including the amount of time to be allocated to each element of this program.

Session Format: Panel Discussions

If this is a panel discussion, please provide three questions or issues that you anticipate will arise during your session.

Additional Submission Details: Clinical Recommendations

Will you be making clinical recommendations during your presentation?

If yes, please list clinical recommendations for diagnosis, management, or treatment of patients that you will make in your presentation, including the therapeutic tests, agents, or techniques you recommend.

Additional Submission Details: Scientific Evidence

If you answered yes to making clinical recommendations during your presentation, please list 1-3 references from the medical literature for any recommendations involving clinical medicine that you will make in this presentation. You must base all recommendations involving clinical medicine on evidence that is accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients.

Submission: Originality

Has this work been previously published?

If yes, please indicate when and where it was published and how the current abstract differs from previously published versions.

Submission: Commercial Products and Support

Is this abstract based on research that tests a commercial product?

If yes, provide details on the name of the product, manufacturer, and details on any private commercial or industrial support.

Attestations and Acknowledgements

Each submitter will be asked to agree to a variety of terms and conditions, including but not limited to:

- Acknowledgement that the submitter will serve as primary contact for this proposal and will be responsible for disseminating any information received to any and all presenters or authors listed on the submission.
- Acknowledgement that accepted presenters do not receive compensation or reimbursement of expenses for presentation at the International Congress.
- Acknowledgment that submissions will be printed as-received, and further proofing will not be conducted by the International Congress organizers.



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- Acknowledgement that submissions have been approved by all authors.
- Agreement that if accepted, presenters agree to adhere to the schedule established by the International Congress and comply with all requirements set forth by the Academic Consortium.
- Agreement that presenters will register and pay to attend the International Congress by the speaker registration deadline of **January 8, 2027**, will abide by all terms and conditions, will provide PowerPoint slides by the **March 26, 2027** deadline, and will submit CME disclosures prior to presentation.